

OCT 31 2006

p 8000 ☺

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

All the new and healthy ideas.

That we get a little more if you

increase pay. I like the fresh fruit-veggies.

What I like least about the proposed changes is

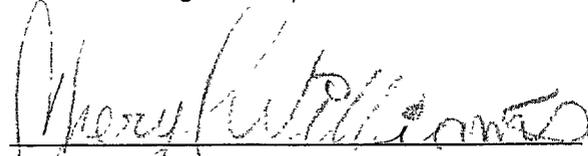
That the trailer got a new healthy

deal to.

"It's all good!"

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8001

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The fruits and veggies

What I like least about the proposed changes is

less milk

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2005

p 8002

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Fruits and vegetables, the reduced milk
and the ~~add~~ whole grain tortillas

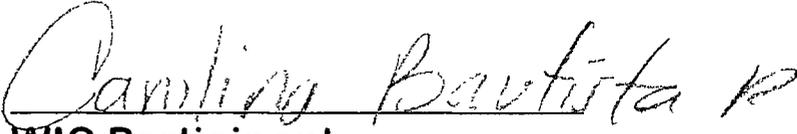
It gives us a wider range of ~~other~~ healthy choices.

What I like least about the proposed changes is

I don't like that the juice quantity
has been reduced for breastfeeding moms.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 8003

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

THAT WE COULD HAVE THE CHANCE TO GO TO ANY OTHER
STORE, THEN TO GO TO ONE.

What I like least about the proposed changes is

THAT THE JUICE'S MAY BE CUTE TO LEAST

Thank you for reading my comments.

Sincerely,

MARIA GONZALEZ
WIC Participant

Riverside County, California

OCT 31 2006

p 8004

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

there is going to be fruit and bread

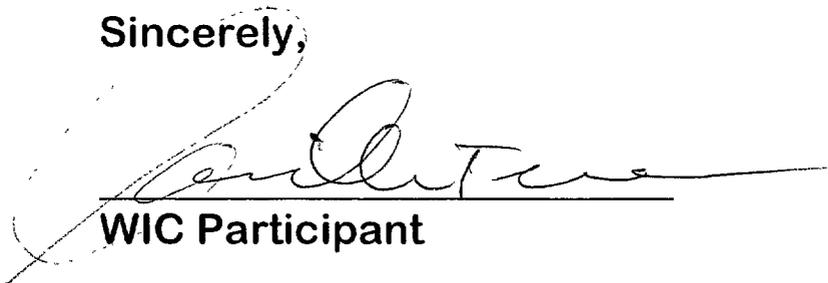
instead of just milk, juice, and cereal

What I like least about the proposed changes is

Not enough Milk and juice

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8005

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

being able to shop at any store that has wic items.

What I like least about the proposed changes is

less milk because I do drink a lot of milk.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

p 8006

OCT 31 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

healthier money for fruit + milk stuff

What I like least about the proposed changes is

less cheese

Thank you for reading my comments.

Sincerely,

Tracy Mena
WIC Participant

Riverside County, California

OCT 31 2006

p 8007

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

More for fruits and ~~veggies~~ vegetables.

_____.

What I like least about the proposed changes is

less cheese.

_____.

Thank you for reading my comments.

Sincerely,

Yvonne Coronado
WIC Participant

Riverside County, California

OCT 31 2006

p 8008

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

We are able to offer our family healthier foods. Fruits, veggies & wheat bread awesome

What I like least about the proposed changes is

Reduced eggs & milk. You can make a variety of snacks & meals with these items. They would be missed.

Thank you for reading my comments.

Sincerely,

C. A. ORWELL

WIC Participant

Riverside County, California

OCT 31 2006

p 8009

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

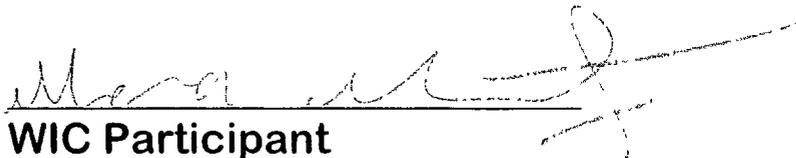
Vegetables & fruits are allowed

What I like least about the proposed changes is

Less cheese

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 8010

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

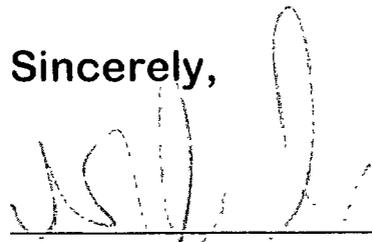
- availability of some benefits
- fruits & veg

What I like least about the proposed changes is

less juice
less cereal

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 8011

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

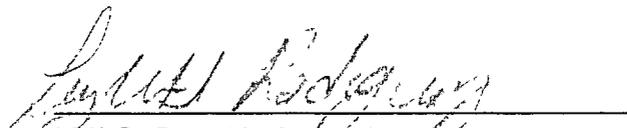
my toddlers Package is going to have
bread and tortillas.

What I like least about the proposed changes is

were not going to have as much MILK
or cheese, but then again fruits.
for the fruit.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 8012

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

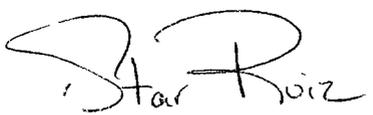
What I like most about the proposed changes is the addition of fruits and vegetables.

What I like least about the proposed changes is there is not enough selection on what types of fruits & vegetables to choose from.

Children are picky eaters and preferences change frequently. Soy milk should be by choice even if you are not lactose intolerant. Culture should be considered when offering types of foods.

Thank you for reading my comments. The reduction of portion amounts are disappointing because economic status of people who live at poverty level and WIC provides and is a major part of the childrens nutritional intake.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8013

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

being concerned about kids health

What I like least about the proposed changes is

least eggs. Proteins good. I don't believe

Thank you for reading my comments.

Sincerely,

Maria J. Cantor

WIC Participant

Riverside County, California

OCT 31 2006

p 8014

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Added fruits + veg. + Bread

What I like least about the proposed changes is

No change with the whole milk reduce my choices

Thank you for reading my comments.

Sincerely,

Amber Dickstein
WIC Participant

Riverside County, California

OCT 31 2006

p 8015

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Fresh fruit = canned beans

What I like least about the proposed changes is

reduced milk from 4 gal to 3

Thank you for reading my comments.

Sincerely,

Dylan Draxton

WIC Participant

Riverside County, California

OCT 31 2006

p 8016

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the fresh fruit

What I like least about the proposed changes is

milk being reduced from 4 gal to 3

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8017

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Fruit & Veggies

What I like least about the proposed changes is

Less Juice

Thank you for reading my comments.

Sincerely,

Barbara Landon

WIC Participant

Riverside County, California

OCT 31 2006

p 8018

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

fruits & vegetables

What I like least about the proposed changes is

no more

Thank you for reading my comments.

Sincerely,

WIC Participant

Riverside County, California

OCT 31 2005

p 8019

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The Fruits & Veggies.

What I like least about the proposed changes is

Reducing the Milk

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8020

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

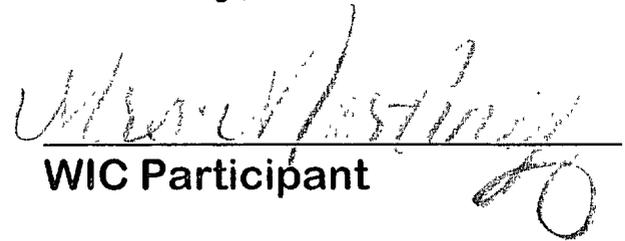
the fruit and very babies

What I like least about the proposed changes is

the milk is getting cut down!

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8021

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Fruits - Vegetables & Canned beans

What I like least about the proposed changes is

less eggs & milk

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2008

p 8022

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

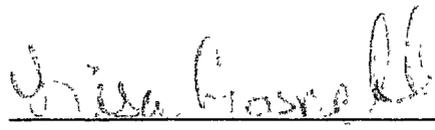
Adding fruits + veggies, whole grain foods,
Less Juice intake.

