

P-601

NOV 06 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments Great To be Need
Help in buying baby foods, fruits
and veg with whole grain bread Rice
Thank you for reading my comments.

Sincerely,

Name: Ashley Miller

Address: 23 (W) Livingston

City: Boston

State: MA



P-602

NOV - 9 2005

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: This will benefit the child
plus if the child has allergies for food also
good for parent who can't afford these items.
Thank you for reading my comments.

Sincerely,

Name: Clara Raymond

Address: 133 Darling St.

City: Indian Orchard

State: MA



P-603

NOV 06 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: yoqurt would be
Good

Thank you for reading my comments.

Sincerely,

Name: Marabeth May

Address: 10 Menarch St

City: Brockton

State: MA



P-604

NOV 06 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I think bread would
be very helpful, thank you for your
support.
Thank you for reading my comments.

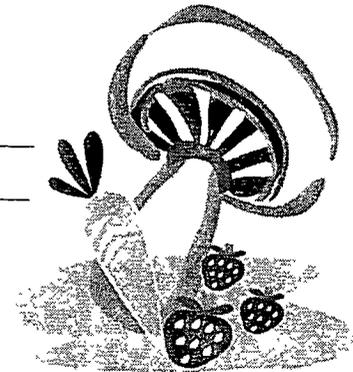
Sincerely,

Name: Aleisina Stone

Address: 160 Lynn Rd

City: Brockton

State: Ma.



P-605

NOV 06 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: YOGURT, baby food

Thank you for reading my comments.

Sincerely,

Name: Christal Farnham

Address: 201 Turner St

City: East River

State: MA



P-606

NOV 06 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Baby jars fruits/
Veg- would be a good idea

Thank you for reading my comments.

Sincerely,

Name: Kelly Machado

Address: 179 Plain St

City: Fall River, Ma 02723

State: Ma



P-607

NOV 06 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: It also helps the families who struggle financially + can't always buy baby foods.

Thank you for reading my comments.

Sincerely,

Name: Margilette Rivera

Address: 561 4th St Apt 35

City: Fall River, MA 02721

State: MA



P-608

NOV 06 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Soy milk (Collingie Babis)

Thank you for reading my comments.

Sincerely,

Name: Stephany Androca

Address: 21A Tremont St

City: Fall River

State: MA



P-609

NOV 06 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: bread - whole wheat

Thank you for reading my comments.

Sincerely

Name: Robin Holler

Address: 17 School St

City: Norwell

State: MA



P-610

NOV 06 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: yogurt, bread

Thank you for reading my comments.

Sincerely,

Name: Mary Beers

Address: 22 Powers Ln

City: Hingham

State: MA



P-611

NOV 26 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Yogurt, bread
on program would be great

Thank you for reading my comments.

Sincerely,

Name: Tracy Watt

Address: 89 Franklin Street

City: Whitman

State: MA



P-612

NOV 19 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Soy milk & rice milk & organic milk are the best. Let's give our children the best

Thank you for reading my comments.

Sincerely,

Name: SANDRA UKAVU

Address: 21 Poplar Street

City: Chicopee, 01013

State: MA



P-613

NOV 10 2008

Dear Friends at the U.S. Department of Agriculture,

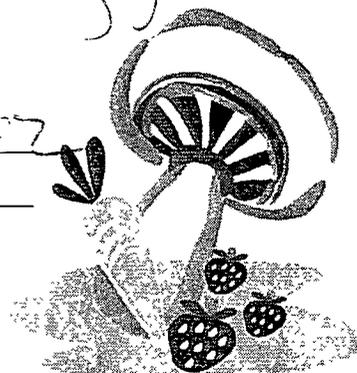
I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I think rice and vegetables are very good for

Thank you for reading my comments.

Sincerely,

Name: Lizette Lopez
Address: 107 E. 1st St
City: Chicago
State: IL 60601



P-614

NOV 19 2009

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I think colorful fruits & vegetables would be great but kids don't eat cereal.

Thank you for reading my comments.

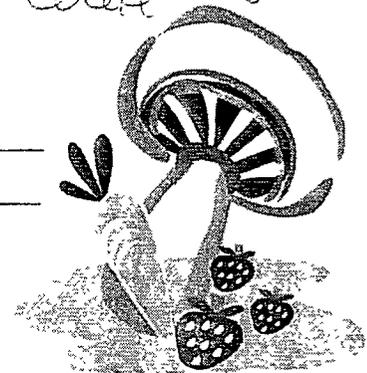
Sincerely,

Name: Amy Woodruff

Address: 323 Dupont St

City: Dedina Hills

State: MA 01030



P-615

NOV 10 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Bread would be very helpful. Thank you for the WIC

Thank you for reading my comments.

Sincerely,

Name: Catherine Campbell

Address: 144 Sanderson St

City: Spvt 101107

State: Ma



P-616

NOV 19 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I would like say
milk + fruit w/ protein also.

Thank you for reading my comments. natural sweet potato
NO SUGAR

Sincerely,

Name: Amie Aronson

Address: 28 Western Ave

City: Northfield

State: MA



P- 617

NOV 03 2018

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: My son is allergic to wheat & dairy. I hope you approve rice milk, soy cheese, and, tofu.

Thank you for reading my comments.

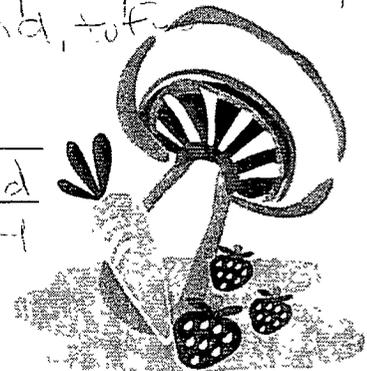
Sincerely,

Name: Loren Verrill

Address: 28751. b house Rd

City: Tolland MA 01034

State: MA



P-618

NOV 03 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: the changes would be a great addition to the program - I would

Thank you for reading my comments. also love to see

Sincerely,

Name: hendra C'hane

Address: 4600 Striker Road

City: Westfield

State: MA



9-6/9 OCT 31 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables and whole grain cereals** for my family.

