

# USDA Foods Product Information Sheet

For Child Nutrition Programs



## 100357— Potatoes, French Cut, Low-sodium

Category: **Vegetables**  
Subgroup: **Starchy**



### PRODUCT DESCRIPTION

This item is U.S. Grade A French cut potatoes that meet the low-sodium requirements. This product is delivered frozen in cases containing six 5-pound packages.

### CREDITING/YIELD

- One case of French cut potatoes yields about 243 ½-cup servings.
- CN Crediting: ½ cup cooked potatoes credits as ½ cup starchy vegetable.

### CULINARY TIPS AND RECIPES

- Offering potatoes in a variety of forms can help schools meet the starchy vegetable requirements in the updated meal patterns.
- To find culinary techniques and many recipe ideas visit [NFSMI](#) or [Team Nutrition](#).

### FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

### NUTRITION FACTS

Serving size: 1/2 cup (56 g) French cut potatoes, low-sodium

#### Amount Per Serving

**Calories** 87

**Total Fat** 3g

Saturated Fat 1g

Trans Fat 0g

**Cholesterol** 0mg

**Sodium** 100mg

**Total Carbohydrate** 15g

Dietary Fiber 1g

Sugars 0g

**Protein** 1g

Source: USDA Foods Vendor Information

**Allergen Information:** Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.