What I like least about the proposed changes is

None

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8023

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the most I like is to adding fruit and vegetables.

What I like least about the proposed changes is

milk amount.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2008

p 8024

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

That you are adding fruits and
vegetables ~~an~~ also that you are
adding grains.

What I like least about the proposed changes is

That you are taking away the
amount of cheese that we
get

Thank you for reading my comments.

Sincerely,

Shaileen Mills

WIC Participant

Riverside County, California

OCT 31 2006

p 8025

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The vegetables & Canned Beans.

What I like least about the proposed changes is

The changes in eggs & cheese.

I use these products for my child.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 8026

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

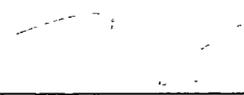
What I like most about the proposed changes is

addition of fruits & veggies to WIC checks
which is good

What I like least about the proposed changes is

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2008

p 8027

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

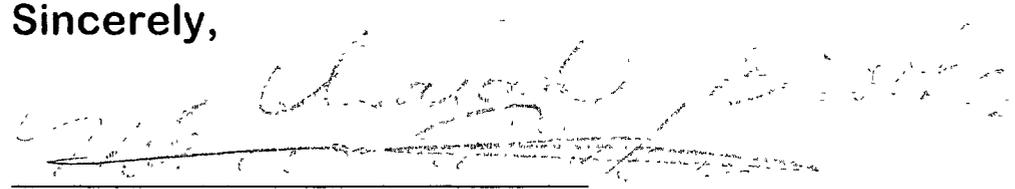
addition of fruits & veggies
+ canned soups & beans

What I like least about the proposed changes is

nothing

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 9 1 2006

p8028

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Very good idea all

What I like least about the proposed changes is

Like stay same in milk

Thank you for reading my comments.

Sincerely,

Soboy Lamon

WIC Participant

Riverside County, California

OCT 31 2006

p 8029

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

giving fruits and veggies, also less juice given.

What I like least about the proposed changes is

less cheese and eggs given

Thank you for reading my comments.

Sincerely,

Timothy Villaseca
WIC Participant

Riverside County, California

OCT 31 2006

p 8030

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Making fruits and vegis a part of the wic program, also less juice given.

What I like least about the proposed changes is

giving less cheese and eggs.

Thank you for reading my comments.

Sincerely,

Brandy Williams
WIC Participant

Riverside County, California

OCT 31 2006

p 8031

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the fact that we will have more fruits
and veggies
available

What I like least about the proposed changes is

the fact that we will have to pay
for some of the fruits and veggies that we
will be getting

Thank you for reading my comments.

Sincerely,

[Handwritten Signature]
WIC Participant

Riverside County, California

OCT 31 2006

p 8032

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

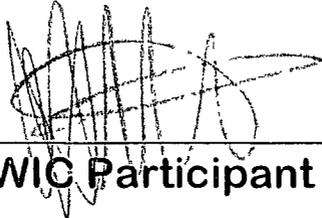
that I like what you are doing that you are adding fruits and vegetables.

What I like least about the proposed changes is

what I don't like is that you are reducing the food to us.

Thank you for reading my comments.

Sincerely,



J.S.

WIC Participant

Riverside County, California

OCT 31 2006

p 8033

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I really didn't like the proposed changes.

What I like least about the proposed changes is

I think everything should stay the same no changes.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8034

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

that you guys are adding fruits and vegetables to the list

What I like least about the proposed changes is

that you added soy milk and tofu because some people don't even know what it is

Thank you for reading my comments.

Sincerely,

Yeny Morán
WIC Participant

Riverside County, California

OCT 31 2006

p 8035

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I liked that you were putting fruits and vegetables
and things like milk and cereal in there

What I like least about the proposed changes is

well I don't really think I don't like it
but I don't think it's really healthy anymore!

Thank you for reading my comments.

Sincerely,

Loree Bour

WIC Participant

Riverside County, California

OCT 31 2006

p 8036

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

It's a Great Because kids need fruit
for healthy growing seasons.

fruit is very expensive. need to be on a need fruit & vegetables.

What I like least about the proposed changes is

I don't dislike this change and I think it's Great!

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

There will be more variety pick food.

What I like least about the proposed changes is

that they taking away cereals from us.

Thank you for reading my comments.

Sincerely,

[Handwritten Signature]
WIC Participant

Riverside County, California

OCT 31 2006

p 8038

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

that is going to be more healthy choices

to choose from.

What I like least about the proposed changes is

that is going to be less amount of

some of the items, like the milk,

cheese and eggs.

Thank you for reading my comments.

Sincerely,

Sonia Rodriguez

WIC Participant

Riverside County, California

OCT 31 2008

p 8039

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

changes about Fruit is good

What I like least about the proposed changes is

stay same in milk

Thank you for reading my comments.

Sincerely,

Desiree Ramon
WIC Participant

Riverside County, California

OCT 31 2006

p 8040

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

What I like least about the proposed changes is

that you are taking away the milk, Chesse & eggs. I think you should give us more milk Chesse & eggs.

Thank you for reading my comments.

Sincerely,

North B. Crespo
WIC Participant

Riverside County, California

OCT 31 2006

p 8041

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

What I like least about the proposed changes is

your taking my milk away & cheese,

Thank you for reading my comments.

Sincerely,

Raul J. Benitez
WIC Participant

Riverside County, California

OCT 31 2006

p 8042

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

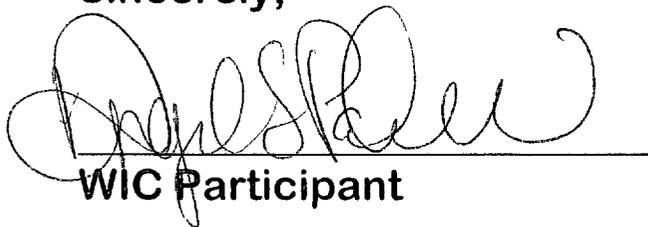
money for fruits and vegetables

What I like least about the proposed changes is

less milk and cheese

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8043

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

money for fruits & vegetables

What I like least about the proposed changes is

less milk and eggs

Thank you for reading my comments.

Sincerely,

Gloria A Chacon

WIC Participant

Riverside County, California

OCT 31 2006

p 8044

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

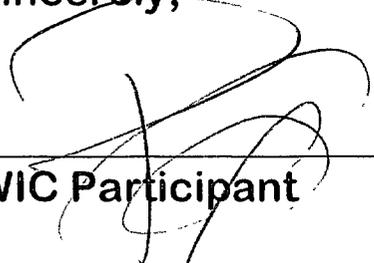
\$ 1.00 for vegetables, and fruit

What I like least about the proposed changes is

less, cheese and eggs

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8070

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

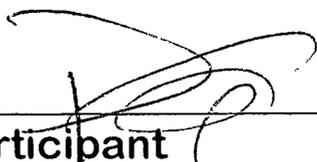
whole grains

What I like least about the proposed changes is

eggs, cheese I would receive less.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8046

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The whole grain products and other
fruit options. I'd like some more variety
in the amounts.

What I like least about the proposed changes is

none

Thank you for reading my comments.

Sincerely,

Erin J. Jara
[Signature]

WIC Participant

Riverside County, California

OCT 31 2006

p:8047

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

that you are adding fruits and vegetables.

What I like least about the proposed changes is

that is you are giving less dairy products.

Thank you for reading my comments.

