



## Are you homeless? You might be able to get food help from SNAP!

Some people who are homeless may qualify for food help through the Supplemental Nutrition Assistance Program (SNAP). It can be a big help! These questions and answers tell you if you might be able to get food help from SNAP.

### What is SNAP?

SNAP is a national food help program. Some States may call it Food Stamps. With SNAP, you get an Electronic Benefit Transfer (EBT) card that you use like a debit card to buy food at the grocery store. SNAP puts benefits on this card once a month. SNAP also has programs to help you learn to eat healthy and be active. SNAP can also help you look for a job.

### How can you qualify for SNAP if you live on the streets, in a shelter, in a vehicle, in a motel, or another temporary situation?

If you don't have a permanent address, you may still qualify for SNAP. You can use the address of an authorized representative as a place to receive mail from SNAP. Or it can be mailed to the shelter where you live. You can also pick up your mail from the local office. Talk to your eligibility worker about your situation.

### What kind of identification do you need to apply for SNAP?

The SNAP worker can check your ID by calling a shelter worker or your employer. You can also use one of these for ID:

- A work or school badge
- A birth certificate
- A voter registration card

### If you are under 18 years old, homeless and do not live with your parents, can you apply for SNAP?

You can apply on your own if you do not live with your parents.

### Can you get SNAP if you do not have a place to cook or store food?

SNAP allows you to buy many types of healthy food at a grocery store than do not require special equipment to prepare and eat. You cannot be turned down just because you do not have a place to cook or store food.

### Can you get SNAP if you live in a shelter that serves meals?

SNAP can help you buy healthy food to eat for times when you can't be at the shelter. You cannot be turned down just because you live in a shelter that serves meals.

### If you get SNAP, where can you buy food?

With SNAP you can buy food at:

- Grocery stores
- Soup kitchens
- Homeless shelters that accept SNAP
- Other stores that accept SNAP

### Do you need to have a job or look for a job to be able to get SNAP?

Your SNAP worker will explain the work requirements based on your situation. If you do not have a job and need help getting healthy food, then talk to a SNAP worker. SNAP can help you eat healthy while you look for a job or as you start a new one, and your SNAP office can also help you look for work or enroll in a training program.



**SNAP can be a big help!  
Make an appointment  
to apply for SNAP today.**

**To find the SNAP office nearest you:**

- Ask a shelter or soup kitchen worker
  - Call 1-800-221-5689
- Visit [www.fns.usda.gov/snap](http://www.fns.usda.gov/snap)