You can use an announcement to let people know about a meeting. Post it in strategic locations around the school and in the community. Make it attractive and personal.

**Look Who's Talking?**

**WHO:** Dr. Adam Livingston  
**WHAT:** PTA Monthly Meeting  
**WHEN:** November 4 at 7:00 PM  
**WHERE:** School Cafeteria  
**WHY:** Dr. Livingston--author, professor, and parent--will speak about the value and importance of creating a healthy school nutrition environment and the link between nutrition and learning.

Join us for this lively and thought-provoking session. Learn how you can become a part of Littlefield Elementary School’s healthy school nutrition environment project and how you can help your child make healthier choices.

**Healthy refreshments will be served!**

Adapted from the USDA Changing the Scene kit  
www.fns.usda.gov/tn/Healthy/changing.html