

USDA Foods Product Information Sheet

For Child Nutrition Programs



100258 — Apples, Sliced, Frozen

Category: **Fruits**



PRODUCT DESCRIPTION

This item is U.S. Grade A frozen, sliced apples without added sweeteners. This product is sliced and individually quick frozen. This item is shipped in 30-pound cases.

CREDITING/YIELD

- One case of frozen apples yields about 191 ½-cup servings of thawed fruit.
- CN Crediting: ½ cup thawed apples credit as ½ cup fruit.

CULINARY TIPS AND RECIPES

- Serve thawed apples plain or combine with other fruits as part of a chilled fruit salad.
- Heat apples and add cinnamon to make a fruit treat or a fruit topping for whole grain pancakes or waffles.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or USDA's [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1/2 cup (87 g) apples, frozen sliced

Amount Per Serving

Calories 42

Total Fat 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 3mg

Total Carbohydrate 11g

Dietary Fiber 1g

Sugars 9g

Protein 0g

Source: [USDA National Nutrient Database](#)

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.