

OCT 31 2006

P8801

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

It has healthier food for my son

What I like least about the proposed changes is

nothing really, think is a good family

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

P8802

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

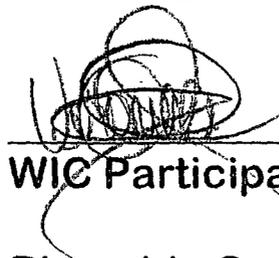
You added fruits & vegetables and that you have the option to get breaded tortillas

What I like least about the proposed changes is

How much milk a child receives

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

P8803

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like that there will be a wider variety. I

feel its a better idea to cut back on the

fatty foods since a lot of children are becoming
over weight including my own

What I like least about the proposed changes is

I don't like it.

Thank you for reading my comments.

Sincerely,

Genie Martinez
WIC Participant

Riverside County, California

OCT 31 2006

P8804

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like variety of fruits and vegetables ~~no~~
white potatoes.

What I like least about the proposed changes is

Thank you for reading my comments.

Sincerely,

Monique Morales
WIC Participant

Riverside County, California

OCT 31 2006

P8805

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

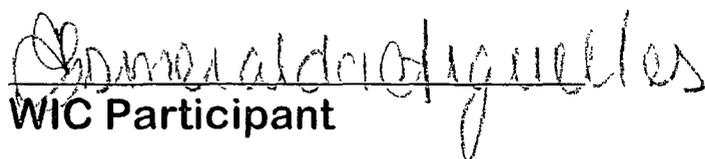
that we get to have
bread and other nutrients
that kids need.

What I like least about the proposed changes is

changes are good for a
cause.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

P8806

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

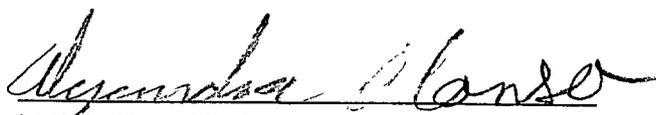
The idea of adding bread and vegetables because it something that my son likes the most.

What I like least about the proposed changes is

I really like the new package. I don't dislike anything. great idea.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like the tortillas and the bread.

What I like least about the proposed changes is

We have lost milk

Thank you for reading my comments.

Sincerely,

Maria Ramirez

WIC Participant

Riverside County, California

OCT 31 2006

P8808

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

It added the fruits and fruit
and beverage

What I like least about the proposed changes is

Whole grain

Thank you for reading my comments.

Sincerely,

Phyllis M. Martin

WIC Participant

Riverside County, California

OCT 31 2006

P8809

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

That they increase the
whole grains like tortillas and
breads.

What I like least about the proposed changes is

What I don't like is that
we get less milk and cheese.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

P8810

OCT 31 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

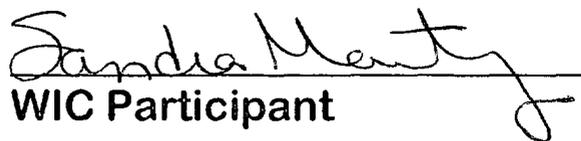
The choice of fruits and vegetables

What I like least about the proposed changes is

I don't eat tofu or drink soy, but others do. There really is no downside

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

P8811

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

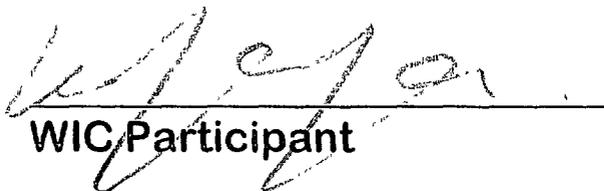
is that we are getting fruits and
vegetables.

What I like least about the proposed changes is

that ~~we~~ you're taking away the
eggs and cheese.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

P8812

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

THIS CHANGE WILL BE GOOD, THE CHANGE CONTAINS

WHOLE GRAINS, FRUITS & VEGETABLES

What I like least about the proposed changes is

NOTHING, THE PROPOSED CHANGES WILL BE

MUCH BETTER.

Thank you for reading my comments.

Sincerely,

Victoria Cratzger
WIC Participant

Riverside County, California

OCT 31 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the whole grains + soy beverages.

What I like least about the proposed changes is

the limit on juice.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

P8814

OCT 31 2006
Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is
IS THE FRUIT AND VEGETABLES

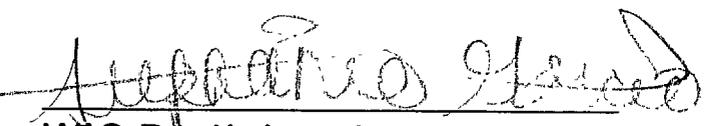
AND THE ADD OF TORTillas AND BREAD.

I LIKE THE IDEA OF LIMITATION ON JUICE.

What I like least about the proposed changes is
I HATE EVERYTHING ABOUT IT.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

P8815

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The fruit and vegetables

What I like least about the proposed changes is

The kind of milk we only are going to be able

to get upset my son's stomach

Thank you for reading my comments.

Sincerely,

Irene H

WIC Participant

Riverside County, California

OCT 31 2006

P8816

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the fresh fruit + vegetables !!

What I like least about the proposed changes is

~~that you will receive~~ *less eggs*

Thank you for reading my comments.

Sincerely,

Eschete

Shannon Eschete

WIC Participant

Riverside County, California

OCT 31 2006

P881.7

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I Like the added fruits & veggies

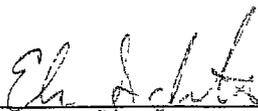
What I like least about the proposed changes is

The change from tuna to salmon (sardines)

The cut back in milk & cheese

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

P8818

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

we get fruit & vegetables

What I like least about the proposed changes is

we dont get as much milk & juice

Thank you for reading my comments.

Sincerely,

Liza Cozmon
WIC Participant

Riverside County, California

OCT 31 2006

P8819

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the breads and grains variety

What I like least about the proposed changes is

less fruit

Thank you for reading my comments.

Sincerely,

Debra Turner
WIC Participant

Riverside County, California

OCT 31 2006

P8820

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

addition of bread and variety of fruits and vegetables. Overall love the changes

What I like least about the proposed changes is

less milk

Thank you for reading my comments.

