PS461

September 2006

OCT 11 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because Fresh fruit and vegetables are the best vitamins for our bodies.

Sincerely,

IRENE CASTRO

WIC Participant

p 5462

OCT 11 2006 02-P

September 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because some pregnant mothers like myself, get diabetes during pregnancy and it is very difficult, impossible to drink juices and cereal because my sugar goes up.

Sincerely,

Bunda Renzo

WIC Participant

P5463

October 2006

OCT 11 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas California with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because Fresh Fruit & Vegetables is Good for anyones Diet and Not Healthyer.

Sincerely,

Lisa Gonzales

WIC Participant

P5464

OCT 11 2006

October 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because you are able to get more out of the whole fruits and vegetables than you are able to get from drinking the fruit & vegetable

Sincerely,

Desiree Hernandez

WIC Participant

P5465

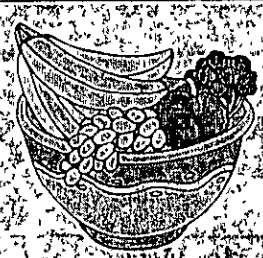
September 2006

02-P

OCT 11 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because its healthier for the babies and their families.



Sincerely,

Manuela Arzala

WIC Participant

P5466

02-P

September 2006

OCT 11 2006

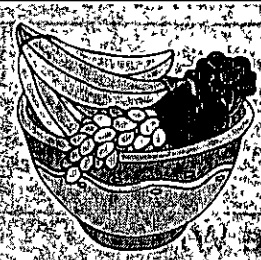
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because sometimes women get GD and can't drink juice because of his to much sugar & fruits & vegetables are way heather than sugary juice

Sincerely,

Cecilia Soto

WIC Participant



P5447

September 2006

OCT 11 2006

02-P

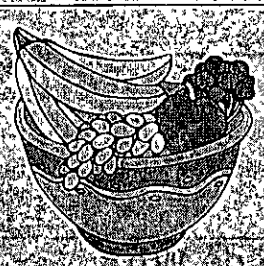
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you, for adding fruits and vegetables to the WIC checks. I think this is a good idea because is good for you

Sincerely,

Celina Sanchez

WIC Participant



P54608

September 2006

OCT 11 2006

02-P

Dear Friends at US Department of Agriculture,

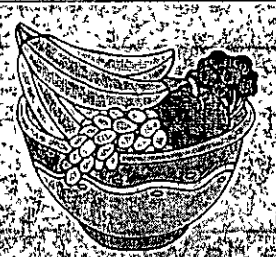
I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because they are healthy and fresh foods

Thank you for provide these foods

Sincerely,

Yoo young

WIC Participant



P5469

September 2006

OCT 11 2006

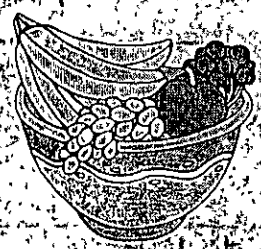
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because its more nutrition to eat the Fruits Fresh then to just drink them in juice and your baby will get the Fruit nutrition and grow healthy

Sincerely,

Leda Ramirez

WIC Participant



P5470

OCT 11 2006

02-P

September 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because everybody needs to eat the fresh nutrients in fruit

Sincerely,

WIC Participant

P5471

September 2006

OCT 11 2006

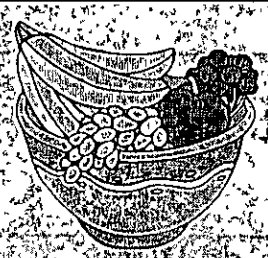
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because I would be getting more nutretion by eating fruit & veggies whole. And would be showing our children how to prepare them.

