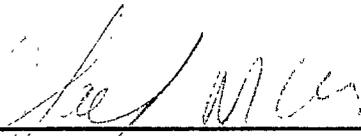


Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,



WIC Participant

Other Comments:

This was a long time coming &
very needed

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Alex Jane

WIC Participant

Other Comments:

Yeah - Fresh Favs would be great

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,



WIC Participant

Other Comments:

Great !! Love the thought of getting bread and fruits + veggies.

P4004

NOV 0 -

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Brenda Carr

WIC Participant

Other Comments:

*fruits + vegetables for pregnant women
& children is an excellent program addition.*

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Mania Delvaux

WIC Participant

Other Comments:

My children always eat
fruits & vegetables. Those
two things are the first
things to run out. We have
a hard time keeping up. This
would help so much.

P 4006

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

[Handwritten signature]

WIC Participant

Other Comments:

[Handwritten comments on lined paper]

P 4007

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Veneta Palmer

WIC Participant

Other Comments:

*I love the fresh fruit and
veggies idea*

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Lindsay Essel

WIC Participant

Other Comments:

I love the idea of fresh fruit & whole grain breads instead of all cereal.

P 4009

NOV 11 2006

**Dear Friends at US Department of
Agriculture,**

**Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.**

Sincerely,

Shashene H. Munet
WIC Participant

*Comments: It's good, fruits
and veggies are good to be
getting.*

P4010

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

My children love fresh fruits & vegies
I think fresh is much better in
nutrients than canned.

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Sarah Daphagan
WIC Participant

Other Comments:

Adding fruits & veggies would be
a wonderful thing to add. I
would greatly appreciate that.
My children love there fruits and
veggies and they are quite expensive.

Thank you!

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Terese Lawson

WIC Participant

Other Comments:

I think that this is the Greatest
idea ever @ keep thinking of others
like Wally food is a Great Idea.
Also ~~my~~ the lady who seen me
today was awesome. Very friendly +
great sense of humor.

P 4013

NEW 8.6.2018

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Micela Polley

WIC Participant

Other Comments:

*I think banners would be something
to look into. But other wise it's a good
idea.*

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Tracey Serna

WIC Participant

Other Comments:

What a great idea its high time for changes to come to the foods we are allowed.

*Sincerely
Tracey Serna*

P4015

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Nicole Ely

WIC Participant

Other Comments:

I would love to also see more grains
like 100% whole wheat bread.

I love to see, Finally, more
fruits + vegetables. We don't need that
much milk + juice!

P4016

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Marta Hernandez

WIC Participant

Other Comments:

Soy milk will be great to.

P 4017

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Karen Dill

WIC Participant

Other Comments:

*I only drink soy milk so that
would be nice to have available
w/o prescription.*

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,



WIC Participant

Other Comments:

I think it is great but I don't think they should reduce the milk.

84019

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Sarah Malloy

WIC Participant

Other Comments:

Great choice in salmon!

P 4020

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Julia Boughton
WIC Participant

Other Comments:

Its good to give them
early so they grow up well

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

Great additions & w/ less milk - we drink
a lot of soy because of lactose intolerance in
parents. More veggies is great but eggs
should stay the same; they are so useful.

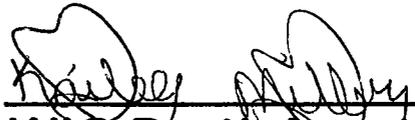
R 4022

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

I hope that this happens I love
fruit better than veggie.

7 4023

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Dawn Bruce

WIC Participant

Other Comments:

*I like the fresh fruits + Veggie,
whole wheat items, tortillas, Brown Rice
will miss the cheese, and extra
eggs*

7 4024

NOV 0 0 -

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

Thank you for any and all
help in keeping my baby Jacob
happy and healthy!

? 4025

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

~~The farmers market coupons are great - more veggies~~
are definitely healthier than so much milk products and
very appreciated!!! We have health concerns about
so much dairy - soy or rice milk alternatives ^(formerly) would
be a much needed variety in our child's diet -
because ours is a ~~an~~ personal preference instead
of an allergy we think a doctor's note would
be unnecessary. Please allow an alternative
milk beverage for those with / or without
allergies!!!

