

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

the fruits and vegetables
 the baby jar fruits and vegetables

What other comments would you like to make?

Christal Thomas
 Signature of participant

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WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

Wic is letting us know about certain cheese than can make ~~us~~ us sick, and that is very important to know about certain foods.

What other comments would you like to make?

Victoria Lopez
Signature of participant

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WIC wants to know your ideas about these changes!

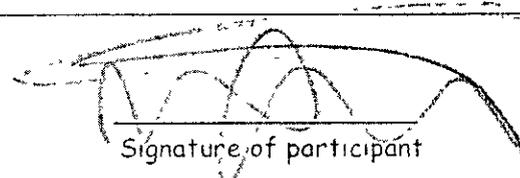
The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

Baby Jar fruits and vegetables
fruits and vegetables

What other comments would you like to make?

you guys are great and are doing a great service


Signature of participant

P-4504

IT'S TIME FOR A CHANGE!

05/04/04 3:25

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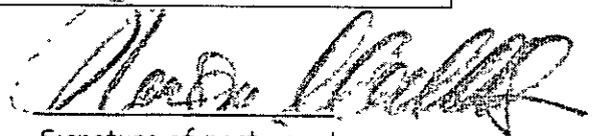
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Whole grain food choices & fruits & vegetables

What other comments would you like to make?



Signature of participant

P-4505

IT'S TIME FOR A CHANGE!

NOV

WIC is proposing to make changes in our Food Packages.

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- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

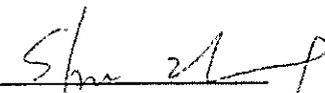
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

fruits and vegetables
|
tofu

What other comments would you like to make?

no


Signature of participant

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WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

fruits and vegetables assistance
would be most helpful, same w/
bread + tortillas - (I always wondered
why these items were not offered)

What other comments would you like to make?

Good luck program!!!

*L. Bonville**
Signature of participant

IT'S TIME FOR A CHANGE!

NOV 4 1997

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- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture)

What do you like most about the proposed changes?

More like
(fresh fruit
of grain
in their

want to feed my children
ables) and better variety
can encourage better variety

What other comments would you like to make?

I'd love to
as possible
over juice

the fruits & vegetables as soon
nutrition recommends those

Elizabeth A. f
Signature of participant

IT'S TIME FOR A CHANGE!

NOV 1991

WIC is proposing to make changes in our Food Packages.

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- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

I would like to see whole grains. The proposed changes would be nice

What other comments would you like to make?

[Handwritten Signature]

Signature of participant

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- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

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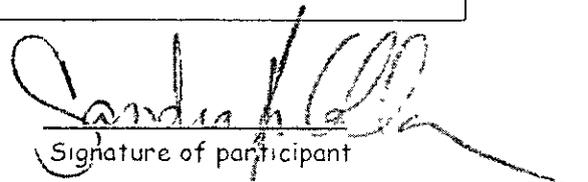
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

ability to buy fruits & veg.
More available to each individual
needs

What other comments would you like to make?


Signature of participant

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- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like **most** about the proposed changes?

The fruits + veggies addition
3 whole wheat products will
help alot of families.

What other comments would you like to make? ~~none~~ none



Signature of participant

P-4511

IT'S TIME FOR A CHANGE!

NOV 2011

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- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal; peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

- Whole grain food
- Salmon
- fruits & veggies
- soy foods

What other comments would you like to make?

Great choices seem to be healthier
and more varied also

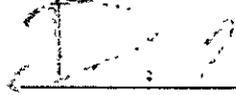
Relia Stone
Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the <i>proposed</i> additions and changes:
<p>Offer:</p> <ul style="list-style-type: none"> • fruits and vegetables, • milk substitutes such as soy beverages and tofu; • canned beans; • a variety of whole grain foods (cereal, breads, tortillas, rice, etc); • canned salmon or sardines in addition to canned chunk light tuna. • "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

<p>WIC wants to know your ideas about these changes!</p> <p>The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).</p>
<p>What do you like most about the proposed changes?</p> <p style="font-size: 1.5em; margin-left: 40px;">the <u>proposed</u> <u>additions</u></p>
<p>What other comments would you like to make?</p>



 Signature of participant

IT'S TIME FOR A CHANGE!

NOV 2 1993

WIC is proposing to make changes in our Food Packages.

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- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

I like - milk substitutes to soy
and - fruits and
yogurt

What other comments would you like to make?

none. it sounds good

[Handwritten Signature]
Signature of participant

P-4514

IT'S TIME FOR A CHANGE!

