

USDA Foods Product Information Sheet

For Child Nutrition Programs



100301— Cranberries, Dried

Category: **Fruit**



PRODUCT DESCRIPTION

This item is U.S. Grade B or better dried, sliced cranberries that may contain added sweeteners and a light oil coating to prevent clumping. This item is available in cases containing five 5-pound bags.

CREDITING/YIELD

- One case of dried cranberries contains about 345 ¼-cup servings.
- CN Crediting: ¼ cup dried cranberries credit as ½ cup fruit.

CULINARY TIPS AND RECIPES

- Cranberries add a sweet and tart flavor to a variety of dishes including rice, salads, meats, baked goods and hot cereal.
- Cranberries can also be added to trail mixes, granola, or included as an option on the salad bar.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or USDA's [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1/4 cup (30 g) dried cranberries

Amount Per Serving

Calories 92

Total Fat 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 2mg

Total Carbohydrate 25g

Dietary Fiber 2g

Sugars 22g

Protein 0g

Source: [USDA National Nutrient Database](#)

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.