Sincerely,

Dunitra Alexander
WIC Participant

Riverside County, California

OCT 31 2006

P8821

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

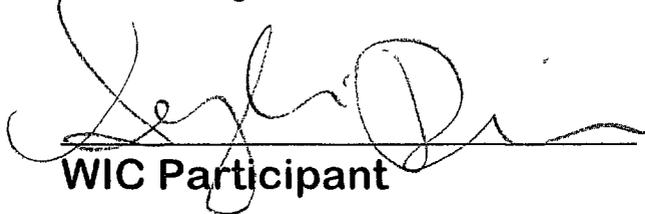
The fruit & veggies of course! tortillas -

What I like least about the proposed changes is

Nothing really, everything good :)

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

P8822

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like 4 1/2 gallons ~~of milk~~
milk
~~of milk~~

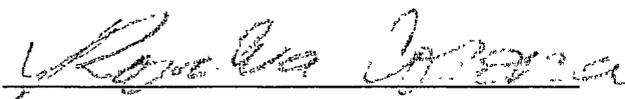
I like eggs, Juice, Beans, Cheese, Fruit, Cereal, Fruits, Vegetables, Peanut Butter

What I like least about the proposed changes is

3 1/2 gallons ~~of milk~~ I don't like a lot
of tortillas

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

P8823

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

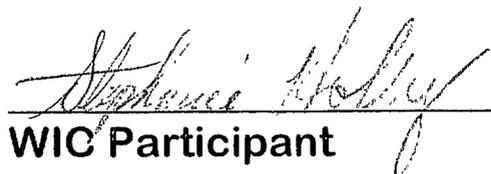
I like how there is more of a variety of food

What I like least about the proposed changes is

I kinda don't like lowering the milk because my kid drinks alot

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

P8824

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I think - everything is good,
More healthy food vegetables, tortillas.

What I like least about the proposed changes is

- No comments -

Thank you for reading my comments.

Sincerely,

Florida Terraza
WIC Participant

Riverside County, California

OCT 31 2006

P8825

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

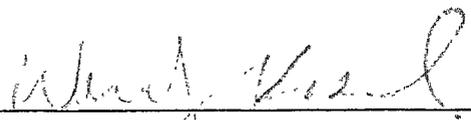
The addition of fruits and
veggies

What I like least about the proposed changes is

The reduction of processed
cheese

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

P8826

OCT 31 2006
Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

fruit vegetables, bread, Tuna

What I like least about the proposed changes is

Milk 2% fat, Cheese

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

corn tortillas, brown oatmeal, brown rice, brown rice bulgur barley, cereal, fruits & vegetables, mini brown or peanut butter, eggs, cheese, cow's milk

What I like least about the proposed changes is

are none . . . for less.

Thank you for reading my comments.

Sincerely,

Mel Ueone
WIC Participant

Riverside County, California

OCT 31 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The Fruit, Apples, The Vegetables

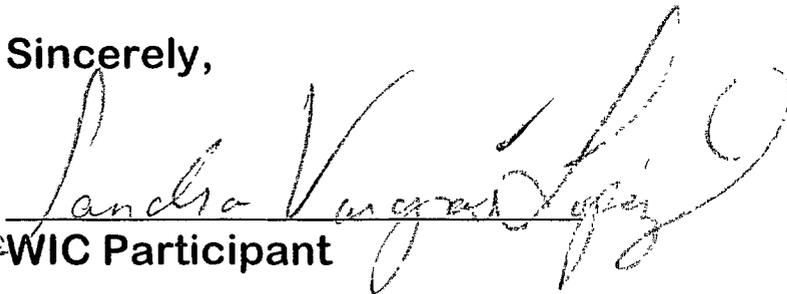
_____.

What I like least about the proposed changes is

less milk, less juice, less eggs, and the cereal, I like more Honey bunches of oat than the whole grain cereal.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

P8829^C

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The fact that there is more whole grains

What I like least about the proposed changes is

Less milk

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

That you ar adding fruits and veggies and that you are giving tortilla and braed.

What I like least about the proposed changes is

That you ar giving tofu, most people don't like tofu. Thank you for the new food.

Thank you for reading my comments.

Sincerely,

M.M.
WIC Participant

Riverside County, California

OCT 31 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

more options, better, healthier food.

What I like least about the proposed changes is

0

Thank you for reading my comments.

Sincerely,

M. Cruz
WIC Participant

Riverside County, California

OCT 31 2006

P8832

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

~~at~~ That the fruits and veggies
will help us get them for our kids

What I like least about the proposed changes is

~~we~~ we will get less but
that's okay

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

P8833

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

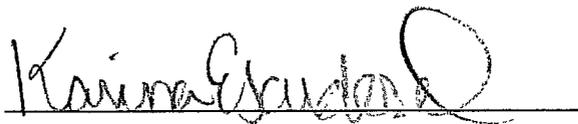
that there are more healthy choices
and better foods.

What I like least about the proposed changes is

the lowfat milk, I prefer the 2%
milk, because the lowfat taste like
water.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

P8834

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

addition of fruits + veggies and bread

What I like least about the proposed changes is

reduction of eggs

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

P8835

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

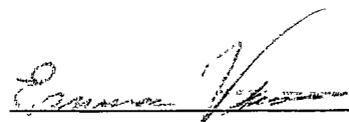
The whole grains / Fruits and vegetables
Tofu

What I like least about the proposed changes is

Leaves, eggs & cheese & juice.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

P8836

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

More options. The vegetable & fruit
choice is great this way the WIC participants
have healthier lifestyles. I love whole grains.

What I like least about the proposed changes is

Not enough eggs & cheese. I would rather
have salmon than sandwiches.

Thank you for reading my comments.

Sincerely,

Edith Medina
WIC Participant

Riverside County, California

OCT 31 2006

P8837

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Fruits, vegetables & BREAD I like everything
EVERYTHING THATS GOOD & HEALTHY FOR US & OUR
KIDS.

What I like least about the proposed changes is

NONE

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The variety of fruits cause that something healthy and the bread is also good idea.

What I like least about the proposed changes is

Dartmeal because I don't really like it.

Thank you for reading my comments.

Sincerely,

Elizabeth Gentry
WIC Participant

Riverside County, California

OCT 31 2006

P8839^c

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I get to have fruit and vegetables.

which is also a lot healthy too.

What I like least about the proposed changes is

less eggs and cheese, which

I thought was the best thing.

Thank you for reading my comments.

Sincerely,

Brianna Franko

WIC Participant

Riverside County, California

OCT 31 2006

P8840

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

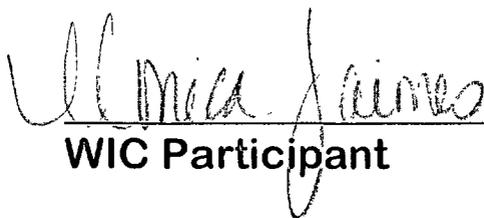
We will get tortillas, vegetables and fruit now.

What I like least about the proposed changes is

less eggs.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

P8841

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

BREADS, LOW FAT MILK, VEGETABLES

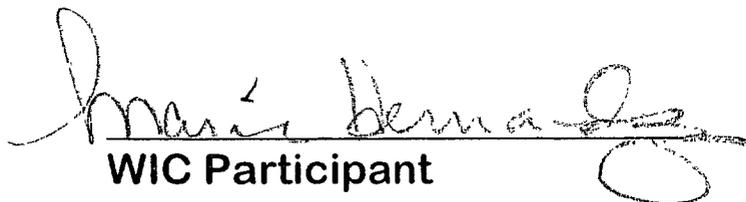
TORTILLAS

What I like least about the proposed changes is

SOY MILK, TOFU.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

P8842

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

That @ you're adding fruit and
vegetables, and adding whole grain
like new changes.

What I like least about the proposed changes is

Nothing, like the new changes
may keeping it up to 2 dozen eggs
if not then that's okay, but the new
changes are still good.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

P8843

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The addition of Soy Milk "Vanilla" is best for
Kid they like the flavor better than plain.

and also the addition of Fresh Fruits and veggie

NO Plain Soy milk Please.?