Sincerely,

Olivia Alvarez

WIC Participant



P5472

02-P

NOV 0 2 2006

October 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because it's more nutritious for us and they for the baby

Sincerely,

Denise Cervantes

WIC Participant

P5475 October 2006

NOV 0 2 2006

02-P

Dear Friends at US Department of Agriculture,

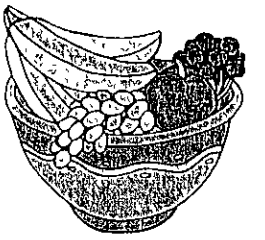
I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because

fruits and vegtabes are a very important part of a healthy meal

Sincerely,

Daniela Flores

WIC Participant



P5474

NOV 0 2 2006

02-P

October 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because it is a huge help. My family is very thankful.

Sincerely,

WIC Participant

P5475

02-P

October 2006

NOV 0 2 2008

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because I would be healthier for myself & my baby

Sincerely,

WIC Participant

P 547.6

02-P

October 2006

NOV 0 2 2006

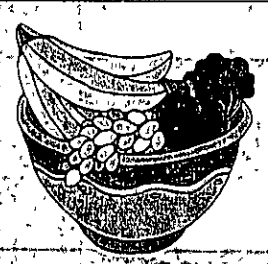
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because we all really need to eat more fruits, espesally for us being pregnet or for our children. Thank you.

Sincerely,

Yarissa Gutierrez

WIC Participant



P 5477

October 2006

NOV 0 2 2006

02 P

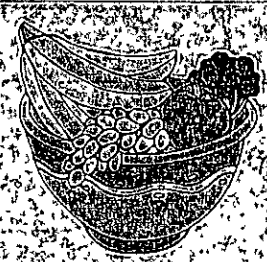
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because its healthy and much better for us future moms.

Sincerely,

Liana Orbe

WIC Participant



P-5978 October 2006 NOV 0 2 2006 62 P

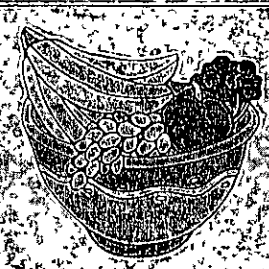
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because: fruit is not that easy for me to get and fresh fruit is alot better than juice.

Sincerely,

Melissa J Serna

WIC Participant



P5479 October 2006 NOV 0 2 2006 02-P

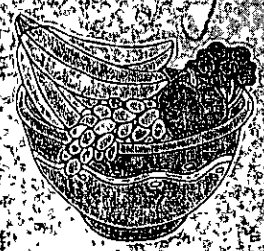
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because juices carries a not amount of sugar. Besides is a lot of juice in one month. It would be wonderful stead fruit and vegetables

Sincerely,

Noriselda a Lara

WIC Participant



P5480 02-P

October 2006 NOV 0 2 2006

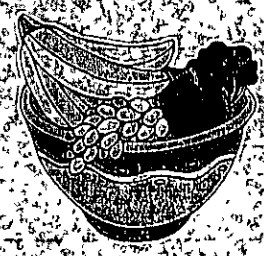
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because it will give moms and the families more healthiness ~~th th~~

Sincerely,

Heather

WIC Participant



P5481

02-P

October 2006

NOV 0 2 2006

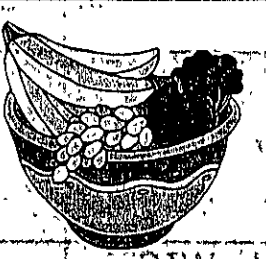
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because we also need fresh Fruits and Vegtables, so we could Make them with our Dinners and and they could be nice and fresh.

