

NOV 03 2008

P7601

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the fruit & vegetables
rice and tortillas is a great change**

Thank you for reading my comments.

Sincerely,

Judy Vargas
WIC Participant

NOV 03 2006

P7602

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

*you will let us get fruits
something that is very healthy and it
will substitute the food that some
people get too much of and only
I would like to see a crop
my own to substitute because I know
what I need more.*

Thank you for reading my comments.

Sincerely,

Esmeralda Sanchez

WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I really think it's a good
idea because lots of people don't
have money to buy fruit & vegetables because
the cost are high**

Thank you for reading my comments.

Sincerely,

Soundes Creen

WIC Participant

NOV 03 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is Better variety of different options.

Thank you for reading my comments.

Sincerely,

Amelia Velez
WIC Participant

NOV 03 2006

P 7605

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more variety for the
children.**

Thank you for reading my comments.

Sincerely,

Demetris

WIC Participant

NOV 03 2006

P7606

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is The tortillas and the baby foods.

Thank you for reading my comments.

Sincerely,

Melissa Sherman

WIC Participant

NOV 03 2006

P 7607

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more choices, between
Juices & Fruits, and baby Food.**

Thank you for reading my comments.

Sincerely,

Magie Oleson

WIC Participant

NOV 03 2008

P 7608

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Having more choices**

Thank you for reading my comments.

Sincerely,

Angelina Menchaca
WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that we will be recieving necessary
food products that will help keep a child's protein
high since many can't buy these products. I think
this is a very good idea and I would love it if
this would be implemented in the WIC program**

Thank you for reading my comments.

Sincerely,

Maggie Manjarrez

WIC Participant

NOV 03 2008

P7610

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

fruits & vegetables
tea & juice & everything!

Thank you for reading my comments.

Sincerely,

Annora Kenghal

WIC Participant

NOV 08 2008

P 7611

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is it allows me foods to be incorporated
in the program that weren't before. (choices)**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P 7612

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is have vegetables
instead of peanut butter**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

p 7613

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more Fruits & Veg &
Yogurt.**

Thank you for reading my comments.

Sincerely,

Yasenia W. Hernandez
WIC Participant

NOV 03 2006

P7614

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is ADDING FRESH FRUITS,
TORTILLAS AND BROWN RICE.**

Thank you for reading my comments.

Sincerely,

Guana Mendoya

WIC Participant

OCT 19 2006

P 7615 October 12, 2006

Dear Friends at US Dept. of Agriculture,
I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes are the addition / option of soy milk and tofu, the addition of the whole grain choices and fruits & vegetables instead of juice.

Thank you for reading my comments.

Sincerely,

Xenia Gutierrez
WIC Participant

P 7616

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

that children will get
to eat more healthy and will
have the option to choose different
things to eat

Thank you for reading my comments.

Sincerely,

Nancy Gomez

WIC Participant

NOV - 3 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I Live closer near
then the other one**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV - 8 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that my family gets
more good quality snacks.**

Liliana Arechiga
13805 Doty Ave #38
Hawthorne CA, 90250

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV - 3 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I am very glad and it's very
big help for my family WIC is important to us!
God bless you guys all!**

Thank you for reading my comments.

Sincerely,

R. Ayudon
RIZALINA C. Ayudon

WIC Participant

11838 Acacia Ave Hawthorne CA U.S.A

~~40520~~ 90250

3107425540

P7620

NOV - 3 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that my family will benefit
a lot from this change**

Thank you for reading my comments.

Sincerely,

WIC Participant
Jain Jerry
11970 Orevilles Ave #K
Hawthorne CA 90250
(310) 349-2081

P 7621

NOV - 8 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is my children will have a great
variety of fruits and vegetables for a
better balanced diet. This is much better for
my children as they grow and become strong
and healthy.**

Thank you for reading my comments.

Sincerely,

Alma D. Rosales, Alma D. Rosales
WIC Participant

11513 Ramona Ave #3

Hawthorne, CA 90250

310-863-4169

9-21-06

P 7622

NOV 03 2008

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the variety of
new foods.**

Thank you for reading my comments.

Sincerely,

Lucila Baltazar

WIC Participant

NOV 03 2006

P7623

**Dear Friends at US Department of
Agriculture,**

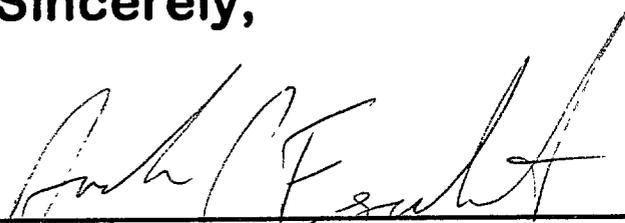
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is It seems healthier for
parents as well as child.**

Thank you for reading my comments.