What I like least about the proposed changes is

Change is good, Thank you.

Thank you for reading my comments.

Sincerely,

Sabrina Ramirez
WIC Participant

Riverside County, California

OCT 31 2006

P8844

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

that they offer fruits and vegetables
and bread -

What I like least about the proposed changes is

the less milk - ~~but~~ and cheese
my child only like it -

Thank you for reading my comments.

Sincerely,

FRANCISCA BARRAZA
WIC Participant

Riverside County, California

OCT 31 2006

P8845

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

that we will be able to get fruits and vegetables.

I love to eat it and I also like the

tortillas suggestion.

What I like least about the proposed changes is

receiving only 1lb of cheese, and less of the

milk products also. I am not a soy or tofu fan.

Thank you for reading my comments.

Sincerely,

Jana Soto

WIC Participant

Riverside County, California

OCT 31 2006

P8840

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

that we get to have Fruits & vegetables
and whole grains that is apples
FOR the WIC

What I like least about the proposed changes is

that you are taking away 1lb cheese
1 dozen egg And we won't Be getting AS

much Juices & Milk some women Really
Need ~~that~~ Extra Milk, Juice, Eggs, so I have

Thank you for reading my comments.

It would Be nice if you add all together
Thank you!

Sincerely,

Janella Medina
WIC Participant

Riverside County, California

c P8847

OCT 31 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

More of a variety and that fruits + vegetables are added.

What I like least about the proposed changes is

Thank you for reading my comments.

Sincerely,

Adelaida Segura
WIC Participant

Riverside County, California

OCT 31 2006

P8848

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is I like the less juice because of the sugar it contains, lowfat milk because of the less fat, and the bread and vegetables are good to increase in our diet.

What I like least about the proposed changes is

I like everything about the changes, I think its healthier.

Thank you for reading my comments.

Sincerely,

Aurora Garcia
WIC Participant

Riverside County, California

OCT 31 2000

P

P8849

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

That they are giving more healthy foods

What I like least about the proposed changes is

The milk

Thank you for reading my comments.

Sincerely,

Saura Aguiluz
WIC Participant

Riverside County, California

OCT 31 2006

P
P8850

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

IS the Fruits sometimes we forget
to add fruits & veggies to our
meals this makes it a must a healthy
choice

What I like least about the proposed changes is

I do not see anything I do not
like about the proposed changes.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

-P-

P8851

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

That they are giving veggies & fruits cause
That's what we need to be healthy and feed
our kids

What I like least about the proposed changes is

There's really nothing I like least I like
everything.

Thank you for reading my comments.

Sincerely,

Luane Rodriguez
WIC Participant

Riverside County, California

OCT 31 2006

P8852

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is
THE CHANGE SEEMS GOOD WITH
ADDING THE FRUITS : THE WHOLE
GRAIN

What I like least about the proposed changes is
NOTHING

Thank you for reading my comments.

Sincerely,

CRISTINA ROSALES
WIC Participant

Riverside County, California

OCT 31 2006

P8853

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

~~the~~ having some type of fruit and
vegetables. And soy beverage for people
that are vegetarians.

What I like least about the proposed changes is

Nothing every thing is even better
than the last package.

Thank you for reading my comments.

Sincerely,

Janet Farway
WIC Participant

Riverside County, California

OCT 31 2006

P8854

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

that we can try something
different for our children
like fruits and vegetables.

What I like least about the proposed changes is

well I like everything

_____.

Thank you for reading my comments.

Sincerely,

Cynthia Acevedo
WIC Participant

Riverside County, California

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Fruit & vegetables are very good choice that you guys have made.

What I like least about the proposed changes is

No, I ~~was~~^{saw} nothing that I didn't like

Thank you for reading my comments.

Sincerely,

Ruth Barrera
WIC Participant

Riverside County, California

OCT 31 2006

P8856

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

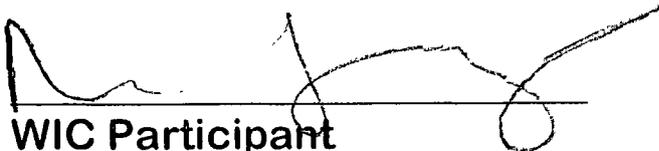
what I like is that there given
you several more options of foods
for exp. the milk choice and
the bread, fruits and veggies.

What I like least about the proposed changes is

~~nothing everything~~
I don't like the fact that there
changing the cheese to it only.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

P8857

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

variety of choices

fruits + grains

What I like least about the proposed changes is

loss cheese

Thank you for reading my comments.

Please allow fresh fruits + veggies,

Sincerely,

Heidi Blenn
WIC Participant

Riverside County, California

P8858

OCT 31 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

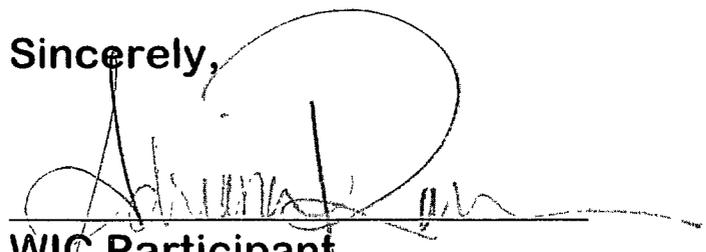
That we are getting fruits & vegetables.

What I like least about the proposed changes is

That we will be getting less milk.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

P8859

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The fruits and veggies.

What I like least about the proposed changes is

That it has less milk.

Thank you for reading my comments.

Sincerely,

Vanessa Aguilar
WIC Participant

Riverside County, California

OCT 31 2006

P8860

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

2% milk

What I like least about the proposed changes is.

least milk for my family & less
cheese.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

P8861

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

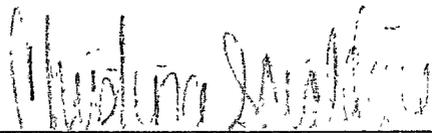
different kinds of fresh vegetables & fruit

What I like least about the proposed changes is

Nothing

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

P8862

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

That it has fruits Bread, Tortillas

What I like least about the proposed changes is

N/A

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

P 8863

OCT 31 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

We get veggies.
_____.

What I like least about the proposed changes is

Less juice
_____.

Thank you for reading my comments.

Sincerely,

Kristina Muñoz
WIC Participant

Riverside County, California

OCT 31 2006

P8864

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The fact that they'll have fruit
& tortillas now.

What I like least about the proposed changes is

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006
Dear Friends at US Department of Agriculture,

C
P8865

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Consistent with Dietary Guidelines
a great platform for nutrition education

What I like least about the proposed changes is

Many substitutions may be made
without any nutritional value in
nutritional value

Thank you for reading my comments.

Sincerely,

Claudia Jones
WIC Participant

Riverside County, California

OCT 31 2006

8
P8866

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

my kids will get fruits and veggies and
that is good

What I like least about the proposed changes is

that my kids won't get Juice and
that have ~~the~~ when ~~the~~ in what ~~the~~
did. Just don't cut the Juice we
we in ~~the~~ we get very hot so that will
get behind

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

P8867

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is baby food in a jar**

Thank you for reading my comments.