Sincerely,

Maria [illegible]

WIC Participant



P5482 02-P

October 2006 NOV 0 2 2006

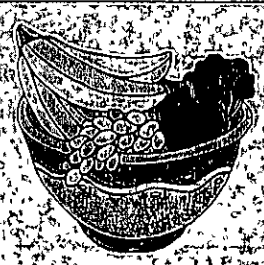
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because its healthy food

Sincerely,

Josephine Madrian

WIC Participant



P5483 October 2006 NOV 02 2006 02-P

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because everybody could eat more veggie

Sincerely,

Maria Galvarez

WIC Participant

P5484

October 2006 NOV 0 2 2006 02 P

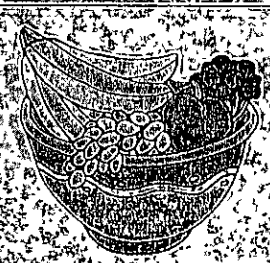
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because not only will I be getting good nutrition but so will by baby since I'm brest feeding

Sincerely,

Amanda Garcia

WIC Participant



p5485 02 f

NOV 0 2 2006

October 2006

Dear Friends at US Department of Agriculture:

I am a WIC participant in Hunas California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because you will not intake as much sugar in your body. Whole fruit is much more delicious than just drinking a cup of juice.

Sincerely,

Jo Hernandez

WIC Participant

P5486 NOV 0 2 2006 02-P

October 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because Less Sugar consumed. Taste better. Healthier. I can take as snacks.

Sincerely,

Esther Guerrero

WIC Participant

P 5487

02-P

October 2006

NOV 0 2 2008

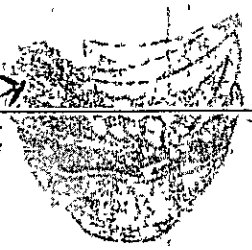
Dear Friends at US Department of Agriculture,

I am a WIC participant in SALINAS, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because Right now I pregnant and this is good for me and also my baby. Fruit is good to eat because is a lot of natural vitamin

Sincerely,

D Campa

WIC Participant



P5488

02-P

October 2006

NOV 0 2 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because it will help us eat more fresh fruits & vegetables.

I think it would be a great idea to do that instead of giving us all of the juice w/ extra sugars

Sincerely,

Jasmine Gonzales

WIC Participant

P5489

02-0

October 2006

NOV 0 2 2006

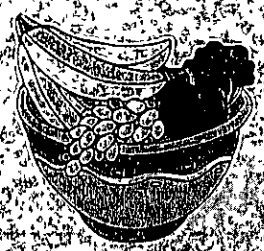
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas California with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because it helps keep me healthy, ups my energy and helps my mood so I am better able to care for my child

Sincerely,

Diane Herrera

WIC Participant



P 5490

NOV 0 2 2006

October 2006

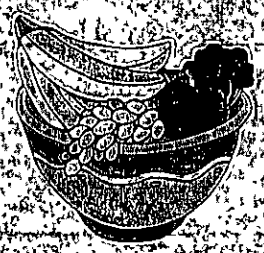
Dear Friends at US Department of Agriculture:

I am a WIC participant in Salinas, California with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because it will help fight obesity in children and teach them healthy eating habits.

Sincerely,

Christine Barry

WIC Participant



P5491

02-P

October 2006

NOV 0 2 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because They give us the nutrients that we need.

Sincerely,

Lidiah Jimenez

WIC Participant

P5492 NOV 0 2 2006 02-P

October 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because TAKing care of baby, I find that it is Hard Sometimes to Remember about nutrition and this Helps quite a Bit Being on the go!

Sincerely,

Anthony Russo

WIC Participant

P5493 October 2006 NOV 0 2 2006 02-P

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because fruits & vegetables are essential to a healthy diet (this according to many experts including state & federal agencies). Also, mothers need to model healthy eating for their new children.

Sincerely,

Maria Leyva

WIC Participant

P6494 October 2006 NOV 02 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because: fresh fruit & veges are healthyer and alot better.

Sincerely,

Maria Padilla

WIC Participant

P5495 02

October 2006 NOV 0 2 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because fruits & veggies are yet / healthy for you & your child.