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- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

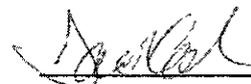
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

more variety instead of just 7b or beans

What other comments would you like to make?



Signature of participant

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- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

What other comments would you like to make?

Tout Supplomb
Signature of participant

P-4510

IT'S TIME FOR A CHANGE!

2008 04 23

WIC is proposing to make changes in our Food Packages.

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- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

all the varieties of food
and drink products

What other comments would you like to make?

Margaret Dummit

Signature of participant

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- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

fruits & vegetables
whole grain foods

- actually all of them sound great
d. healthy -

What other comments would you like to make?

I've seen people take advantage of the formula by trying to get more than they are supposed to get. I think we should make sure we are including all the items that are needed.

Signature of participant

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- "baby jar" fruits and vegetables.

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WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

We want to have fruits and vegetables

What other comments would you like to make?

Would be nice to have protien foods beside beans

H. Linn
Signature of participant

IT'S TIME FOR A CHANGE!

NOV 1 1997

WIC is proposing to make changes in our Food Packages.

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- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

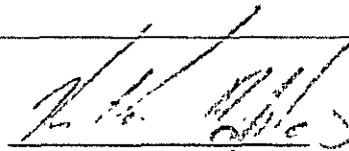
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WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes? *Their great.*

What other comments would you like to make? *None*



Signature of participant

IT'S TIME FOR A CHANGE!

NOV 1992

WIC is proposing to make changes in our Food Packages.

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- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

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WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I think it is good idea.
Fruit, vegetables, fish
- tofu

What other comments would you like to make?

3 or 5
side
TIA 8516 06032

vinu back
Signature of participant

P-4521

IT'S TIME FOR A CHANGE!

NOV 8, 2011

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I think is good because they can't have more variety

What other comments would you like to make?

Patricia Manning
Signature of participant

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- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

The fruits and vegetables are a good idea.

What other comments would you like to make?



Signature of participant

P-4523

IT'S TIME FOR A CHANGE!

NOV 14 2006

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- "baby jar" fruits and vegetables.

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WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

"baby jar" fruits and vegetables.

What other comments would you like to make?

I think soy is not good idea.

Nanae Hartzel
Signature of participant

P-4524

IT'S TIME FOR A CHANGE!

NOV 04 2011

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WIC wants to know your ideas about these changes!

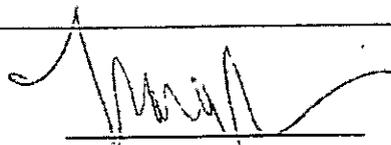
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

What I like most about the proposed changes is the baby jar fruits and vegetables.

What other comments would you like to make?

NONE



Signature of participant

P-4525

IT'S TIME FOR A CHANGE!

NOT

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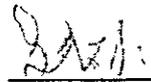
The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

FRUIT
juices

What other comments would you like to make?

FRESH FISH
YOGURT
Glasses milk



Signature of participant

P-4526

ES TIEMPO DE MUDANZA!

WIC tiene una propuesta nueva en su paquete de comida.

Unas de las **propuestas adicionales y de cambio:**

Propuesta:

- Frutas y vegetales;
- Substitutos para la leche como bebidas con soya y tofu;
- Frijoles enlatados;
- Granos integrales en general (cereales, panes, tortillas, arroz e etc.);
- Enlatados de salmon o sardinas como adicional del atun light;
- Comida de frutas e vegetales para bebes;

*Por favor, note que el leche, queso, jugo, cereales, mantequilla de mani y formulas para ninos van estar en su paquete de comida.

WIC quiere saber tu ideas sobre las mudanzas!

El programa WIC de American Red Cross va submeter sus ideas para USDA
(United States Department of Agriculture).

Que mas te encanto en los cambios propuestos?

Granos integrales (cereales, panes, tortillas, arroz, etc.)
enlatados de salmon o sardinas atun light.
Frutas y vegetales

Quieres hacer otros comentarios?

yogurt light

Laura Elena Rojas

Firma del participante

P-4527

IT'S TIME FOR A CHANGE!

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- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

1. I like the new changes.
2. I think that, when some of my
more good options, very good.

What other comments would you like to make?


Signature of participant

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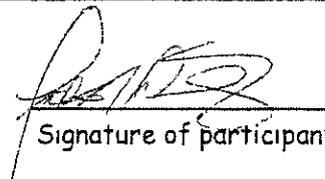
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

THE ADDED VARIETY OF HEALTHY FOOD CHOICES.

What other comments would you like to make?



