

NOV 03 2008

P9000

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the vegetables for the
healthy food is better.**

Thank you for reading my comments.

Sincerely,

M. Switzer

WIC Participant

NOV 03 2006

P9001

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is veg. and fruits,
Fish**

Thank you for reading my comments.

Sincerely,

Landy Rung

WIC Participant

*broccoli
*spinach
*

NOV 03 2006

P9002

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is ~~to~~ cereal to bread**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P9003

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I have more options on
what I can choose.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P9004

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is all the variety
you have added! U**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

P9005

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more alternatives, availability of fruits**

Thank you for reading my comments.

Sincerely,

George Cavan

WIC Participant

NOV 03 2008

P9006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

that I will be able to buy
vegetables & fruit for my family.
Great idea !!

Thank you for reading my comments.

Sincerely,

Nancy Guayardo

WIC Participant

NOV 03 2006

P9007

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that this will help
my family eat healthier.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P9008

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the healthier foods like,
whole grain bread, fruits and vegetables.**

Thank you for reading my comments.

Sincerely,

Elizabeth Mora

WIC Participant

NOV 03 2006

P9009.

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that it's allowing for me to
provide healthier snacks to my family and self.**

Thank you for reading my comments.

Sincerely,

Josephine M. Herrera

WIC Participant

NOV 03 2008

P9010

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more ~~healthy~~ healthy**

Thank you for reading my comments.

Sincerely,

Melissa Ramirez
WIC Participant

NOV 03 2008

P9011

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the availability we'll have
to purchase vegetables & baby gerber food.
Whole grain foods are good for our
children. Good eating habits is what we
have to teach our children.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P9012

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

Making fruits and veggies
accessible to those who may not have the
means to buy them.

Thank you for reading my comments.

Sincerely,

Michelle Henry

WIC Participant

NOV 03 2006

P9013

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the opportunity to have
participants be able to make healthier meals.**

Thank you for reading my comments.

Sincerely,

B. Rodriguez *Employee. Wic Chicago*
WIC Participant

NOV 03 2006

P9014

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the Gerber and fruits
were giving for the babies health.**

Thank you for reading my comments.

Sincerely,

Rosie M. Estrada

WIC Participant

NOV 03 2006

P.9015

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Heating Families**

Thank you for reading my comments.

Sincerely,

A handwritten signature in black ink, appearing to be a stylized name or initials, positioned above a horizontal line.

WIC Participant

P9014

NOV 03 2008

Dear Friends at US Department of Agriculture,

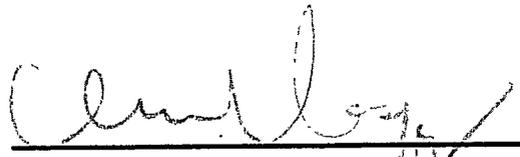
I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is the adding of the fresh vegetables & tofu

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P9017

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that it provides more
variety and healthier products to
choose from.**

Thank you for reading my comments.

Sincerely,

Sandra Janowi

WIC Participant

NOV 03 2006

P9018

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is ~~juice~~ cut out juice**

Thank you for reading my comments.

Sincerely,



NIN NGUYEN

WIC Participant

NOV 03 2008

P9019

**Queridos Amigos del Departamento de
Agricultura de Estados Unidos:**

**Les escribo para contarles lo que pienso
sobre la
propuesta de cambiar los alimentos de WIC.**

**Gracias por añadir frutas y verduras a los
cheques de WIC! Sería un placer poder elegir
alimentos más frescos y nutritivos para mi
familia.**

**Lo que más me gusta sobre los cambios
propuestos es**

Baby Food and Vegetable

Gracias por leer mis comentarios.

Atentamente,

Smith Sato

Participante de WIC

NOV 03 2006

P9020

**Dear Friends at US Department of
Agriculture,**

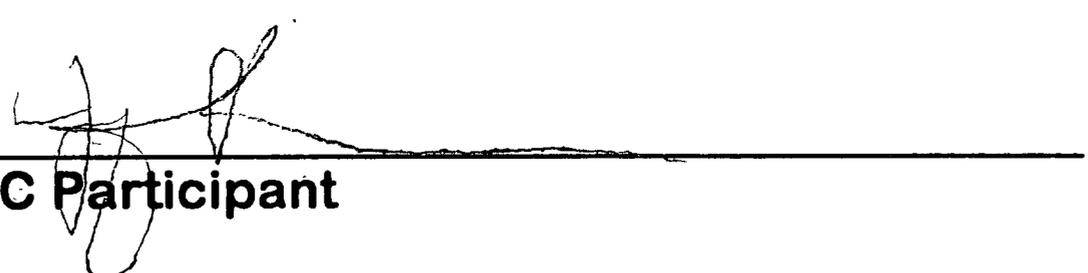
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Vegetables / Fruits
German food like Babich**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

P9024

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that my child will
eat healthier foods**

Thank you for reading my comments.

Sincerely,

Araceli Medina
WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Baby Food, vegetables
fresh Fruits**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P9023

**Dear Friends at US Department of
Agriculture,**

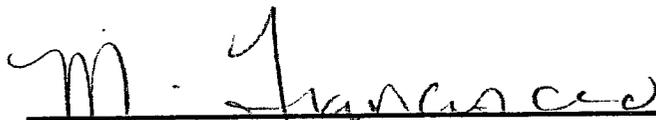
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is extended variety of
healthy food**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P9024

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

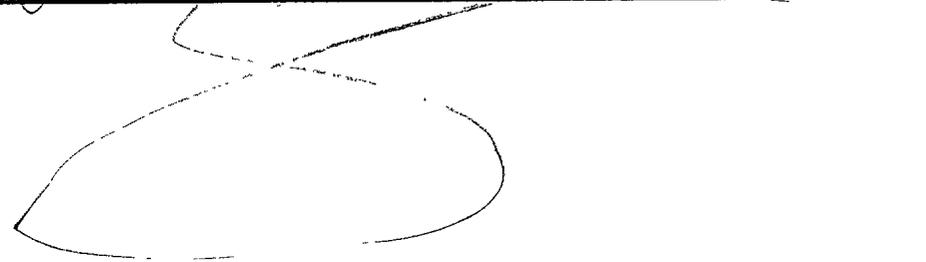
it gives
vs. more onions in
food for our children's

Thank you for reading my comments.

