

3501

NOV 03 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*[Handwritten Signature]*  
\_\_\_\_\_  
WIC Participant

I would like to recieve  
Fruits and vegetables.

P 3502

NOV 03 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Chris Vielma*

**WIC Participant**

*I would appreciate if you do not change  
The packages. it is very convenient the way  
it is. Thank you.*

NOV 03 2008

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Janet Gonzalez*  
\_\_\_\_\_  
WIC Participant

I would also like to add that this decision is one of many & I am not in any kind of hurry, because you will make the right choice... I was never worried.

*Janet Gonzalez*

P 3504

NOV 03 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Theretta Perry*

**WIC Participant**

I would like to see fruits and  
baby food on the wic checks. A lot of  
kids don't eat enough fruit so this might  
help them start.

1743 W. 95th St  
L.A. CA 90044

P3505

NOV 03 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

---

**WIC Participant**

I think is really help full for us  
to get fruits and vegetables, because  
many people don't have money  
and that will be really helpful.

P. 3506

NOV 03 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Sharon Lewis*

**WIC Participant**

*my child has allergies to  
regular milk please add  
soy milk.*

*3711 West 105 Street #3  
Inglewood, CA 90303*

P 3507

NOV 03 2006

Queridos Amigos del Departamento de  
Agricultura de Estados Unidos:

Muchas gracias por añadir las verduras y  
frutas frescas a nuestros cheques de WIC. A  
mi familia les encantan, pero ha sido caro  
comprarlas. Ahora podré prepararles  
comidas mas sanas.

Atentamente,

AMELIA ARVIZU

10/19/06

Participante de WIC

Si Necesito todo, frutas Verduras  
arroz y Tortillas,

Gracias.

P 3578

REC'D 03.2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

---

WIC Participant

les agradezco mucho la ayuda  
por aqui si lo reducen seria mejor  
gracias

P3509

NOV 03 2008

**Queridos Amigos del Departamento de  
Agricultura de Estados Unidos:**

**Muchas gracias por añadir las verduras y  
frutas frescas a nuestros cheques de WIC. A  
mi familia les encantan, pero ha sido caro  
comprarlas. Ahora podré prepararles  
comidas mas sanas.**

**Atentamente,**

Debra

**Participante de WIC**

agregen

pero

Huevo

las  
leche y el

3510

REC'D 03 2006

Queridos Amigos del Departamento de  
Agricultura de Estados Unidos:

Muchas gracias por añadir las verduras y  
frutas frescas a nuestros cheques de WIC. A  
mi familia les encantan, pero ha sido caro  
comprarlas. Ahora podré prepararles  
comidas mas sanas.

*Agradecemos el que quieran que  
agregamos productos y quitar otros para los pedimos que las  
productos que no quitaran fuera la leche en vez de la leche  
Atentamente, que quitaron los jugos.*

Rosalba Acala

Participante de WIC

3511

NOV 03 2006

Queridos Amigos del Departamento de  
Agricultura de Estados Unidos:

Muchas gracias por añadir las verduras y  
frutas frescas a nuestros cheques de WIC. A  
mi familia les encantan, pero ha sido caro  
comprarlas. Ahora podré prepararles  
comidas mas sanas.

Atentamente,

María Arevalo

Participante de WIC

12808 Danbrook Dr  
Whittier ca 90602

Me gustaria

Frutas y Carnes

3512

NOV 03 2006

Queridos Amigos del Departamento de  
Agricultura de Estados Unidos:

Muchas gracias por añadir las verduras y  
frutas frescas a nuestros cheques de WIC. A  
mi familia les encantan, pero ha sido caro  
comprarlas. Ahora podré prepararles  
comidas mas sanas.

Atentamente,

Angelina Nunez

Participante de WIC

6254 palm Av.  
Whittier Ca. 90601

Me parece bien que agreguen algo diferente.