Sincerely,


Andrew C. Escalante
WIC Participant

NOV 03 2006

P 7624

**Dear Friends at US Department of
Agriculture,**

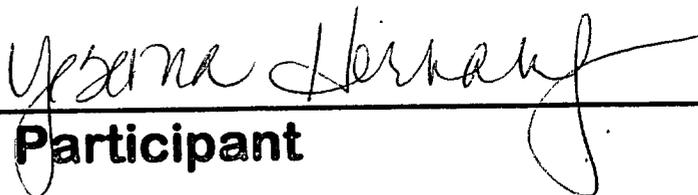
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that it gives more of a
variety and will help you eat healthier
for you and your baby.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P7625

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the fruits + vegetables
and baby-food**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P 7626

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that my kids can
have a variety in their diet**

Thank you for reading my comments.

Sincerely,

Leslie G. Ortiz

WIC Participant

NOV 03 2006

P 7627

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

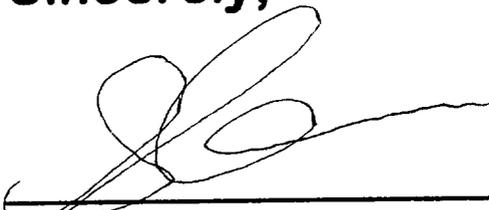
**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

*that you will
continue issuing tickets
for the cheese. My kids
love it and eat it like crazy.
Thank you!*

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P 7628

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more of a convenience
for me.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

p 7629.

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I enjoy the milk
that WIC provides.**

Thank you for reading my comments.

Sincerely,

Hess Morales

WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is healthier foods for
my baby.**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

p 7631

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

*that they are putting
fruits & veg's. Also the bread we all
need to be healthier.*

Thank you for reading my comments.

Sincerely,

A handwritten signature in black ink, consisting of a large, stylized 'R' followed by a smaller 'S' and some additional scribbles.

WIC Participant

NOV 03 2006

P 7632

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is my child will be getting
more fruits and whole grains. It
will be better for family's with low
income**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P7633

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is fruits, vegetables, ~~and~~
better food.**

Thank you for reading my comments.

Sincerely,

Aya Lidia Ramirez
WIC Participant

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

**What I like most about the proposed changes is ~~to choose our own things,~~
to choose our own things,**

Thank you for reading my comments.

Sincerely,

WIC Participant

NOV 03 2008

P7635

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that you receive fruits
and bread, as well.**

Thank you for reading my comments.

Sincerely,

Sara Petrell

WIC Participant

NOV. 03 2006

P 7636

**Dear Friends at US Department of
Agriculture,**

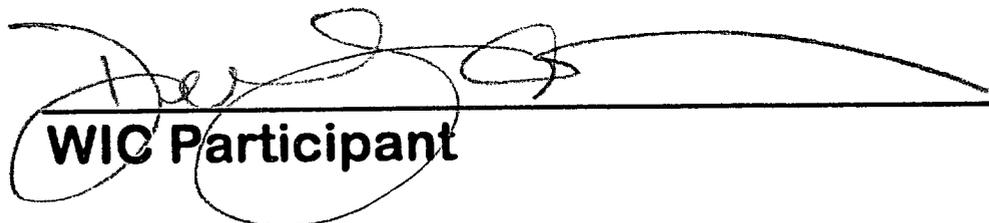
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that I usually dont use
all of the milk eggs & cheese**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2008

P7637

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Adding Soy products
as a choice**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P7638

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

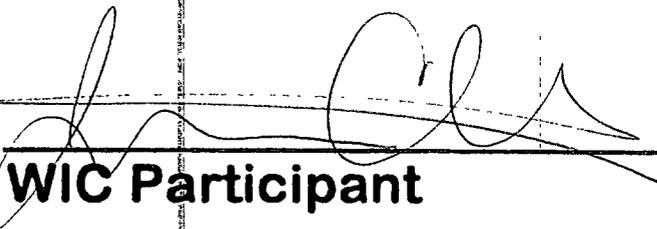
**What I like most about the proposed
changes is** it gives us much more

of variety

Please consider adding yogurt too

Thank you for reading my comments.

Sincerely,



WIC Participant

Jacqueline Clover

NOV 03 2006

P7639

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

*I like to see more
variety included for pregnant
mothers ~~as~~ as for children
Some of the product does not
taste good as the regular ones*

Thank you for reading my comments.

