



Summer Meals Newsletter

APRIL 2016

SPRING IS HERE AND SUMMER IS NEAR
IT IS TIME TO KICK YOUR PLANNING INTO HIGH GEAR!

What's New?

Farm to Summer Best Practices -

The SFSP Best Practices page will be updated to include best practices for increasing the use of local foods in summer!

<http://www.fns.usda.gov/sfsp/best-practices>

New Designs! The 2016 Administrative

Guidance for Sponsors, 2016 Nutrition Guidance for Sponsors, 2016 Sponsor Monitor's Guide, the 2016 Site Supervisor Guide in English and Spanish have been updated with brand new designs. Check them out here: <http://www.fns.usda.gov/sfsp/handbooks>

Upcoming USDA and Partner Events

April 4th, 2:00pm EST

National Center for Mobility Management: Rides to Meals, Part 2: Strategies to Connect Youth with Summer Food Service Programs

<http://nationalcenterformobilitymanagement.org/ncmm-webinars/>

April 7th, 1:00pm EST

Food Research & Action Center: Targeting Mobile and Rural Organizations to Expand Reach of Summer Nutrition Programs

http://org2.salsalabs.com/o/5118/p/salsa/event/common/public/?event_KEY=80876

April 13th, 2:00pm EST

USDA External and Government Affairs: Libraries & Museums Serving Free Summer Meals

<https://cc.readytalk.com/cc/s/registrations/new?cid=n2ltg4m34clp>

Proactive Planning- What to do this Month



- Review site locations, operational hours, and staffing, and set dates for monitoring.
- Finish application and renewal forms.
- If needed, contract with a food service management company.
- Calculate the number of meals needed and plan meal deliveries.
- Complete pre-operational site visits.
- Train administrative staff.

Resources for Sponsors

Free Nutrition Education Materials for Summer Meals

FNS recently released a collection of nutrition education resources for summer meal site operators in English and Spanish! These exciting new materials, developed by Team Nutrition, are designed to help kids and families make healthy food choices and be physically active during the summer months. The new materials include:

Summer Food, Summer Moves – A step-by-step kit to help Summer Meal site operators use creative themes, entertaining games, and educational activities to teach children and families about nutrition and exercise.

Take a Healthy Summer Break infographic – A dynamic social media tool to share with parents/caregivers and community partners to highlight the importance of healthy food choices and physical activity during the summer.

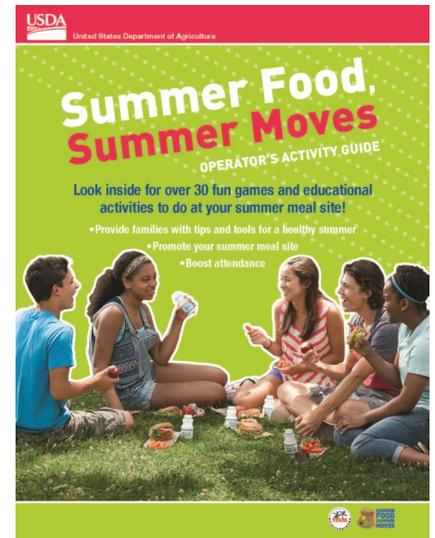
This Summer, Eat Smart to Play Hard – A family-friendly guide that provides nutrition tips, an interactive game, and information about summer meals.

Now is the perfect time to start planning how your summer meal site can incorporate some (or all) of these resources as part of daily activities or as part of a special kick-off event. A special “prep-o-meter” in the *Summer Food, Summer Moves Operator’s Guide* can help you pick activities that are right for your site. There are also ways to adjust activities for various ages of children participating, time available, and group size. There is something for every type of site!

All of the materials are currently online at <http://www.fns.usda.gov/tn/summer-food-summer-moves>. Free printed copies of materials are expected to be available for schools and summer meal sites participating in the USDA Child Nutrition programs this summer. Follow @TeamNutrition on Twitter for news about print availability or check the

Share these new Team Nutrition Summer Resources with parents/caregivers at the end of the school year!

Team Nutrition Web site for updates: <http://teamnutrition.usda.gov>. If you have questions about these new materials, please contact Team Nutrition at TeamNutrition@fns.usda.gov.



The Summer Food, Summer Moves kit includes an operator's guide, activity guides for families, placemats, promotional flyers, and educational posters.

