

April 5, 2016 Webinar - CACFP Partnership's in Minnesota and Resource Links

Born to Thrive Summit (December 2014)

Summary <http://www.centerforpreventionmn.com/~media/sites/cfp/files/reports/bttreport.ashx>

Website <http://borntothrivesummit.com/>

This Summit occurred as a partnership between members of the Child Nutrition and Wellness Advisory Group. It developed into a funded project of Blue Cross and Blue Shield. The Summit convened Minnesota's key early-childhood stakeholders and decision makers to increase awareness around the impact of healthy foundations on lifelong success. The aim was to foster connections and leadership among those who affect early care and education settings in Minnesota.

Family Child Care Providers in Greater MN: Challenges and Innovations in Healthy Food Access Report

http://misadocuments.info/Healthy_Food_Childcare.html

The report focused on access to healthy foods among family child care providers and innovative models for connecting providers with healthy food options. Funded by the Center for Prevention at Blue Cross and Blue Shield. Authors JoAnne Berkenkamp and Barbara Rushmore.

Twist & Sprout

<http://www.providerschoice.com/twistandsprout/>

A nutrition and wellness initiative for family child care providers in MN (but also very beneficial for centers). This resource includes chef-designed, kid-friendly cycle menus that meet the current CACFP meal pattern, menu message videos, culinary skills demonstration videos, and a parent engagement toolkit. Funded by the Center for Prevention at Blue Cross and Blue Shield, the Cargill Foundation and the Statewide Health Improvement Program.

Menu Planning in Three Easy Steps

http://education.state.mn.us/mdeprod/idcplg?IdcService=GET_FILE&dDocName=MDE034983&RevisionSelectionMethod=latestReleased&Rendition=primary

This one page reference guide will walk you through the menu planning process in three easy steps. For each step, you will learn about the timeline, online resources, and key tasks to complete in order to make the menu planning process a breeze.

Menu Planning Tip Cards

http://education.state.mn.us/mdeprod/idcplg?IdcService=GET_FILE&dDocName=MDE034982&RevisionSelectionMethod=latestReleased&Rendition=primary

These four tip cards will help sponsors and providers of the CACFP effectively plan meals. Topics include spending less on fruits and vegetables, reducing food waste with smart planning, incorporating cultural recipes in your menus, and involving children and parents in menu planning.

Mealtime Assessment for Child Care Centers

http://education.state.mn.us/mdeprod/idcplg?IdcService=GET_FILE&dDocName=022042&RevisionSelectionMethod=latestReleased&Rendition=primary

The Child Care Mealtime Assessment is a tool to evaluate the meal environment in a child care center. To complete the assessment, examine the serving and dining spaces where children eat meals and indicate whether each statement is true by checking the corresponding box.

Farm to Child Care Video

<http://education.state.mn.us/mdeprod/groups/communications/documents/unzip/033990/index.html>

This short video features Family Child Care Homes (FCCH) and centers across Minnesota that are bringing gardening and agriculture to life for the children in their care.

Minnesota Department of Education CACFP for Centers Training Webpage

<http://education.state.mn.us/MDE/SchSup/FNS/CACFP/Center/Training/index.html>

Training log, quizzes, training requirements, recorded and captioned training videos on menu planning, dietary guidelines, meal service videos and more!

Pre-Plated Meal Service Video

<http://education.state.mn.us/mdeprod/groups/communications/documents/unzip/058104/index.html>

This one-minute video features two sponsors demonstrating pre-plated meal service; Children's Village Montessori in Minneapolis and Kids R It in Worthington.

Family Style Meal Service Video

<http://education.state.mn.us/mdeprod/groups/communications/documents/unzip/058099/index.html>

This three-minute video features Bigelow Head Start of the Community Action Partnership of Ramsey and Washington Counties in St. Paul who demonstrate family style meal service.

Child and Adult Care Food Program in Minnesota – 2 credit hours, no charge

<https://www.eagertolearn.org/CourseSchedule/CourseDetails/3486>

This self-paced, online module will introduce the basic components of the Child and Adult Care Food Program, or CACFP, in Minnesota and explain the benefits and importance of CACFP to the early learning community. This course is available through a collaboration between Eager to Learn and Child Care Aware of Minnesota and the Minnesota CACFP.

***What's the Dish?* CACFP Newsletter**

<http://education.state.mn.us/MDE/SchSup/FNS/FNSPub/index.html>

Issued every other month, two-pages, and contain links to resources and training registration and short articles