Additional Comments: Baby foods (jars)

Thank you for reading my comments.

Sincerely,

Name: Lizbeth Latorre

Address: 16 Break St Unit 11

City: Worcester

State: MA



P-620

NOV - 3 2006

WIC FOOD PACKAGES

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: add soy milk

Thank you for reading my comments.

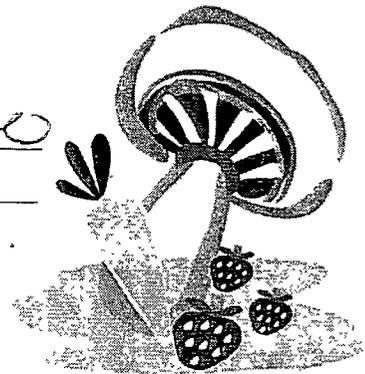
Sincerely,

Name: Martha Galvae

Address: 10 Lowell St

City: N. Billerica, Ma.

State: 018102



P-621

4009 - 1 2005
Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Please add soy milk alongside cows milk for children that need it.
Thank you for reading my comments.

Sincerely,

Name: Lynka Williams
Address: P.O. Box 1021
City: S. Lancaster 01561
State: MA



P-622

NOV - 8 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: add cereals with
SUGAR

Thank you for reading my comments.

Sincerely,

Name: Eileen J. Rivera

Address: 30 Debra Dr 1B

City: CHICAGO

State: IL 60620



P-623

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I think that what

is find the way that they are.

Thank you for reading my comments.

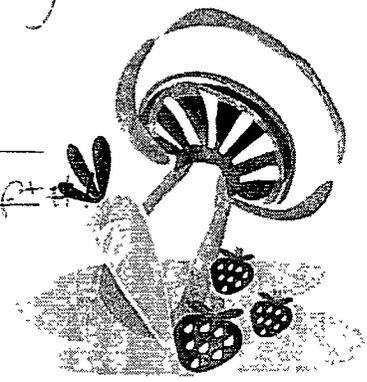
Sincerely,

Name: Jocelyn Hance

Address: 27 Madison Ave Apt 4

City: Dorchester

State: Ma 02121



P-624

NOV 06 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family. *foods*

Additional Comments: *Keep WIC products but add fruits to package*

Thank you for reading my comments.

Sincerely,

Name: *Tippina Williams*

Address: *75 Skating courts*

City: *Brentwood*

State: *LA*



P-625

NOV 02 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I Think it would
great Its healthy For the Families

Thank you for reading my comments.

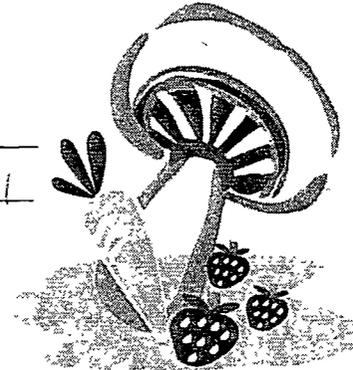
Sincerely,

Name: Debbie Braw

Address: 39 ma. NST PO Box 281

City: So Barre

State: MA.



P-626

NOV - 8 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Please help us
live well and keep healthy

Thank you for reading my comments.

Sincerely,

Name: Jenny Morris

Address: 93 Seneca St

City: Lowell

State: MA



P-627

NOV 02 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: feel more
fruits + vegetables would be better

Thank you for reading my comments.

Sincerely,

Name: Shauna Martelle

Address: 18 Melrose St

City: Fitchburg

State: MA



P-628

NOV 06 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I think fruits should be on the list because kids love it.

Thank you for reading my comments.

Sincerely,

Name: Blenda Bean

Address: 33 W. Bow St. #1

City: Milford

State: MA 01757



P-629

NOV 06 2006

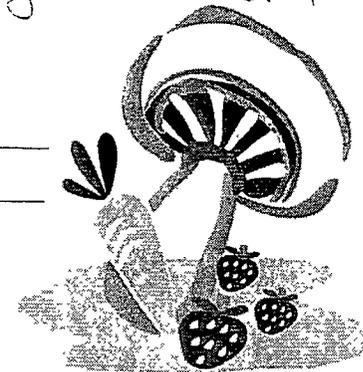
Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I have been recommended this since my kids have been on WIC. It would encourage healthier eating & ↓ chances of obesity in our children.
Thank you for reading my comments.

Sincerely,

Name: Stacy Tracy
Address: 23 Allen Rd
City: Bethertown
State: MA 007



P-630

NOV 9 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I think that's a great idea. It helps to get a balanced diet.
Thank you for reading my comments.

Sincerely,

Name: Christy Boucher

Address: 41 WEST ST IR

City: WAR

State: MA 01833



P-631

NOV 02 2000

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: This program helps our family
live much in an easier & healthier way. It's a necessity.

Thank you for reading my comments.

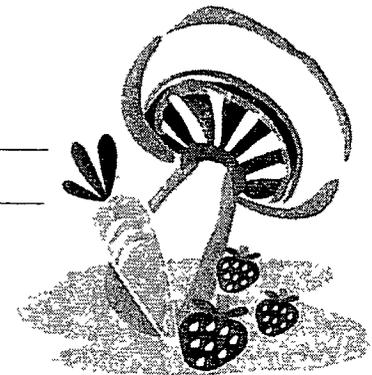
Sincerely,

Name: Kristin Marie Deulin

Address: 54 Brampton Road

City: Mableton

State: GA 30145



P- 632

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I think is a great idea
because not everyone has the budget to buy healthy food

Thank you for reading my comments.

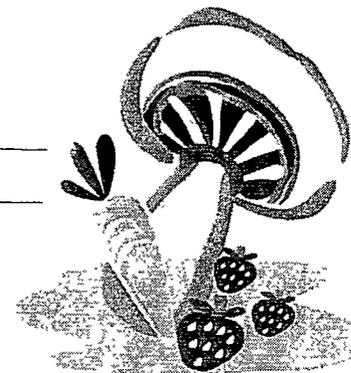
Sincerely,

Name: Beritca Medrano

Address: 411 Russias St # 300

City: Roxbury

State: MA



P-633

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: fruits and vegetables
are very expensive; I hope you're able to
provide them

Thank you for reading my comments.