Sincerely,

[signature]

WIC Participant

NOV 0 2 2006

b54910 02-P

NOV 02 2006

October 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because Juice is just sugar in a bottle

Sincerely,

Stephanie Cedillo

WIC Participant

P54971 october 2006 NOV 02 2006 02 P

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. I Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because I feel that fruits & Vegetables are very important for our Nutrition. And they very tasty! Also, Children Need to Start liking good foods at an early age so they will eat healthy as they grow old

Sincerely,

Amanda N Sierra

WIC Participant

P 5498 02 P

October 2006 NOV 02 2006

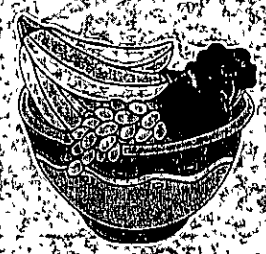
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because That way if we don't have money we can get it ~~at~~ with the coupons (checks).

Sincerely,

Nancy [illegible]

WIC Participant



p 54999

October 2006

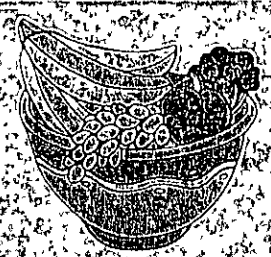
NOV 0 2 2006

Dear Friends at US Department of Agriculture

I am a WIC participant in SALINAS, California with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because children over a year old can enjoy eating fruits & vegetables.

Sincerely,

WIC Participant



P 5500 NOV 0 9 2006 02-P

September 2006

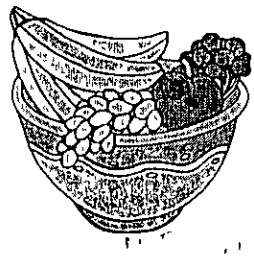
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because It will help kids to eat the right stuff that they need

Sincerely,

Amanda Chang

WIC Participant



P5501 NOV 0 2 2006 02-P

September 2006

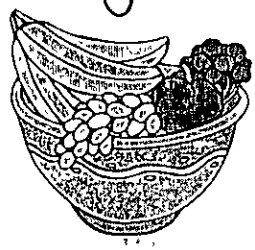
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because It is important to keep the nutrition in a healthy diet, and to keep enforcing and pursuading people to make the right choices in food. My daughter actually loves fresh fruit more than juice.

Sincerely,

Brandi Price

WIC Participant



P5502 NOV 0 2 2006 02-P

September 2006

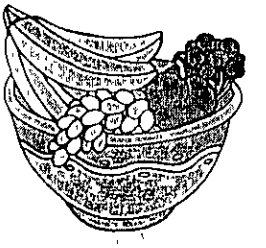
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because children should be eating the reccomended 5 a day. The juice contains too much sugar.

Sincerely,

Claudia Prado

WIC Participant



P5503

September 2006 NOV 0 2 2008

02-P

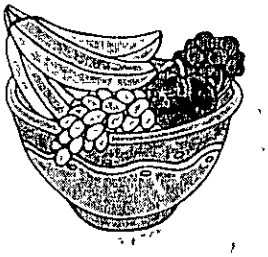
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because It will help my Child from having so much sugar and more healthy

Sincerely,

Pearl Esparza

WIC Participant



P 5504 NOV 0 2 2006 02-5

September 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because there needs to be a little more variety in a childs diet, and this helps a family [illegible] to participate in decision making.

Sincerely,

Melanie Fernandez
WIC Participant

P 5500 NOV 0 2 2006 02-P

September 2006

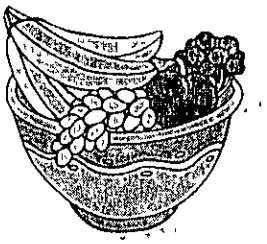
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because it will help kids to eat the right stuff that they need

Sincerely,

Esmeralda Casarez

WIC Participant



P5501 NOV 0 2 2006 02-P

September 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because It is important to keep the nutrition in a healthy diet, and to keep enforcing and pursuading people to make the right choices in food. My daughter actually loves fresh fruit more than juice.