Sincerely,

[Signature]
WIC Participant

Riverside County, California

OCT 31 2008

p 8048

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the addition of fruits & veggies

What I like least about the proposed changes is

the tofu or soy

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 8049

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

fruit & veggies

_____.

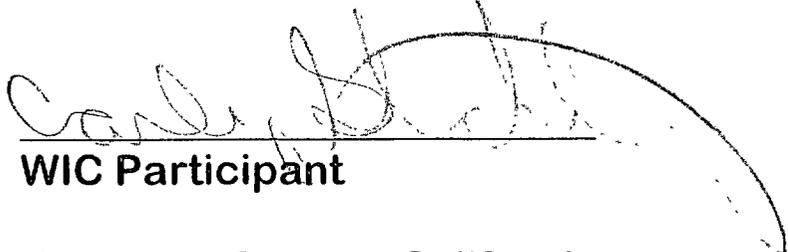
What I like least about the proposed changes is

lots of milk

_____.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8050

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The Fruits and veg Because Its good For us.

What I like least about the proposed changes is

The number of juices Being Reduced.

Thank you for reading my comments.

Sincerely,

Teresa Gonzalez
WIC Participant

Riverside County, California

OCT 31 2006

p8051

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

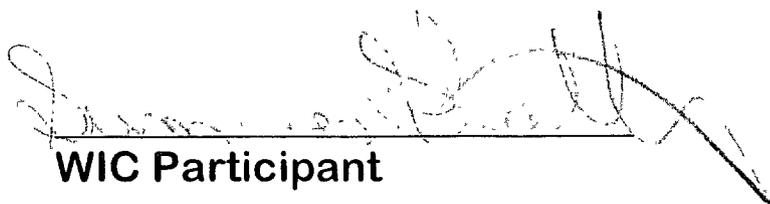
fruits & veggies
03

What I like least about the proposed changes is

loss of milk

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 8052

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is -

more for fruit & veg
probably prefer all the
changes ~~that~~

What I like least about the proposed changes is

less cheese

Thank you for reading my comments.

Sincerely,

Katalina Meza
WIC Participant

Riverside County, California

OCT 31 2006

p 8053

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

That they get fruits and vegetable
and bread

What I like least about the proposed changes is

Nothing

Thank you for reading my comments.

Sincerely,

Christina Rodriguez
WIC Participant

Riverside County, California

OCT 31 2006

p 8054

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

less milk because most parents
just give kids milk instead
of ~~fruit~~ food. And it has more
healthier foods.

What I like least about the proposed changes is

-that- there not giving juice.
juice kids drink all the time
and it's natural fruits juices."

Thank you for reading my comments.

Sincerely,

Claudia Mungue

WIC Participant

Riverside County, California

OCT 31 2006

p 8055

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

my daughter will learn early how

to eat the right way

What I like least about the proposed changes is

that there will only be 2% milk

allowed

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2008

p 8056

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

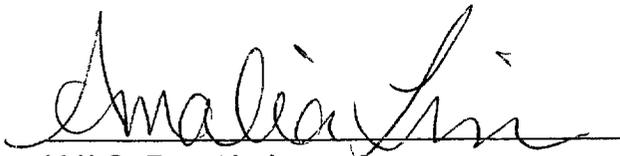
fruits and vegetables, less juice
and tortillas and bread

What I like least about the proposed changes is

less eggs

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

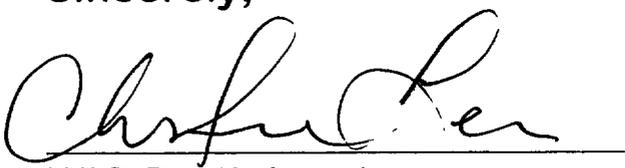
- That they finally added fruit!

What I like least about the proposed changes is

You only get \$8 worth of fruit & veggies.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8058

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

that they give me food for my baby and I also the classes.

What I like least about the proposed changes is

they do not give fruits and veggies.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8059

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

ADDED THE FRUITS + VEGETABLE

CUT THE MILK

WHOLE GRAIN - A LOT MORE OPTIONS

What I like least about the proposed changes is

THEY CUT THE EGGS

8 CUT THE JUICE

CUT THE CHEESE

Thank you for reading my comments.

Should ADD WATER

Sincerely,

Meltinger's

WIC Participant

Riverside County, California

OCT 31 2006

p 8060

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

FRUITS & VEGGIES
SOY BEVERAGE

What I like least about the proposed changes is

Beans

Thank you for reading my comments.

Sincerely,

MWatters
WIC Participant

Riverside County, California

OCT 31 2006
Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The choice in beans, veggies, and
fruits, also whole grains

What I like least about the proposed changes is

less eggs, cheese

Thank you for reading my comments.

Sincerely,

Cassandra LaFlower
WIC Participant

Riverside County, California

OCT 31 2006

p 8062

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Fruits & Veggies, tortillas, bread
great Idea to add these

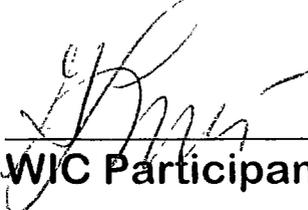
What I like least about the proposed changes is

does not have Honey Bunches of Oats
eggs least amount
milk cut back & juice cut back

Thank you for reading my comments.

- my daughter's drink a lot of milk/juice

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 8063

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

getting fruits and vegetables.

What I like least about the proposed changes is

reducing milk, eggs, juice

Thank you for reading my comments.

Sincerely,

Marc H. Mares
WIC Participant

Riverside County, California

OCT 31 2006

p 8064

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like that you get the fruit and
veggies. I also ^{like} that you could get the
whole grains.

What I like least about the proposed changes is

I think all the changes are good.

Thank you for reading my comments.

Sincerely,


Tiffany Rodriguez
WIC Participant

Riverside County, California

OCT 31 2006

p 8065

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

we get fruits and veggies

What I like least about the proposed changes is

Its only whole grain cereal

Thank you for reading my comments.

Sincerely,

Mawlee Mene
WIC Participant

Riverside County, California

OCT 31 2006

p 8066

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

choice of loaf of bread is good, choice of canned or dry beans, less juice is good. choice of fruits/veggies is great! the change is great.

What I like least about the proposed changes is

I don't like the cut-in cheese.

Thank you for reading my comments.

Sincerely,

 Diana Gonzalez
WIC Participant

Riverside County, California

OCT 31 2006

p 8067

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

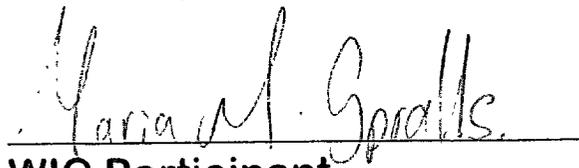
that you added soy and calcium to it.

What I like least about the proposed changes is

Don't cut down on eggs and milk and juice.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8068.

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

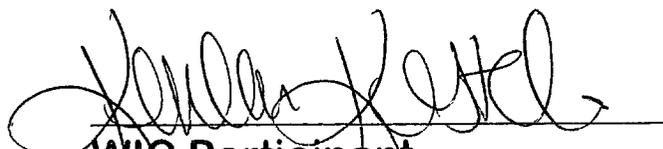
Fruits and veggies + only whole
Grain Cereal!

What I like least about the proposed changes is

Nothing.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 8069

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

more fruits & vegetables & the addition of

whole grains.

What I like least about the proposed changes is

none

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8070

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

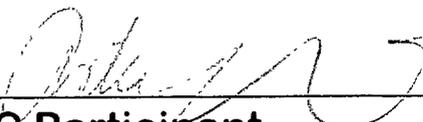
adding fruits + veggies is great!

What I like least about the proposed changes is

less choice + less cash

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 8071

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

That vegetables are being added even though they are not that expensive, very healthy.

What I like least about the proposed changes is

There will a little less of everything... Milk, Cheese, juice and eggs. It has it's disadvantages.

Thank you for reading my comments.

Sincerely,

Yvette Pavillo

WIC Participant



Riverside County, California

OCT 31 2006

p 8072

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

it to improve and it will adding healthy veggies

What I like least about the proposed changes is

that it was not happened already

Thank you for reading my comments.

Sincerely,

Monica Casae

WIC Participant

Riverside County, California

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Fruit and bread and veggies

What I like least about the proposed changes is

Thank you for reading my comments.