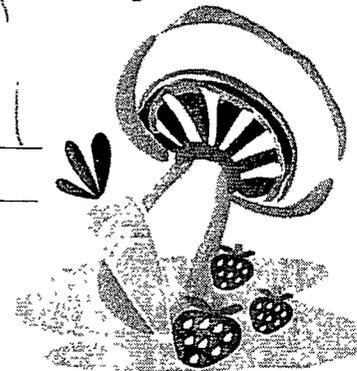
Sincerely,

Name: Stephanie Pimentel

Address: 20 Lawrence St

City: Roslindale

State: MA



P-634 NOV - 3 2015

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Fruits & vegetables are so expensive this would be great.

Thank you for reading my comments.

Sincerely,

Name: Jennifer DiNapoli

Address: 47 Carter Dr. P.O. Box 380

City: Carter

State: MA



P-635

NOV 06 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: What took you so long. I'll be able to offer

Thank you for reading my comments. To my children

Sincerely,

Name: Mrs Helen Brown

Address: 28 Oakwood St

City: Dorchester

State: MA 02124



p. 636 NOV - 3 2019

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: adding these other items
including whole fruits

Thank you for reading my comments.

Sincerely,

Name: Antonia Lang
Address: 723 Barbara Rd
City: Randolph
State: ME



P-637

NOV - 5 2005

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: healthy eating habits are
essential to healthy living.

Thank you for reading my comments.

Sincerely,

Name: Elizabeth Cruz

Address: 170 Blackmer Street

City: New Bedford

State: MA



P-638

NOV - 3 2013

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: it should include bread & veg.

Thank you for reading my comments.

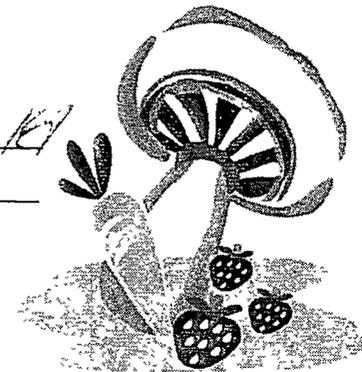
Sincerely,

Name: ALISA NICHOLE RYAN

Address: 37 EAST ST #111

City: MILANFIELD

State: PA



P-639

NOV - 3 2007

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Better Foods For
Children Included

Thank you for reading my comments.

Sincerely,

Name: Sharon Ortiz

Address: 37 Lucerne St.

City: Newton

State: MA.



P-640 NOV - 3 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: this would be a great and more healthier way for the baby & kids

Thank you for reading my comments.

Sincerely,

Name: Elinabeth Brown

Address: 8 castle green Apt 3

City: Marshfield MA,

State: 02050



P-641

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: this would encourage
healthier eating I believe

Thank you for reading my comments.

Sincerely,

Name: Lisa Flaherty

Address: 73 Pine St

City: Florence

State: MA



P-642

Dear Friends at the U.S. Department of Agriculture,

NOV 03 2006

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: We need this for our kids to be more healthy and they will eat better

Thank you for reading my comments.

Sincerely,

Name: Susan Stewart

Address: 91 Ames St. Box C-347

City: Dorchester, MA. 02124

State: MASS



P. 643

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Great Source of Nutrition

Thank you for reading my comments.

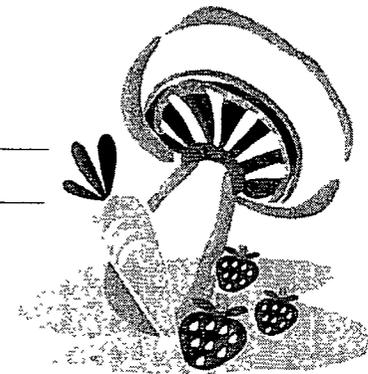
Sincerely,

Name: Esmie Edwards

Address: 53 Baldine Rd

City: Hyde Park

State: MA



P-644

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: vegetables are very healthy but it can get expensive so some help with these items come in handy.
Thank you for reading my comments.

Sincerely,

Name: Amelisa Thompson

Address: 471 Dudley St

City: Roxbury, MA

State: MA



P-645

NOV 03 2006

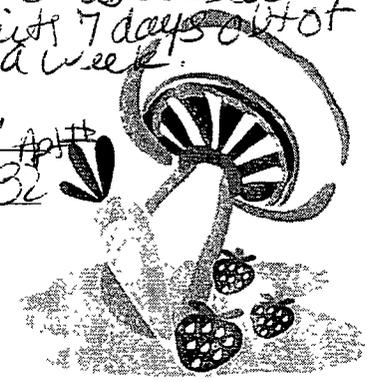
Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: As a WIC recipient
it would really help me to get fruits
added to WIC for my children and I eat
Thank you for reading my comments. fruits 7 days out of
a week.

Sincerely,

Name: Jashuama Cordova Apt#
Address: 141 Standard Street 132
City: Natapan
State: MA



P-646

NOV 03 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: because it will help
with the nutritional growth of the baby.

Thank you for reading my comments.

Sincerely,

Name: Doreen Kudawo's

Address: 114 Edgemere Rd #

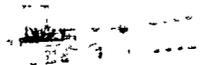
City: W. Roxbury

State: MA



P-647

NOV 03 2006



Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Because fruit and vegetables are more healthy for the whole family

Thank you for reading my comments.

Sincerely,

Name: Maria Y. Ayala

Address: 55 Brookledge St Apt#1

City: Dorchester

State: mas



P-648

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Heather eating habits.

Thank you for reading my comments.

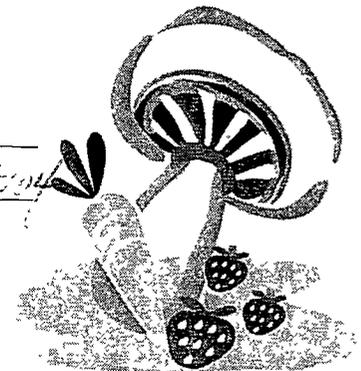
Sincerely,

Name: Luisa Parra

Address: 801 Terrant Street

City: Boston

State: MA.



