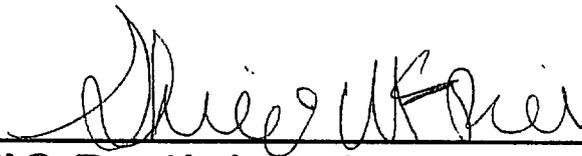


93901

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,



---

WIC Participant

**Other Comments:**

I hope that fruits & veggies would  
be much better than so much  
juice because it is less sugar  
& healthier.

---

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Hawlae Diggins*  
\_\_\_\_\_  
**WIC Participant**

**Other Comments:**

*I think adding fruits & veggies would be very helpful in adding these foods to my childrens daily diets*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Assista* *Olson*  
WIC Participant

Other Comments:

This would be a very good idea, to add fruit in replace of so much juice.

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Annabella*

WIC Participant

Other Comments:

*More fruit less juice.*

739705

NOV 16 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Katalyn Del Grande  
WIC Participant

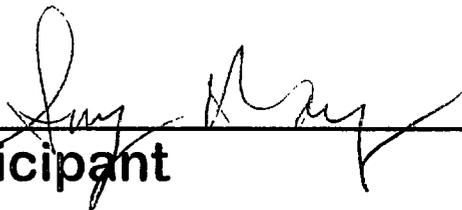
**Other Comments:**

I really think its a good idea  
because my family eats alot of  
fruits & veggies.

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,



WIC Participant

**Other Comments:**

Not to pre pick juice types

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3907

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Stacy M. [Signature]*  
WIC Participant

**Other Comments:**

*I believe adding USDA page with fresh  
veg. other would be better cause you can  
make more of a meal.*

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Rachel Smith*

WIC Participant

**Other Comments:**

*the change would be great we need more veggies*

Y3909

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Amber Anderson  
WIC Participant

Other Comments:

It will be alot healthier  
for all the kids

DEPT OF AGR 2007

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Amy Waterman-Nance*  
WIC Participant

**Other Comments:**

*fruits & veggies would be great!*

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Monica Word

WIC Participant

**Other Comments:**

I think it will be very helpful and help those of us who are on a tight budget.

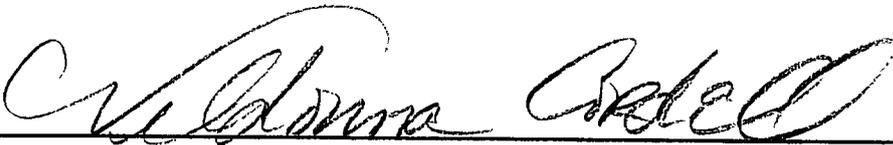
3912

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,



WIC Participant

Other Comments:

Veggies would be  
Great!

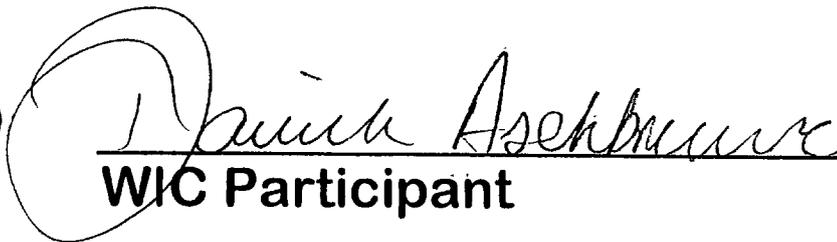
3913

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

ground beef kabobs - ground beef mixed with shredded  
onion, garlic and tomato.

Rice - Barbequed tomatoes

cucumber yogurt plain yogurt shredded cucumbers  
shredded onion, salt + pepper.

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Lucy Cameron  
WIC Participant

**Other Comments:**

I believe the addition of fruits  
and vegetables would be a very  
positive step towards insuring the  
health and well-being of many  
mothers and infants since in today's  
economy produce can be very expensive  
and hard to attain for low income  
families.

Thank you.