Sincerely,



WIC Participant



NOV 03 2006

Dear Friends at US Department of Agriculture,

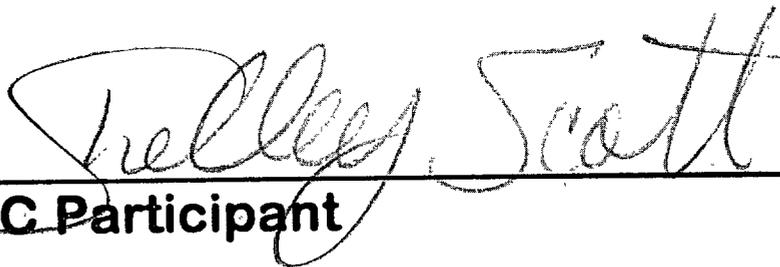
I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is that it will benefit me and my family. A Healthy life

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P9024

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more options**

Thank you for reading my comments.

Sincerely,

Ana C. Hueso

WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

THAT WE WILL BE
RECEIVING OTHER FOODS. NUTRITIONAL ONES.

Thank you for reading my comments.

Sincerely,

Mina Medina

WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that my children are
going to be more healthy.**

Thank you for reading my comments.

Sincerely,

Frances Soto

WIC Participant

**Dear Friends at US Department of
Agriculture,**

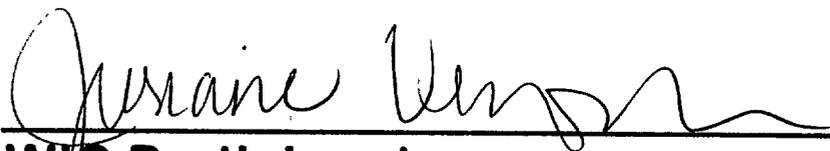
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that they will give more
fruits & vegetables that are healthy.**

Thank you for reading my comments.

Sincerely,



WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is very healthy for
my children**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

P9031

**Dear Friends at US Department of
Agriculture,**

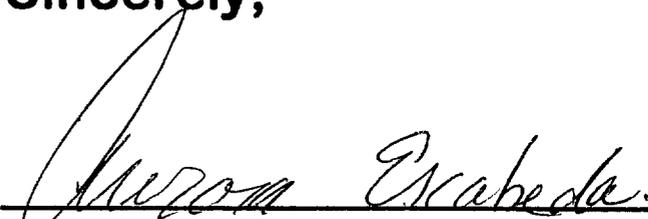
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that you will not eliminate
dairy products; only reduce quantity.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P9032

**Dear Friends at US Department of
Agriculture,**

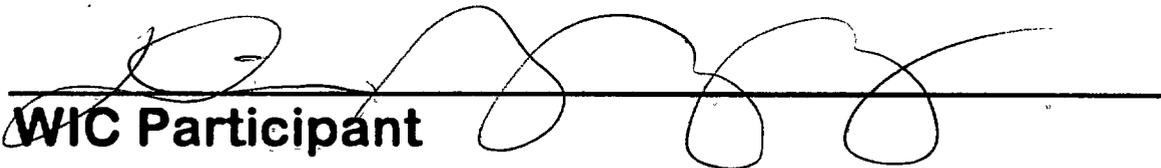
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is its a new way to enjoy.**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

P9033

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the tortillas and
vegetables**

Thank you for reading my comments.

Sincerely,

Lydia Ariza

WIC Participant

NOV 03 2006

P9031

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is this will ensure that kids
will get the healthy food they need**

Thank you for reading my comments.

Sincerely,

Pisteh Ser

WIC Participant

NOV 03 2006

P9035

**Dear Friends at US Department of
Agriculture,**

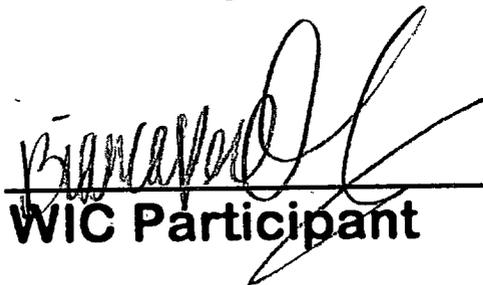
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the fresh fruits and
every food for infants like grains**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P9036

**Dear Friends at US Department of
Agriculture,**

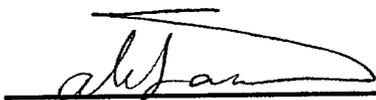
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I Really Like the Fruit
Idea Helping us choosing the Right thing**

Thank you for reading my comments.

Sincerely,



WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is THERES MORE FRUIT
and baby (JAR) food.**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

P9038

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

that I will be eating
healthier and fruit and whole grains are a great
idea!!!
Thank you.

Thank you for reading my comments.

Sincerely,

Jessica Maldonado / Jessica Maldonado
WIC Participant

NOV 03 2006

P9039

**Dear Friends at US Department of
Agriculture,**

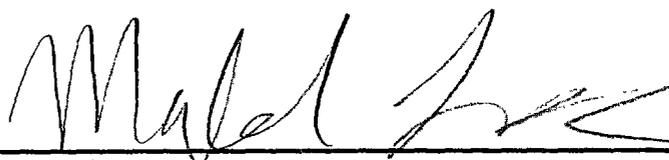
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Different foods**

Thank you for reading my comments.

Sincerely,

A handwritten signature in black ink, appearing to read "Mabel", written over a horizontal line.

WIC Participant

NOV 03 2006

P904C

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that people can
actually use what is given to
them**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

P 9041

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is MORE Healthy Foods

Vegetables, Fruits, Tortillas, Bread, Baby Food,

Thank you for reading my comments.

Sincerely,

Madene Alvarez
WIC Participant

321 1/2 W COBRADO BLVD
MONTROVIA CA 91016

**Dear Friends at US Department of
Agriculture,**

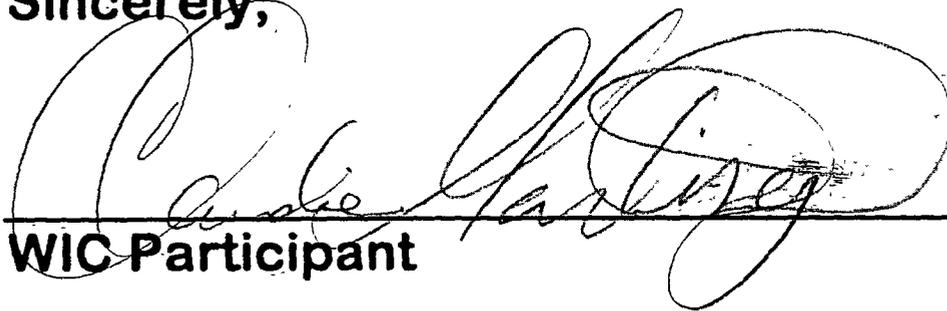
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is vegetables have more
vitamins and it healthier for
our children.**

Thank you for reading my comments.