P-649

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: It will be a good way to have people eat healthier!

Thank you for reading my comments.

Sincerely,

Name: Ana Perez

Address: 58 Horan Way #307

City: Jamaica Plain

State: MA



P-650

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: please help our children to grow healthy

Thank you for reading my comments.

Sincerely,

Name: Maia V. Nunes

Address: 348 High St

City: N. Attleboro, MA

State: MA



P-651

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: less fruits for
child

Thank you for reading my comments.

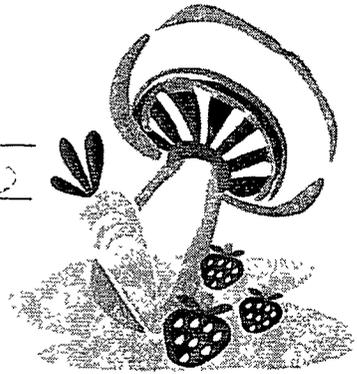
Sincerely,

Name: Tricia Doe

Address: 101 Columbia Ave

City: Wichita -

State: KS



P- 652

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: It will be great for
the nutrition of families

Thank you for reading my comments.

Sincerely,

Name: Patricia Martinez

Address: 5304 Washington St NE

City: Issaquah WA

State: WA



P-653

NOV 9 3 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: They should provide it to everyone

Thank you for reading my comments.

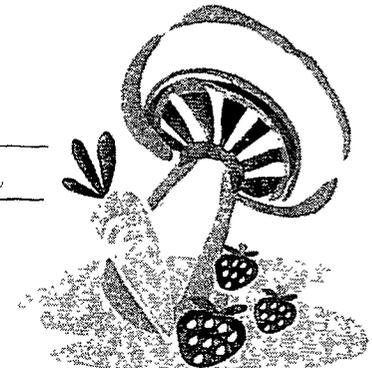
Sincerely,

Name: Serrana Bisco

Address: 330 Gwynn Ave

City: Edison in NJ

State: NJ



P-654

NOV 03 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: SO THAT MY CHILDREN
WILL LEARN TO EAT HEALTHY

Thank you for reading my comments.

Sincerely,

Name: MULTIMA MONROE

Address: 9 ROCKVILLE PK

City: BOSTON MA.

State: MA.



P- 655

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Research Evidence base practice has it that fruits, vegetables and whole grains are the best source of food.
Thank you for reading my comments.

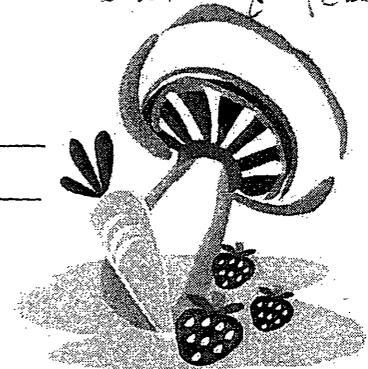
Sincerely,

Name: Rotun Sam

Address: 47 Stanam St.

City: Quincy Unit 3

State: MA



P- 656

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I believe in whole grains and "real" food. None of the junk for myself and my child. So thank you for your efforts.
Thank you for reading my comments.

Sincerely,

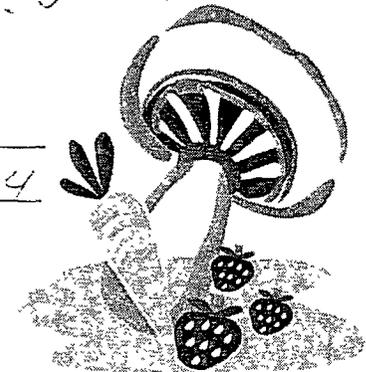
Name: Thacka Joseph

Address: 15 Midsona St. Apt 4

City: Dorchester ~~MA~~

State: MA

01921
Docket ID 0584-AD77, WIC Food Packages Rule



P-657

NOV 08 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Keeps our children healthy (fruits are very expensive)

Thank you for reading my comments.

Sincerely,

Name: Vaiava Delacruz

Address: 290 Ruqales St #2020

City: ROXBURY

State: MA



P-658

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I would hope you can change the wic foods to better my daughters

Thank you for reading my comments.

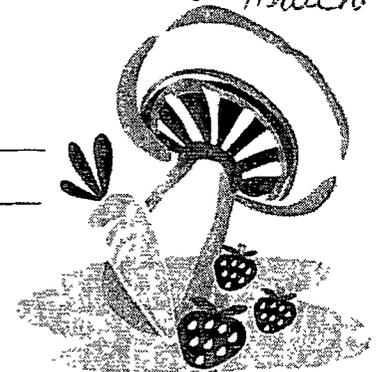
Sincerely,

Name: Jacqueline Lopez

Address: 50 Harbor pt #105

City: Dorchester

State: MA



P-659

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I'm a parent who has a baby on son milk and I support the change in package
Thank you for reading my comments.

Sincerely,

Name: Tonya H. [unclear]

Address: 15 Southfield St.

City: Dorchester MA

State: MA 02125



P-660

Dear Friends at the U.S. Department of Agriculture,

NOV 12 2008

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I hope the proposal goes so we can offer healthier choices -

Thank you for reading my comments.

Sincerely,

Name: Magalia Solizano

Address: 1014 Tyanoqu Rd

City: Hyannis

State: MA



P-661

Dear Friends at the U.S. Department of Agriculture,

NOV 03 2006

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: The change will help many people provide good

Thank you for reading my comments. development

Sincerely,

Name: Jennifer Vialiotti

Address: 71 Sunset Strip

City: Mashpee

State: MA 02649



P-662

NOV 9 3 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Fresh fruits are important to a healthy diet but quite expensive.

Thank you for reading my comments.