Sincerely,

WIC Participant

Riverside County, California

31 2006

p 8074

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods:

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Nothing really

What I like least about the proposed changes is

That vegetables and fruit are ~~more expensive~~ the least expensive things to buy to include in WIC when the other stuff that's going to be added is something that is more expensive and a much cost

Sincerely,

WIC Participant

Riverside County, California

OCT 31 2006

p 8075

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

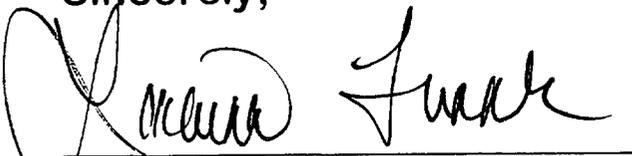
I do appreciate the addition of fruits, vegetables and whole grains.

What I like least about the proposed changes is

I enjoy more of the milk, cheese and eggs quantities in the current package and dislike the proposed \$6.00 worth

of fruits and veggies really isn't much at all. Tortillas and bread is an expense in our household anyways. I would rather stay with the current pkg.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 80 10

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like the fruits & vegetables, whole grain bread, canned beans & everything in the whole grains area.

What I like least about the proposed changes is

Everything looks great, you may not get more cheese or eggs or juice but it balances with the fruits & vegetables and whole grains.

Thank you for reading my comments.

Sincerely,

Marcia Alarce

WIC Participant

Riverside County, California

OCT 31 2006

p 8071

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

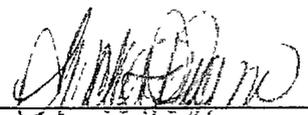
I like the idea of the veggies and fruits, and grains.

What I like least about the proposed changes is

I don't like the idea of changing the whole milk to 2% or less. My kids and myself don't like it its too watery. Also don't like cutting down on the change from 2 to 1. And on the eggs, we as a family eat eggs every day in the morning.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8078

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

adding the fruits + veggies.

Taking away junky stuff + adding the healthy stuff.

What I like least about the proposed changes is

I don't have anything.

Thank you for reading my comments.

Sincerely,

C. Sobel '06

WIC Participant

Riverside County, California

OCT 31 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I think the change will be good for everyone, I would like to have fruits and veggies.

What I like least about the proposed changes is

I would not like if they changed the food because they want to change everything.

Thank you for reading my comments.

Sincerely,

Candice Padilla
WIC Participant

Riverside County, California

OCT 31 2006

P 8080

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I think that is better because
there including fruits & vegetables & whole
bread.

What I like least about the proposed changes is

In my opinion less better

Thank you for reading my comments.

Sincerely,

Diana Torres

WIC Participant

Riverside County, California

11/17/06 2006

p 8081

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the fruit and vegetables added in the package

and the whole grains too.

What I like least about the proposed changes is

the 2% lessfat milk to kids of 2-5 years old.

Thank you for reading my comments.

Sincerely,

Alma Garcia

WIC Participant

Riverside County, California

OCT 31 2006

p 8082

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

fruits, veggies + bread

What I like least about the proposed changes is

less milk = juice + cheese

Thank you for reading my comments.

* Need low sugar juice for diabetic children.

Sincerely,

Jennifer Williams

WIC Participant

Riverside County, California

OCT 31 2006

p 8083

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like that they are adding fruits and
vegetables and whole grains.
.....

What I like least about the proposed changes is

.....
.....
.....

Thank you for reading my comments.

Sincerely,

Anna Martinez

WIC Participant

Riverside County, California

OCT 31 2006

p 8084

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

It allows a big ~~selection~~ selection
to new foods

What I like least about the proposed changes is

I like it, I don't
dislike the new changes

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

11-1-2006

p 8085

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like alot, because of Healthy food's for my kids.

What I like least about the proposed changes is

because I see more - that

Thank you for reading my comments.

Sincerely,

WIC Participant

Riverside County, California

OCT 31 2006

p 8086

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

BREAD Add + Veggies Add

What I like least about the proposed changes is

Less MILK - Less Eggs

Thank you for reading my comments.

Sincerely,

Ashley HARRIS
WIC Participant

Riverside County, California

OCT 31 2006

p8087

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

More balanced diet.
I like fruits & veggies.

What I like least about the proposed changes is

I would like to get more milk.

Thank you for reading my comments.

Sincerely,

J. Brock

WIC Participant

Riverside County, California

OCT 31 2006

p8088

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I would get more nutritional things like bread, vegetables and fruit

What I like least about the proposed changes is

I would ~~not~~ less milk and juice

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8089

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

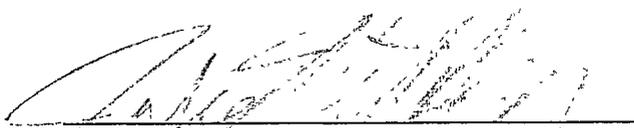
I don't like the change

What I like least about the proposed changes is

Get rid of milk and eggs. I don't like that much for my family.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

06.13.2006

8090

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

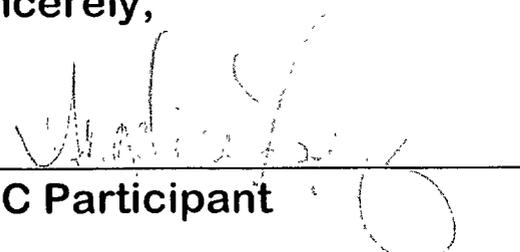
the addition of fresh and vegetables

What I like least about the proposed changes is

The limit on vegetables would be too low because sometimes they are up to 10 dollars.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 8091

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Getting fruits & veggies, bread, and cereals.

What I like least about the proposed changes is

losing milk, cheese, eggs, and juice.

Thank you for reading my comments.

Sincerely,

WIC Participant

Riverside County, California

OCT 31 2006

p 8092

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Adding fruits and vegetables

_____.

What I like least about the proposed changes is

Less items like less milk

_____.

Thank you for reading my comments.

Sincerely,

Yazmin Ramirez

WIC Participant

Riverside County, California

OCT 31 2006

p 8093

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

That they give more for new
asked. Will bring in a family with
your back see that it is a country.

What I like least about the proposed changes is

That I see that some time that
they give you best of things.

Thank you for reading my comments.

Sincerely,

Marcos Silva
WIC Participant

Riverside County, California

00731 2006

p 8094

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

~~nothing~~ nothing, I like

the current package more.

What I like least about the proposed changes is

You only get 1 package of eggs

& less milk & Juice & less cheese.

Thank you for reading my comments.

Sincerely,

Dillon Lopez
WIC Participant

Riverside County, California

OCT 31 2006

p 8095

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

fruit + veggies, tortillas, less juice

What I like least about the proposed changes is

less eggs, less milk, less cheese,

Thank you for reading my comments.

Sincerely,

Kenasa Saunders
WIC Participant 

Riverside County, California

OCT 31 2006

p 8096

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The addition of fruits and vegetables

What I like least about the proposed changes is

The decrease in milk and eggs.

Thank you for reading my comments.

Sincerely,

Shirley Lewis

WIC Participant

Riverside County, California

OUT 31 2005

p 8091

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

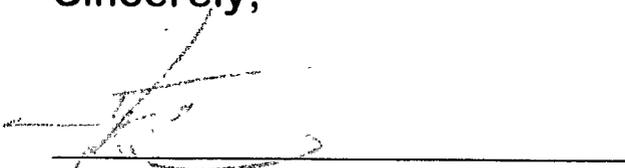
Fruits and vegetables, whole grains (Bread, Tortilla)

What I like least about the proposed changes is

Nothing

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8098

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

that there's giving fruits and veggies
and it's a good change.

What I like least about the proposed changes is

that there's giving less juice
the amount of juice was pretty
low.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8099

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like the fact that you change
the things you get for us.

What I like least about the proposed changes is

— I like the fact that you
you love more for just \$1.00.

Thank you for reading my comments.

Sincerely,

Alma ...