Sincerely,

Brandi Price

WIC Participant

P5502 NOV 0 2 2006 a9-P

September 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because children should be eating the reccomended 5 a day. The juice contains too much sugar.

Sincerely,

Claudia Prado

WIC Participant

P5503

02-P

September 2006 NOV 0 2 2006

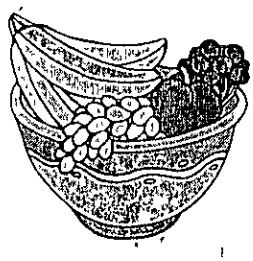
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because It will help my Child from having so much sugar and more heratlhy

Sincerely,

Pearl Espinoza

WIC Participant



P 5504 NOV 0 2 2008 02-1

September 2006

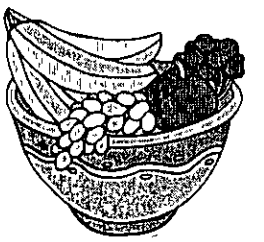
Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California, with the Monterey County Health Department. Thank you for adding fruits and vegetables to the WIC checks. I think this is a good idea because There needs to be a little more variety in a childs diet, and this helps a family [illegible] participate in decision making.

Sincerely,

Melanie Hernandez

WIC Participant



CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

NOV 0 3 2006

P5659 9/25/06

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

Ok, Torri Davis would like to get vouchers for row fruits ie -- Carrates, green beans, spinach, cabbage, potatoes and fruits - Carats, Tomatoes, plums, oranges, grapes.

Thank you,

Wic Participant

For more information about WIC

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5660

NOV 03 2006

NO I want to Stay with the same package because its conveniant to me.

Ashley Bustamant

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

For more information about WIC

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5661

NOV 03 2006

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

Please leave my package the way it is

Thank you

Ima Lopez

For more information about WIC, call 1-888-WIC-WORKS (1-888-942-9675) or check out website www.wicworks.ca.gov

Sept. 27, 06

NOV 0 3 2008

What ever you guys thing is good for us. I'm ok ~~too~~.

P5662

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5663

NOV 0 3 2006

Yes I would like the change to add fruit, vegetables and bread.

Cristy De La Roca
10/4/06

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

For more information about WIC,

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

NOV 03 2008

P5664

Dear Friends at US Department of Agricuture I would like that on my wic checks nothing changes

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

Sincerly,

Jennifer Mott

For more information about WIC, call 1-888-WIC-WORKS (1-888-942-9675) or check our

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5665

Working families may qualify for WIC.

WIC serves:
- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:
- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

Tôi tên: NOV - 3 2006

Nguyễn THI VÂN

Tôi không thích giản bớt sửa

Và tôi không ~~bớt~~ muốn giản nước trái cây

Tôi Tên Là: Vân

My name is Nguyen Thi Van. I do not Like receiving less milk. And I don't want to receive less fruit Juice.

Van

For more information about WIC
call 1-888-WIC-WORKS (1-888-942-9675) or check our website www.wicworks.com

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

NOV 03 2006

P5666

Working families may qualify for WIC

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

SOY MILK
Please!
(kirkland brand)
brown rice
more cheese
(variety)
bananas

Josephine Barker

For more information about WIC

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5667 Maricela Mata

NOV 03 2008

I would like to add fruits & Vegetables

thank you

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

For more information about WIC, call 1-888-WIC-WORKS (1-888-942-9675) or check out our website

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5668

NOV 0 3 2006

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

I think it would be wonderful if you guys add fruits and vegetables to our pacage. It would be great.

Dayana Dehero
Inglewood Cal.

For more information about WIC, call 1-888-WIC-WORKS (1-888-942-9675) or check our website www.wicworks.ca.gov

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5669

10-18-06

NOV 0 3 2006

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

I Amanda Almendra Choose to keep my wic checks the same.

Amanda Almendra

For more information about WIC call 1-888-WIC-WORKS (1-888-942-9675) or [illegible]

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

NOV 03 2006

P5670

I Rosa Covarrubias am happy with with the way I have it. Thank you.