Sincerely,

Anda Claver

WIC Participant

NOV 03 2008

~~P7578~~

P7640

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is whole Grain Cereals
would be great & Fresh Produce**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P7641

**Dear Friends at US Department of
Agriculture,**

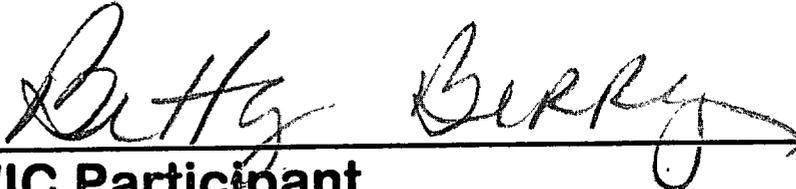
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that you can go
to any store to cash your WIC
coupon.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7642

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I can go to any vendor**

Thank you for reading my comments.

Sincerely,



WIC Participant

p7643

NOV 03 2008

**Dear Friends at US Department of
Agriculture,**

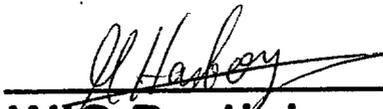
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is fresh fruits, pink salmon
and brown rice**

Thank you for reading my comments.

Sincerely,



WIC Participant

P7644

NOV 03 2008

**Dear Friends at US Department of
Agriculture,**

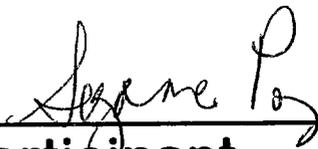
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that it is about time
for a change! Thanks, we need variety.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P 7645

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that is a great idea
and the change will help lots of moms.**

Thank you for reading my comments.

Sincerely,

Julith Maresy

WIC Participant

NOV 03 2006

P7646

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that I will be able
to get the foods I need that
I am not able to get on my
own.**

Thank you for reading my comments.

Sincerely,

Margaret Cabrera
WIC Participant

NOV 0 2 2008

P7647

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the tortillas & fruits.**

Thank you for reading my comments.

Sincerely,



WIC Participant

P 7648

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is how you have
decided to expand your food choices.**

Thank you for reading my comments.

Sincerely,

Anissa Martinez
WIC Participant

P 7649
NOV 6 3 2008

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Every body in my family
will love this program you people are giving us.**

Thank you for reading my comments.

Sincerely,


WIC Participant

P 7650

NOV 03 2008

Dear Friends at US Department of Agriculture,

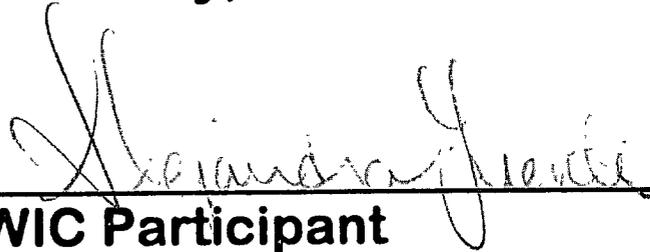
I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is fruits & vegetables, baby food.

Thank you for reading my comments.

Sincerely,



WIC Participant

P7651

NOV 03 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

*In very happy
the way it is now. Best
THANKS you*

Thank you for reading my comments.

Sincerely,

Gracie Delaney

WIC Participant

NOV 03 2008

P7652

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is The fact that we get
fruits and Bread/tortilla.**

Thank you for reading my comments.

Sincerely,

Eileen Dubois

WIC Participant

NOV 03 2008

P7653

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

was I would like
the new packages.

Thank you for reading my comments.

Sincerely,

Vanessa Davis

WIC Participant

NOV 03 2006

RQ1058
P7654

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is less cereal (infant cereal is too much, too),
more varieties (tofu, soy milk, fresh fruit and vegetables)
bread, yogurt**

Thank you for reading my comments.

Sincerely,

Kyomy Sook Joe

WIC Participant

14743 Gardenhill Dr.

La Mirada CA 90638

NOV 03 2006

P 7655

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the any vendor store and
fruits and vegetables thank you very
much for careing**

Thank you for reading my comments.

Sincerely,

Karina Estada

OCT 04. 2006

WIC Participant

NOV 03 2000

P7656

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is grocery is way better and
also any store**

Thank you for reading my comments.

Sincerely,



WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** now we will have actual

food, things that my 1 year old son needs. Before
my husband and I couldn't afford to buy alot of
baby food so we had to buy food every week.

My son don't eat baby food any more, but food like bread, fruit, vegetable
would really help us a lot.

Thank you for reading my comments.

Sincerely,

Christ Boberson
WIC Participant

NOV 09 2008

P7658

**Dear Friends at US Department of
Agriculture,**

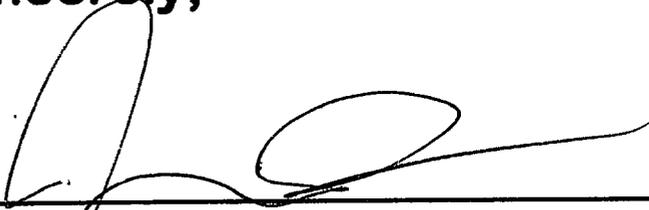
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is New foods**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P7659

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** getting fresh fruit and

vegetables, as well as bread and tortillas.

