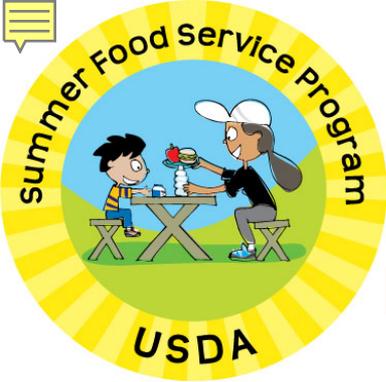


Sponsor



HEALING WATERS FAMILY CENTER

Pastor Joseito Velasquez, Senior Pastor
Healing Waters Family Center



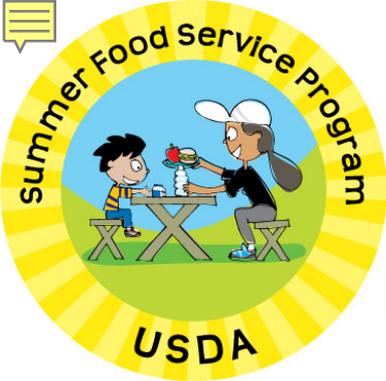
Sponsor

HEALING WATERS FAMILY CENTER

NHCLC Board member Dr. Danny Carroll Rodas from Denver Seminary visiting with kids.



Pastor Joseito Velasquez with FNCS Under Secretary Concannon and Dr. Rodas during a visit to Healing Waters Family Center last year.



Sponsor

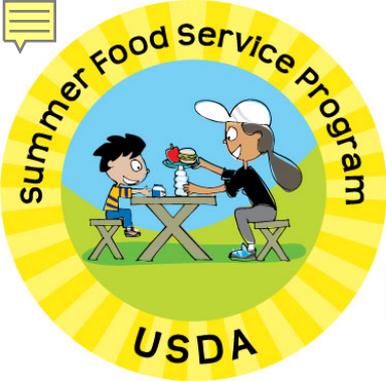
Menu
June 6-10 / June 19-24
July 5-8 / July 18-22

Day	Breakfast	Lunch
Monday	Cereal, milk, fruit	Turkey Sandwich, fruit, milk
Tuesday	Scramble eggs, sausage, fruit, milk	Bean & Cheese Burrito, Salad, milk
Wednesday	Pancake, sausage, fruit, milk	Spaghetti & meatballs, salad, milk
Thursday	Waffle, Fruit, Milk	Cheese quesadilla, salad, milk
Friday	Hot Cereal, Fruit, Milk	Hot dog, hamburger, fruit, milk

Menu
June 13-17 / June 25 - July 1
July 11-15 / July 25-29

Day	Breakfast	Lunch
Monday	Cereal with milk, fruit	Macaroni & Cheese, salad, Milk
Tuesday	Breakfast Burritos, Fruit, Milk	Peanut Butter sandwich, fruit, milk ***
Wednesday	Scramble eggs, bread, fruit, milk	Turkey sandwich, vegetable, milk
Thursday	Cereal with milk, fruit, milk	White rice, meatball vegetables, milk
Friday	Pancakes, sausage, fruit, milk	Hamburger, hot dog, fruit, milk

***Allergies



Creative Partnerships

THE OFFICIAL SITE OF THE
DENVER NUGGETS

Tickets Team Schedule News Video Dancers Fan Zone

Like 0 Pin it +1 0 Tweet 19 Print RSS Newsletter

Nuggets raise awareness for No Kid Hungry Campaign

Four Denver players, several coaches take part in nutrition, fitness clinics
By Aaron J. Lopez, Nuggets.com, 6-13-12

WHEAT RIDGE – They came, they cooked, they burned some calories.

Led by NBA All-Rookie First Team selection Kenneth Faried and strength and conditioning coach Steve Hess, the Denver Nuggets helped promote the No Kid Hungry Summer Food Program this week at the Healing Waters Family Center.

Nuggets forwards Wilson Chandler and Jordan Hamilton, point guard Julyan Stone, assistant strength coach Felipe Eichenberger and assistant coaches Ryan Bowen, Jesse Mermuys and Patrick Mutombo also were part of a one-hour fitness clinic for 60 children.

In addition, 40 kids attended a cooking class with Nuggets SuperMascot Rocky, two Denver Nuggets Dancers and renowned chef Mark DeNittis. The hands-on demonstration emphasized the importance of good nutrition.

The No Kid Hungry Campaign, a partnership between Share Our Strength and Hunger Free Colorado, provides free meals to children under the age of 18 at sites throughout Colorado.

While more than 210,000 kids received a free or reduced-price lunch in 2010, Share Our Strength Colorado director Summer Gathercole said fewer than 15,000 received a free summer meal.

The No Kid Hungry Campaign is aimed at raising awareness about where families in need can send their children for free healthy meals.