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

RC 9211 97321

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

For more information about WIC, call 1-888-WIC-WORKS (1-888-942-9675) or check our website

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5671

NOV 0 3 2008

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

I am satisfied with milk, eggs, and Cheese I would not want them to change the Selections we have,

Lyma Zavaleta

For more information about WIC call 1-888-WIC-WORKS (1-888-942-9675) or check [illegible]

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5672

NOV 0 3 2008

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

Please line the packet the same dese el paquete Igual.

For more information about WIC, call 1-888-WIC-WORKS (1-888-942-9675) or check our website www.wicworks.ca.gov

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5673

NOV 0 3 2008

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5.

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling.

WIC is an equal opportunity program.

I Like the wic problem the way it is & please don't change it.

Thank you

Sarai

For more information about WIC call 1-888-WIC WORKS (1-888-942-9675) or check our website www.wicworks.ca.gov

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

NOV 0 3 2006

P5674

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

kids like the milk better cheese, cereals Please dont change,
Esmeralda Arpevalda
10-5-06

For more information about WIC,

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5675

NOV 0 3 2006

10/6/06

Ivy Valdez is a very good thing to change.

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program

For more information about WIC

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

95676

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

NOV - 3 2006

Dear Friends at the U.S. Department of Agriculture:

I just wanted to thank you for the great program and the wonderful changes you have recently made of adding new foods. My family and I appreciate it.

Thanks Again,

Lucia Harrod

For more information about WIC,

P 5677

NOV 0 3 2006

I agree with the new package

Veronica Alvarez

9/27/06

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5678

NOV 03 2006

9.27.06

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

I LIKE THE PROPOSED CHANGE BECAUSE I FEEL THAT THE PROPOSED PACKAGE IS MORE BALANCED.

HEIDELIA TORRES
9.27.06

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5679

NOV - 3 2006

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

Dear US Department of agriculture,
I am writing to tell you what I think about the proposal to change WIC foods

Thank you for adding fruits and vegetables to the WIC checks. I will enjoy choosing fresh, healthier foods for my family.
What I like most about the proposed changes is fresh fruit.
Thank you for regarding my comments.
Sincerly,
Brittny Burnham

For more information about WIC

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5680

NOV - 3 2006

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

Dear Freinds at U.S Deparment of Agriculture,

Thank you For adding fruits and vegetables to WIC check. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerly,

[illegible]

For more information about WIC

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5681

Working families may qualify for WIC

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

Dept. of agriculture,

I was informed about the new plans for the future regarding the WIC program. I'd like to let you know that I think it's a good idea and I agree with it.

Thanks,
Brenda Reyna

NOV - 3 2006

For more information about WIC, call 1-888-WIC-WORKS (1-888-942-9675) or check our website www.wicworks.ca.gov.

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5682
NOV - 3 2006

10/13/06

Dear friends at U.S Department of Agriculture,

Thank you for adding fruits and vegies to the wic checks. My family loves to eat them, but it has been expensive to add them (especially during off season) Now I will be able to make healthier meals for us, but I dont know about the tofu, never tried it never will.

Sincerely

Rosa Vasquez

Working families may qualify for WIC.

WIC serves:
- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:
- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

For more information about WIC, call 1-888-WIC-WORKS (1-888-942-9675) or check our website www.wicworks.ca.gov

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5683

NOV - 3 2006

Working families may qualify for WIC.

WIC serves:
- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:
- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

Dear friends at US Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Jodie Wims

For more information about WIC, call 1-888-WIC-WORKS (1-888-942-9675) or check our website www.wicworks.ca.gov

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5684

NOV - 3 2006

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

Dear U.S. Department of Agriculture,

I really appreciate the changes that you have made with WIC, by adding fruits + vegetables + other healthy items. This change will be a lovely way to increase healthy nutrition.