Thank you for reading my comments.

Sincerely,

Raina Lee

10/04/06

WIC Participant

NOV 02 2006

P 7660

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the bread, the tuna
and the other things that were added**

Thank you for reading my comments.

Sincerely,

Shirley Harris

WIC Participant

NOV 03 2006

P 7661

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is bread, fruits, & tortillas.**

Thank you for reading my comments.

Sincerely,

Lobitha Jaygers

WIC Participant

NOV 03 2006

P 7662

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is healthier foods, all the
extra help is great.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7663

**Dear Friends at US Department of
Agriculture,**

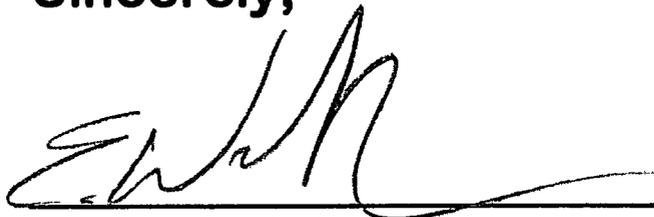
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is THE FRUIT & BABYFOOD**

Thank you for reading my comments.

Sincerely,

A handwritten signature in black ink, appearing to be 'E. W. M.', written over a horizontal line.

WIC Participant

NOV 03 2006

P7664

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

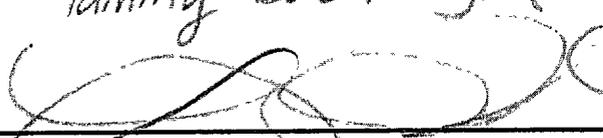
**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

I love the fact that my
daughter will be able to receive fresh fruit &
brown rice

Thank you for reading my comments.

Sincerely,

Tammy Becerra


WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is baby food in jars, fruits
bread and vegetables**

Thank you for reading my comments.

Sincerely,

Mary Lyons
WIC Participant

NOV 03 2006

P 70666

**Dear Friends at US Department of
Agriculture,**

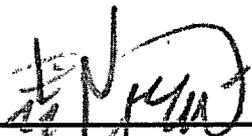
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Fruits, wheat bread and
corn tortilla. Healthy stuff.**

Thank you for reading my comments.

Sincerely,

A handwritten signature in black ink, appearing to be "J. N. [unclear]", written over a horizontal line.

WIC Participant

NOV 03 2006

P 7667

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that will be able
to get bread & Fruits**

Thank you for reading my comments.

Sincerely,

María González

WIC Participant

NOV 03 2005

P7668

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

more variety to get & choose from!

Thank you for reading my comments.

Sincerely,



WIC Participant

P7669

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** fruit & vegetables &

easy food.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P 7670

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is The bread**

Thank you for reading my comments.

Sincerely,

Shanna Lee

WIC Participant

P7671

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is good benefits, better food**

Thank you for reading my comments.

Sincerely,

Glenn McNeil
WIC Participant

P7672

NOV 03 2008

Dear Friends at US Department of Agriculture,

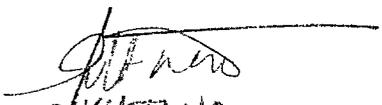
I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is BROWN RICE & ~~VEGETABLES~~ FRUITS

Thank you for reading my comments.

Sincerely,


MARIA CHRISTINA ELBAROUENA

WIC Participant

NOV 03 2006

P7673

**Dear Friends at US Department of
Agriculture,**

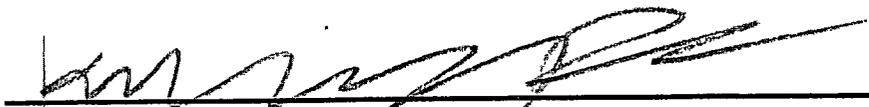
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Soy Milk, more Juice**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

p 7674

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more nutrition**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7675

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** the increase of fruit

and vegetables! The good news about
1% milk!

Thank you for reading my comments.

Sincerely,



WIC Participant

**Dear Friends at US Department of
Agriculture,**

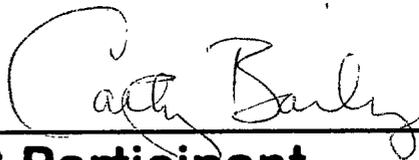
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is IS the baby for
and the breads & tortillas it is
also a big help**

Thank you for reading my comments.

Sincerely,



WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

*Everything and Anything
you guys provide is great help to me and
I'm for it.*

Thank you for reading my comments.