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Teresa Powell

WIC Participant

Other Comments:

Please don't lower the cheese amount. We really use it a lot.

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Ruby Sanford

WIC Participant

Other Comments:

*I feel that flavored yogurt should be very
good for babies to put in their oatmeal also
when they will eat nothing else they will
eat the yogurt also the fresh fruits & veggies*

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Raina Brown

WIC Participant

Other Comments:

I like the changes. It will help make more balanced meals!

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Christine Sanford

WIC Participant

Other Comments:

*I feel that flavonated
milk should be on
the wic vouchers*

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely, *Jose M Palmer*

WIC Participant

Other Comments:

*more fresh fruit better variety
of cereals the migration of
Williams into childrens diets
as children get older Florida should
be introduced for good oral
health.*

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Mindy Walter

WIC Participant

Other Comments:

*I think it's a wonderful idea to offer
fresh fruits and veggies !!*

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Kelly Hunt

WIC Participant

Other Comments:

I would love it. fruits and vegetables would be great.

P 4033

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Anna Vargas

WIC Participant

Other Comments:

*I think it would be
an good idea to have fruits
and vegetables.*

NOV 06 2008

84034

**Dear Friends at US Department of
Agriculture,**

**Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.**

Sincerely,

Carrie Ross

WIC Participant

Other Comments:

*I think adding fruit and veggies would
be great to add.*

P 4035

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Chanel Hoffman

WIC Participant

Other Comments:

** I think this will be beneficial to all wic participants.*

P 4036

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Ann Venham

WIC Participant

Other Comments: *that would be great for my children we have a variety*

P 4037

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Micala Stull

WIC Participant

Other Comments:

*I think that this is an
awesome change. Thank You!*

P4038

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

- 1) Veggies & fruits are a very essential part of a diet.
- 2) String cheese is a great & inexpensive snack
- 3) Maybe even some lunch meats for protein

P4039

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Nichelle Conner

WIC Participant

Other Comments:

*We love fruits & vegetables in our
family.*

P4040

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Russell Massoussome

WIC Participant

Other Comments:

*I think this is a good idea
to help me introduce healthier food.*

NOV 06 2008

P4041

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Nichole Vasquez
WIC Participant

Other Comments:

yes. I think that it is
a good idea about fruits
and veg. Because we can get
them all year around instead of
on the summer farmer market.

Thank you so much

Nichole Vasquez

4042

NOV 06 2008

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,



WIC Participant

Other Comments:

my kids love veggies.

84043

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Hatue Neisenheiner

WIC Participant

Other Comments:

fresh fruits and veggies would be
very helpful.

NOV 06 2008

P 4044

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Valerie Wise

WIC Participant

Other Comments:

my child LOVES fruit and veggies.
I think by adding them to the program, it
would enable a better snack option for my
child.
Thanks!

P 4045

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Jessica

WIC Participant

Other Comments:

Fruits and veggies are super healthy!

P 4046

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Anna M Sanchez
WIC Participant

Other Comments:

I've wondered why fruits and vegetables haven't been included before!!

P4047

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Holley Menda 10/19/2006
WIC Participant

Other Comments:

I think adding both fruit
and veggies would be great!
the sold items are better but
would be a great item to add to
our children's diet with the help
of WIC.

P 4048

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Ami Stetteland

WIC Participant

Other Comments:

Our family, along with many of our friends with children are vegans and would really benefit from this
Thanks

P4049

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Evelyn Van Alst

WIC Participant

Other Comments:

*Thanks for adding fruits+veggies
we love them*

P4050

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Darlene Esposito, Darlene Esposito
WIC Participant

Other Comments:

The New Food packages would be
beneficial.

P 4051

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Kathleen M. Stambello

WIC Participant

Other Comments:

You'll never understand completely how much these changes will help families in need!