3513

NOV 03 2008

**Queridos Amigos del Departamento de Agricultura de Estados Unidos:**

**Muchas gracias por añadir las verduras y frutas frescas a nuestros cheques de WIC. A mi familia les encantan, pero ha sido caro comprarlas. Ahora podré prepararles comidas mas sanas.**

**Atentamente,**

*Seria Fene Scurasa a mag-24-2008  
Productos*

**Participante de WIC**

*14605 Whitaker St  
McGee Dr*

3514  
NOV 03 2006

**Queridos Amigos del Departamento de  
Agricultura de Estados Unidos:**

**Muchas gracias por añadir las verduras y  
frutas frescas a nuestros cheques de WIC. A  
mi familia les encantan, pero ha sido caro  
comprarlas. Ahora podré prepararles  
comidas mas sanas.**

**Atentamente,**

*Flora Torres*

**Participante de WIC**

*Es muy buena idea porque a los  
niños les gusta la fruta*

5  
3/15  
NOV 03 2006

Queridos Amigos del Departamento de  
Agricultura de Estados Unidos:

Muchas gracias por añadir las verduras y  
frutas frescas a nuestros cheques de WIC. A  
mi familia les encantan, pero ha sido caro  
comprarlas. Ahora podré prepararles  
comidas mas sanas.

Atentamente,

MAKII

Participante de WIC

Yo sugiero a  
huevos, ni c

la leche, ni l

Si me rebaja  
van en el jug  
duras.

me gustaría que me rebaja  
poder tener frutas y verduras

5  
3/4/16

NOV 03 2008

Queridos Amigos del Departamento de  
Agricultura de Estados Unidos:

Muchas gracias por añadir las verduras y  
frutas frescas a nuestros cheques de WIC. A  
mi familia les encantan, pero ha sido caro  
comprarlas. Ahora podré prepararles  
comidas mas sanas.

Atentamente,

---

Participante de WIC

Ami me Gustaria Que Quitar los  
Jugos y Den los garbans y las  
Verduras:

5  
P 34/17

NOV 03 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

TRANH PHAM  
WIC Participant

Cám ơn, đã cho chúng tôi  
có những trái cây ăn này

Cám ơn  
[Signature]

5  
34418

NOV 03 2008

Queridos Amigos del Departamento de  
Agricultura de Estados Unidos:

Muchas gracias por añadir las verduras y  
frutas frescas a nuestros cheques de WIC. A  
mi familia les encantan, pero ha sido caro  
comprarlas. Ahora podré prepararles  
comidas mas sanas.

Atentamente,

Elva Ulanovic (323) 725 3825

Participante de WIC

10-17-06

Si me gustaria recibir  
Las frutas y vegetales  
en mis cheques de WIC

528 S MONTEBELLO APT 11  
MONTEBELLO CA 90640

5  
P3419

NOV 03 2008

**Queridos Amigos del Departamento de  
Agricultura de Estados Unidos:**

**Muchas gracias por añadir las verduras y  
frutas frescas a nuestros cheques de WIC. A  
mi familia les encantan, pero ha sido caro  
comprarlas. Ahora podré prepararles  
comidas mas sanas.**

**Atentamente,**



10-25-06

**Participante de WIC**

*Si extienden el programa para los  
6 años de edad para los niños de  
U.S.A.*

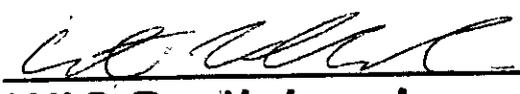
5  
P-3420

NOV 03 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

I would like to see corn tortillas and Rice.  
Sincerely,



---

**WIC Participant**

5  
P3621

NOV 03 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Thank you I would like to see  
Rice and baby food

10/13/06

Louella Rosen

WIC Participant

5  
3422  
NOV 03 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Signature SUE M.

WIC Participant

I want Docs because is more fresh  
and I like the ~~idea~~ ideal and is  
good for the babies on most ~~things~~

1154 Rosehedge Rd  
Whittier CA 90606

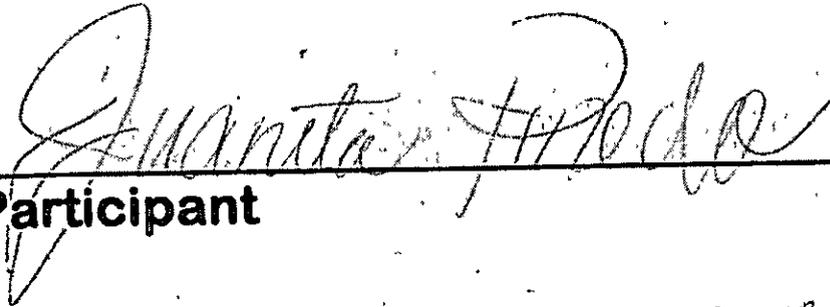
5  
P 3/23

NOV 03 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,



**WIC Participant**

I would like more exchanging  
1 gal. of Juice in order to  
Receive fresh fruit & vegetables.