Sincerely, *Stella M. H.*

WIC Participant

NOV 03 2008

P7678

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** ham Yogurt

Thank you for reading my comments.

Sincerely,

Lei Zhang
WIC Participant

NOV 03 2008

P7679

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is substitute the cheese product to
vegetables.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7680

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

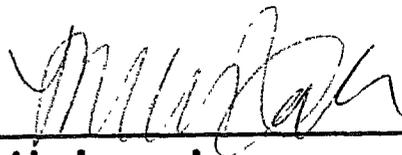
**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

need more milk and yogurt,

Thank you for reading my comments.

Sincerely,



WIC Participant

**Dear Friends at US Department of
Agriculture,**

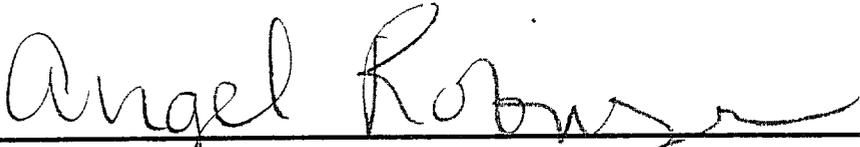
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is food**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

[Handwritten signature]

WIC Participant

419 E 107th St
Los Angeles CA 90013

I really truly love that
fruits & vegetables are great & good
and healthy for you
and your family
and I love to eat them
and I love to see them
in my WIC check
and I love to see them
in my WIC check
and I love to see them
in my WIC check

P7683

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I can cash my check
in every store and city.**

Thank you for reading my comments.

Sincerely,

Blanca Sanchez

WIC Participant

NOV 03 2008

P7684

**Dear Friends at US Department of
Agriculture,**

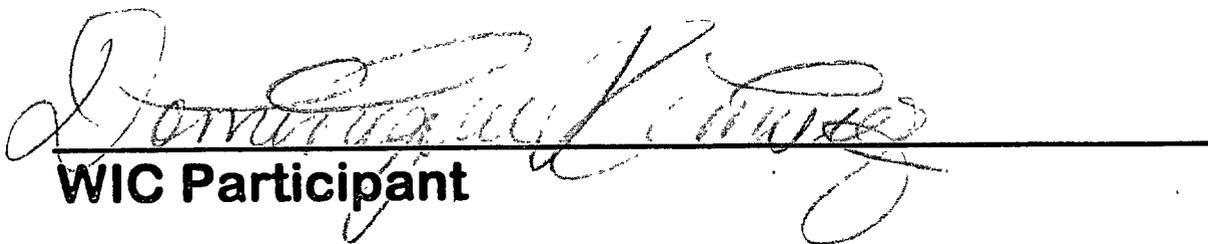
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is That you can use flour
~~coupons~~ ~~any~~ where in California.
coupons &**

Thank you for reading my comments.

Sincerely,


WIC Participant

P 7685

NOV 03 2008

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is The fruits and
the Rice**

Thank you for reading my comments.

Sincerely,

Atomara Ceron

WIC Participant

13725 Via Del Palmar Apt I
Whittier, CA 90602

P7686

NOV 18 2008

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the inclusion of fruits & vegetables
because fruit can be very expensive to buy.**

Thank you for reading my comments.

Sincerely,

[Handwritten signature]

WIC Participant

8120 Elden Ave
Whittier CA 90605

NOV 03 2006

P7687

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is it will be a healthy
diet.**

Thank you for reading my comments.

Sincerely,

Maria Whittier

WIC Participant

6241 Whittier Ave
Whittier, CA 90601

NOV 03 2008

P 7688

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

my child will be getting
fruits and vegetables which will be good for
them.

Thank you for reading my comments.

Sincerely,

Mary Casarez

WIC Participant

NOV 03 2006

P7689

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the variety of foods.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7690

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is excellent idea**

*fruits, vegetables whole grains, & soy
products will help w/ battling
child obesity & improve health overall.*

Thank you for reading my comments.

Sincerely,

Karla Sida

WIC Participant

*7630 Milton Ave, Apt. #2
Whittier CA 90602
(562) 698-1901*

NOV 03 2005

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is to Jars - food

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2015

P7692

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is convince, more choices**

Thank you for reading my comments.

Sincerely,

Valerie Walker

WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more variety and
nutrition for my kids.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is _____**

_____ good nutrition _____

Thank you for reading my comments.

Sincerely,

Claudia Escobedo

WIC Participant

NOV 02 2015

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is fruits & vegetables,
breads**

Thank you for reading my comments.

Sincerely,

**Sylwia Rafal
WIC Participant**

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

fruits, vegetables, and rice
tortillas because my son can eat healthier foods
instead of drinking juice & just

Thank you for reading my comments.