WIC Participant

Riverside County, California

OCT 31 2006

p 8106

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

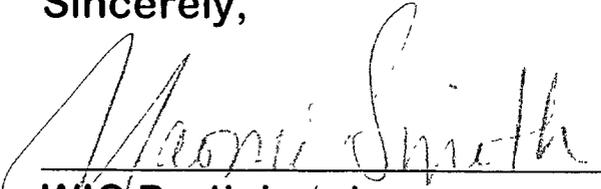
That it takes into account that mothers trying to lose post pregnancy weight needs low-fat choices
I Really like the proposed changes.

What I like least about the proposed changes is

only that you get less of some things like
milk & eggs but it still good

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 8101

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The fruit and veggies

less eggs, cheese, juice because at our home wheat go to waste.

What I like least about the proposed changes is

Nothing

Thank you for reading my comments.

Sincerely,

Missy Knight
WIC Participant

Riverside County, California

OCT 31 2006

p 8102

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the wheat bread, the fruits,
etc. portion.

What I like least about the proposed changes is

the juices

Thank you for reading my comments.

Sincerely,

Country Johnson
WIC Participant

Riverside County, California

OCT 31 2006

p 8103

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

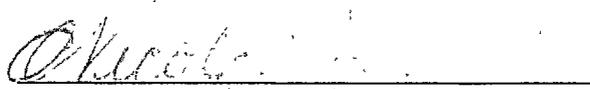
fruits, vegetables, breads, & tortillas

What I like least about the proposed changes is

none. I like it all!
Good idea.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8104

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The soy milk and Fruits +
Veg and whole grain breads
whole wheat Rice

What I like least about the proposed changes is

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 8105

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

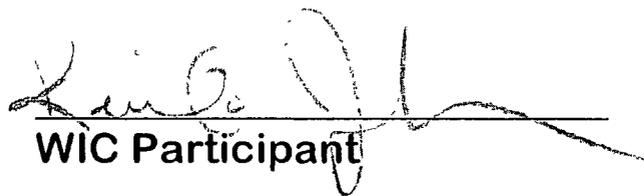
Fruits, vegetables and soy beverage

What I like least about the proposed changes is

so much less juice

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

Oct 31 2006

p8/06

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

GETTING FRUITS & VEGETABLES

What I like least about the proposed changes is

THE REPLACEMENT OF MILK - EGGS

Thank you for reading my comments.

Sincerely,

JENNIFER DAVIS

WIC Participant

Riverside County, California

OCT 31 2006

p 8107

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

that it comes with bread & tortillas and my daughter loves taco & sandwiches.

What I like least about the proposed changes is

that there's less milk and juice.

Thank you for reading my comments.

Sincerely,

Michelle Priano
WIC Participant

Riverside County, California

OCT 31 2006

P 8108

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

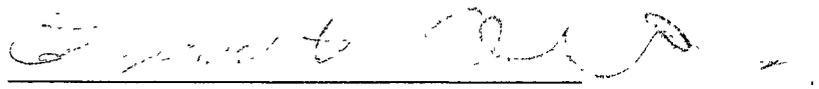
I Don't like the change of

What I like least about the proposed changes is

I Rather keep it the way

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

P 8109

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

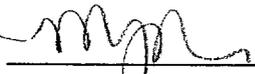
We get X-tra Vegetables

What I like least about the proposed changes is

Cutting the milk to juice & cheese

Thank you for reading my comments.

Sincerely,

 _____

WIC Participant

Riverside County, California

OCT 31 2006

p 8110

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The nutrition is better

What I like least about the proposed changes is

less milk

Thank you for reading my comments.

Sincerely,

Maria Lopez

WIC Participant

Riverside County, California

OCT 31 2006

p 8/11

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

my kids can choose from Fruits &
Vegetables.

What I like least about the proposed changes is

less milk for my kids.

Thank you for reading my comments.

Sincerely,

Gonzalez, Vidal
WIC Participant

Riverside County, California

OCT 31 2006

p8112

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family. *yes!*

What I like most about the proposed changes is

any products, as one of my children on WIC is allergic to...

What I like least about the proposed changes is

Would like more peanut butter

Thank you for reading my comments.

Sincerely,

Gloria Collins
WIC Participant

Riverside County, California

OCT 31 2006

p 8113

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Vegetable options & breads.

but I'm not a big deal because.

I would probably still buy more meat.

What I like least about the proposed changes is

Less milk & cheese

Thank you for reading my comments.

Sincerely,

Laura Rodriguez
WIC Participant

Riverside County, California

OCT 31 2006 Anne L. Co.

p 8114

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

fresh fruits & veggies, more
variety of food

What I like least about the proposed changes is that there

is less of eggs & milk. I think
they should cut down on meat
instead.

Thank you for reading my comments.

Sincerely,

Yolanda Sanchez
WIC Participant

Riverside County, California

OCT 31 2006

p 8115

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

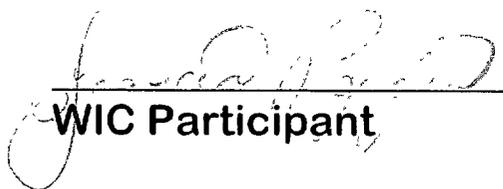
The fruit's and veggies
that you offering Redried Beans and
the fact you offering whole grains.

What I like least about the proposed changes is

Less eggs

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 8116

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

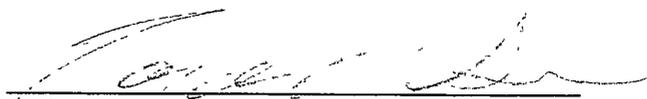
I like to be getting more of everything including a little of my ^{favorite} staples.

What I like least about the proposed changes is

That some of the locally thing will be cut off but it's OK.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8117

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the add of vegetables and fruits

What I like least about the proposed changes is

the decrease in family products.

Thank you for reading my comments.

Sincerely,

Rosa Dominguez
WIC Participant

Riverside County, California

OCT 31 2006

p 8118

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

There are more vegetables and fruits that

what I like most about the proposed changes

What I like least about the proposed changes is

They don't include much milk,

Thank you for reading my comments.

Sincerely,

[Signature]

WIC Participant

Riverside County, California

OCT 31 2006

P 8119

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

getting drink, veggie, & bread added

What I like least about the proposed changes is

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8120

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

THE VEGETABLES & THE SHEEP

_____.

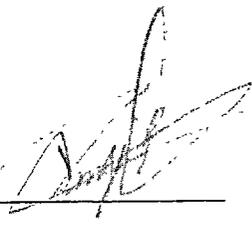
What I like least about the proposed changes is

BESS, MILK

_____.

Thank you for reading my comments.

Sincerely,



MARIA CERVILLO

WIC Participant

Riverside County, California

10/1/2008

p 8121

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like that they are adding fruits and vegetables to the WIC checks. I will enjoy choosing fresh, healthier foods for my family.

_____.

What I like least about the proposed changes is

I don't like that they are adding fruits and vegetables to the WIC checks. I will enjoy choosing fresh, healthier foods for my family.

_____.

Thank you for reading my comments.

Sincerely,

WIC Participant

Riverside County, California

OCT 5 1 2006

p 8122

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like that you will include vegetables, fruits & grains. All of these things are also good and they are part of healthy eating habits.

What I like least about the proposed changes is

_____.

Thank you for reading my comments.

Sincerely,

Josephine Sanchez
WIC Participant

Riverside County, California

OCT 31 2006

p 8123

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

it gives us more things to choose
from for our children and
also keeps them fit - eg less fat.

What I like least about the proposed changes is

it gives our children less milk
& other important
products that they need.

Thank you for reading my comments.

Sincerely,

Heather Young
WIC Participant

Riverside County, California

OCT 31 2006

p 8124

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Thank you for adding fortified
and whole grains

What I like least about the proposed changes is

that the milk and eggs
are being reduced.

Thank you for reading my comments.

Sincerely,

Angelica Rojas
WIC Participant

Riverside County, California

OCT 31 2006

p 8125

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

This will be better due to the health of my family, especially the fruits and veggies.