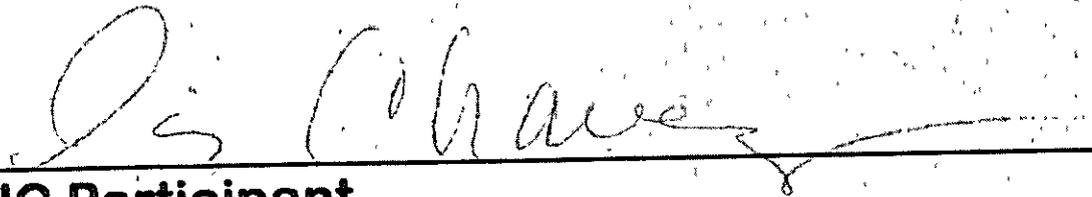
5  
3/4/24

NOV 03 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,



WIC Participant

Tofu FORMILK NO  
Tortillas For cereal NO

5  
83425  
NOV 03 2003

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Veronica R. Lopez*

WIC Participant

Don't like the tofu for the milk  
~~like~~ good for fruits for juices  
don't change cereal for tortillas

5  
3926  
NOV 03 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Jamie White*

---

WIC Participant

*I would love to have some fresh  
fresh fruits with my wic voucher.*

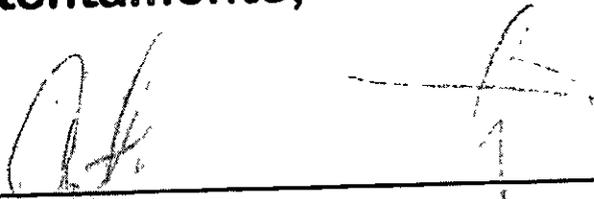
5  
3727

NOV 03 2008

Queridos Amigos del Departamento de  
Agricultura de Estados Unidos:

Muchas gracias por añadir las verduras y  
frutas frescas a nuestros cheques de WIC. A  
mi familia les encantan, pero ha sido caro  
comprarlas. Ahora podré prepararles  
comidas mas sanas.

Atentamente,



Participante de WIC

I w  
Vegeta  
and

more  
eggs, cereals  
se.

5  
83428

NOV 09 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Helena R. Wagner  
WIC Participant

I would also appreciate if the Wic Program  
offered soy products. Thank ~~you~~ you  
(soy milk, Tofu)

P35  
429

NOV 09 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Lydia Triqueros  
WIC Participant

Bread  
Vegetables  
tortillas  
Baby food/Jar

R3430

NOV 05 2006

**Dear Friends at US Department of  
Agriculture,**

**Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.**

**Sincerely,**

*Tracy Leon*

**WIC Participant**

1. Fruits & Vegetables
2. Tortillas
3. Rice
4. Breads
5. Yogurt

5  
3/31

NOV 03 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Diana Cassella*

---

**WIC Participant**

fruit  
Veggies  
Bread

NOV 08 2008

P. 3432  
Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,



---

WIC Participant

I would suggest if you can include  
a loaf of bread for the peanut butter  
instead of so much cheese.

P. 3533

NOV 03 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*[Handwritten signature]*

WIC Participant

Can you  
on my  
Apples, T.

lot of fruit and Carrots  
also Peaches and

5  
3434  
NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Adithyana* 11/1/06

**WIC Participant**

*Thank you very much and greatly  
appreciate the help you are giving  
me.*

3535  
NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Yvonne Morales*

**WIC Participant**

I believe is a good thing to reduce  
the milk because is truth the kids  
are resuming with a gaining weight

5  
3936  
NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Maria Banulor*

**WIC Participant**

Thank you for the program. but more  
fresh fruits or vegetable would be more  
healthy for our children.