Sincerely,

Alma Pantoja

WIC Participant

P7697

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more food for my
family.**

Thank you for reading my comments.

Sincerely,

Rachel Briseno
WIC Participant

NOV 9 3 2005

P 7698

**Dear Friends at US Department of
Agriculture,**

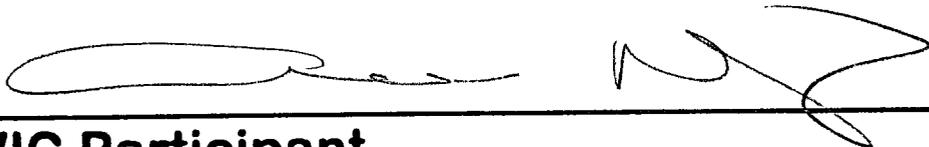
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more-healthy variety of
foods.**

Thank you for reading my comments.

Sincerely,



WIC Participant

P7699

NOV 03 2007

**Dear Friends at US Department of
Agriculture,**

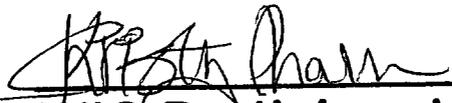
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is we can use our WIC
checks at any participating store.**

Thank you for reading my comments.

Sincerely,



WIC Participant

10-04-06

NOV 9 2009

Dear Friends at US Department of Agriculture,

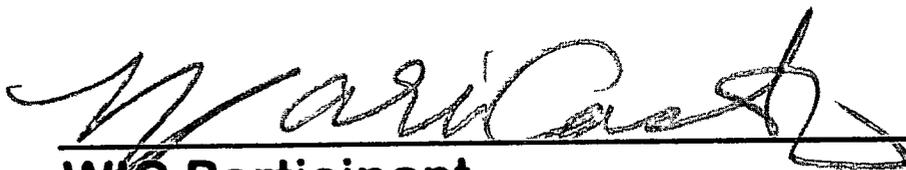
I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

**What I like most about the proposed changes is more Veggies
Wheat Bread and Different
Choices of food**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 08 2005

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

**What I like most about the proposed changes is the variety of
fruits.**

Thank you for reading my comments.

Sincerely,

Melinda Belia 
WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the tofu and
veggies**

Thank you for reading my comments.

Sincerely,

Shela Van Slyke - Shela Van Slyke
WIC Participant

NOV 03 2008

P7703

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is fruits and vegetables
whole grain breads & cereals.**

Thank you for reading my comments.

Sincerely,

Michelle Hoves

WIC Participant

P7704

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

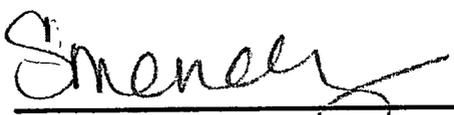
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Complete Healthy Diet
well balanced**

Thank you for reading my comments.

Sincerely,



WIC Participant

P7705

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is it will be a great help
and kids will eat more fruits.**

Thank you for reading my comments.

Sincerely,

Veronica France

WIC Participant

P 7706

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the addition of
fruits and veggies and the ability to
cash wic checks at any wic stores**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7707

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Well I think that
it is good to add more food.**

Thank you for reading my comments.

Sincerely,

Latrice Bell

WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

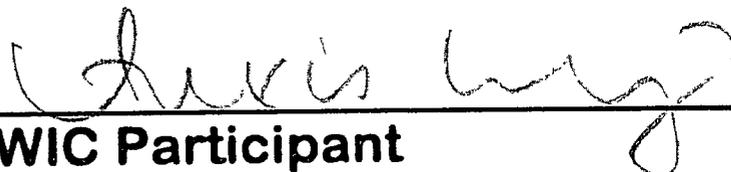
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the variety of
foods & fresh fruits.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the healthy
growth of our children.**

Thank you for reading my comments.

Sincerely,

Bruno E. Franco Aldin
WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I'm very happy about
thanks for the change.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more ~~more~~ choices based on
the five years in the program to give the children
choices as they grow!**

Thank you for reading my comments.

Sincerely,

Ruth Ramsey

WIC Participant

NOV 03 2005

**Dear Friends at US Department of
Agriculture,**

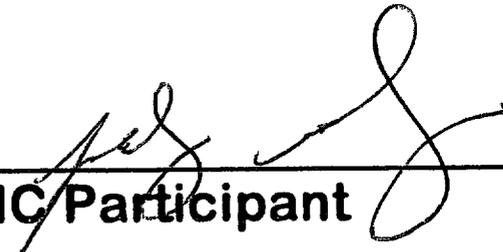
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is no restrictions on stores**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 08 2013

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is vegetables, baby food,
Bread, Tortillas.**

Thank you for reading my comments.