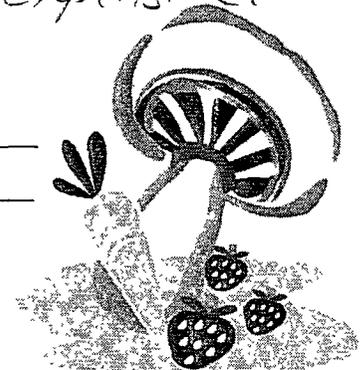
Sincerely,

Name: Deanne Adams

Address: 636 Pitchers Way

City: Hyannis

State: MA



P-663

NOV 03 2005

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I THINK IT IS IMPERATIVE
THESE NUTRITIOUS ITEMS BE ADDED

Thank you for reading my comments.

Sincerely,

Name: E VON DER SCHMIDT

Address: PO BOX 412

City: S. WAREHOUSA

State: MA



P-664

Dear Friends at the U.S. Department of Agriculture,

NOV 13 2008

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: fruits and veggies are necessary and expensive

Thank you for reading my comments.

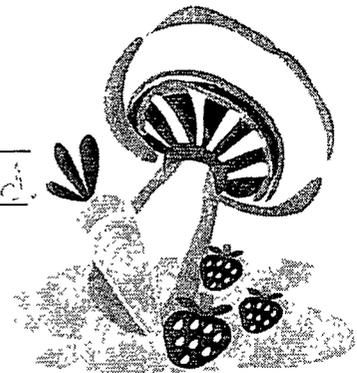
Sincerely,

Name: Connie Freire

Address: 1851 Fairmount Rd.

City: Centerville

State: MA



P-665

Dear Friends at the U.S. Department of Agriculture,

NOV 3 2006

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: The more the better
Sometimes people can't afford fruits + veggies
WIC helps alot.
Thank you for reading my comments.

Sincerely,

Name: Lorie Krochel

Address: 240 Mitchells Way

City: Huannis

State: MA



Dear Friends at US Department of Agriculture,

NOV 03 2006

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide fruits, vegetables and whole grain cereals for my family.

Additional Comments: I Hope that more parents are happy to give better food.

Thank you for reading my comments.

Sincerely,

Name Jennifer Vigliotti

Address 71 Sunset Strip

City Mashpee

State MA 02649

P-lelele

Docket ID 0584-AD77, WIC Food Packages Rule

Dear Friends at US Department of Agriculture, NOV 03 2006

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide fruits, vegetables and whole grain cereals for my family.

Additional Comments: This new type of food will help my child to grow healthier

Thank you for reading my comments.
Sincerely,

Name Laura Sousa

Address 24 Betty's Bend Rd

City Hyannis

State MA

P-667

Docket ID 0584-AD77, WIC Food Packages Rule

P-6668

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Well-balanced meals would be great! Thank you!

Thank you for reading my comments.

Sincerely,

Name: Vince Ivy

Address: 6 Crosby St.

City: Great Barrington

State: MA



P- 669

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I would enjoy better foods than what I'm getting.

Thank you for reading my comments.

Sincerely,

Name: Kamila Silva

Address: 49 mechanic st

City: marlboro

State: ma



P-670

NOV 06 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Healthy food about
time.

Thank you for reading my comments.

Sincerely,

Name: Mr. David Byrd
Address: 215 Calender St
City: Dorchester
State: MA 02124



Docket ID 0584-AD77, WIC Food Packages Rule

P-671

NOV 3 5 2010

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: It would really help to make children healthier.

Thank you for reading my comments.

Sincerely,

Name: Roxanne Hooding

Address: 56 Watson St apt 2

City: Martinez

State: Ma.



P- 672

2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: This would help make more balanced meals

Thank you for reading my comments.

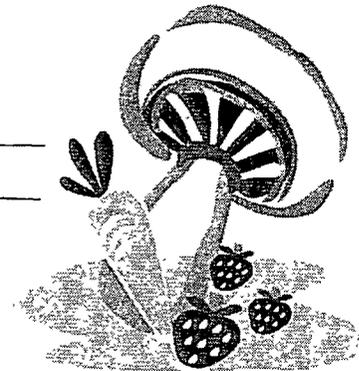
Sincerely,

Name: Rose Harris

Address: 176 South St

City: Fitchburg

State: MA



P. 673

NOV 05 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: It's good for babies
Health

Thank you for reading my comments.

Sincerely,

Name: Jennifer Lopez

Address: 57 Annunciation Rd

City: Rosbury

State: MA



P-1074

NOV 06 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Essential changes for Better Health. About time!

Thank you for reading my comments.

Sincerely,

Name: Rhonda Jackson

Address: 130 Faraday St.

City: Hyde Park 02136

State: MA



P-675

NOV 06 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: This is a very good idea and
is really healthy for my family

Thank you for reading my comments.

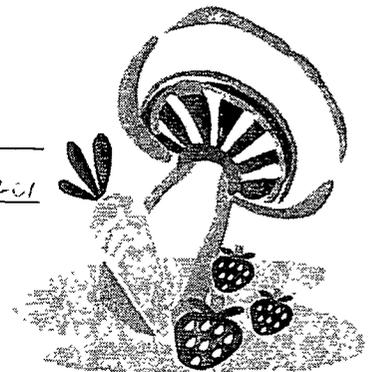
Sincerely,

Name: Elizabeth De Leon

Address: 42 Harrison Archway, #4201

City: Boston

State: MA 02114



P-676

NOV 06 2000

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I think it good because
it gives us better nutrition for our family

Thank you for reading my comments.

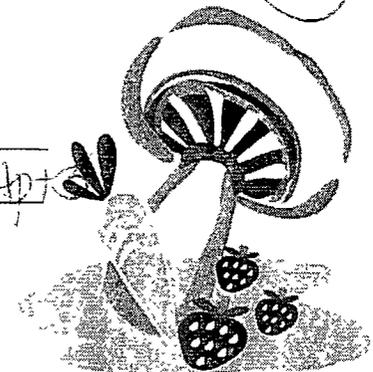
Sincerely,

Name: Whispermanie Cator

Address: 1216 Greenwood St Apt 5

City: Boston

State: Ma



P-677

NOV 06 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: they are very good
for you but very expensive

Thank you for reading my comments.