Sincerely,



A handwritten signature in cursive script, written in black ink, positioned above a horizontal line. The signature is somewhat stylized and difficult to read precisely, but appears to be a name.

WIC Participant

**Dear Friends at US Department of
Agriculture,**

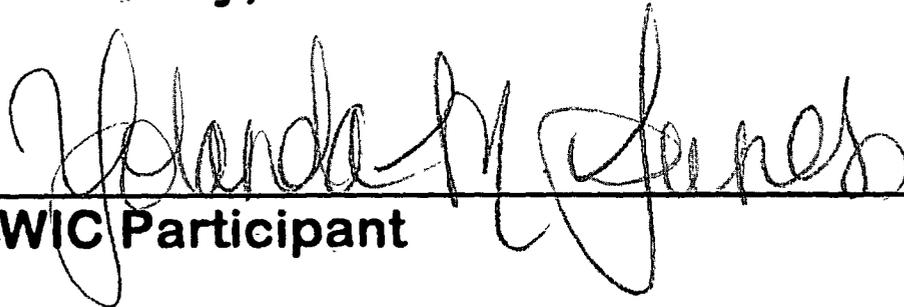
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is All the choices of
Different foods & veggies**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P9044

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

Baby food to be added. Good idea!

Thank you for reading my comments.

Sincerely,


WIC Participant

416 W. LIME AVE
MONROVIA, CA 91016

NOV 03 2006

P9045

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is _____**

*I don't like it, I think it's
to leave the foods just the
way they are.*

Thank you for reading my comments.

Sincerely,

Hayden Kelly

WIC Participant

P9046

NOV 03 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is that you added food.

Thank you for reading my comments.

Sincerely,

Pasij Bluncoy 10/5/06

WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is everything is healthier.**

Thank you for reading my comments.

Sincerely,

Erica Garcia
WIC Participant

NOV 03 2008

P904

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is THE VARIETY OF FOODS
FOR THE CHILDREN.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P904

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is IT WILL HELP ME FEED MY FAMILY (BABY) HEALTHIER.

Thank you for reading my comments.

Sincerely,

LUL PACHECO
WIC Participant

NOV 03 2008

P9051

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that fruit will
be available for my little girl.**

Thank you for reading my comments.

Sincerely,

Isel Aldana (ISEL ALDANA)
WIC Participant

NOV 03 2006

P9051

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more variety**

Thank you for reading my comments.

Sincerely,

Andrew Duppy

WIC Participant

NOV 03 2008

P905

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is it will be better for
my family. To eat better foods.**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

P905E

**Dear Friends at US Department of
Agriculture,**

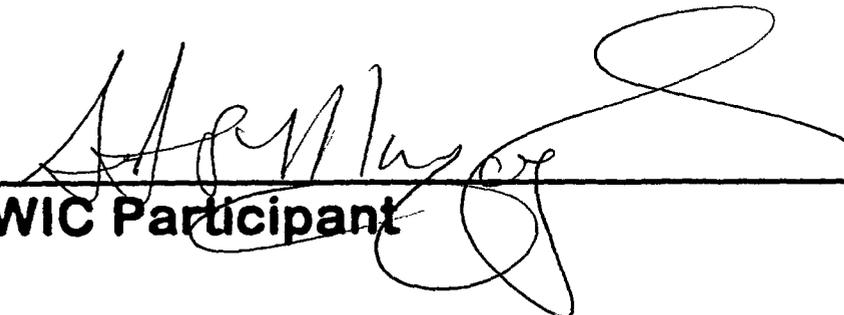
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the change you did
for ower kids to be healthier**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

P905

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Baby Foods**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is a healthier way of eating, and the nutritional value of fruits and vegetables.

Thank you for reading my comments.

Sincerely,

Veronica Allen

WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the addition of more
nutritious foods**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P90E

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is To add chicken for the
kids that really healthy for them**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P9058

**Queridos Amigos del Departamento de
Agricultura de Estados Unidos:**

**Les escribo para contarles lo que pienso
sobre la
propuesta de cambiar los alimentos de WIC.**

**Gracias por añadir frutas y verduras a los
cheques de WIC! Seáun placer poder elegir
alimentos más frescos y nutritivos para mi
familia.**

**Lo que más me gusta sobre los cambios
propuestos es**

leche de soya

Gracias por leer mis comentarios.

Atentamente,



Participante de WIC

NOV 03 2006

P9059

**Queridos Amigos del Departamento de
Agricultura de Estados Unidos:**

**Les escribo para contarles lo que pienso
sobre la
propuesta de cambiar los alimentos de WIC.**

**Gracias por añadir frutas y verduras a los
cheques de WIC! Sería un placer poder elegir
alimentos más frescos y nutritivos para mi
familia.**

**Lo que más me gusta sobre los cambios
propuestos es**

Canned ~~Food~~ Food.

Gracias por leer mis comentarios.

Atentamente,

Beatriz Muñoz

Participante de WIC

NOV 03 2006

P906

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that the baby food will
be included in the checks**

Thank you for reading my comments.

Sincerely,

Gabriela Diaz

WIC Participant

NOV 03 2008

P9061

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the help is very appreciated
for fresh vegetables and fruits**

Thank you for reading my comments.

Sincerely,

Ron DePelle

WIC Participant

NOV 03 2006

P906

**Dear Friends at US Department of
Agriculture,**

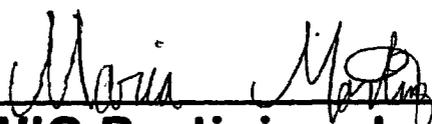
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is my kid will
eat more fruit & vegetables**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P9063

**Dear Friends at US Department of
Agriculture,**

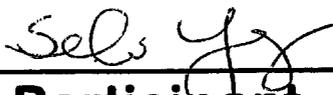
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is fruits, vegetables, and grains.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

K9064

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the variety**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P9065

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is to help my baby be
more healthy everyday**

Thank you for reading my comments.

Sincerely,

Julia Paganza
WIC Participant

NOV 03 2006

P7046

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

*Because I want my
family healthy*

Thank you for reading my comments.

Sincerely,

Martin Puresu

WIC Participant

P9067

NOV 03 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is Soy products

Thank you for reading my comments.

Sincerely,

Shelva Johnson 9/21/06
WIC Participant

NOV 03 2006

P9069

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is my daughter has
a better chance at being healthy**

Thank you for reading my comments.