Sincerely,

Janetla Gonzalez

WIC Participant

Dear Friends at US Department of
Agriculture,

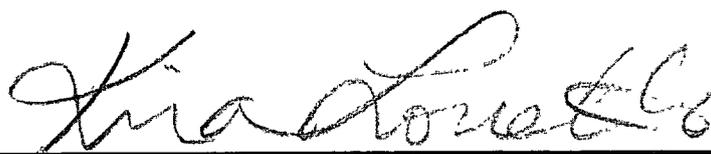
I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.

What I like most about the proposed
changes is a new variety of
foods, something different but still healthy.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

variety's of food that are healthy for my family

Thank you for reading my comments.

Sincerely,

Mayra Mendez

WIC Participant

*Mayra Mendez
4844 W. 134th st
Hawthorne CA, 90250*

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

it is much healthier and will make it easier to keep my family healthy.
is a great idea!

Thank you for reading my comments.

Sincerely,

Khystic Lemcke

WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is ~~that~~ is it a good
idea**

Thank you for reading my comments.

Sincerely,

Nancy Bantles / 3352 W. 118 St
WIC Participant Inglewood ca 90303

NOV 03 2006

P7718

**Dear Friends at US Department of
Agriculture,**

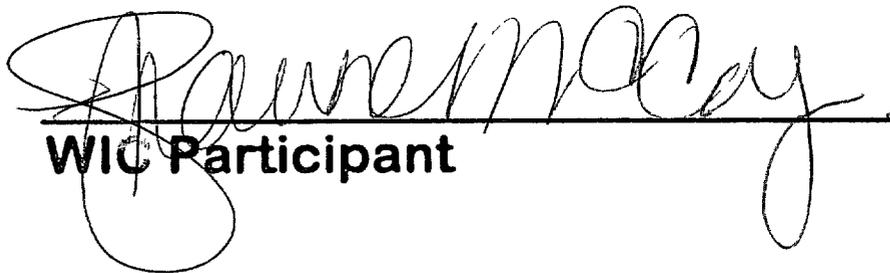
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that it allows us
to insure great health for children**

Thank you for reading my comments.

Sincerely,



WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that I'm going to have
more nutrition for my babies.
Thank you!**

Thank you for reading my comments.

Sincerely,

Angelina Villanera

WIC Participant

*3603 Willow Pl
Inglewood, CA 90303*

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is _____**

Thank you for reading my comments.

Sincerely,

WIC Participant

NOV 03 2006

P7721

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the food will be
healthy!**

Thank you for reading my comments.

Sincerely,

Daniel Ayala!
WIC Participant

NOV 03 2006

P7722

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the food will be
healthier**

Thank you for reading my comments.

Sincerely,

Monique Ramirez
WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I like its change**

Thank you for reading my comments.

Sincerely,

HOTINA

WIC Participant

NOV 03 2006

P7724

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more fruits and vegetables
available at more locations**

Thank you for reading my comments.

Sincerely,

Nedra Hennrich

WIC Participant

NOV 03 2006

P 7725

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is, the different kinds of
choices we will have in purchasing
different fruits and vegetables**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

P 7726

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

*the fruits & the juice. I have a ~~fruit~~
juicer at home and it helps to have fruits & vegetables for
breakfast. I enjoy the carrots that come with the coupons/checks.
I make carrot juice with apples. Thank you.*

Thank you for reading my comments.

Sincerely,

Carina Abascal

WIC Participant

NOV 03 2006

P7727

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

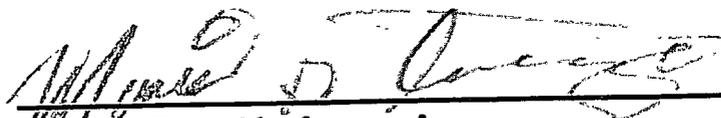
**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is wheat all the things**

that contain wheat because is more Health

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P7728

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Bread or fruit**

Thank you for reading my comments.

Sincerely,

Manuela Curran

WIC Participant

NOV 03 2006

P 7729

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is fruits / fruits cups**

~~UNADMITTED~~ puddings

Thank you for reading my comments.

Sincerely,

Wendy

WIC Participant

NOV 03 2006

P 7730

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

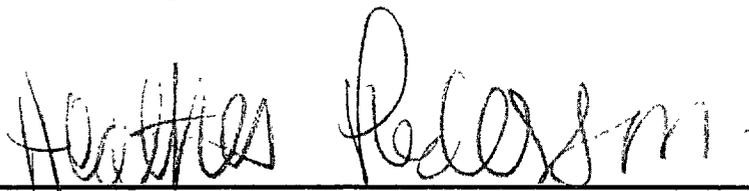
**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that there are offering**

**more of a variety of foods that
my child can get used to eating.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7731

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

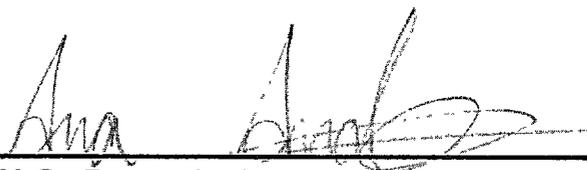
**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

different items like
bread, fruit, vegetables.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7132

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is _____**

Thank you for reading my comments.