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Stephanie Allen  
WIC Participant

**Other Comments:**

mushrooms  
egg plant

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*L. Taylor*  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

*5 Snow peas*  
\_\_\_\_\_  
*mushroom*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

73917

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Crystal Soto*

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WIC Participant

Other Comments:

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*Breads and grains should be  
included. Big part of the kids  
meals & lunches.*

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---

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

  
WIC Participant

**Other Comments:**

will it be fresh fruit canned or  
dried fruit?

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Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Antonia Kozlowski*

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WIC Participant

Other Comments:

*Whole grain Bread*

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03920

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Lana Murray*

WIC Participant

**Other Comments:**

my child loves to eat these  
items and we really appreciate  
what WIC can do to help  
our family ☺.

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Christine Carter*

WIC Participant

**Other Comments:**

*Yogurt, vegetables, fruit, lunch meat*

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Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Christie Christensen  
WIC Participant

Other Comments:

It would be nice to add  
yogurt.

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Sanfer Melend*

WIC Participant

**Other Comments:**

*great way for assist  
nutrition.*

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Amanda J. Powell*

WIC Participant

**Other Comments:**

Good ideas on the fresh fruit  
and vegetables, and good on the  
soy milk a lot of kids can't have  
cow milk so it's good that we  
have an option

9 3925

NOV 0 5 2000

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Carrie Swain

WIC Participant

Other Comments:

keep Rice cereals because x3 children are allergic to grains or wheat

keep OJ please

Great idea on the fresh veggies

3926

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Risa Wilkie*  
\_\_\_\_\_  
WIC Participant

Other Comments:

\_\_\_\_\_  
*Adding Bread is great!*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

83927

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Rashel Harvey (Rashel Harvey)  
WIC Participant

### Other Comments:

I think it is great to add fruits & veg., and bread.  
The change is an AWESOME thing. A few ideas  
and changes I would like to see that I have had  
on previous WIC programs in other states are:  
the choice between canned or dried beans, sliced  
cheese or string cheese. I don't think the number of  
eggs should be reduced, that is one of my kids'  
source of protein since they are not big meat eaters.  
we were allowed canned carrots while nursing. or we  
could get fresh.

3928

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Sarah Ogle  
WIC Participant

**Other Comments:**

This new package is really  
important. It is a lot healthier  
and since WIC stands strong  
for wanting people to eat  
healthier it's a wonderful  
option.

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Shelby Burke

WIC Participant

**Other Comments:**

Throwing in new assortments of  
food groups is a wonderful idea, would  
be very helpful and a lot easier to  
get.

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Erin Williams*

WIC Participant

Other Comments:

*Great idea kids love em.  
fruits & veggies :)*

f 3931

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Deanna Wood*

WIC Participant

**Other Comments:**

I thank you guys for fruits &  
veggies for my kids that's really  
nice and help ful.

13932

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Lynette DeMello  
WIC Participant

**Other Comments:**

I totally agree with fruits and veggies. And all the other changes they have made. More fruits and veg and good for you more than eggs and all the others. Its nice to have other changes for wic.

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Cassandra Clark*

WIC Participant

**Other Comments:**

*sap milk without Rx  
yogurt please*

7 3934

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Stacy Dalsin*  
\_\_\_\_\_  
WIC Participant

Other Comments:

*yogurt please*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

13935

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Janice M. DeLeon Payne  
WIC Participant

**Other Comments:**

Veggies are very expensive & we haven't  
been able to buy them for our one year old.  
Please consider adding them to our vouchers.  
Thank you!

3936

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Rebecca [Signature]*

WIC Participant

Other Comments:

*like apple veggie tokens  
who would love it thank you*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

NOV 06 2006

P 3937

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,



WIC Participant

I would like  
**Other Comments:**  
The option to buy whole milk

The vegs. are a good idea

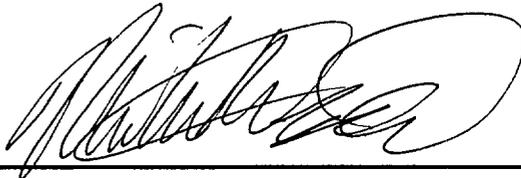
43938

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,



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WIC Participant

Other Comments:

Baby Fruits a Veggies would  
be nice

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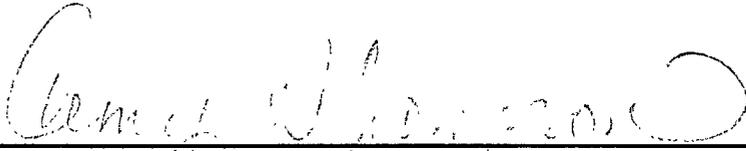
83939

NOV 13 2010

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,



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**WIC Participant**

**Other Comments:**

*WIC checks would be great*

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83940

NOV 06 2000

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Heather La Chapelle  
WIC Participant

Other Comments:

The new changes will be great!  
Thanks for the help

R 3941

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Stephanie Sommer*

WIC Participant

**Other Comments:**

We would like to have fruits &  
vegetables as an option for us  
each month.

8 3942

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Caroanhatinos*

WIC Participant

Other Comments:

Fruits + vegetables are definitely  
helpful, thanks!

NOV 6 2006

P 2943

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Ismael Sarama

WIC Participant

**Other Comments:**

I like the change its a Good for  
Older Kids

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NOV 06 2006

? 3944

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Tom Parkinson

---

WIC Participant

**Other Comments:**

Adding ~~the~~ FRESH fruits & Vegetables  
to the options of WIC Vouchers is  
A great idea.

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---

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? 3945

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Donna Michaels*

WIC Participant

Other Comments:

I appreciate if WIC offered (Soy Beverages) my son (2) cannot drink regular milk. Has been OK. By his physician (Doctor)

*M*

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,



WIC Participant

**Other Comments:**

I think the new foods being offered is a good idea. I like that there might be fruits and vegetables.

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Tina Bauer*

WIC Participant

**Other Comments:**

I have 3 children + sometimes I tend to get too ~~much~~ many eggs + cheese in a month. The new program will give us more of a variety of healthy foods for our family. Good idea!

NOV 9 6 2006

83448

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Sherena M. Williams*

WIC Participant

Other Comments:

*I am really glad about the bread, fruits & veggies*

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3949

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Bonita Green*  
WIC Participant

Other Comments:

*I think this change is a really good idea. I hope it goes through*

NOV 6 2008

P3950

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

---

WIC Participant

**Other Comments:**

I Think by giving us more  
fruit and Veg. are great. Except I  
think we should give a little more  
funds for fruit & Veg

---

13951

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Jenna Miller*  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

*Baby food would be nice and go  
through alot. Yogurt would be a  
great thing to have*  
\_\_\_\_\_  
\_\_\_\_\_

13952

NOV 9 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*J. W. [unclear] RN SCITC*

WIC Participant

Other Comments:

*yogurt would be  
needed.*

P 3953

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Desirae Cain

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WIC Participant

Other Comments:

yogurt (sptw) cottage cheese

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'3954

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Jacob Stepp

WIC Participant

**Other Comments:**

There is definitely too much Juice issued and fruit would be nice to add.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

? 3955

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Nicholas Hernandez*  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

*vegetables would be great*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

P 3956

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Shannon Thiel

WIC Participant

Other Comments:

I Love the idea of fruit. Maybe think about yogurt

? 3957

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Kathy Kalline*  
\_\_\_\_\_  
WIC Participant

Other Comments:

*May Add yogurt*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

13958

NOV 16 2006

**Dear Friends at US Department of Agriculture,**

**Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.**

**Sincerely,**

*Julie Powell*

---

**WIC Participant**

**Other Comments:**

*I think its a great idea -starting children on  
veggies early is very important*

---

---

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2 3959

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Sarah Deemo*

WIC Participant

Other Comments:

*Can't wait for fruits + veggies*

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---

83960

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

These are definite positive changes - more  
fresh food would be great!  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

NOV 16 2009

P3961

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Stephanie Patrice Cruz*  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

In the 6-12 month package I like the fruits  
& veggies instead of the juice. Same with the  
baby fruits & veggies instead of juice.  
Adding the merits is great!