Sincerely,

Jennifer Minard

WIC Participant

NOV 03 2006

P9070

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is our kids need more
nutritional options and a healthier start.**

Thank you for reading my comments.

Sincerely,



WIC Participant

P9071

NOV 03 2008

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is more healthier foods for my children

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P9072

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is ITS HEALTHIER FOOD FOR
my family TO EAT MORE Vegetables + Fruits**

Thank you for reading my comments.

Sincerely,

BARBARA Raygor
WIC Participant

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

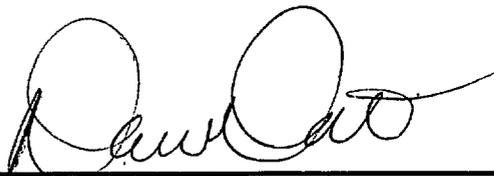
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is fruit & baby foods**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is the fruit but I don't like the idea of cutting down milk only the cereal

Thank you for reading my comments.

Sincerely,

Valerie Grass

WIC Participant

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more Fruits and veg.**

Thank you for reading my comments.

Sincerely,



WIC Participant

P9076

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is we are able to receive
more things.**

Thank you for reading my comments.

Sincerely,

Genie E. Flores
WIC Participant

NOV 03 2008

P9077

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is gerber, tortillas, bread,
meat & rice**

Thank you for reading my comments.

Sincerely,

Isabelth Partida
WIC Participant

NOV 03 2006

P9078

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

*The Kabu food
would be a lot of help*

Thank you for reading my comments.

Sincerely,

DENISE AXELLANES

WIC Participant

NOV 03 2008

P9079

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is about the variety
of food change.**

Thank you for reading my comments.

Sincerely,

Paola Dominguez
WIC Participant

NOV 03 2008

p9080

**Dear Friends at US Department of
Agriculture,**

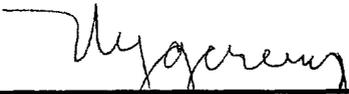
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that it will be healthier
for me & my child. Less ^{artificial} sugars & less
preservatives & more natural nutrients.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P9081

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that my baby will eat
more vegetables**

Thank you for reading my comments.

Sincerely,

Monique Nguyen

WIC Participant

NOV 03 2008

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is my growing child may receive increased
nutrition, contributing to growth and development.**

Thank you for reading my comments.

Sincerely,

Demetria Herndon

WIC Participant

*Demetria Herndon
13515 Doty Ave Apt.41
Hawthorne Ca 90250
(310)644-7696*

NOV - 3 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Healthier living**

Thank you for reading my comments.

Sincerely,

Akron Jones

WIC Participant

NOV - 3 2005

P9084

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I would not like to
see a decrease in any of
the item we already get**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV - 3 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that be great for
health**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV - 3 2006

P 9086

**Dear Friends at US Department of
Agriculture,**

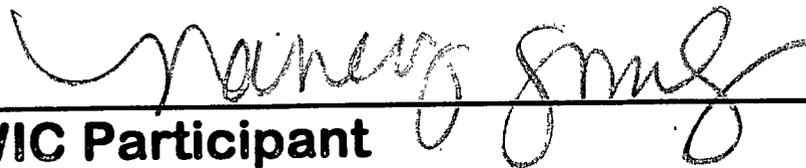
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the bakery food**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV - 3 2006

P9087

**Dear Friends at US Department of
Agriculture,**

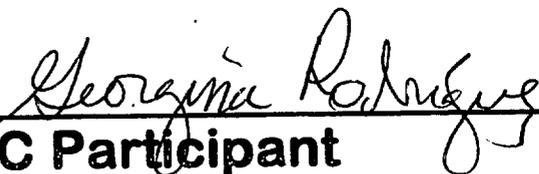
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is my Children will not
be drinking alot of Juice. Instead
they will eat fruits & Veg.**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV - 3 2006

P908.8

**Dear Friends at US Department of
Agriculture,**

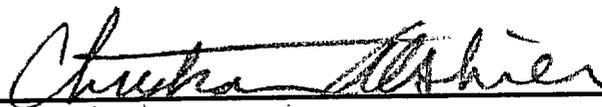
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is It's healthier**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV - 3 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is To be able to cash
checks ~~anywhere~~ anywhere**

Thank you for reading my comments.

Sincerely,

WIC Participant

NOV 06 2006

P9090

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Baby Food tortillas,
Bread fruit vegetables, rice.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P90911

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is bread, vegetables,
fruits, rice.**

Thank you for reading my comments.

Sincerely,

Buare
WIC Participant

P9092

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Need more
food**

Thank you for reading my comments.

Sincerely,

Maddie Wyatt
WIC Participant

NOV 06 2006

p9093

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that it will give a
better nutrition program.**

Thank you for reading my comments.

Sincerely,

Margaret Mendez

WIC Participant

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is more food for my child that is good for him.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is the Rainy Day Food treat will help

Thank you for reading my comments.

Sincerely,



WIC Participant

P9096

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is Its more healthier choices for my family

Thank you for reading my comments.

Sincerely,

X  10/19/06
WIC Participant

NOV 06 2008

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the addition of breads
and vegetables as well as considering
Peoples cultural background, e.g Tofu**

Thank you for reading my comments.

Sincerely,

D. Saludo

WIC Participant

P9098

NOV 06 2008

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is the options and the bread choice.

Please keep the juice and milk. ☺

Thank you for reading my comments.

Sincerely,

Claudia Janderes
WIC Participant

NOV 08 2005

P.9099:

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Better Health For the Kids**

Thank you for reading my comments.

Sincerely,

Marjorie Fuller
WIC Participant

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

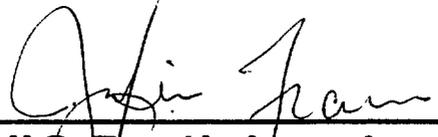
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more healthy food
such as whole grain, baby food etc.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

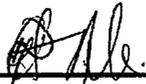
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Vegetables, Fruits
Rice**

Thank you for reading my comments.

Sincerely,



WIC Participant

P.9102

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is the benefits of fruits + veggies as well as whatever we are getting right now

Thank you for reading my comments.

Sincerely,

Cherry
WIC Participant

NOV 06 2008

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is _____

I think it would be better if we were given the option if we want the change or stay the same
Thank you for reading my comments.