What I like least about the proposed changes is

When I did not see it's getting less of quality as it is.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 8126

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

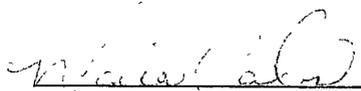
What I like most about the proposed changes is

I like the fact that we are being offered fresh fruits and veggies.

What I like least about the proposed changes is

I'm satisfied with changes I just want to keep the same amount of everything like all milk, cheese, cereal, and just add the fruit and veggies to what I already receive.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8127

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

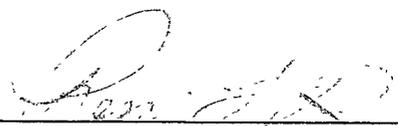
more fruits and Vegetables

What I like least about the proposed changes is

less milk and eggs

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8128

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Adding fruits and veg. makes it
great it's going to be good for my baby.

What I like least about the proposed changes is

I do not know.

Thank you for reading my comments.

Sincerely,

Aracelis S. Garcia
WIC Participant

Riverside County, California

OCT 31 2006

p 8129

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like that you are going to be offering bread, fruit and veggies, much healthier.

What I like least about the proposed changes is

I do not like that you are taking some of the milk, eggs and cheese away.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 8130

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

nothing

What I like least about the proposed changes is

less milk, less cheese, less eggs, less juice

Thank you for reading my comments.

Sincerely,

Kassi Bauman
WIC Participant

Riverside County, California

OCT 31 2006

p 8131

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

\$ 6 worth of fruits and
vegetables.

What I like least about the proposed changes is

I like every thing in the
package but I do not like
soy milk. But I thank their is other
Thank you for reading my comments. that do.

Sincerely,

Rosa Mendoza
WIC Participant

Riverside County, California

OCT 31 2006

p 8132

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

~~that they~~ giving us the opportunity to
choose what kinds of fruits and veggies we
want.

What I like least about the proposed changes is

that the milk amount will decrease
(low milk) because my family uses the
amount we receive now.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p8133

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

adding fruits, and vegetables and
the whole grains, can have soy/tofu
and can have canned beans.

What I like least about the proposed changes is

less milk and less eggs

Thank you for reading my comments.

Sincerely,

Brittany R.
WIC Participant

Riverside County, California

OCT 31 2006

p 8134

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

we are moving and there's more
choices now. I like that.

What I like least about the proposed changes is

not sure what I don't like about it

Thank you for reading my comments.

Sincerely,

T. [unclear]
WIC Participant

Riverside County, California

OCT 31 2006

p 8135

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

we are getting more fruits & veggies

_____.

What I like least about the proposed changes is

that we are getting less milk.

_____.

Thank you for reading my comments.

Sincerely,

Alma...

WIC Participant

Riverside County, California

OCT 31 2006

p 8136

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

- Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the fruits and veggies, and that everything looks more healthy!

What I like least about the proposed changes is

the soy milk

Thank you for reading my comments.

Sincerely,

Maura P. Rice
WIC Participant

Riverside County, California

OCT 31 2006

P 8137

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

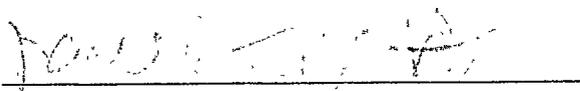
The amount of fruits and vegetables
I can buy
.

What I like least about the proposed changes is

the amount of fruits and vegetables I can buy
.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8138

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like the fruits and vegetables

_____.

What I like least about the proposed changes is

I do not like that there is less
cheese and milk

_____.

Thank you for reading my comments.

Sincerely,

Ferris Valero

WIC Participant

Riverside County, California

OCT 31 2006
Dear Friends at US Department of Agriculture,

p 8139

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Is the vegetables & fruit and the bread
My son like some vegetables & fruit now.

What I like least about the proposed changes is

It limits the milk and cheese but my son
doesn't eat that much milk & cheese but I
would have to keep 2 dozen eggs instead of one
Thank you for reading my comments.

It is a good idea.

Sincerely,

Jawanda Hurst
~~Jawanda Hurst~~
WIC Participant

Riverside County, California

OCT 31 2006

p 8140

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like that now they'll be fruits & vegetables & the whole grains

What I like least about the proposed changes is

Nothing, everything is good

Thank you for reading my comments.

Sincerely,

Maria P. Rivera
WIC Participant

Riverside County, California

OCT 31 2008

p 8141

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

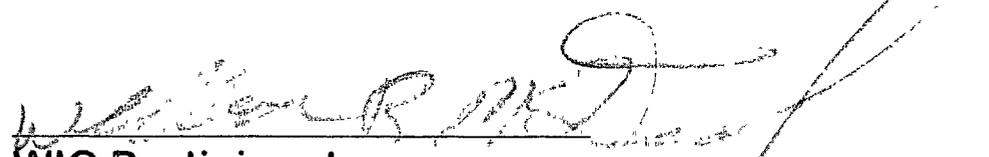
WE LOVE THE FRUITS AND VEGETABLES

What I like least about the proposed changes is

WE NOT HAPPY THE MILK/BY IS LOSING THIS USE

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8142

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

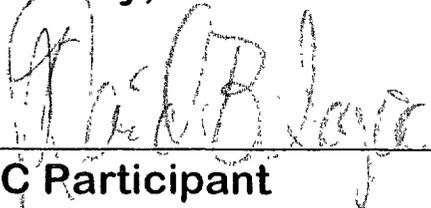
THE PROPOSED ADDITION OF FRUIT
AND WHOLE GRAIN BREAD(S).

What I like least about the proposed changes is

THE PROPOSED REDUCTION OF
MILK, JUICE AND CHEESE.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

p 8142

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Whole wheat bread

What I like least about the proposed changes is

One

Thank you for reading my comments.

Sincerely,

Angela M. Hall
WIC Participant

Riverside County, California

OCT 31 2006

pg 143

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

what I like the most about is that

we get fruit and veggies.

What I like least about the proposed changes is

what I liked the least about this proposal

is less milk and cheese and also less

fruit juice.

Thank you for reading my comments.

Sincerely,

Patty Williams

WIC Participant

Riverside County, California

OCT 31 2006

p 8144

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like the fact that you can get fruits and vegetables.

What I like least about the proposed changes is

The least thing I like is less milk.

Thank you for reading my comments.

Sincerely,

Monique Robinson
WIC Participant

Riverside County, California

OCT 31 2005

p 8145

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

addition of fruits, veggies & greens
also soy milk

What I like least about the proposed changes is

reduction of milk

Thank you for reading my comments.

Sincerely,

Patricia Lewis
WIC Participant

Riverside County, California

OCT 31 2006

p 8146

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The fact that they are adding fruits and vegetables to the WIC checks. I like that they are adding more variety to the list of foods that are allowed. I like that they are adding more fresh produce to the list.

What I like least about the proposed changes is

The fact that they are removing some items from the list. I like that they are removing some items from the list. I like that they are removing some items from the list.

Thank you for reading my comments.

Sincerely,

[Handwritten signature]

WIC Participant

Riverside County, California

OCT 31 2006

P 8147

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The vegetables, tortillas, rice, and bread

What I like least about the proposed changes is

less milk, juice, and cheese.

Thank you for reading my comments.

Sincerely,

Christina
WIC Participant

Riverside County, California

OCT 31 2006

p 8148

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

They added fruits and vegetables.

What I like least about the proposed changes is

You will get less milk and juice.

Thank you for reading my comments.

Sincerely,

Melissa Sayre
WIC Participant

Riverside County, California

OCT 31 2006

p 8149

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

2 Percent milk / Tostitos / Bread

_____.

What I like least about the proposed changes is

LESS Juice / milk / Cheese

_____.

Thank you for reading my comments.

Sincerely,

Y. An. Os. Os. Os.
WIC Participant

Riverside County, California

OCT 31 2006

P 8150

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

of having the fruits & veggies, the "lottery" items
and how the new items will be more healthy
and also the amount of the benefits.