**Dear Friends at US Department of Agriculture,**

**Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.**

**Sincerely,**

Melissa Nielsen  
**WIC Participant**

**Other Comments:**

Fruits and vegetables would be great if we could add it to wic.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Leta Scarry*  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

*It's great to add fresh veggies & fruits! yogurt too!*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

? 3964

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Stephan Merrill*

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WIC Participant

Other Comments:

*Fruit & vegetables are <sup>great</sup> better  
for pregnancies*

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? 3965

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Michelle D. [Signature]*

WIC Participant

**Other Comments:**

I think that would be wonderful. It would be a tremendous help to all families.

P 3966

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Mina Willes*

WIC Participant

**Other Comments:**

I would love to be able to  
receive breads, fruits & vegetables  
instead of so much juice  
which I do not give my children  
that often - it has too much sugar.

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Jodi Beers*

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**WIC Participant**

**Other Comments:**

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*Adding fruits + veggies  
would be perfect for my  
daughters' healthy diet!*

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Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Connie Garcia*

WIC Participant

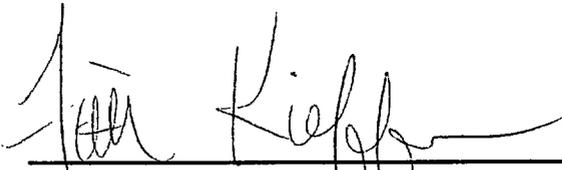
**Other Comments:**

*I feel this is better for my grandsons health than just juice*

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,



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**WIC Participant**

**Other Comments:**

I think it would be better for the  
development of a child's teeth if we  
got fruits and veggies.

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NOV 06 2008

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

~~Vanessa Northcutt~~ (Vanessa Northcutt)

WIC Participant

**Other Comments:**

This will help people consume fresh fruits & vegetables better.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Christi Godkin*  
\_\_\_\_\_  
WIC Participant

Other Comments: *Would be nice to have Fruits & Vegetables.*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Adriana Sweet*

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WIC Participant

**Other Comments:**

*I think that this is a good idea and would benefit alot of families including my own.*

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73973

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Lloydell J Robertson*

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WIC Participant

**Other Comments:**

*This will be very helpful. As  
a foster parent we need all the  
help we can get.*

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13974

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Beverly Henry*

WIC Participant

Other Comments:

*Great idea! Like the  
idea of implementing fresh fruit*

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Nichole Alamo*

**WIC Participant**

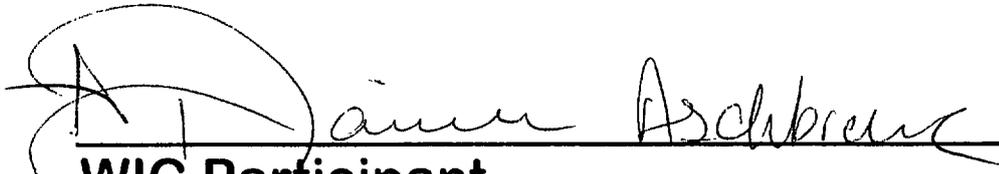
**Other Comments:**

*I think it's a very good idea to have fresh fruits and veggies instead of so much juice!!! ☺*

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

  
WIC Participant

**Other Comments:**

More Cheese please  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

P 3977

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Tiffany Smay*  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

*we use alot of fruits And Veggies, it  
would help out a great deal.*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Y 3978

NOV 4 6 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Misty Arnold*

WIC Participant

Other Comments:

*that would help our family  
eat more fruit and veggies*

P 3979

MAY 06 2015

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Valerie Guerra*

WIC Participant

**Other Comments:**

*I love the idea of soy products or use of organic milk products.*

\_\_\_\_\_  
\_\_\_\_\_

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Michelle Skeeters*  
\_\_\_\_\_  
**WIC Participant**

**Other Comments:**

*Thank you! This will help many moms. Fresh veggies are awesome!*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

P 3981

NOV 16 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Diana L. Silva*  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

as a pregnant woman I love fresh  
fruit, so it would be nice to have  
that option.