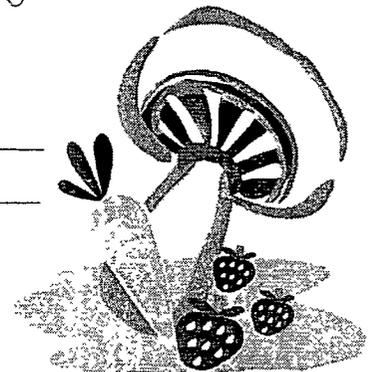
Sincerely,

Name: Jennifer Guweia

Address: 2 Hemlock Rd

City: Holbrook

State: MA



P-678

NOV 6 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I Think It's A Great Idea for the Children to Eat

Thank you for reading my comments. Healthy.

Sincerely,

Name: Michelle Ash

Address: 94 Walnut St Apts

City: Abington

State: Ma 02357



P-679

NOV 06 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: It would be a big blessing to have the extra help my husband works some job & we have 3 kids on a low income

Thank you for reading my comments.

Sincerely,

Name: Tylisha Espino
Address: 314 Mulberry Street
City: Fall River #2
State: MA



P-680

NOV 10 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Sometimes eating healthy can get expensive. Any help would be great!

Thank you for reading my comments.

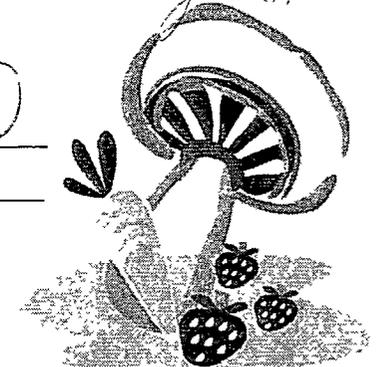
Sincerely,

Name: Joanette M. Smith

Address: 119 State St Apt. 7

City: Andover

State: MA



P-681

NOV 03 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Fruits, vegetables & whole grains
are important & are a daily staple in Williams' diet

Thank you for reading my comments.

Sincerely,

Name: Erica Panchanheal

Address: 100 Laundale St.

City: Chicopee

State: MA



P-682

Dear Friends at the U.S. Department of Agriculture, ^{NOV 03 2006}

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: Please Pass gives
Children more nutrition they need to
be healthier and energetic

Thank you for reading my comments.

Sincerely,

Name: Kira Pope

Address: 72 Walnut St.

City: Chic.

State: Ma.



P-683

NOV 13 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: It will encourage a healthy
lifestyle. - It's about time

Thank you for reading my comments.

Sincerely,

Name: Ada K. Cousman
Address: 24 Prospect St
City: Westfield 01085
State: MA



P- 684

NOV 12 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: This is a fantastic change. So much healthier!

Thank you for reading my comments.

Sincerely,

Name: Jacqueline Jones

Address: 9 Liberty St.

City: HOLYOKE

State: MA



P-685

NOV 3, 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: yes it will help out
with my daughters ~~food~~ choices

Thank you for reading my comments.

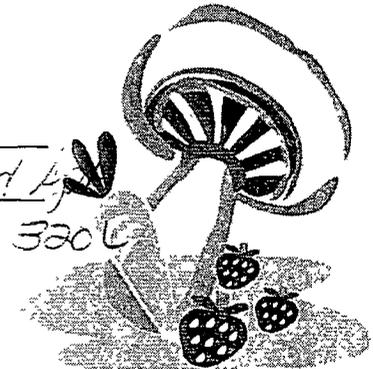
Sincerely,

Name: Cara Gabriel

Address: 185 New Lindwood Ave

City: Chicago

State: Ill 60620



P- 686

NOV 03 2008

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: *Having certain diseases in my family I want to make sure my grand daughter eats healthy and gets a variety*
Thank you for reading my comments.

Sincerely,

Name: Melody Byrne
Address: 63 Dwight St
City: Chicopee
State: MA



P-687

NOV 13 2009

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I think the changes would have a positive outcome + provide better nutrition

Thank you for reading my comments. for our families Nationwide.

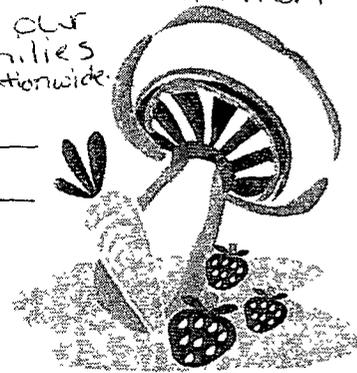
Sincerely,

Name: Jeanne Dulong

Address: 44 8th Ave

City: Uxbridge

State: MA



P-688

NOV 03 2006

Dear Friends at the U.S. Department of Agriculture,

I am writing to tell you that I support the proposal to change the WIC foods. I look forward to being able to provide **fruits, vegetables** and **whole grain cereals** for my family.

Additional Comments: I think that would be a great idea. Some families can't afford it and would like it.
Thank you for reading my comments.

Sincerely,

Name: Nikki Mangano

Address: 98 Old Farm Rd

City: Westfield

State: MA



P-689

OCT 25 2006



My Family
My Husband
Andrew

October, 2006

03-P

Patricia N. Daniels
Director, Supplemental Food Programs Division,
Food and Nutrition Service, USDA
3101 Park Center Drive, Room 528
Alexandria, Virginia 22302

My daughter
Jasmine 2yr.

And me
Racquel



Thank you.

Dear Ms. Daniels,

I am writing to tell you what I think about the proposal to change the WIC food package.

I think its a wonderful idea. Change is a good ~~idea~~ thing. I love the idea of fruits and vegetables. My daughter loves fruits and vegetables. I was talking to my sister ~~about~~ ~~that~~ that also gets Wic and she thinks changing the Wic food package is very, very, good. Due to the point that she has 4 kids that are very hard to eat vegetables ~~at~~ and other kinds of food. I think all children will love this idea too. And many mothers and family. I ~~talk~~ talk to alot of people about this idea and

Thank you for considering my comments.