Sincerely,

Cynthia [Signature]

WIC Participant

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

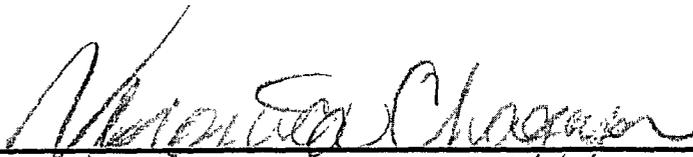
Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

That you will make it
WIC check for rice, brown rice, and different
you can add tofu, brown rice and different
variety of healthy foods. I would also
like you to add some more fresh vegetables like
broccoli, cauliflower, spinach and things of that sort.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is there's more variety and more
economical to feed children healthier foods.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P910.6

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Variety of choices**

Thank you for reading my comments.

Sincerely,

Erin Villa
WIC Participant

P9107

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the opportunity to buy
more fruits and veggies.**

Thank you for reading my comments.

Sincerely,

Diana S Roman 9-29-06

WIC Participant

*18102 Broadwell Ave
Gardena CA 90248*

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

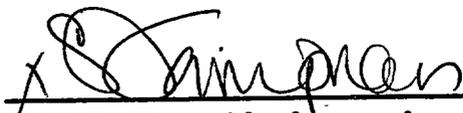
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is my daughter loves fresh fruit
& this would be great**

Thank you for reading my comments.

Sincerely,



11/28/06

WIC Participant

2134 W. El Segundo #6
Gardena Ca. 90249

NOV 06 2006

P9109

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I could eat healthier.**

Thank you for reading my comments.

Sincerely,

Diana Lopez
WIC Participant

9/28/06

*15730 NAILDALE AVE #C GARDENA, CA
90247*

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

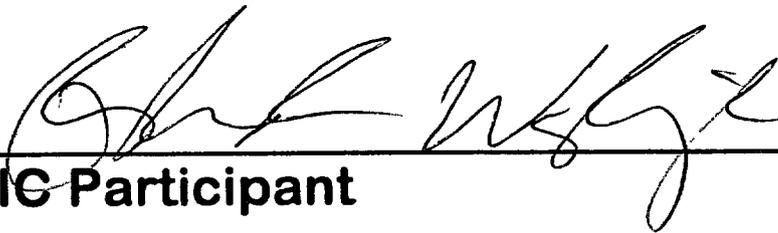
Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is I can ^{now} get fresh

Fruit & vegetables for my child with having to pay so much for it. For it.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P9111

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is healthier snack options
for the children.**

Thank you for reading my comments.

Sincerely,

Theresa M. Roman - Theresa M. Roman.
WIC Participant 1735 W. 147 St. #1
Gardena, CA. 90247

NOV 06 2006

Dear Friends at US Department of Agriculture,

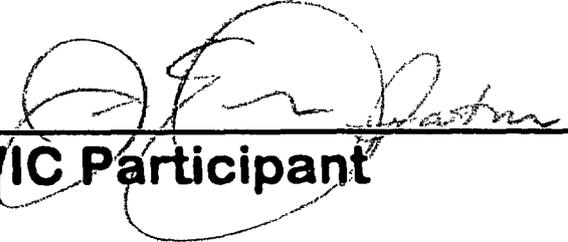
I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is Me and My family love to eat fruits & vegetables
But usually can't afford them.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

p9113

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is It helps all
mothers out more with groceries.**

Thank you for reading my comments.

Sincerely,

Marie Herrera

WIC Participant

NOV 06 2006

P9114

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

*I could receive fresh fruits
& vegetables for my children, and also tortillas
n bread I think it's a great idea.*

Thank you for reading my comments.

Sincerely,

Richard Garcia

WIC Participant

NOV 06 2006

P9115

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is healthy foods are/will
be included on my monthly vouchers.**

Thank you for reading my comments.

Sincerely,

Stephanie J. Perez
WIC Participant

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is fruits, brown rice, vegetables,
bread, baby food, canned fish**

Thank you for reading my comments.

Sincerely,

YRA RODIL
WIC Participant
10/6/06

YRA RODIL
2828 W. LINCOLN AVE.
#106
ANAHEIM CA 92801

2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is adding fruits + vegetables is a great idea because it is healthy food + I love it. I would like to teach my youngsters to eat it as well.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

It is good because
it is healthy natural food

Thank you for reading my comments.

Sincerely,

DISHA RAJAN

WIC Participant

NOV 9 6 2006

P9119

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that we can eat
healthier now.**

Thank you for reading my comments.

Sincerely,

Rachel Farias

WIC Participant

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

that my son will enjoy having fruits, tortillas and other good and healthy stuff too.

Thank you for reading my comments.

Sincerely,

Maria Rodriguez
WIC Participant

NOV 06 2006

P9121

**Dear Friends at US Department of
Agriculture,**

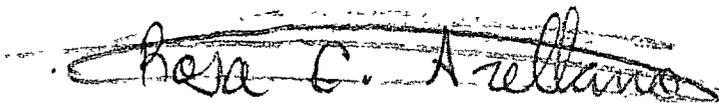
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the variety of
things.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P9122

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is you'll be offering
bread the least of like about
the changes is that there will
be less milk**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Organic Foods,**

Thank you for reading my comments.

Sincerely,

Xenia Arner

WIC Participant

NOV 06 2006

P9124

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is The Better food for my
Children, so they can eat right and
Be healthy. we would really appreciate
It. Thank you.**

Thank you for reading my comments.

Sincerely,

Lashawnda Green.
WIC Participant

NOV 06 2006

P9125

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the fruits & baby
Gerber jar foods**

Thank you for reading my comments.

Sincerely,

**Sylvia Blanco Saffo
WIC Participant**

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is _____

PINK SALMON FRUITS
VEGS BROWN RICE

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P9127

**Dear Friends at US Department of
Agriculture,**

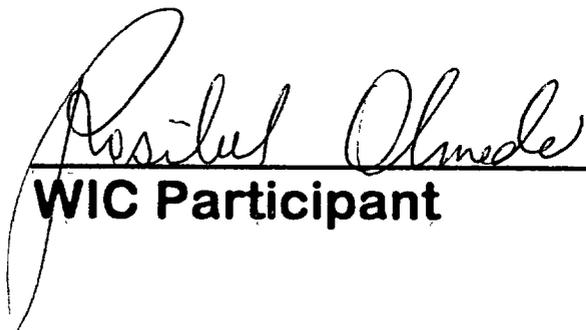
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is healthier foods**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

NOV 06 2006

129128

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is fruits, bread,
vegetables**

Thank you for reading my comments.

Sincerely,

Doreen Barnes

WIC Participant

3630 W. 168th St #1

Torrance CA 90504

NOV 06 2005

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is wheat bread, rice,
vegetables, baby Gerber.

Thank you for reading my comments.