6  
3437

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Patricia Hernandez  
WIC Participant

Bread  
Buy food

P3438

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Janice TORRES*

WIC Participant

Well what I think about the new change is that they are taking more milk & cheese, eggs and juices what is more expensive for us to buy, so I think we ~~should~~ <sup>should</sup> leave the packet the way its. yes I do agree that you give us the 2% milk less "Fat" but live the packets the same. I would take care of the ~~fruit~~ <sup>vegetables</sup> & the good ~~health~~ <sup>health</sup> of my baby I would like to have a non healthy ~~BARB~~

5  
P 3439

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

KAT -- Perez

WIC Participant

Yes -- -- you Be nice  
to p -- E -- ns with  
FRU, -- -- seget bles

R 3540  
NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

---

WIC Participant

My 14 month old loves fruit &  
vegetables and they tend to be  
expensive

P 3541

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,



**WIC Participant**

*You el like this new use*

3542

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Rossana Z. Alvarado  
WIC Participant

Fruits & Veggies would  
be so beneficial for me and  
my family & I thank you  
so very much  
Thank You WIC !!

P 3543

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Delia Oliveira*

---

**WIC Participant**

*It's a great Idea I love it.*

3544

NOV 08 2005

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Abia Chou

WIC Participant

\* I do not like the idea of  
decreasing the milk, cheese, juice  
my family goes through alot as  
it is. To ~~substitue~~ substitute fruits &  
vegetables because they are expensive  
is nice but now the money you save  
will have to go to milk, eggs, + cheese  
that we donot get anymore.

Thank you

P3545

NOV 08 2008

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*[Handwritten signature]*

WIC Participant

I use my checks with the above these things for free (Promotional) Nutrition Fundamental store I use my checks. The Milk and eggs are very important to my children's good health. I'm thankful for what I already receive. I hope it doesn't change.

R 3546

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Maria J. Bernal*

---

**WIC Participant**

*I think it is a great idea. I agree  
better healthier meals*

P 3547

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

HEATHER TORRES

WIC Participant

I would really like to have bread or rice on the tickets  
Fruit and/or Vegetables would be a great addition to the tickets.

You can remove some Juice and replace it with Bread, rice, Fruit, or Vegetables.

P 3548

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Judith Baltazar

WIC Participant

I think this is great what they are doing  
giving new things to the participant at  
wic

3849

NOV 08 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Archieve Mendez*  
\_\_\_\_\_  
WIC Participant

It will be great  
to have fruits &  
vegetables add on to  
our wic coupons.

Thank you  
US Dept. of Agriculture  
==

3550

NOV 06 2006

**Dear Friends at US Department of  
Agriculture,**

**Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.**

**Sincerely,**

*Kanna Araya*

**WIC Participant**

*oranges  
tortillas*

R3551

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

R

---

WIC Participant

Fr

V

b

n

with card

3552

NOV 6 1988

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Yadira Martinez

WIC Participant

I think it is a good idea  
to add veg. & fruits because  
they are important to add  
to everyday diet.

13563

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Alma E. Aguayo*  
\_\_\_\_\_  
WIC Participant

*Wheat Bread  
Tortillas*

P 3554

NOV 06 2010

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Wanda Laurie*

**WIC Participant**

*I like the idea that fruits & veg. will be added to wic checks however reducing items like milk & eggs doesn't seem to good, these are items that are healthy no reason to reduce them*

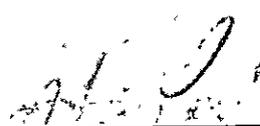
5  
3/55

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,



---

WIC Participant

*I agree with adding fruits but  
I don't agree with reducing what  
we are already receiving for our  
children.*

P. 5  
R3456  
NCV 00 2000

NCV 00 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Elizabeth Neider

WIC Participant

Baby jars would be  
very helpful!

P  
3557

NOV 06 2005

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

G

---

WIC Participant

Bread & Tortillas would be  
helpful as well.

NOV 03 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Johnna Hernandez  
WIC Participant

I know my kids enjoy fruits  
very much. Also having fruits  
and vegetables baby food will  
also benefit my baby as he grows.

