

# Healthy Meals Resource System

<http://healthymeals.nal.usda.gov>



## Get Connected!

**Join MealTalk**, an email discussion group for Child Nutrition Professionals.

<http://healthymeals.nal.usda.gov/get-connected>

### Sign up for the Team Nutrition eNewsletter!

The TN newsletter is sent semi-annually via email to highlight Child Nutrition news, new Team Nutrition publications, state resources, and more!

<http://1.usa.gov/KdulEk>



## Need resources?

Check out the Resource Library!  
<http://healthymeals.nal.usda.gov/resource-library>

Find materials in these areas:

- Bulletin Board Resources
- Chef Resources
- Child Nutrition Programs
- Cooking with Kids
- Farm to School
- Food Safety
- Fruits and Vegetables
- Newsletters
- Nutrition Education
- School Gardens
- Whole Grains



## Best Practices Sharing Center

Share your resources, or learn from others!  
<http://healthymeals.nal.usda.gov/bestpractices>

In the *Best Practice Sharing Center*, search by topic, format, or audience to find menus, recipes, checklists, training materials, success stories, and other tools that will help implement the new school meal regulations.



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**Twitter!**  
[twitter.com/teamnutrition](https://twitter.com/teamnutrition)

The Healthy Meals Resource System is a collaboration of USDA's Food and Nutrition Services and the National Agricultural Library's Food and Nutrition Information Center. USDA is an equal opportunity provider and employer.