What I like least about the proposed changes is

low milk

Thank you for reading my comments.

Sincerely,

Rachel Hernandez
WIC Participant

Riverside County, California

OCT 31 2006

p 8151

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the fruits that are going to be given

What I like least about the proposed changes is

the least amount of eggs
and higher prices the eggs

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8152

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Adding fruits and veggies

What I like least about the proposed changes is

Milk & eggs we need no changes is good.

Thank you for reading my comments.

Sincerely,

Yana Patel
WIC Participant

Riverside County, California

OCT 31 2006

p 8153

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like that you can get breads, tortillas, and fruit and vegetables.

What I like least about the proposed changes is

that you can't get cheese. And I don't like the cheese.

Thank you for reading my comments.

Sincerely,

Adriana Rodriguez
WIC Participant

Riverside County, California

OCT 31 2006

P 8154

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I liked it because we are getting more of a variety.

What I like least about the proposed changes is

Thank you for reading my comments.

Sincerely,

Maria S. Val's
WIC Participant

Riverside County, California

OCT 31 2006

p 8156

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The addition of fruits & veggies.

What I like least about the proposed changes is

I don't like having to give up the little extra milk or eggs.

Thank you for reading my comments.

Sincerely,

Deanne Canfield
WIC Participant

Riverside County, California

OCT 31 2006

p 8157

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

We need Fruits and veggies for our children
That's healthy for the kids. The wheat and grain
is also good.

What I like least about the proposed changes is

I don't disagree, I will proposed the change.
To much Cheese isn't good for your health.

Thank you for reading my comments.

Sincerely,

Natalie Evans
WIC Participant

Riverside County, California

OCT 31 2006

p 8158

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

you get to choose how the items and its
more healthy.

What I like least about the proposed changes is

we get no change for the \$100.00.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

P 8159
INCV

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.

What I like most about the proposed
changes is it helps with having more
healthy foods.

What I like least about the proposed
changes is nothing.

Thank you for reading my comments.

Sincerely,

Kim Wadler
WIC Participant

9-12-06
Date

p 8160

NOV 12 2014

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

better options for my family - more choices on things that we don't like of the other & better of the new.

What I like least about the proposed changes is

nothing

Thank you for reading my comments.

Sincerely,

Christi Leach

WIC Participant

9-12-14

Date

p 816

NOV 07 2018

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is The variety of food

_____.

What I like least about the proposed changes is _____

_____.

Thank you for reading my comments.

Sincerely,

Tabitha Johnson

WIC Participant

p 8162

NOV 0

**Queridos Amigos del Departamento de
Agricultura de Estados Unidos:**

**Les escribo para contarles lo que pienso
sobre la
propuesta de cambiar los alimentos de WIC.**

**Gracias por añadir frutas y verduras a los
cheques de WIC! Será un placer poder
elegir alimentos más frescos y nutritivos
para mi familia.**

**Lo que más me gusta sobre los cambios
propuestos es**

el pan, yogur, frutas y verduras

**Lo que menos me gusta sobre los cambios
propuestos es**

Gracias por leer mis comentarios.

Atentamente,

Rosario Arevalo

Participante de WIC

p8163

**Queridos Amigos del Departamento de
Agricultura de Estados Unidos:**

**Les escribo para contarles lo que pienso
sobre la
propuesta de cambiar los alimentos de WIC.**

**Gracias por añadir frutas y verduras a los
cheques de WIC! Será un placer poder
elegir alimentos más frescos y nutritivos
para mi familia.**

**Lo que más me gusta sobre los cambios
propuestos es**

Tortillas y Pan

**Lo que menos me gusta sobre los cambios
propuestos es**

que cambiaran las Frutas y verduras

Gracias por leer mis comentarios.

Atentamente,

Marilyn Parajás
Participante de WIC

p 8165

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is being able to use any store for the fruits & veggies.

What I like least about the proposed changes is none.

Thank you for reading my comments.

Sincerely,

[Signature]
WIC Participant

10/1/05
Date

P 8166

NOV 18

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.

What I like most about the proposed
changes is the further ability to offer
fresh vegis and whole grains to my family.

What I like least about the proposed
changes is that it took so long to
come current with Dietary Guidelines.

Thank you for reading my comments.

Sincerely,

Laurel Clark
WIC Participant

17 Oct 2006
Date

p 8167

NOV 02 2000

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.

What I like most about the proposed
changes is Variety in options. Especially
fruit!!.

What I like least about the proposed
changes is _____.

Thank you for reading my comments.

Sincerely,

Melony Burns
WIC Participant

10-17-00
Date

P 8768

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.

What I like most about the proposed
changes is a variety of healthy foods
especially veggies.

What I like least about the proposed
changes is _____
_____.

Thank you for reading my comments.

Sincerely,

Janie Dances
WIC Participant

10-17-06
Date

OCT 31 2006

P 8169

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

That it adds breads - fruits and vegetables to the package.

What I like least about the proposed changes is

The cut back on eggs and cheese.

Thank you for reading my comments.

Sincerely,

Carmel Brumby

WIC Participant

Riverside County, California

OCT 31 2006

P 8170

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

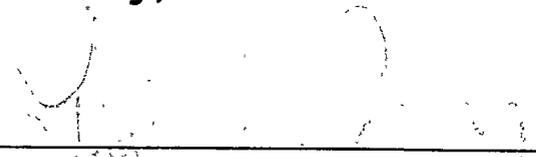
more fruits & veggie
choices for my family

What I like least about the proposed changes is

more fruits & veggie
choices for my family

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

Dear Friends at US Department of Agriculture,

p 8171

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

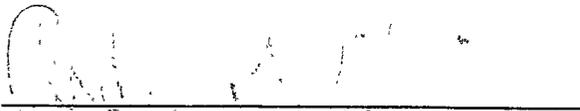
the fact that fresh fruit and veggies

are being added to the WIC checks

What I like least about the proposed changes is

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

Dear Friends at US Department of Agriculture,

p 8172

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I LIKE BECAUSE IT MAKE WHOLEMILK MILK
PROTEIN'S
AND IT'S OK.

What I like least about the proposed changes is

That there are the milk

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

Dear Friends at US Department of Agriculture,

P 8173

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

that the kids will be a lot
more healthier.

What I like least about the proposed changes is

well there's nothing

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

Dear Friends at US Department of Agriculture,

P 8174

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

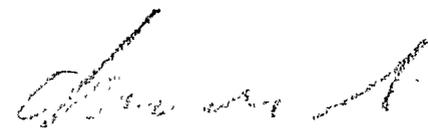
There is bread available.

What I like least about the proposed changes is

Less items ~~available~~ available.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2016

P 8175

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

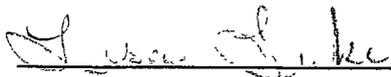
That you will get fresh fruit & vegetables

What I like least about the proposed changes is

less milk & eggs my son likes milk
w/ almost all meats

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2008

p 8176

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The addition of fruits
and Vegetables

What I like least about the proposed changes is

We lose a gallon of
milk and a pound
of cheese

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

p 8177

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

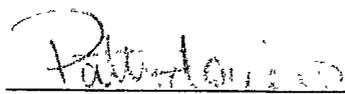
The addition of whole grains
and the fruits & vegetables.

What I like least about the proposed changes is

you would be putting away
the juice & milk.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2016

p 8178

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

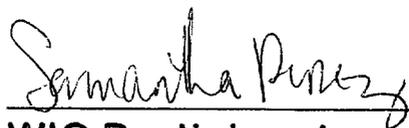
that there are fruits & more grains
added to the package.

What I like least about the proposed changes is

I am not a fan of tofu & soy but I understand that
this is a healthy alternative.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

Dear Friends at US Department of Agriculture,

P 8179

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

That they are adding fruits and vegetables
to the WIC checks. I will be able to
the other program.

What I like least about the proposed changes is

I like everything they propose to do. But I think they
should not make more. And give the same
amount they were.