Sincerely,

Lauren A. Munro
WIC Participant

Lauren A. Munro 10/27/06

15125 s. Raymond Ave #9
Gardena CA 90247

P8868

NOV 05 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is The fruit, Bread.**

Thank you for reading my comments.

Sincerely,

Carolina Luna, Azuluna 3203 111th PL Inglewood,
WIC Participant CA, 90303

P8869

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is IT SEEMS LIKE THE
WIC FAMILY IS TRYING TO BETTER
THEIR SERVICES FOR THEIR
CLIENTS WELL BEING AND THEIR
FAMILIES.**

Thank you for reading my comments.

Sincerely,

Gloria Zazueta

10/4/06

WIC Participant

1115 SO. WILLOWBROOK AVE.
COMPTON, CA 90220

P8870

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is broccoli, tortillas,
grapes, tomatoes.**

Thank you for reading my comments.

Sincerely,

Maria Bautista 10-4-06
WIC Participant

417 w 126 th st
Los Angeles CA 90061

NOV 26 2008

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is Bananas & Bread

Thank you for reading my comments.

Sincerely,

TAMEKA Redmond
WIC Participant

13119 DATESIDE AVE
GARDENA CA 90249

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is BECAUSE IT'S
MOST HELPFUL FOR PEOPLE WITH
LOW INCOME.**

Thank you for reading my comments.

Sincerely,

WIC Participant

Yolanda Lopez

13660 VAN BUREN AVE
GARDENA CA 90247

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is that we are getting
more ~~fruits and vegetables~~ nutritional foods

Thank you for reading my comments.

Sincerely,

Aveli Casanovi

WIC Participant

832 1a. Wel segundo Blvd!
june 03 90247

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that there giving
more healthy food.**

Thank you for reading my comments.

Sincerely,

Lizette Leason

WIC Participant

P8875

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is getting soy milk and
fruits + vegetables :**

Thank you for reading my comments.

Sincerely,

M. Vivian Bado.

WIC Participant

NOV 06 2006

P8876

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is MORE VARIETY FOR
VEGETABLES**

Thank you for reading my comments.

Sincerely,

Jana Martinez mother of Alexis M. Martinez
WIC Participant

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is I DO like it but NOT the milk FOR BABIES.

Thank you for reading my comments.

Sincerely,

Freidyne Arnold
WIC Participant

NOV 06 2006

D8878

**Dear Friends at US Department of
Agriculture,**

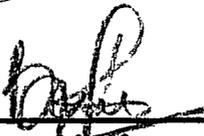
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is we will be able to have more options
and different products.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is they will make the
kids eat healthier**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is these are good healthy foods.

Thank you for reading my comments.

Sincerely,

Carol Cox 10/3/06
WIC Participant

CAROL COX
1009 S. Pearl Ave
Compton, Ca 90221

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is Baby foods, tortillas, and breads,

Thank you for reading my comments.

Sincerely,

10/2/06

Joanna Cabrera Joanna Cabrera
WIC Participant
1144 W 766 th st
Gardena CA 90247

P8882

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is We are going to be able
to eat healthier**

Thank you for reading my comments.

Sincerely,

Amee Biron
WIC Participant

Amee Biron
15830 S. Vermont Ave. #1

P8883

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is vegetables, baby food
would be great idea!**

Thank you for reading my comments.

Sincerely,

Erika P. (ERIKS PEREZ)
WIC Participant

13429 S. VERMONT RD Gardena CA
90247

10/23/06

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is baby food and also
vegetables would be great for the baby and
kids.**

Thank you for reading my comments.

Sincerely,

Abyguet Barria Abyguet Barria
WIC Participant

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is Fresh Brown Eggs, ALSO ORGANIC MILK, BREAD, YOGURT.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

There is ~~an increase~~
with a different variety of
food offered

Thank you for reading my comments.

Sincerely,

V. Dummer

WIC Participant

NOV 06 2008

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Keep the foods
you have now like milk cheese
and juice.**

Thank you for reading my comments.

Sincerely,



WIC Participant

P8888

NOV 06 2008

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is fruit and baby food
wheat bread.**

Thank you for reading my comments.

Sincerely,

carol castro
WIC Participant

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is We use most milk
at fruit fruit is less money
at milk**

Thank you for reading my comments.

Sincerely,

Fabida Barajas

WIC Participant

NOV 03 2008

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is to give more veggies and fruit and fish
juice is not so good for children teeth

Thank you for reading my comments.

Sincerely,

Polina Brudova
WIC Participant

P8891

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is *fresh fruits & vegetables; baby food -> healthier for us & baby food provides more variety other than cereals*

Thank you for reading my comments.

Sincerely,

CAROL ANTON

WIC Participant

NOV 06 2005



P8892

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the baby food is
very helpful because it is expensive.**

Thank you for reading my comments.

Sincerely,

A handwritten signature in black ink that reads "Marshall J. Brown". The signature is written in a cursive style and is positioned above a horizontal line.

WIC Participant

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is it will help our family

Thank you for reading my comments.

Sincerely,

Dawn M. Jensen

WIC Participant

NOV 06 2006

P8894

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the more nourtrision
my family will recieve.**

Thank you for reading my comments.

Sincerely,

 Anrijeannette Avila

WIC Participant

P8895

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is fruits, cause my kids
love them & vegetables.**

Thank you for reading my comments.

Sincerely,



WIC Participant

P8896

NOV 06 2008

**Dear Friends at US Department of
Agriculture,**

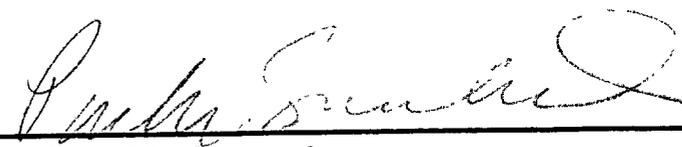
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I don't like it
leave it alone**

Thank you for reading my comments.

Sincerely,



WIC Participant

P8897

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more food choice & variety.**

Thank you for reading my comments.

Sincerely,

Jeannie Ao JEANNIE AO 10/11/06
WIC Participant 15420 Spinning Ave
Gardena, CA 90249

P8898

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is its healthier

Thank you for reading my comments.

Sincerely,

Tamerra Ortega-Beauford
WIC Participant

12830 Prairie Ave #215
Hawthorne, CA 90250

P8899

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is adding fruits, vegetables
bread and more fresh food**

Thank you for reading my comments.

Sincerely, *Aish F. Extra*
CIELO F. EXTRA

2109 W. 159th Pl. #11 Gardena, Ca 90249
WIC Participant

NOV 03 2006

P8900

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that it will help my family
eat healthier**

Thank you for reading my comments.