\_\_\_\_\_  
\_\_\_\_\_

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Sarah Wood*

WIC Participant

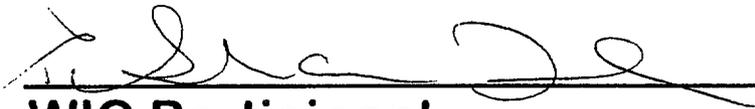
**Other Comments:**

I think that's a very good idea to add fruits + veg for the kids

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

It's great because it offers  
more foods that are healthy  
for families  
\_\_\_\_\_  
\_\_\_\_\_

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Georgette McCarty*  
WIC Participant

**Other Comments:**

*The addition of fresh fruits & veggies adds to the nutritional value of every day eating*

P 3985

NOV 16 2008

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

  
WIC Participant

**Other Comments:**

Fruits & veggies are a must to have daily. Just having juice doesn't cut it because of all the additives.

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Nancy Romo*  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

*We need more healthy foods.*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,



WIC Participant

**Other Comments:**

This is a good idea cause it gives more nutrients and vitamins for us.

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Cathy Jameson*  
\_\_\_\_\_  
WIC Participant

Other Comments:

\_\_\_\_\_  
*Fresh veg. and fruits are so important for growing children.*  
\_\_\_\_\_  
\_\_\_\_\_

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Shantel J. Brown*

WIC Participant

Other Comments:

*I support the fruits and veges. :)*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Melissa Gayhart*

WIC Participant

**Other Comments:**

I like the idea that my daughter will be offered MORE of these good items

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

? 3991

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Kendra Neizen*

WIC Participant

**Other Comments:**

*Yogurt/Bananas/Apples/vegetables*

NOV 06 2008

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*W. Stevie Munoz*  
WIC Participant

**Other Comments:**

*I really like that this is happening. it really helps my family out.*

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Michelle Spoon  
WIC Participant

**Other Comments:**

We love veggies, and know they  
are good for us.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Melanie Bridges  
WIC Participant

**Other Comments:**

I think it would be wonderful  
to add fruits + veggies.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Heather Siegler  
WIC Participant

Other Comments:

WE NEED MORE OF VARIETY.  
I ALWAYS RUN OUT OF MONEY For  
THE MIDDLE TO THE END OF THE FRUITS  
MONTH & HAVE TO GO WITHOUT & VEGGIE  
FRUITS & VEGGIES FOR 1 WEEK - 1 WEEK IN A HALF.

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Venno Palmer*  
\_\_\_\_\_  
**WIC Participant**

**Other Comments:**

*I agree with the change and support the change*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

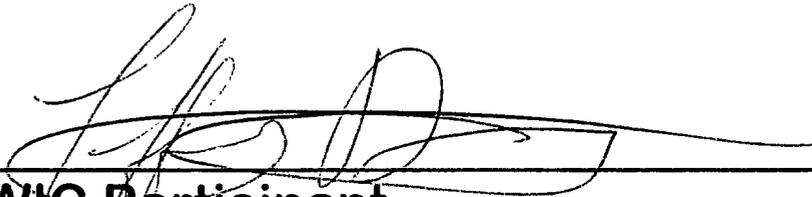
P 3997

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,



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WIC Participant

Other Comments:

I think that it would  
be healthier. Juice has alot of  
additives.

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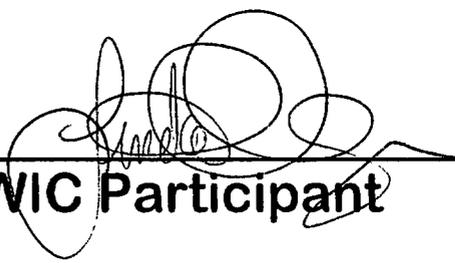
P 3998

NOV 11 2 41PM

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

  
WIC Participant

**Other Comments:**

I would really like the fresh fruit and vegis.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

P 3999

SEP 15 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Michelle Hodges*  
\_\_\_\_\_  
WIC Participant

Other Comments:

*my kids love veggies*  
\_\_\_\_\_  
*and it would be awesome*  
*to support that with WIC.*  
\_\_\_\_\_