Thank you,
Ebony Smith!!

For more information about WIC, call 1-888-WIC-WORKS (1-888-942-9675) or check our website www.wicworks.ca.gov

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

NOV - 3 2006

P5686

Working families may qualify for WIC.

WIC serves:
- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:
- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

Dear friends at U.S Department Of Agriculture.

I am writing to tell you what I think about the proposal to change wic. foods.

To me how it is know its ~~perfect~~, but you always have the right to do anything.

Thank you sincerely.

Veronica Serrin

For more information about WIC, call 1-888-WIC-WORKS (1-888-942-9675) or check our website www.wicworks.com

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5686

NOV - 3 2006

10/13/06

Working families may qualify for WIC.

WIC serves:
- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:
- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

Dear Friends at US Department of Agriculture

Thank you for adding fruits and veggies to the WIC checks this will help with feeding my twins healthy.

[signature]

For more information about WIC

85687

Dear Friends at the Department
OF Agriculture,

I'm Just writting to tell you thank
you for adding the extra foods
to our wic checks.

Thanks for your time
Sincerly
Melinda Jurado
Melinda Jurado

NOV - 3 2006

To The Dept of Agriculture,

I just would like to take the time to thank you for adding more item to our WIC program. It will be a big help for a healthier family.

Sincerely,
Michele Oostendorp

P5688

NOV - 3 2006

Dear friends At U.S. Department of agriculture,

I feel it would help a lot and Thank you for adding extra foods to our W.I.C. checks

Sincerely,

Michael Barajas

P5689

NOV - 3 2006

Dear U.S. Dept. of Agriculture.

Iam writing regarding the proposal to change WIC foods. I would like to add the extra food to our WIC checks.

Thank you, very much.

Thank you for reading my comments.

Sincerly,

Jessica Sáenz

NOV - 3 2006

P5690

Dear friends at the U.S.
Department of Agriculture,

I would like to
thank you for adding food
to our wic checks, It
will be a great help.

Thanks
[illegible]

NOV - 3 2006

P5691

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5692

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

NOV - 3 2006

Dear Friends of the
US Department of Agriculture.

I agree on the changes
I believe the children
Need More than Milk.
Thank you for ~~that~~ taking
the time to fine better
ways to improve the
children Nutrition.

Sincerly
Helen Toh
WIC Participant

For more information about WIC,
call 1-888-WIC-WORKS (1-888-942-9675) or check our website www.wicworks.ca.gov.

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5693

Working families may qualify for WIC.

WIC serves:
- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:
- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

Dear Friends at US Department of Agriculture,

NOV - 3 2006

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is the fruit - Thank you →

For more information about WIC call 1-888-WIC-WORKS (1-888-942-9675) or check our website www.wicworks.ca.gov

for reading my comments.

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

10.17.06

P5694

Dear Friends at
US Department Agriculture

Thank you for adding fruits & vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,
Cynthia T. Grow

NOV - 3 2006

Working families may qualify for WIC.

WIC serves:
- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:
- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

For more information about WIC, call 1-888-WIC-WORKS (1-888-942-9675) or check our website www.wicworks.ca.gov

16670 NOV - 3 2006

Dear Friends at US Department of agriculture,

Thank you for adding fruits & vegetables to the WIC Checks.

I am very glad to know that I now will be able to have these items added to my checks, My Family & I thank you very much.

Kara Chalobson

Dear Friends at US Department
Of Agriculture,

NOV - 3 2006

thank you for adding fruits
& vegeteables to the WIC
Checks. My Family loves
to eat them. But, it has
been expensive to buy them
Now you will make raising
a child as a single parent
much easier

Sincerely
Jessica

25696

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5697

NOV - 3 2006

Working families may qualify for WIC.

WIC serves:
- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:
- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

Dear friends at US Dept. of Agriculture.

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Esmeralda López
WIC Participant.