Sincerely,


WIC Participant

P8901

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

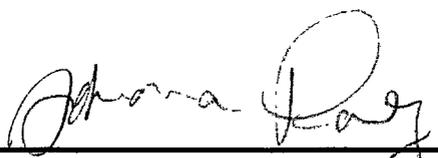
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is It seems like healthy food.**

Thank you for reading my comments.

Sincerely,



WIC Participant

P8902

NOV 06 2006

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is the ability to use checks at any other store. And really being able to get a variety.

Thank you for reading my comments.

Sincerely,

Daniel Villone

WIC Participant

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is the kids will be more excited with veggies & fruits

Thank you for reading my comments.

Sincerely,

Olivia Rivera

WIC Participant

NOV 06 2006

P8904

**Dear Friends at US Department of
Agriculture,**

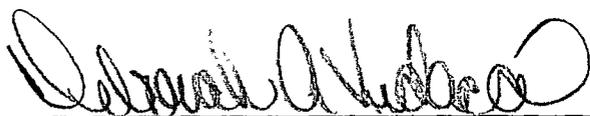
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the different new
foods!**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P8905

**Dear Friends at US Department of
Agriculture,**

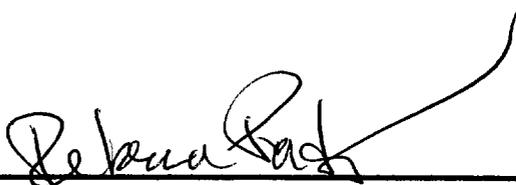
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the selection of vegetables
healthier alternatives such as
tofu & brown rice.**

Thank you for reading my comments.

Sincerely,



WIC Participant

P8906

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

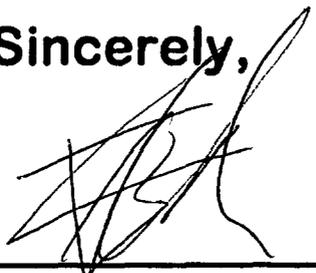
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more variety in
our childrens' food. Thanks.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P8907

**Dear Friends at US Department of
Agriculture,**

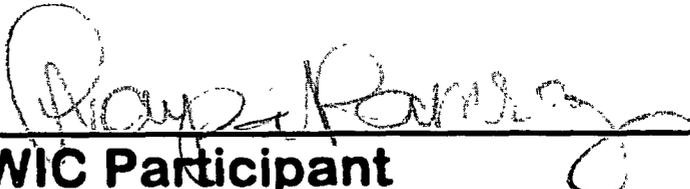
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is there are more
nutritional choices for the
family**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P8908

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the extra help we will be
getting next year.**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 06 2006

P8909

**Queridos Amigos del Departamento de
Agricultura de Estados Unidos:**

**Les escribo para contarles lo que pienso
sobre la
propuesta de cambiar los alimentos de WIC.**

**Gracias por añadir frutas y verduras a los
cheques de WIC! Sería un placer poder elegir
alimentos más frescos y nutritivos para mi
familia.**

**Lo que más me gusta sobre los cambios
propuestos es**

Gerbers for Babies

Gracias por leer mis comentarios.

Atentamente,



Participante de WIC

Oct. 6, 2006

NOV 06 2006

P8910

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is it good for one
health**

Thank you for reading my comments.

Sincerely,



WIC Participant

5603 Newmans St
Cypress Ca. 90630

NOV 06 2006

P8911

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is fruits, vegetables, bread
baby foods**

Thank you for reading my comments.

Sincerely,

Donna Faye Dumapias
WIC Participant

NOV 06 2006

P8912

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Baby Food, Fruits and
Vegetables**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P8913

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is The fruits + veggies and
the bread that's great**

Thank you for reading my comments.

Sincerely,

Kessine K. Bustamante

WIC Participant

NOV 06 2006

P8914

**Dear Friends at US Department of
Agriculture,**

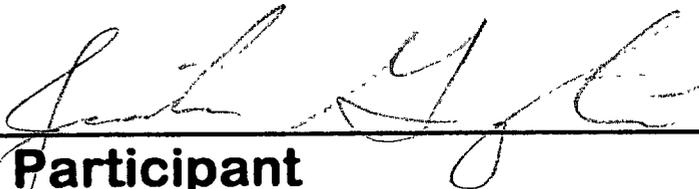
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is baby Gerber**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P8915

**Dear Friends at US Department of
Agriculture,**

10-11-06

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more variety of
different foods more options
I think it is a good idea.**

Thank you for reading my comments.

Sincerely,



WIC Participant

P8916

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

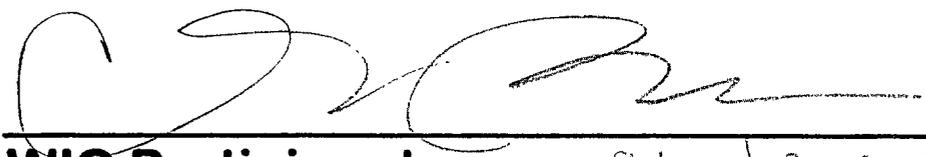
Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the added variety of healthy foods that are sometimes too costly to purchase.

Thank you for reading my comments.

Sincerely,



WIC Participant

Chadene Perry

NOV 06 2006

P8917

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is _____**

*I THINK you should continue to give the
some amounts for MILK, eggs, and cheese.*

Thank you for reading my comments.

Sincerely,

Yvette Moul

WIC Participant

NOV 06 2006

P8918

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that our fruits and vegetables will
be free, and our children will learn to eat
more fruits and veggies.**

Thank you for reading my comments.

Sincerely,

Carolina Young 10-03-2006
WIC Participant

NOV 06 2006

P8919

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that my baby will
get healthy foods**

Thank you for reading my comments.

Sincerely,

SONIA BARAJAS.

WIC Participant

SV 951404091

P89.20

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is allows you to purchase fruits & vegetable.

Thank you for reading my comments.

Sincerely,

Jolinda A. Cruz

9-27-06

WIC Participant Jolinda A. Cruz.
17910 LaSalle Ave.
Gardena CA 90248

NOV 06 2006

P8921

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

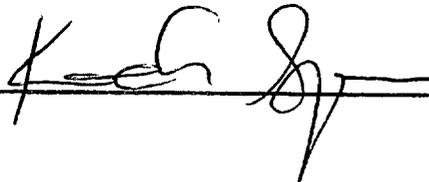
**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the fresh fruits and fresh
vegetables, My 2 year old son loves!!! fruit.**

Thank you for reading my comments.

Sincerely,

Kamillah Siaveiros
WIC Participant



P8922

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Its much healthier**

Thank you for reading my comments.

Sincerely,

Elga Gutierrez

9/27/06

WIC Participant

*14121 S. Orchard Ave.
Gardena, CA 90247*

P8923

NOV 06 2006

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is being able to have salads!

Thank you for reading my comments.

Sincerely,

Wanda Brown 9/27/06

WIC Participant

Wanda Brown
1416 W 145th St #102
Gardena, CA 90247

P8924

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is being able to choose
fresh fruit & veggies instead of so much
juice.**

Thank you for reading my comments.

Sincerely,

Shanda Lewis

WIC Participant

*Shanda Lewis
2020 W. 154th Street
Gardena, CA 90249*

P8925

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is there will be more healthy
food to select from.**

Thank you for reading my comments.