Sincerely,

Sonyalilla Sonya Villa

WIC Participant

1310 W. 166 TH-Street
GARDENA, CA 90247

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is the baby foods that will be offered

will help a lot in my daily life and wellness of my baby & family. Thank you.
Thank you for reading my comments.

Sincerely,

TRICIA MIYAZAKI Tricia Miyazaki

WIC Participant

*16815 MERIT AVE.
GARDENA CA 90247*

P9131

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

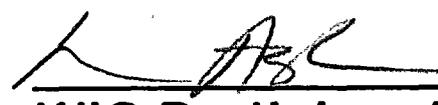
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that healthier food is available
for my children.**

Thank you for reading my comments.

Sincerely,

 13228 Wilkie Ave - Gardena CA 90249

WIC Participant

11/21/06 2006

P9132

**Dear Friends at US Department of
Agriculture,**

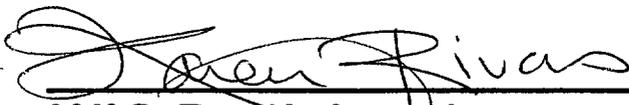
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more VARIETY**

Thank you for reading my comments.

Sincerely,



WIC Participant

Karen Rivas
1432 W. Redondo Beach Blvd.
GARDENA CA 90247

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is a healthier variety**

Thank you for reading my comments.

Sincerely,

Donna Lee

WIC Participant

*16923 S. Hobart Blvd. #A.
Gardena, Ca. 90247*

NOV 06 2006

P9134

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is More variety & Foods that
pregnant women need & is good for you.**

Thank you for reading my comments.

Sincerely,

Andria M. Ng

WIC Participant

*Andria M. Ng
15230 Deane Avenue
Lawrence, CA 94550*

NOV 09 2006

P9135

**Dear Friends at US Department of
Agriculture,**

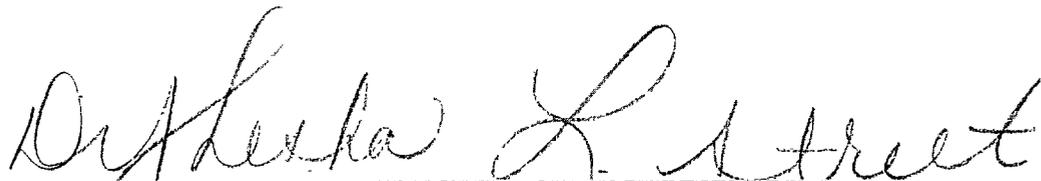
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is MORE FRUITS AND
VEGETABLES WILL PERMIT THE
CHILDREN TO EAT MORE HEALTHIER.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

p9136

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is better**

Thank you for reading my comments.

Sincerely,

Diana M.

WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is What they
are offering**

Thank you for reading my comments.

Sincerely,

**Jessica Turner
WIC Participant**

NOV 06 2006

P9138

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that it will give us
more food to guarantee health.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 08 2006

p9139

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** fruits veggies soy milk
baby food jars please.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P9140

**Dear Friends at US Department of
Agriculture,**

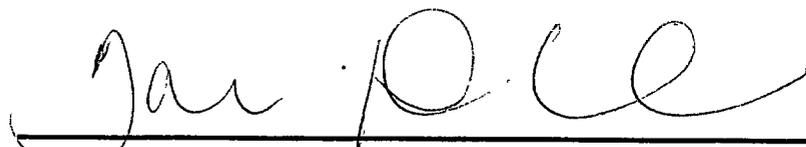
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is we get more stuff
that will help a lot.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2005

P9141

**Dear Friends at US Department of
Agriculture,**

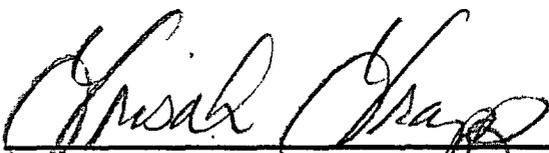
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is It will allow parents
to choose healthier choices for their child**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 06 2006

P9145

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is It will Help Me
more and saving more**

Thank you for reading my comments.

Sincerely,

Shirley Martinez

WIC Participant

P9143

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

**What I like most about the proposed changes is eating more
healthy for my SV**

Thank you for reading my comments.

Sincerely,

Rafaela Mejia
WIC Participant

NOV 06 2006

P9144

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more vegetables for the
children**

Thank you for reading my comments.

Sincerely,

Anna McCoy
WIC Participant

NOV 06 2006

P9145

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more healthier food
and kids like to eat fruits alot**

Thank you for reading my comments.

Sincerely,

Victoria Manjwa

WIC Participant

P9146

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is Bread, Fruits & Vegetables
Baby Foods

Thank you for reading my comments.

Sincerely,

Lanica Anderson
WIC Participant

NOV 6 6 2006

P9147

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is soy milk, fruits and vegetables.**

Thank you for reading my comments.

Sincerely,

Jules Lewis

WIC Participant

NOV 06 2006

P9148

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is BREAD, TORTILLAS,**

Thank you for reading my comments.

Sincerely,

Yolanda C. Jackson
WIC Participant

NOV 06 2008

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is Bread, tortillas, fruits & vegetables

Thank you for reading my comments.

Sincerely,

~~Yorlenny Ramirez~~ (Yorlenny Ramirez)
WIC Participant

10/06 2006

p9150

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the new addition
of baby foods.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2000

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Fruits, Veggies Rice**

Thank you for reading my comments.

Sincerely,

Rahlie Blackman

WIC Participant

NOV 06 2006

P9152

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is help kids eat more
fruits & vegetables**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is It would help parents who don't have money

Thank you for reading my comments.

Sincerely,

Alicia Pearce
WIC Participant

NOV 06 2006

P9154

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is a more well balanced
and healthy choices**

Thank you for reading my comments.

Sincerely,



WIC Participant

P9155

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is They will give more options

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P9156

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that you can actually
go to any wic. office**

Thank you for reading my comments.

Sincerely,

Jerene Sato

WIC Participant

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

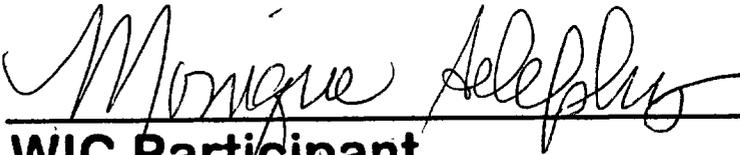
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more variety for my family
and better nutrition.**

Thank you for reading my comments.

Sincerely,



WIC Participant

P9158

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the addition of gerber
foods for infants and veggies for children**

Thank you for reading my comments.