Thank you for reading my comments.

Sincerely,

Jennifer Smith
WIC Participant

Riverside County, California

OCT 31 2006

p 8180

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

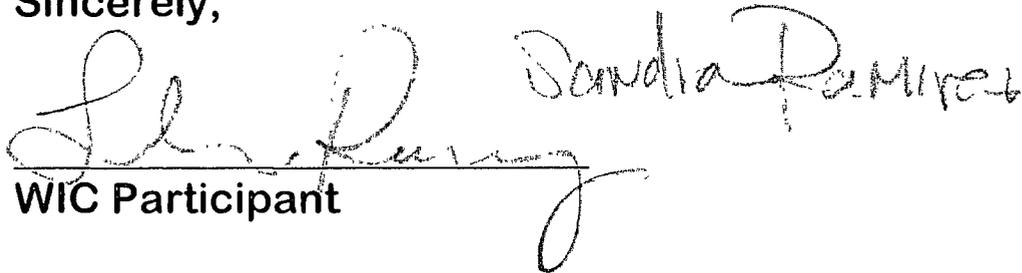
FRUIT & Veggies

What I like least about the proposed changes is

less MILK & less eggs

Thank you for reading my comments.

Sincerely,

 Sandra Ramirez

WIC Participant

Riverside County, California

OCT 31 2006

p8181

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

five and vegetables and the fruits

What I like least about the proposed changes is

we don't get milk no more

Thank you for reading my comments.

Sincerely,

[Signature]

WIC Participant

Riverside County, California

OCT 9 1 2008

Dear Friends at US Department of Agriculture,

p 8182

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

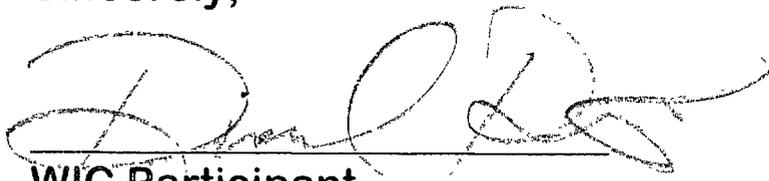
THE FRUITS & VEGETABLES
BEING ADDED.

What I like least about the proposed changes is

AMOUNTS HAS DECREASED,

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 01 2013

p 8183

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

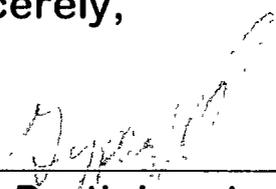
fruits & veggies

What I like least about the proposed changes is

less juice

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

P 8184

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

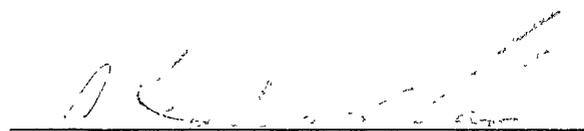
 The good thing about the new changes is that it will allow me to buy more fresh fruits and vegetables for my family.

What I like least about the proposed changes is

 The only thing I don't like is that it will cost more money.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

P 8185

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

that there will be additional food

What I like least about the proposed changes is

~~nothing~~ there is
nothing I like about the change

Thank you for reading my comments.

Sincerely,

[Signature]
WIC Participant

Riverside County, California

OCT 31 2008

p 8186

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

That you added fruits and veggies

_____.

What I like least about the proposed changes is

that you took out whole milk

_____.

Thank you for reading my comments.

Sincerely,

Mary Ann Williams
WIC Participant

Riverside County, California

OCT 31 2006

p 8187

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

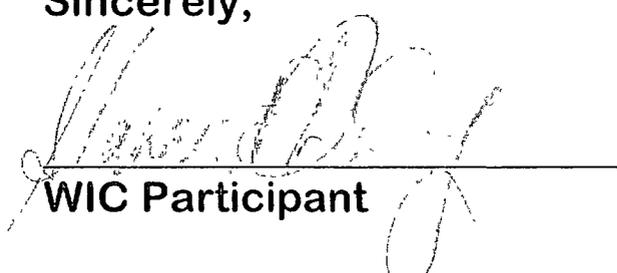
I like that there would be fruit and veggies.

What I like least about the proposed changes is

I don't like the least amount of milk.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

P 8188

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the whole grains that are added.

What I like least about the proposed changes is

All the ingredients are too expensive.
Carrots are a little more expensive.

Thank you for reading my comments.

Sincerely,

Denise M. [Signature]

WIC Participant

Riverside County, California

OCT 8 1 2008

p8196

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Worth fruits & vegetables / brown rice / beans to
state milk demand

What I like least about the proposed changes is

Redeem milk 2 years - need whole milk for
brain development of the whole milk cows
gone & 2. Redeem under 2 years be good.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

P 8191

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

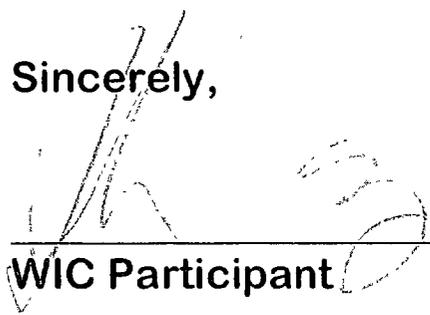
that we're getting fruits, and
- veggies.

What I like least about the proposed changes is

Everything 100K\$ good to
me.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006
Dear Friends at US Department of Agriculture,

p 8192

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

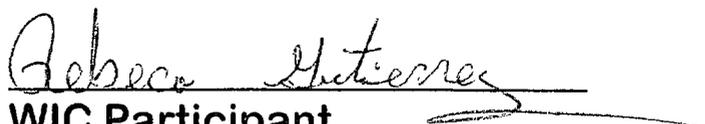
adding more fruits and
whole grain choices

What I like least about the proposed changes is

cutting in milk and cheese

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OCT 31 2006

Dear Friends at US Department of Agriculture,

P 8193

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

more whole grains, fruit & vegetables.

This is a good idea.

What I like least about the proposed changes is

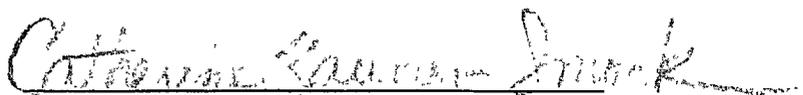
you're cutting back on the milk, cheese, eggs, and

juice for families. Why can't you still

keep these things the way they are?

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The fact you can get whole grains
now that will also help people
realize that it's not just about

What I like least about the proposed changes is

nothing about it.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

OCT 31 2006

Dear Friends at US Department of Agriculture,

p 8195

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The grain, fruits & veggies
healthier.

What I like least about the proposed changes is

I like it all

Thank you for reading my comments.

Sincerely,

Marisara Duran 10-26-06

WIC Participant

Riverside County, California

OCT 31 2005

p 8196

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the variety of things
like fruits, veggies, bread, etc.

What I like least about the proposed changes is

tofu

Thank you for reading my comments.

Sincerely,

Deirdre Johnson
WIC Participant

Riverside County, California

OCT 31 2006

P 8197

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the variety

What I like least about the proposed changes is

foods milk & cheese

Thank you for reading my comments.

Sincerely,

Leida King
WIC Participant

Riverside County, California

OCT 8 1 2008

p 8198

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Fruit, tomatoes

What I like least about the proposed changes is

tofu, less juice, no whole milk.

Thank you for reading my comments.

Sincerely,

Kristin L. Brown

WIC Participant

Riverside County, California

OCT 31 2006

p 8199

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

that they added fruits and veggies

and more whole grains

What I like least about the proposed changes is

that we have to get 250 miles

if you don't have choice

Thank you for reading my comments.

Sincerely,

Maria Jimenez

WIC Participant

Riverside County, California

OCT 31 2006

p 8200

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

-fruit & veggie food

_____.

What I like least about the proposed changes is

take away the normal food items
I feel that
_____.

Thank you for reading my comments.

Sincerely,

WIC Participant

Riverside County, California