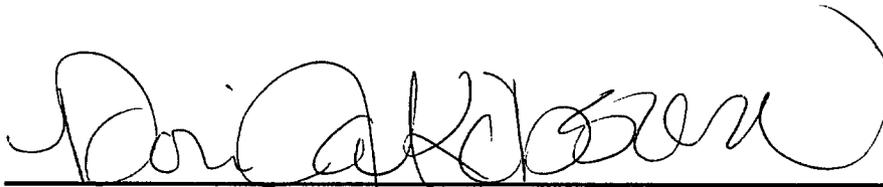
P 4062

NOV 11 10 45 AM '04

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

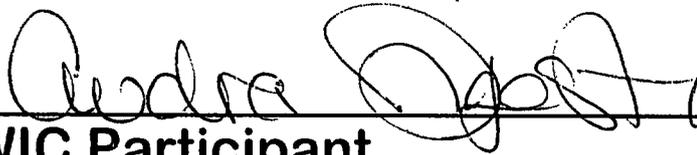
The new PROPOSED USDA PACKAGE
looks good. The BREADS, FRUITS
would be nice. Sometimes
All you have is WIC Food, and
Adding the FRUITS & VEGGIES would
be GREAT.

P 4058

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

I would like to see
fruits and veggies

84054

NOV 06 2016

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

A Angela Camacho

WIC Participant

Other Comments:

My daughter is allergic to regular cows
milk and requires Soy Milk.
Please provide Soy Milk.

p 4055

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

I would love to see
the fruits + vegetables on
WIC. Better for the children.

P 4056

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Elizabeth Andersen

WIC Participant

Other Comments:

yes I would like to see the changes it would give me healthier options. and \$

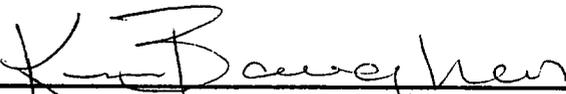
P4057

NOV 06 2016

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

I love the fruits, vegetables & bread
I never really need two dozen of eggs
so one less is no big deal. I will
miss the extra milk though

R
4058

NOV 0 0 ---

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Luzena Setnow

WIC Participant

Other Comments:

*Fruits & Veggies tend to be
expensive, and we only buy
what's on sale. So these
changes will definitely help.*

84059

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Kristy Nugent
WIC Participant

Other Comments:

Great idea my daughter loves fruits and veggies, but they are truly to expensive. Thank-you!

P 4060

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Andrea Flores (Andrea Flores)
WIC Participant

Other Comments:

It would be a great package to have!
TEACHING THE KIDS FRESH FRUITS & VEGGIES
IS THE BEST AND IT WOULD TEACH NOT
ONLY BETTER EATING HABITS TO HAVE PARENTS
HANDY TO KIDS BUT HELP C THE NATIONS
OVERWEIGHT PROBLEM. GREAT / APPLAUDE
THE IDEA!

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Suea Eneuf

WIC Participant

Other Comments:

I feel it is a great idea for the fresh veg to be put on the wic program.

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Amber D. Waters

WIC Participant

Other Comments:

This is so wonderful, often times we have to cut down on fruits & veggies because of a family budget!

P 4063

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

I would like to have fresh fruit
& veges

84064

NOV 06 2008

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,



WIC Participant

Other Comments:

Yogurt Good Vegetables Good
fruit even Better.

P 4065

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Michelle Casper

WIC Participant

Other Comments:

*i think adding these is a good idea
it add more selection to the
items*

P 4066

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Colleen K Pacheco

WIC Participant

Other Comments:

FRUITS AND VEGGIES WOULD DO
A WORLD OF GOOD.

P 4067

NOV 06 2009

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Mimi Healy

WIC Participant

Other Comments:

oats *bring back whole grain*

P 4068

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

Yes, ~~the~~ on the Veggies but Please
Keep the milks the same. It will
help alot.

Thank you!

? 4069

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Lobby Mc Donald

WIC Participant

Other Comments:

*Much rather have fresh/frozen Veggies +
fruit and cut down on Juice.*
Thank You -

84070

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Tim Graves

9-14-06

WIC Participant

Other Comments:

*I think we should have more milk
The fruits and veggies are very good
ideas*

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Janetka Johnson

WIC Participant

Other Comments:

please think about putting yogurt in the checks.

P 4072

NOV 0 6 2000

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Shelly Payne

WIC Participant

Other Comments:

*I would also like to add soy milk and
yogurt.*

2 4073

NOV 10 1999

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

I think putting Soy milk on the
WIC Program is a very good idea
for the kids who can't drink regular
milk. And Yogurt is good also.