Sincerely,

Silvia Lopez

WIC Participant

Silvia Lopez
1711 W. 144th Street Apt. #2
Gardena, CA 90247

NOV 06 2006

P8926

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that is healthier for
our kids**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more healthier choices**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

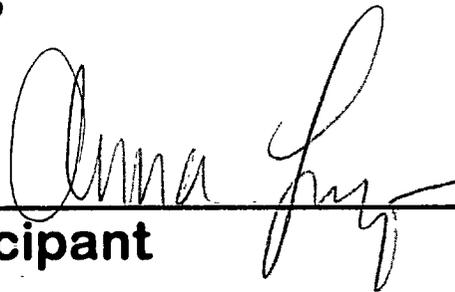
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the new foods that will be
offered.**

Thank you for reading my comments.

Sincerely,



WIC Participant

P8929

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is ~~that~~ different
choices**

Thank you for reading my comments.

Sincerely,

Marna Janner
WIC Participant

NOV 06 2006

P8930

**Dear Friends at US Department of
Agriculture,**

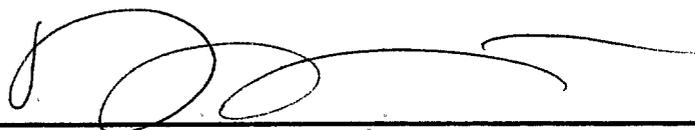
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is it is a variety of
other healthy foods**

Thank you for reading my comments.

Sincerely,



WIC Participant

P8931

NOV 06 2006

Dear Friends at US Department of Agriculture,

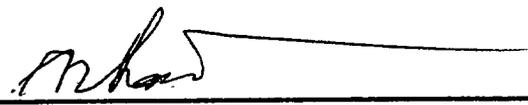
I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is bread, tortillas

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P8932

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that there is
variety and healthier choice
of food.**

Thank you for reading my comments.

Sincerely,

Noelle Camacho
WIC Participant

P8933

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

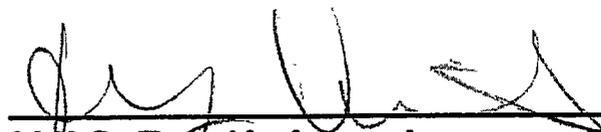
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that its a good idea
because its different to a change**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P8934

**Dear Friends at US Department of
Agriculture,**

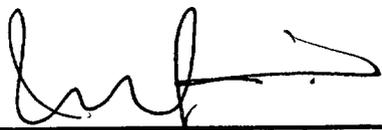
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I have the choice
to more variety**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

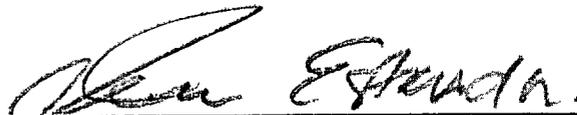
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Variety of foods.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P8936

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Baby Food**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

98937

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I would like to leave my
WIC coupons the same.**

Thank you for reading my comments.

Sincerely,



WIC Participant

P 8938

NOV 08 2006

**Dear Friends at US Department of
Agriculture,**

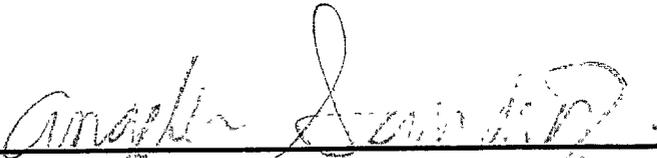
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is it dont really
cut it as the same to me.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is That the fruits and
vegetables are healthier food.**

Thank you for reading my comments.

Sincerely,

LURIA RUBINO

WIC Participant

NOV 06 2006

P8940

**Dear Friends at US Department of
Agriculture,**

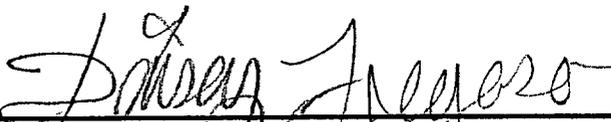
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that we have more choices
and I really like the idea of fruits & veg**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P8941

**Dear Friends at US Department of
Agriculture,**

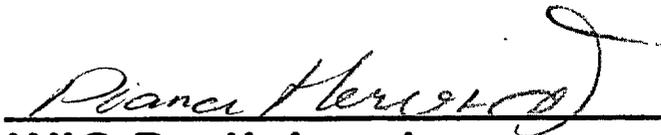
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is it would be a good
advantage for us to eat more
fruits.**

Thank you for reading my comments.

Sincerely,



WIC Participant

P.8942

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more veg, nuts milk
and tortilla**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P8943

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is well I like it the
same.**

Thank you for reading my comments.

Sincerely, *Dora Ordong*

WIC Participant

P8944

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is my daughter will be
getting natural foods & not processed juice**

Thank you for reading my comments.

Sincerely,

Grace Sigala
WIC Participant

NOV 06 2006

P8945

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is added nutrition from
fresh fruits and vegetables.**

Thank you for reading my comments.

Sincerely,

Robert Garcia

WIC Participant

P8946

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is The variety and
its still healthy.**

Thank you for reading my comments.

Sincerely,



WIC Participant

P8947

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is FRUITS + VEGETABLES
ARE GOOD FOR MY DAUGHTER + IT
HELPS OUT FINANCIALLY**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

D8948

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is _____**

ITS fine w/ me leave it like it is

Thank you for reading my comments.

Sincerely,

Yanira Gutierrez

WIC Participant

P8949

NOV 06 2006

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

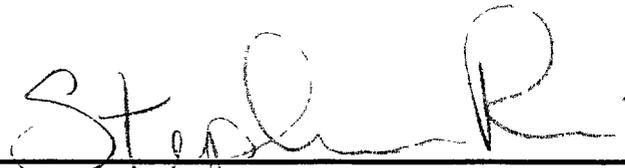
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is my child will be eating
much healthier.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is MORE OBVIOUS**

Thank you for reading my comments.

Sincerely,



WIC Participant

P8951

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** need to give more

formula & fruit & vegetable

Thank you for reading my comments.

Sincerely,

Luca Cruz
WIC Participant

NOV 06 2006

P8952

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is More help for me
& my family.**

Thank you for reading my comments.