"In this economy, budgets are already stretched," Gathercole said. "During the summertime, parents have the challenge of finding a place for kids to go that's fun, safe, has good supervision and good healthy meals."

A list of participating sites in Colorado can be found at www.summerfoodcolorado.org.

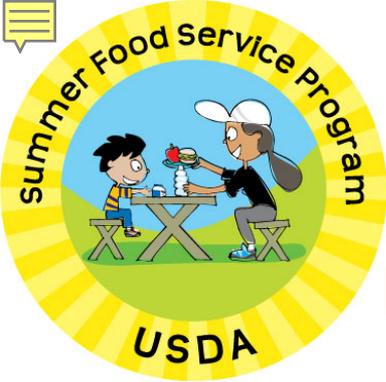
WATCH VIDEO:
Nuggets Fitness Clinic



Nuggets forward Kenneth Faried offers a high-five to a young participant in an NBA Team Fit event at Healing Waters Family Center.

Bart Young/NBAE/Getty Images

<http://www.nba.com/nuggets/features/nuggets-raise-awareness-no-kid-hungry-campaign>



Promotions and Outreach

NOTICIAS LOCALES

+1 Recomendar esto en Google

Noticias | Noticias Locales

Me gusta Sé el primero de tus amigos al que le guste esto.

Programa federal busca combatir el hambre.



KCEC News
07/07/2011 4:00 PM

El programa federal de verano se lleva a cabo en dos locaciones de la ciudad de Wheat Ridge. Uno de ellos es el centro familiar Fuente Sanadora donde se sirven comidas a niños provenientes de familias de bajos recursos durante la temporada de vacaciones escolares.

<http://www.somosnoticiascolorado.com/2011/07/07/programa-federal-busca-combatir-el-hambre/>



Other faith-based partners



Catholic Charities of the Rio Grande Valley , Texas



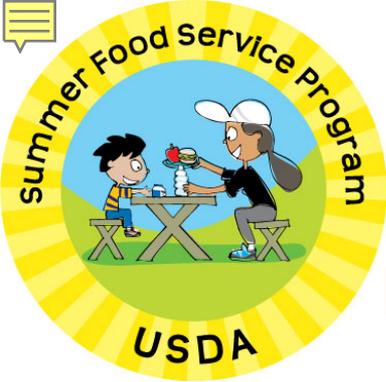
Catholic Charities, Chicago



Jewish Community Center of Greater Pittsburgh, Pittsburgh



Schenectady Inner City Ministry, Schenectady, NY

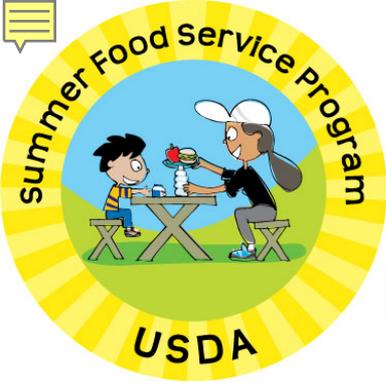


Promising Practices

Promising Practices:

- Provide Activities
- Be Creative with Partnerships
- Recruit and Utilize Volunteers
- Conduct Outreach
- Make Sites Visible
- FNS Outreach Toolkit
- Utilize 211 and/or the National Hunger Hotline
 - 1-866-3-HUNGRY
 - 1-877-8-HAMBRE



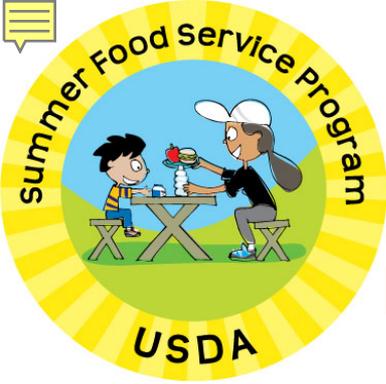


How you can help?

We need:

- More summer feeding sites
- More children coming to existing sites everywhere
- More program sponsors
- You to Be a Summer Food Community Organizer (volunteers, elected officials, people working in schools, community leaders)





USDA RESOURCES

- Contact your state agency: <http://www.fns.usda.gov/cnd/Contacts/StateDirectory.htm>
- Site Supervisor's Guide: <http://www.fns.usda.gov/cnd/summer/library/handbooks.html>
- Outreach toolkit: <http://www.summerfood.usda.gov/Outreach.htm>
- Main USDA Summer Food page: www.summerfood.usda.gov
- Promising Practices page: <http://www.summerfood.usda.gov/contest/>



Food Research & Action Center Resources



Signe Anderson
sanderson@frac.org
Office: 202 986-2200

- FRAC website: www.frac.org Summer & Afterschool Nutrition Programs
- Summer Meals Matter Monthly Call Series
- Simplified Summer Toolkit
- Standards of Excellence