For more information about WIC, call 1-888-WIC WORKS (1-888-942-9675)

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5698

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

Dear friends at US. Department of Agriculture, thank you for adding fruits & vegetables to the WIC checks. My family likes to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerly
Brianna Smith

NOV - 3 2006

For more information about WIC

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5699

Dear friends at us
Deparment OF Agriculture

I'm writting to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC checks! I'will enjoy choosing fresh, heathier foods for my family!

What I like the most about the proposed change is more varity of the vitamins that vegetables and fruits have.

Thank you for reading my coments.

Sincerely

NOV - 3 2006

Working families may qualify for WIC.

WIC serves:
- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:
- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

For more information about WIC
call 1-888-WIC-WORKS (1-888-942-9675)

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5700

10/4/06

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

Dear Friends at US Department of Agriculture,

Many thanks for the addition of fruits & vegetables to the WIC Program.

The help that this program provides to family is just awesome, especially to me at this time of great need.

Thanks Again

Sandra Sanchez

NOV - 3 2006

For more information about WIC

P5701

Dear, friends at US
Department of Agriculture

I'm writing to tell you
what I think of the
new proposal to change
WIC foods.

Thank you for adding
foods and veggies to
the WIC checks. I will
enjoy choosing fresh
foods for my family
What I like most about
the purpose food change is
Baby food.

Thank you.

NOV - 3 2006

RO 100 NOV - 3 2006

85702

Dear friends at US Department of Agriculture

I am writing to tell you what I think about the proposal to Change WIC foods.

Thank you for adding fruits & Vegetables to the WIC checks! I will enjoy Choosing fresh, healthier foods for my family.

What I like most about the proposal Changes is the fruits.

Thank you for reading my Comments.

Sincerely,

Xetia Lopez

P 6703 NOV - 3 2006

5703 Dear Friends at the US Department of Agriculture

I would like to thank you for adding fruits and vegetables to our wic checks. I will enjoy choosing fresh, heathier foods for my family

Sincerely,

Karla Olivarria

F5704

NOV - 3 2006

Dear Friends at US Dept. of Agriculture:

Thank you for adding fruits & vegetables to the WIC checks. My family loves to eat them. Now I will be able to make healthier meals for us.

Sincerely
Sandra Diaz

WIC participant

P5705

Dear Friends at
US Department of
Agriculture,

NOV - 3 2006

Thank you for adding
fruits and vegetables
to the WIC checks.
My family loves to
eat them, but it
has been expensive
to buy them. Now
I will be able to
make heathier
meals for us.

sincerly,
Angela Ybarra

Dear Friends at us Department of Agriculture.
Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them but it has been expensive to buy them.
Now I will be able to make healthier meals for us.

Sincerely Janelle Rinker

NOV - 3 2006

P 5706

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

Dear Friends at U.S Department of Agriculture

Thank you for adding Fruits & vegetables to the WIC checks. My family loves to eat them. but it has been expensive to buy them Now I will be able to make healthier meals for us

Sincerely

Melanie [illegible]

NOV - 3 2006

P5707

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

For more information about WIC

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5708

Working families may qualify for WIC.

WIC serves:

- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:

- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

Department of Agriculture,

I do not agree with the change to the coupons. I like it the way it is. thank you anyways!

Christina Gonzales

NOV - 3 2006

For more information about WIC

CALIFORNIA WIC
WOMEN, INFANTS, AND CHILDREN

Supplemental Nutrition Program

P5709

10/4/06

NOV - 3 2006

Working families may qualify for WIC.

WIC serves:
- pregnant women
- new moms
- children under age 5

Registered dietitians and nutrition assistants at WIC provide:
- breastfeeding support
- nutrition counseling

WIC is an equal opportunity program.

I am glad you are adding nutricious fruits and other stuff to WIC. Im sure many mom's will be so happy with this new change

Sincerely

Beatriz Salazar

WIC participant

For more information about WIC
call 1-888-WIC-WORKS