Sincerely,

Lakshonda J. Mous

WIC Participant

NOV 06 2006

P915-a

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is it provides my family a fresher
healthier eating habits that I couldn't otherwise
afford**

Thank you for reading my comments.

Sincerely,

Jyessa Pufford

WIC Participant

NOV 06 2006

P9160

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Baby food, fruits
and Brown Rice, Vegetables.**

Thank you for reading my comments.

Sincerely,



WIC Participant

10/2/06

NOV 06 2006

P9161

**Dear Friends at US Department of
Agriculture,**

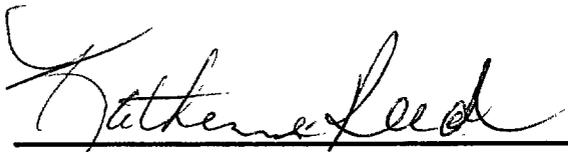
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Fruits & Vegetable
Children need them**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 09 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is the help with the produce such as rice, whole grains, and fresh fruit. It will be awesome to receive the vegetable gerbers, and fruit gerbers for babies to have including the rice cereal, and as now the formula. This will help a lot with moms, and family with incomes.

Thank you for reading my comments.

Sincerely, ~~Azalea~~ - Lizette Ponce

1432 W. Redondo Beach Blvd. Gardena, CA 90247

(310) 612-1854

WIC Participant

NOV 04 2006

P9163

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Fruits & Vegetables,
Whole grain breads**

Thank you for reading my comments.

Sincerely,

Julia Alvarado

10-05-06

WIC Participant

*1148 Marine Ave #12
Gardena, CA 90247*

P9162

NOV 6 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is my children love vegetables, fruits so they will have more to enjoy.

Thank you for reading my comments.

Sincerely,

Terese Hernandez 10/26/81
WIC Participant
1221 W 164th St #B
Bardonia CA 90247.

P9165

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is Wheat breakfast
Some fruits

Thank you for reading my comments.

Sincerely,

Connie Lau

10/05/2006

WIC Participant

23409 Sibley Place
Harbor City CA 90710.

1

p9/66

NOV 06 2006

Dear Friends at US Department of Agriculture,

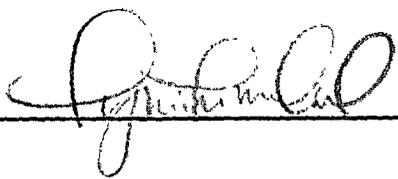
I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is fruits & vegetables and rice.

Thank you for reading my comments.

Sincerely,

Lynisha McDowell  **10/4/06**

WIC Participant

13112 S. MANHATTAN Place
Gardena, CA 90249

NOV 06 2006

P9167

**Queridos Amigos del Departamento de
Agricultura de Estados Unidos:**

**Les escribo para contarles lo que pienso
sobre la
propuesta de cambiar los alimentos de WIC.**

**Gracias por añadir frutas y verduras a los
cheques de WIC! Sería un placer poder elegir
alimentos más frescos y nutritivos para mi
familia.**

**Lo que más me gusta sobre los cambios
propuestos es**

*fruit (apples, bananas, oranges, grapes)
vegetables (broccoli, lettuce, squash)
bread*

Gracias por leer mis comentarios.

Atentamente,

Graciela Flores TeCock

Participante de WIC

NOV 06 2006

P9165

**Queridos Amigos del Departamento de
Agricultura de Estados Unidos:**

**Les escribo para contarles lo que pienso
sobre la
propuesta de cambiar los alimentos de WIC.**

**Gracias por añadir frutas y verduras a los
cheques de WIC! Sería un placer poder elegir
alimentos más frescos y nutritivos para mi
familia.**

**Lo que más me gusta sobre los cambios
propuestos es**

vegetables, fruits, rice

Gracias por leer mis comentarios.

Atentamente,

Hanna ESPINOSA

10/4/06

Participante de WIC

14605 Oage Ave #11
Lawndale, CA 90260

p9169

NOV 06 2006

Dear Friends at US Department of Agriculture,

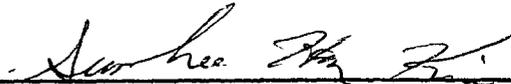
I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is to bread

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 6 2006

P9170

**Dear Friends at US Department of
Agriculture,**

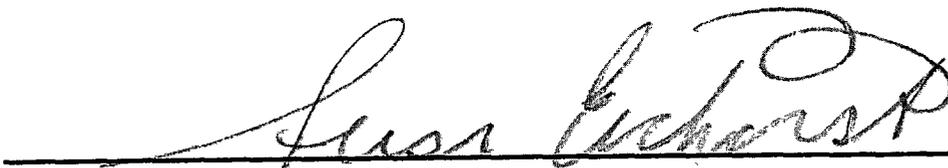
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is having vegetables & fruit
Children need different foods**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2008

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is To have a healthier family.

Thank you for reading my comments.

Sincerely,

Esperanza Lopez
WIC Participant

NOV 06 2006

P9172

**Dear Friends at US Department of
Agriculture,**

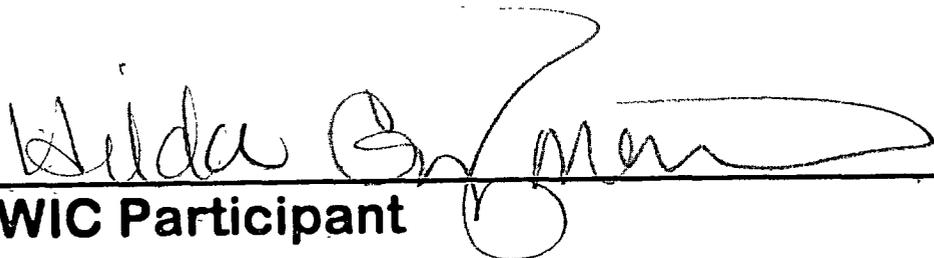
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Fruit, Vegetables, baby foods
and Bread.**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

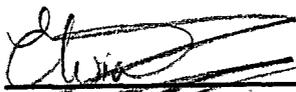
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is grapes, tortillas, gesh, bread
and apples**

Thank you for reading my comments.

Sincerely,


WIC Participant

10/2/06

P9174

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

*because my baby will
grow better and my baby
will have more help
and more fruit and vegetables and
fruits.*

Thank you for reading my comments.

Sincerely,

Guadalupe Castro

WIC Participant

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

adding fruits and
vegetables to the WIC checks.

Thank you for reading my comments.

Sincerely,

Justin Garcia

WIC Participant

NOV 06 2006

P9176

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is it makes it easier
to encourage good eating
habits to my children.**

Thank you for reading my comments.