? 4074

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Britnee J. Kemp

WIC Participant

Other Comments:

I would like for one of the changes to be for my child to get yogurt.
The fruits and veggies would be absolutely wonderful for my son. He loves them but I'm unable to afford it.

8 4075

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

I think adding soy milk and yogurt
would also be a help. Thank you.

84076

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

*I think that adding fruits
and veggies is an excellent
idea. We eat fruits all day
long. Thank You.*

84077

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Shonne Boots

WIC Participant

Other Comments:

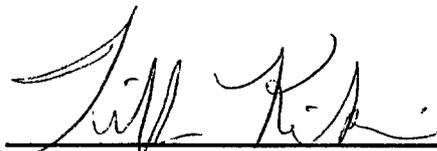
*The fruits and veggies are very
healthy. And some families
can not afford them - so it
a great idea.*

P4078

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

It will be great because we
won't have to say we can't
afford them, now we can
enjoy them.

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Kimberly Sue Hench

WIC Participant

Other Comments:

My children love fruits & vegetables & yogurt as a snack rather than candy, chips or fruit snacks.

84080

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Selena Yeliciano
WIC Participant

Other Comments:

I think it would good for fruits
and veggies because I like them
and they healthy for you.

P4081

NOV 05 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Deather POA

WIC Participant

Other Comments:

Adding vegis and fruits would benefit
my family

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Michelle Faupna

WIC Participant

Other Comments:

*Both myself and her dad are
supporters of Soy products -
Since birth she has been of
Soy and it has helped alot
in many ways.*

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Ruth Rudd

WIC Participant

Other Comments:

The variety of healthy food provided for my child has helped my family a lot. Thanks for the cones

P 4084

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Wendy Caldwell (Wendy J. Caldwell)
WIC Participant

Other Comments:

My children would benefit so much
from this addition. Adding fruits + vegetables
to their diet has been very difficult financially
on us. Thank you!

74085

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Emily S. Mcbride

WIC Participant

Other Comments:

*I think that the change would be
beneficial to all of the clients. I
look forward to seeing the change
implemented.*

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,


WIC Participant

Erica M. Groenenboom

Other Comments:

This is a very valuable resource that would be very beneficial to me and my child

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Paula [unclear]

WIC Participant

Other Comments:

I would really enjoy yogurt.

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Kathi Majors
WIC Participant

Other Comments:

Fruits and vegetables are staples for a healthier diet. Thanks!

24089

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Mphasia Miller

WIC Participant

Other Comments:

*I think we should go
forward with veggies and
fruits.*

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Lanny Fowler

WIC Participant

Other Comments:

I would love ~~to~~ fruits & veggies OR BREAD instead of juice. I don't use juice as much since the boys are 3 & 4 yrs old.

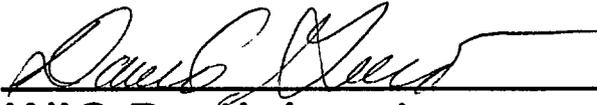
4091

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

We feel fresh fruits and grains would be
a great supplement to our meals. More fiber
and great for smoothies.

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Sarah Robinson

WIC Participant

Other Comments:

Fruits & Veggies are important
more than juice it has too much
sugar, greens would be great.

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Amanda Butch

WIC Participant

Other Comments:

*WIC is a wonderful program
and I appreciate to variety
of food for my fam.*

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Sonia Amador

WIC Participant

Other Comments:

*Fresh fruits & veggies are
much better than juice!*

P 4095

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Constance Willett
WIC Participant

Other Comments:

I think the idea is great it will add to the variety and helps us also eat more healthy

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Joanne Copeland
WIC Participant

Other Comments:

yeah for nectarines!

Y 4091

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Penny Woods

WIC Participant

Other Comments:

*I would like to see Yogurt
included in food packet*

P4098

WIC 11/17

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Angelina Heuber

WIC Participant

Other Comments:

I would like fruits and veggies because
they are healthy, and juice ~~is~~ has
to much sugar and calories.

P4099

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

I think that fruits and veggies is
a very good thing ^{for} my children and our
self.

Thank you Tony Morales

4100

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Erica Dawn VanNatta

WIC Participant

Other Comments:

*I would really like fresh fruit &
vegetables added. I also like the
idea of tortilla added.*
Thank you ☺