Sincerely,

Synthia Garcia

WIC Participant

NOV 06 2006

P8953

**Dear Friends at US Department of
Agriculture,**

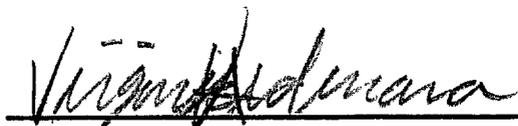
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is adding Baby
food.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P8954

**Dear Friends at US Department of
Agriculture,**

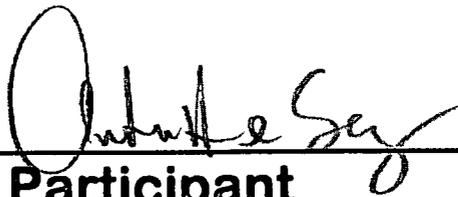
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is my children will be
receiving more nutrients**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P8955

**Dear Friends at US Department of
Agriculture,**

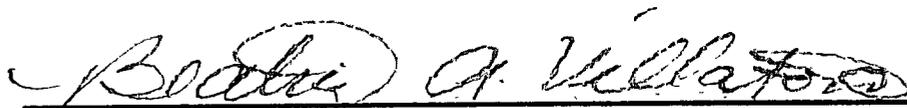
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the idea of adding fresh
fruits & baby food to wic.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2008

P8956

**Dear Friends at US Department of
Agriculture,**

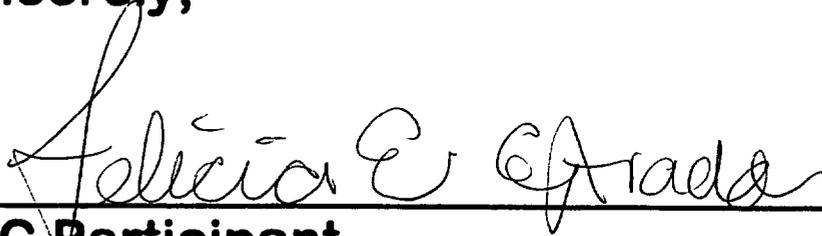
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is trying to make the
families of america more happy and healthy.**

Thank you for reading my comments.

Sincerely,



WIC Participant

Felicia E Estrada

Dear Friends at US Department of Agriculture,

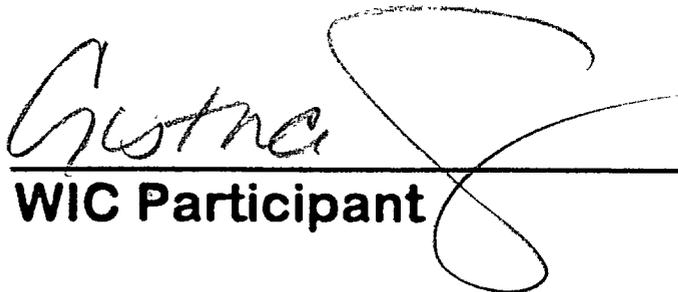
I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is the option for Fruit, Vegones, Salmon, and Tofu

Thank you for reading my comments.

Sincerely,


WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the healthier foods**

Thank you for reading my comments.

Sincerely,

Stephanie Jacobson

WIC Participant

NOV 06 2006

P8959

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is yogurts & Fruits.
and bread**

Thank you for reading my comments.

Sincerely,



WIC Participant

P8960

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is The Healthy New Diet**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 06 2006

P8961

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is baby food, Hettner**

Thank you for reading my comments.

Sincerely,

Ashley Wisely

WIC Participant

NOV 06 2006

P-8962

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

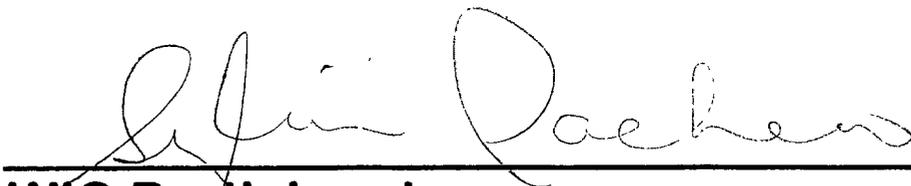
**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

Getting baby food + fruits
will help so much

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P.8963

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is veggies - bread
Baby food jar is good**

Thank you for reading my comments.

Sincerely,

Carol St Price

WIC Participant

P8964

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the baby food is vegetable's.
When the food gets expensive.
(fruit & veg)**

Thank you for reading my comments.

Sincerely,

Dawn Smith 10-06-06

WIC Participant

NOV 06 2006

P8965

**Dear Friends at US Department of
Agriculture,**

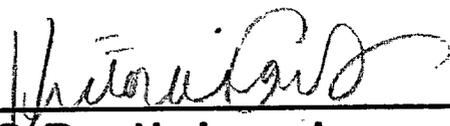
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is now my family can practice
being healthier with more vegetables at meals**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P8966

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is my child's vege & fruits.**

Thank you for reading my comments.

Sincerely,

Laura Anna

WIC Participant

0

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

*any store, any Veggie
any fruit Savings money*

*I love the changes I think
Its the most wonderful thing
you can do to help us wic participants*

Thank you for reading my comments.

Sincerely,

Janino Lancaster

WIC Participant

P8968

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

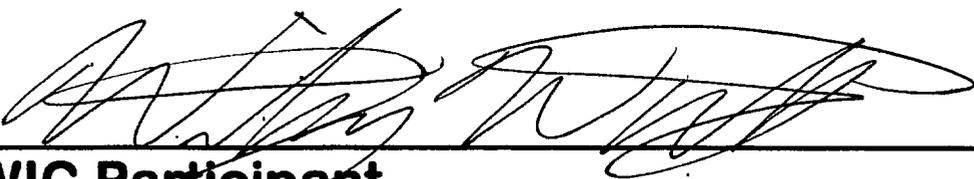
**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** the adding of fruits +

veggies. We never have them in the house do
to the cost. Now my children will have healthier
snack to eat.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P8969

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Fruits & vegetables,
whole grains.**

Thank you for reading my comments.

Sincerely,

Chamique Arceena
WIC Participant

Chamique

Arceena

NOV 03 2006

P8970

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is fruit, wheat breads**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P8971

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the soy milk, vegetables,
fruits, and tortillas.**

Thank you for reading my comments.

Sincerely,

W. Salazar
WIC Participant

NOV 03 2006

P8972

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** FRUITS+VEGETABLES,

TORTILLAS

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P8973

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is That it will provide
more food and nutrition for
kids that need it.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P8974

**Queridos Amigos del Departamento de
Agricultura de Estados Unidos:**

**Les escribo para contarles lo que pienso
sobre la
propuesta de cambiar los alimentos de WIC.**

**Gracias por añadir frutas y verduras a los
cheques de WIC! Sería un placer poder elegir
alimentos más frescos y nutritivos para mi
familia.**

**Lo que más me gusta sobre los cambios
propuestos es**

verduras frutas tortillas

Gracias por leer mis comentarios.

Atentamente,

Graciela Aquino

Participante de WIC

NOV 08 2006

P8975

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that I will be able to
feed my son fruits and vegetables,
which is what he likes to eat the
most.**

Thank you for reading my comments.

Sincerely,

APDeRa Sauer

WIC Participant

NOV 03 2008

P8976

**Dear Friends at US Department of
Agriculture,**

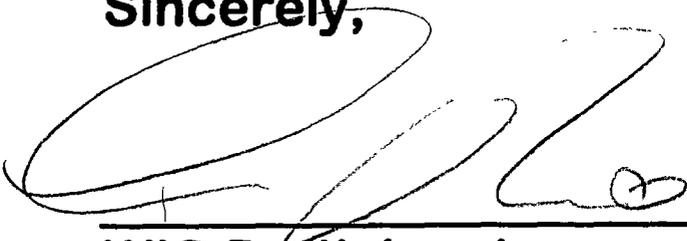
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Healthier choices
more varieties**

Thank you for reading my comments.