Sincerely,

Clarissa Cruzal

WIC Participant

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is mentions for my family

Thank you for reading my comments.

Sincerely,

Chen Chen

WIC Participant

NOV 03 2006

P9178

**Dear Friends at US Department of
Agriculture,**

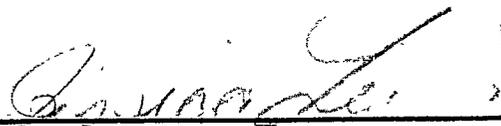
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more healthier foods**

Thank you for reading my comments.

Sincerely,



WIC Participant

Nov 06 2006

P9179

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that my kid would have a
more healthy lunch that I can give them.**

Thank you for reading my comments.

Sincerely,

WIC Participant

Juette Casiquita

07 08 2010

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

**What I like most about the proposed changes is fruit & vegetables
whole bread**

Thank you for reading my comments.

Sincerely,

Andrea G. [Signature]

WIC Participant

NOV 08 2006

P9181

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is it will help for my son
to eat more fruits & vegetables**

Thank you for reading my comments.

Sincerely,

Angelina Bealy

WIC Participant

NOV 06 2006

P9182

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

that the WIC checks will include
more fresh fruits and vegetables - that are
healthier

Thank you for reading my comments.

Sincerely,

Janette Moore

WIC Participant

P9183

NOV 08 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

that you finally have more
variety of food and much better
options with fruit and baby food
THIS IS A GOOD IDEA.

Thank you for reading my comments.

Sincerely,

Michelle A. Coker

WIC Participant

P9184

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

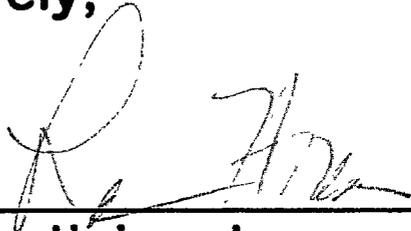
**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** soymilk

add'l. cereal varieties
d

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P9185

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

*that it's good! Because
fruits are delicious and green
and some people can't eat
them. I like them all.*

Thank you for reading my comments.

Sincerely,

Valen Fey H. ...

WIC Participant

NOV 06 2006

P9186

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

the variety of vegetables
vegetables

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P918.7

**Dear Friends at US Department of
Agriculture,**

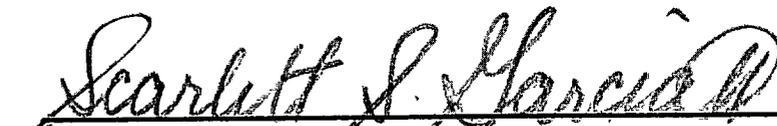
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the option to buy other
nutritious foods like fruits, & vegetables, or
wheat bread.**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 06 2006

P9188

**Dear Friends at US Department of
Agriculture,**

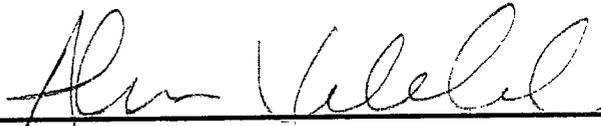
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is less cereal & juice
& more milk!**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

**What I like most about the proposed changes is getting more vitamins
and so my family**

Thank you for reading my comments.

Sincerely,

Mueya Garcia

WIC Participant

NOV 06 2006

P9190

**Dear Friends at US Department of
Agriculture,**

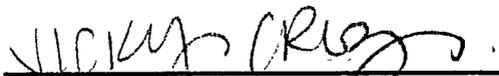
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that you have a choice
to pick out what you want.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P9191

**Dear Friends at US Department of
Agriculture,**

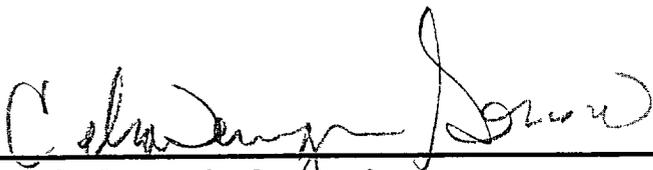
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that my family will have
more fresh and healthy food**

Thank you for reading my comments.

Sincerely,



WIC Participant

P9192

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

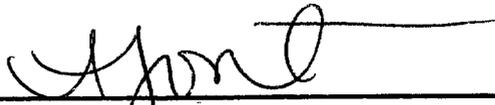
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is adding Variety to
my diet. I love the addition of
TOFU! and Fresh Fruit!**

Thank you for reading my comments.

Sincerely,



WIC Participant

P9193

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is _____**

*I will like to keep things
the way they are now.*

Thank you for reading my comments.

Sincerely,

Ang Cruz

WIC Participant

P9194

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is that we can have more fresh fruits and vegetables in our WIC checks.

Thank you for reading my comments.

Sincerely,

Martina Kelly
WIC Participant

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is *you get a choice of different foods. BUT WHAT I DON'T LIKE IS THAT it will cut the ^{AMOUNT OF} OTHER foods that we get. (eg. Milk, Cheese & eggs)*

Thank you for reading my comments.

Sincerely,

[Handwritten Signature]

WIC Participant

P9196

NOV 06 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** MORE fruits &

vegetables & milk. great proposal

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is Just keep it the same.

Thank you for reading my comments.

Sincerely,

Stephanie Sanford
WIC Participant

NOV 06 2006

P9198

**Dear Friends at US Department of
Agriculture,**

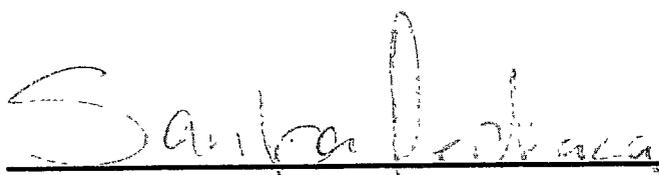
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that there will be
more fruit for the kids.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2006

P9199

**Queridos Amigos del Departamento de
Agricultura de Estados Unidos:**

**Les escribo para contarles lo que pienso
sobre la
propuesta de cambiar los alimentos de WIC.**

**Gracias por añadir frutas y verduras a los
cheques de WIC! Seáun placer poder elegir
alimentos más frescos y nutritivos para mi
familia.**

**Lo que más me gusta sobre los cambios
propuestos es**

Bay Food

Gracias por leer mis comentarios.

Atentamente,


Participante de WIC

NOV 06 2006

P9200

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** Bread, fruits,

and vegies.

Thank you for reading my comments.

Sincerely,

Angelica Portillo

WIC Participant