13737 Penn St.

Whittier CA 90602

P  
3559

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Leatha Calkens

**WIC Participant**

**Other Comments:**

It is always good for families to eat  
more fruits and veggies and this would  
give them a great avenue to do  
that.

NOV 06 2006

P 3560

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Masha Laki Potts*

---

WIC Participant

**Other Comments:**

*this program has helped our family and we  
trully love's it. I would like it if you  
could try and put Soy milk on the menu  
it is a bit of a change from taking our  
baby off Soy formula to whole milk.  
Thank you*

P 3561

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*[Handwritten Signature]*  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

*The additions would be great however losing the milk would be tragic.*  
\_\_\_\_\_  
\_\_\_\_\_

P3562

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Melissa Callcott*

WIC Participant

**Other Comments:**

*Would help meal planning alot  
to have these available especially  
fruits & veggies*

P3563

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Cherise Scott*

WIC Participant

Other Comments:

*fruits & veggies A  
wonderful*

3564

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Brittney Garcia

WIC Participant

**Other Comments:**

I would love to see  
fruits and vegetables  
added.

P3565

NOV 06 2008

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Candy Witte*

WIC Participant

Other Comments:

*fresh fruit*

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P3566

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Kristina Morris - KRISTINA MORRIS

**WIC Participant**

**Other Comments:**

This is a great idea. It has always  
been hard to buy fruits & veggies.  
This will make our kids alot healthier  
and happy.

23567

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Melina Richardson*

WIC Participant

**Other Comments:**

I love the WIC program. I do think it  
would be nice if WIC provided fruits.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3568

NOV 6 2 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Rebecca LaJones  
WIC Participant

**Other Comments:**

I think adding fruits  
& veggies is a really great  
program. I think it's really  
important to teach your kids  
to like veggies.

P.35 BA

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Ranina Cortez*

WIC Participant

**Other Comments:**

I think fresh fruit and vegetable is a great idea my kids love fruits. I seriously hope you consider it.

P3570

NOV 06 2008

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Gail M Fisher*

WIC Participant

Other Comments:

*I would really enjoy this.*

P3571

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Amber Cradler*

WIC Participant

**Other Comments:**

THANK YOU FOR ADDING FRUITS & VEGGIES, MY FAMILY WILL HAVE AN OPPORTUNITY TO EAT HEALTHIER AND TEACH HEALTHIER HABBIT'S TO MY CHILDREN.

NOV 06 2008

83572  
Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Jody L. Adams*  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

*Great Idea - the Summer  
Summer Market was greatly  
appreciated!*  
*Thank you*  
*Jody Adams.*

NOV 06 2006

31573

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Keely Houston

WIC Participant

**Other Comments:**

I feel this would be a  
great benefit to families. Fruits  
and vegetables or yogurt would  
be excellent.

NOV 06 2006

3574

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Candlish*  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

*I think it would be a good idea to  
have the fresh foods program  
then once a year*

\_\_\_\_\_  
\_\_\_\_\_

NOV 06 2008

83575

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*[Handwritten signature]*

WIC Participant

**Other Comments:**

Please consider and add high protein foods to the WIC checks for women who have difficulty gaining milk or have problem taking a breast.

3576

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*C. Garcia*

WIC Participant

**Other Comments:**

I have a house of 5 and we eat veg. every night but it's so costly! I do thank WIC for everything!

P3577

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Karen Magera*  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

*Our family does eat lots of  
fruits and veggies and yogurt*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

P3578

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Shelly Rowes  
WIC Participant

**Other Comments:**

I would like to see more fresh  
fruits and veggies and whole grains and  
soy milk added to the wic program  
we love to eat them but sometimes it  
get's expensive to buy it.

P3579

NOV 06 2000

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Samantha L. Ferris*

WIC Participant

**Other Comments:**

*I think that is another way to promote healthy eating habits for everyone.*

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Armi Bauw*

WIC Participant

**Other Comments:**

*I think wic provides to much juice  
and adding something else would  
be great*

NOV 06 2000

93581

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

\_\_\_\_\_  
WIC Participant

**Other Comments:**

It would help those that  
are on a low income, getting food stamps,  
because it is a part of the amount  
we get for food, so with more food  
such as fruits on our wic, it would  
be a help.