Sincerely,

Name Racquel Ayuso

Address 300 LAKE ST Apt 205

Burlington, VT. 05401

we all argee that 1974 is a very long time changing the Wic food package And seeing something different when I get my wic. That's great. I hope this is. I hope this

sounds very, very, very idea will make a difference to this is. Sincerely,

Thank you for hearing what
~~I~~ I have to say.

Thank you from my family

Hope to hear from you

P-690

OCT 25 2006

03-P

October, 2006

Patricia N. Daniels
Director, Supplemental Food Programs Division,
Food and Nutrition Service, USDA
3101 Park Center Drive, Room 528
Alexandria, Virginia 22302

Dear Ms. Daniels,

I am writing to tell you what I think about the proposal to change the WIC food package.

The plan sounds great ... who could complain about a free program offered to children + moms. The wic plan is fantastic and is a god-send. The only question I would have would be how not to freeze fresh items on a milk-truck? Winters in VT are brutal on fresh foods exposed to the elements. I would hate to see anything wasted.

My parents received wic back in the 70's when I was an allergic baby that needed soy milk formula. It was a hard time + stretching the dollar. Thank you for considering my comments. was difficult. Great Program!

Sincerely,

(P.S. VT has one of the highest living rates in the country + low paying jobs. I have 3

Name Chantelle DAVIS Children + Both of us

Address 90 2061 North Ave
Burl. VT 05408
work 40 hr. weeks we are not on welfare. Never have been.

P-691

03-P

OCT 2 2006

October, 2006

Patricia N. Daniels
Director, Supplemental Food Programs Division,
Food and Nutrition Service, USDA
3101 Park Center Drive, Room 528
Alexandria, Virginia 22302

Dear Ms. Daniels,

I am writing to tell you what I think about the proposal to change the WIC food package.

I'm not sure why you would consider increasing formula for infants 4-5 months and decreasing it for older babies. The amount of formula that a 4-5 month old drink is less than older babies. The amount of formula you currently give is fine. When your baby is younger you save any ~~unused~~ unused powder till they get a little older and drink more. I also think that delivery of fruits/vegies; bread is going to be difficult. With the price of milk I would rather you not decrease it. Canned veggie; fruits can be purchased cheaper and they will have more variety in the stores. I believe the program only needs ~~exchanges~~ giving alternatives for

Thank you for considering my comments

Sincerely,

Name

Address

~~Barre VT 05641~~
Barre VT 05641

those who don't drink milk (soy; tofu) and changing the brand of peanut.

thanks for your time.
~~Barre VT 05641~~
P.S. I mix whole milk w/ water so my children get their water intake and by

eliminating that choice for children 2 and older
I could not dilute as much milk w/ 2% or less. There
my children wouldn't be getting ~~as~~ water daily.

P. 692

CT 2 5 2008

03-P

October, 2006

Patricia N. Daniels
Director, Supplemental Food Programs Division,
Food and Nutrition Service, USDA
3101 Park Center Drive, Room 528
Alexandria, Virginia 22302

Dear Ms. Daniels,

I am writing to tell you what I think about the proposal to change the WIC food package. I think its a wonderful proposal but I have a few concerns with the package for children the milk would there be changes made for seperate children to give what they want. 1 full gallon a week works well. I like the veggies and fruit idea it brings variety I have a suggestion to add. A couple of my friends and I were talking about what should come with a wic package, Bread milk, cereal, great you've got that covered, maybe some butter or margarine for Toast or grilled cheese. And I don't see orange juice that's the only one my son enjoys. I like the idea but I have concerns. Sorry.

Thank you for considering my comments.

Sincerely,



Name Sonya Roberts

Address 4740 W. Wolcott Rd

Wolcott VT 05680

P. 693

03-P

OCT 25 2006

October, 2006

Patricia N. Daniels
Director, Supplemental Food Programs Division,
Food and Nutrition Service, USDA
3101 Park Center Drive, Room 528
Alexandria, Virginia 22302

Dear Ms. Daniels,

I am writing to tell you what I think about the proposal to change the WIC food package.

I am so happy to see a change, I have had 4 children & been on the wic food program for the last 6 years. I have breast fed all my children and back in 1974 when these food package was introduced things were different, we have learned alot about different things, such as Mad cow and Breastfeeding for one. Peoples diets are very different. It is really a long time coming. Juice is Not recommended for babies 6-mths only a small amount, But our breads are needed + veggies

Thank you for considering my comments.

Sincerely,

Name Jessica Kimball
Address 188 apt 1 Green ST
Vergennes VT 05491

Thank you for this proposal it is very much needed. J Kimball

p-694

03-P

October, 2006

DET 10/10/06

Patricia N. Daniels
Director, Supplemental Food Programs Division,
Food and Nutrition Service, USDA
3101 Park Center Drive, Room 528
Alexandria, Virginia 22302

Dear Ms. Daniels,

I am writing to tell you what I think about the proposal to change the WIC food package.

X I think the increase in fresh fruits, vegetables, whole grains, beans, fish, tofu, rice, etc. is a wonderful & well needed change. I also think the elimination of juice for infants is important as infants should not be consuming so much sugar. I think that making the WIC food package as healthy and balanced as possible is crucial. The best new addition is the fresh produce!

X If possible, it would be nice to not have any corn syrup in the cereals provided by WIC.

Thank you for considering my comments.

Sincerely,

Name Lindsay Louchheim

Address 67 Spaulding East Street
Colchester, VT 05446

P-695

OCT 31 2006

October, 2006

Patricia N. Daniels
Director, Supplemental Food Programs Division,
Food and Nutrition Service, USDA
3101 Park Center Drive, Room 528
Alexandria, Virginia 22302

P

Dear Ms Daniels,

I am writing to tell you what I think about the proposal to change the WIC food package.

I believe it sounds like a great
idea. Look forward to hearing
more about it & how to change my
order

Thank you for considering my comments.

Sincerely,

Barbara Hasel

Name BARBARA HASL

Address 623 VAIL DR.