Sincerely,

A handwritten signature in black ink, consisting of several loops and a final flourish, positioned above a horizontal line.

WIC Participant

NOV 03 2006

P8977

**Queridos Amigos del Departamento de
Agricultura de Estados Unidos:**

**Les escribo para contarles lo que pienso
sobre la
propuesta de cambiar los alimentos de WIC.**

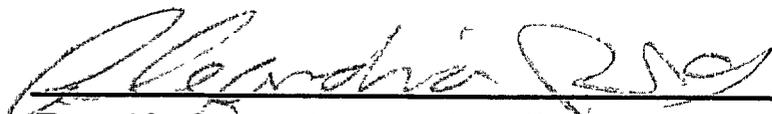
**Gracias por añadir frutas y verduras a los
cheques de WIC! Seáun placer poder elegir
alimentos más frescos y nutritivos para mi
familia.**

**Lo que más me gusta sobre los cambios
propuestos es**

A mí me gusta todo

Gracias por leer mis comentarios.

Atentamente,



Participante de WIC

NOV 03 2006

P8978

**Queridos Amigos del Departamento de
Agricultura de Estados Unidos:**

**Les escribo para contarles lo que pienso
sobre la
propuesta de cambiar los alimentos de WIC.**

**Gracias por añadir frutas y verduras a los
cheques de WIC! Seáun placer poder elegir
alimentos más frescos y nutritivos para mi
familia.**

**Lo que más me gusta sobre los cambios
propuestos es**

Pan integral, Soya milk, Verduras.

Gracias por leer mis comentarios.

Atentamente,

Martha B. Hernandez

Participante de WIC



NOV 03 2008

P8979

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is _____**

fruits / vegetables - (good for the children)

Thank you for reading my comments.

Sincerely,

Isabel Guerrero

WIC Participant

NOV 03 2006

P8980

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** I get to eat more

healthy and I like fruits and vegetables

Thank you for reading my comments.

Sincerely, *Suzette Aguilar*

WIC Participant

NOV 03 2006

18981

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Wheat bread and leaf vegetables**

Thank you for reading my comments.

Sincerely,


WIC Participant

10-13-06

NOV 03 2008

P8982

**Dear Friends at US Department of
Agriculture,**

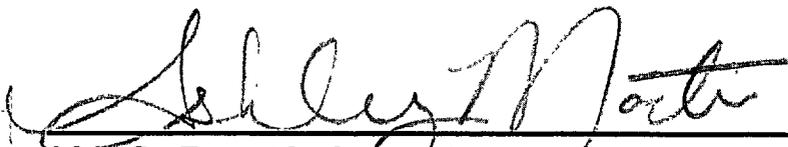
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Being able to have
~~behave~~ rice and bread.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P8983

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is The addition of more
food - especially fruits and bread.**

Thank you for reading my comments.

Sincerely,



TEHILA LI

WIC Participant

NOV 03 2008

P8984

**Dear Friends at US Department of
Agriculture,**

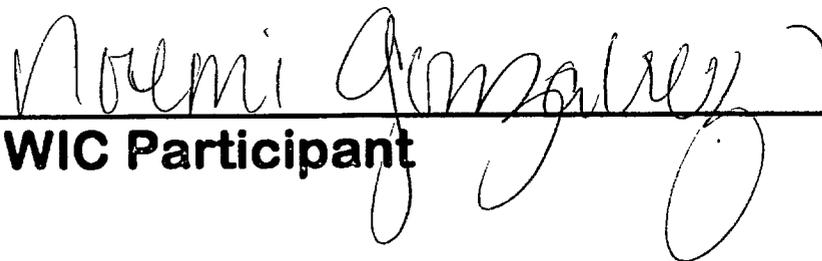
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is THE TORTILLAS**

Thank you for reading my comments.

Sincerely,



WIC Participant

P8985

NOV 03 2008

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

**What I like most about the proposed changes is IT HELPS OUT W/ COST!
fruit is so expensive you have to limit yourself sometimes.**

Thank you for reading my comments.

Sincerely,



WIC Participant

P8986

NOV 03 2008

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is IT'S GOOD TO
BENEFIT THE CHILDREN'S GROWTH**

Thank you for reading my comments.

Sincerely,

Lynethia Buecelina

WIC Participant

NOV 03 2008

P8987

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more healthier
especially Baby food +
Vegetables**

Thank you for reading my comments.

Sincerely,

Monique Luna

WIC Participant

NOV 03 2006

P8988

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

*I dont like the change
why? because we need the milk
more than tortillas and bread. that I can
buy. It will Hurte us more IF you change
OR plan that we already HAVE*

Thank you for reading my comments.

Sincerely,

Ofelia Ortega

WIC Participant

NOV 03 2006

P8989

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is NO change thanks,
milk and cheese needed more.**

Thank you for reading my comments.

Sincerely,

Monique Brody
WIC Participant

NOV 03 2006

P8990

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is tortillas.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P8991

**Dear Friends at US Department of
Agriculture,**

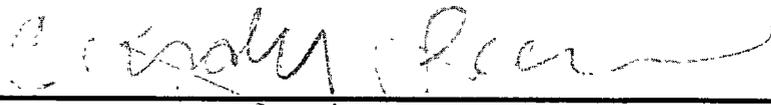
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is They should leave the food
they are giving and add these items to it
and not take away.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P8992

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is nothing, I like the way
it is now!**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P8993

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

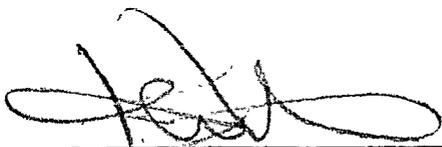
**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I am satisfied to**

what WIC offers now - Milk &
cheese are becoming very
expensive - we could only have
WIC coupons or any other coupons.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P8994

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is everything is more
convenient**

Thank you for reading my comments.

Sincerely,

Ms. Lisa Savarin

WIC Participant

NOV 03 2008

P8995

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

Yes Good Changes
Twice the NO store
& no \$ amount &
ADD Fruit & veggie

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

P8996

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

fresh fruit is very important (as well
as vegetables) for childrens growth adding this to
the wic program will provide better nutrition for
children who would not otherwise receive it!

Thank you for reading my comments.

Sincerely,

Dama Williams
WIC Participant

NOV 03 2006

P8997

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** that we have more

choices and it will be much easier to change
coupons at ~~any~~ any store,
if your choice doesn't have your products.

Thank you for reading my comments.

Sincerely,

Adriana Diaz

WIC Participant

NOV 03 2006

P8998

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** healthier

decision milk Enlistapates my
daughter & so does the cheese
healthier foods healthier kids

Thank you for reading my comments.

Sincerely,

Natalie Martonez
WIC Participant

NOV 03 2006

P8999

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is there is added fruits
and vegetables but dislike
there isn't any more juice.**

Thank you for reading my comments.

Sincerely,

Melano Gutierrez

WIC Participant