13582

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Mico Barrett*

---

WIC Participant

**Other Comments:**

*We would like to have fresh fruits and  
veggies as they are so very healthy for  
our family.*

*Mico Barrett*

P 3583

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Misti Luna*

---

**WIC Participant**

**Other Comments:**

*I think this would be wonderful.  
My kids love Fruits and Veggies,  
and they are very good for them.*

---

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3584

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Amanda Austin

WIC Participant

**Other Comments:**

What happen's to farmer market?  
Will the store even improve  
with this in the long run!

\_\_\_\_\_  
\_\_\_\_\_

P3585

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Natalie Johnson

WIC Participant

**Other Comments:**

I would really like fresh fruits &  
vegies it would be alot more  
healthier.

P. 3586

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Salitha Palmer

WIC Participant

**Other Comments:**

It's about time. Thank you  
for your interest in my children's  
health.

13587

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Christina Thomas*

WIC Participant

**Other Comments:**

*adding of fruits & veggies will help to remind me to eat them more.*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

1 2588

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Megan Clark*  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

Adding fruits & veggies would greatly help keep my kids healthy & affordably

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

P3589

NOV 06 2008

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

DA & CW  
WIC Participant

Other Comments:

Thanks again. the kids love the fruit & veggies.

73590

NOV 05 2016

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Alexis Willbourn*

WIC Participant

Other Comments:

*Yogurt would be good too!*

P 3591

NOV 05 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Alison M. Martin*

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WIC Participant

Other Comments:

*Don't take away cheese*

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P3592

NOV 06 2008

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

    Lil Macias    Lil Macias

WIC Participant

**Other Comments:**

I think that changing WIC products  
is a great idea, my children don't drink  
alot of Juice so putting Juice and  
milk would be a great idea

13593

NOV 06 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

WIC Participant

Other Comments:

the - it is the  
 the hardest thing  
 for me to eat + helps to  
 get vegetables  
 after Afterberry

NOV 06 2006

3594

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Kimberly Parkinson*

WIC Participant

Other Comments:

*was i think that would be great*

73595

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

*Kelly Mowen*

WIC Participant

**Other Comments:**

*I like the changes. More variety. There is too much milk & juice*

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

83596

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

Amaia Haines  
WIC Participant

**Other Comments:**

★ I think that it would be great  
and make it easier to feed my  
children fruit and vegetables

NOV 06 2006

2 3597  
Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

Fruits & vegetables are a very important part  
of health/eating.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

NOV 06 2008

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*Julie Kelley*  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

*I think fresh fruits & veggies would  
be a great asset to the program due  
to the high concentrate of sugar in  
fruit juices. It gives healthy options.*

P 3599

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,

*A. F. Smith*  
\_\_\_\_\_  
WIC Participant

**Other Comments:**

*I think it is a very good idea  
some of us are very important my kids  
would be eating more fruit and vegetables  
juice has a lot of sugar and fruit and  
vegetables is a good snack.*

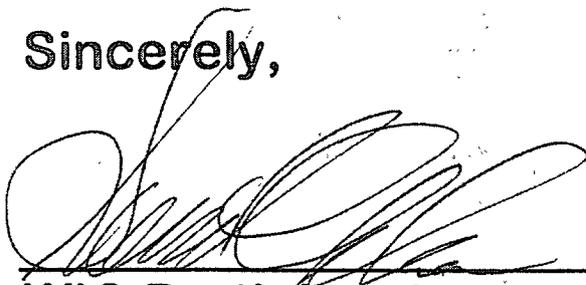
P3600

NOV 06 2006

Dear Friends at US Department of  
Agriculture,

Thank you for adding fruits and veggies to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy them.  
Now I will be able to make healthier meals  
for us.

Sincerely,



---

WIC Participant

Other Comments:

EATING FRUITS & VEGGIES IS  
DEFINITELY BETTER FOR YOU THAN  
JUICE. I ENCOURAGE MY CHILD TO  
EAT HER VEGGIES & FRUIT & NOT  
GIVE HER JUICE.