

# USDA Foods Product Information Sheet

For Child Nutrition Programs



## 100442– Oil, Soybean, Low Saturated Fat



### PRODUCT DESCRIPTION

This item is soybean oil with a low saturated fat profile. This product is available in cases with six one-gallon bottles.

### CREDITING/YIELD

- One case yields about 96 cups of oil.
- CN Crediting: This product is used as an ingredient and does not credit as a separate meal component.

### CULINARY TIPS AND RECIPES

- Soybean oil can be used for roasting vegetables, making salad dressings, or used as an ingredient in cooking.
- For more culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or USDA's [Team Nutrition](#).

### FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

### NUTRITION FACTS

Serving size: 1 Tablespoon soybean oil, low saturated fat

#### Amount Per Serving

**Calories** 120

**Total Fat** 14g

Saturated Fat 1g

*Trans* Fat 0g

**Cholesterol** 0mg

**Sodium** 0mg

**Total Carbohydrate** 0g

Dietary Fiber 0g

Sugars 0g

**Protein** 0g

Source: [USDA National Nutrient Database](#)

**Allergen Information:** Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.