Sincerely,



WIC Participant

Adding Fruits & Vegetables would be
great without the removal of
any other food that is currently provided. We should
be given the choice to select milk OR vegetables.
Thank you.

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

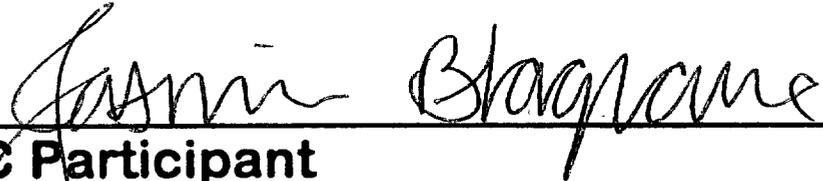
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is fruits & vegetables &
soy for those that are lactose tolerant.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2005

P7734

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is The variety**

Thank you for reading my comments.

Sincerely,

Alegras Jerning

WIC Participant

NOV 03 2005

P 7735

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is whole grain cereals**

Thank you for reading my comments.

Sincerely,

Griselda Medina

WIC Participant

NOV 05 2008

P7736

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is baby Food / Vegetables coupons**

Thank you for reading my comments.

Sincerely,

Devonda mclton

WIC Participant

NOV 03 2011

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is fruits & vegetables & whole wheat bread.

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

P7738

**Dear Friends at US Department of
Agriculture,**

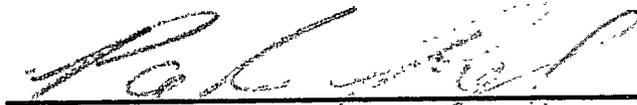
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is everything I wish
you did it ready.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P 7739

**Dear Friends at US Department of
Agriculture,**

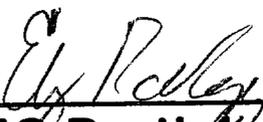
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Dairy Substitutions
Variety of Fruits & Veg.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2003

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the brown rice and
oatmeal**

Thank you for reading my comments.

Sincerely,

Crystal Strand
WIC Participant

NOV 03 2008

P7741

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is The help with baby
food**

Thank you for reading my comments.

Sincerely,

W. 1347 W 68th LA CA 90044
WIC Participant

NOV 03 2006

p 7742

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is to be able to bring
new items to WIC.**

Thank you for reading my comments.

Sincerely,

Daisy Palenzuela

WIC Participant

p 7743

OCT 31 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the addition of fruits & vegetables and
milk to it.

What I like least about the proposed changes is

the milk because my family
drinks it all the time already.

Thank you for reading my comments.

Sincerely,

Suzanne Hernandez
WIC Participant

Riverside County, California

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the changes I like is that there will be more vegetables and fruits included.

What I like least about the proposed changes is

they take too long in approving it.

Thank you for reading my comments.

Sincerely,

Juanita Martinez
WIC Participant

Riverside County, California

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

added fruits + vegetables + added Bread

_____.

What I like least about the proposed changes is

The milk after 2 no choice to getting whole milk
and lowering cheese + eggs

_____.

Thank you for reading my comments.

Sincerely,

Chris Beberick

WIC Participant

Riverside County, California

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The fact that I can get fresh fruits & vegetables.

What I like least about the proposed changes is

I'm getting less cheese & juice

Thank you for reading my comments.

Sincerely,

[Handwritten Signature]
WIC Participant

Riverside County, California

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Fruits & vegetables, bread

What I like least about the proposed changes is

Low milk & eggs

Thank you for reading my comments.

Sincerely,

WIC Participant

Riverside County, California

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

adding veggies to the program
and whole grains.

What I like least about the proposed changes is

Less nutritional info for pregnant women

Thank you for reading my comments.

Sincerely,

Jessica Sanchez

WIC Participant

Riverside County, California

p 7749

OCT 31 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The choice of bread and fruits and vegetables

What I like least about the proposed changes is

less milk and cheese

Thank you for reading my comments.

Sincerely,

Carissa Ross Day

WIC Participant

Riverside County, California

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like that it is a good idea for our family.

What I like least about the proposed changes is

The changes some are going to be difficult to get use to for parent of child.

Thank you for reading my comments.

Sincerely,

Gabriela Martinez
WIC Participant

Riverside County, California