LYNDONVILLE, VT 05851

OCT 31 2006

P-696

October, 2006

Patricia N. Daniels
Director, Supplemental Food Programs Division,
Food and Nutrition Service, USDA
3101 Park Center Drive, Room 528
Alexandria, Virginia 22302

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Dear Ms. Daniels,

I am writing to tell you what I think about the proposal to change the WIC food package.

I think these changes to the WIC food package are needed and long overdue. Including fruits and vegetables in the package is great. I hope the changes will happen. Will post partum women who are not nursing still be eligible for a package?

Thank you for considering my comments.

Sincerely,

Name Erin M. Thompson

Address 101 Saw Mill Hill Rd

Wells, VT 05774

OCT 31 2006

P-697

P

October, 2006

Patricia N. Daniels
Director, Supplemental Food Programs Division,
Food and Nutrition Service, USDA
3101 Park Center Drive, Room 528
Alexandria, Virginia 22302

Dear Ms. Daniels,

I am writing to tell you what I think about the proposal to change the WIC food package.

I think that this is a wonderful idea.
and ~~would~~ be very helpful to many
people.

Thank you for considering my comments.

Sincerely,

Name Jana Leigh
Address 575 Lyon Rd
Dorcy Va 22630

OCT 31 2006

P-698

P

October, 2006

Patricia N. Daniels
Director, Supplemental Food Programs Division,
Food and Nutrition Service, USDA
3101 Park Center Drive, Room 528
Alexandria, Virginia 22302

Dear Ms. Daniels,

I am writing to tell you what I think about the proposal to change the WIC food package.

I agree with the majority of proposed food changes, however I would like to see juice remain for infants because it is a valuable liquid to mix with baby cereal for extra nutrients (mainly vitamin c) as opposed to mixing only with water. I also do not want to see the amount of milk reduced for children, and particularly women who need all the calcium they can get.

Please do not eliminate whole milk for participants ages two and older. As a family with lactose intolerance, we rely upon the whole milk lactaid for drinking and cooking. Whole milk is easier for young and lactose-intolerant digestive systems to process because the higher the fat content, the lower the lactose. Because of the whole milk lactaid which I give my kids in their early years after age one, I have seen severely ~~lactose~~ lactose intolerant child become able to digest regular dairy products without diarrhea because the lactase enzyme in the milk conditioned his body to accept lactase. Because of lactose intolerance and a parent with ulcerative colitis, we ease all our kids into dairy products with whole milk lactaid ^{at} ~~the~~ ^{ages} 1-5. Using lactase enzyme pills is not effective ~~was~~ because it must mix in the stomach as opposed to lactaid milk being already mixed. And because lactaid milk is expensive to purchase, WIC families need it included still in food packages for all kids ages 1-5, and for pregnant women too who often become lactose intolerant during pregnancy. We choose lactaid milk over soy milk because new research indicates over-consumption of soy products is pumping bodies with too much estrogen - more than administered during hormone therapy. We consume it, therefore, only in small quantities especially soy.

Thank you for considering my comments.

Sincerely,

Brandy Brow 10/29/06

Name Brandy S. Brow, Mom to six kids and WIC participant since 1994

Address PO Box 197

Vernon, Vermont 05354

Please keep the whole milk for all participants and keep the juice for infants and amount of milk the same. Thank you for listening to my concerns.

OCT 31 2006

P-699

P

October, 2006

Patricia N. Daniels
Director, Supplemental Food Programs Division,
Food and Nutrition Service, USDA
3101 Park Center Drive, Room 528
Alexandria, Virginia 22302

Dear Ms. Daniels,

I am writing to tell you what I think about the proposal to change the WIC food package.

I feel very encouraged by the proposed changes as I believe these changes are more in-line with current nutritional standards for whole grains & fresh foods. I would like to applaud the proposal for considering a different canned meat source as we all know the risks of heavy metals in tuna (~~protein~~ especially for ^{the} pregnant, nursing, & infant population).

I am however discouraged by the lack of whole milk, I strongly believe that children need healthy fats. Because fruit juice & other foods like white bread ~~break~~ break down into carbohydrates & then sugars, which in excess equals fat I believe that is more of a concern (sugar in cereals...) Please keep whole milk! Whole milk is not the cause of obesity in America, lack of exercise & processed foods rich in non-nutritive calories are the culprit.

Thank you for considering my comments.

Sincerely,



Name Tonya Lee Coulter

Address 683 E. Putney Brook Rd

Westminster West, VT 05346

802.387.2161

Finally, I would also like to encourage consideration of Organic foods. The research has been done, we all know. At a time when health care costs are so high, eating organic feels like a small investment into my family's health considering rising cancer rates & overall toxicity levels & exposure. Thank you for an opportunity to comment on this important issue.

P-700

OCT 31 2006

October, 2006

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Patricia N. Daniels
Director, Supplemental Food Programs Division,
Food and Nutrition Service, USDA
3101 Park Center Drive, Room 528
Alexandria, Virginia 22302

Dear Ms. Daniels,

I am writing to tell you what I think about the proposal to change the WIC food package.

It would have been great for him to have the fruits, veggies, beans, brown rice, and whole wheat bread. They are the foundation for a healthy diet - and ~~its~~ ^{its} never too early to start. At present we have 15 boxes of cereal in my cupboard. There is only so much cereal a child can eat. Being a single mother and the rise of the cost of food this would have been a great help to keep fresh whole food available to my child. My child will be 5 years old in March and I'm sure this proposed change will not be in affect by then - but great for others to follow ^{which use variety}. Has Vermont considered the voucher plan. I resided in NH and this was great. More choices (4 boxes each of cheerios, chex + kix cereal ~~in~~ ⁱⁿ my cupboard.) ~~and~~ ^{and} flexibility may need more

Thank you for considering my comments.

Sincerely,

Name My Famoueux

Address PO Box 1096
Wilden VT 05088

milk one week then another and can change cereal + oatmeal and a variety of cheeses, this all made sending a variety to my child and reduce waste, right now I give away milk, cheese, + cereal because I have too much at home or ~~things~~ ^{things} based on the same thing each month I hope this is helpful.