

USDA Foods Product Information Sheet

For Child Nutrition Programs



110211– Flour, White Whole Wheat/Enriched Blend

Category: Grains (Whole Grain-Rich)



PRODUCT DESCRIPTION

This item is a whole grain-rich flour blend that consists of 60% white whole wheat flour and 40% enriched wheat flour. This product is available in cases containing eight 5-pound bags.

CREDITING/YIELD

- CN Crediting: Flour serves as a recipe ingredient, so crediting is based on the portion size and type of grain item served. For more information, see the Grain Requirements for the National School Lunch Program and School Breakfast Program ([SP30-2012](#)).

CULINARY TIPS AND RECIPES

- Using a pre-mixed white whole wheat and enriched flour blend for cooking and baking can help schools more easily meet the whole grain-rich requirements in the updated meal patterns.
- To find culinary techniques and many recipe ideas visit [NFSMI](#) or [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1/2 cup (60 g) white whole wheat/enriched flour blend

Amount Per Serving

Calories 213

Total Fat 1g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 1mg

Total Carbohydrate 45g

Dietary Fiber 5g

Sugars 0g

Protein 7g

Source: [USDA National Nutrient Database](#)

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.