Signature of participant

P-4529

IT'S TIME FOR A CHANGE!

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- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits AND vegetables much better than getting
The Juice.
great choice on the tuna.

What other comments would you like to make?

Thanks for the help!!

Monica Mena
Signature of participant

IT'S TIME FOR A CHANGE!

NOV 04 1997

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

The options. We eat a ton of fruit and veggies and it's so important that they are included. It would really help out. Also, milk options I am allergic and soy is the only thing that doesn't make us sick. These are all SUPER options

What other comments would you like to make?

that will help fight obesity and other child illnesses. It would be wonderful to see any or all of these super suggestions

Cristal Garcia
Signature of participant

IT'S TIME FOR A CHANGE!

WIC (0-10)

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

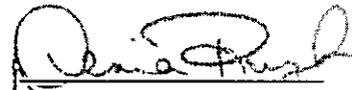
What do you like most about the proposed changes?

canner

What other comments would you like to make?

I think ...

...



Signature of participant

r-4532

IT'S TIME FOR A CHANGE!

NOV 1 2010

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

everything

What other comments would you like to make?

wonderful change

Mwanda Lopez
Signature of participant

P-4533

IT'S TIME FOR A CHANGE!

01/04/11

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu.
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

good... especially the fruits & vegetables

baby food is good as well.

What other comments would you like to make?

Gina Gray
Signature of participant

P-4534

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

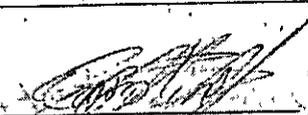
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

+ Fruits and vegetables
a variety of whole grain food
Salmon or sardines

What other comments would you like to make?

✓


Signature of participant

p-4535

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I like
vegs / fruits
and fish - 2 weeks

What other comments would you like to make? Done

J. Hall
Signature of participant

ES TIEMPO DE MUDANZA!

WIC tiene una propuesta nueva en su paquete de comida.

Unas de las *propuestas* adicionales y de cambio:

Propuesta:

- Frutas y vegetales;
- Substitutos para la leche como bebidas con soya y tofu;
- Frijoles enlatados;
- Granos integrales en general (cereales, panes, tortillas, arroz e etc.);
- Enlatados de salmon o sardinas como adicional del atun light;
- Comida de frutas e vegetales para bebes;

*Por favor, note que el leche, queso, jugo, cereales, mantequilla de mani y formulas para ninos van estar en su paquete de comida.

WIC quiere saber tu ideas sobre las mudanzas!

El programa WIC de American Red Cross va submeter sus ideas para USDA
(United States Department of Agriculture).

Que más te encanto en los cambios propuestos?

La leche porque la soya es buena
para mis hijos e las no tener
la lactancia

Quieres hacer otros comentarios?

Araceli Ureche

Firma del participante

P-4537

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

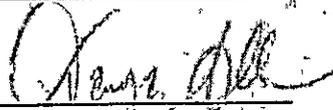
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

They are
at a great
and you can

has that in mind not as easy
It broadens the choices that you
can have.

What other comments would you like to make?


Signature of participant.

P-4538

NOV 5 1993

IT'S TIME FOR A CHANGE!

Schizencephaly
Nystagmus

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!
 The American Red Cross WIC Program will submit your ideas to the USDA
 (United States Department of Agriculture).

What do you like most about the proposed changes?
 MORE VARIETY.
 FRESH PRODUCE (FRUIT & VEGE)
 CAN BE EXPENSIVE!!!

What other comments would you like to make? NONE

Blessed
Signature of participant

P-4539

IT'S TIME FOR A CHANGE!

NO. 1

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like **most** about the proposed changes?

*I think the fruits and canned beans are really important,
And the salmon is more healthy than tuna.*

What other comments would you like to make?

N. P. M. J.
Signature of participant

P-4540

¡Es tiempo de cambiar!

NOV 04 2008

WIC está proponiendo hacer cambios en nuestro paquete de alimentos.

Enseguida algunas de las adiciones y cambios propuestos:

Ofrecer:

- frutas y verduras;
- substitutos de la leche como bebidas de soya y tofu;
- frijoles enlatados;
- variedad de granos integrales (cereales, panes, tortillas, arroz, etc);
- Además del atún enlatado, proporcionar salmón enlatado ó sardinas enlatadas
- "comida de bebé" frutas y verduras.

*Por favor note, la leche, los huevos, queso, jugo, cereal, mantequilla de cacahuete y fórmula para bebés permanecerán en su paquete.

WIC quiere saber lo que usted piensa acerca de estos cambios!

El programa WIC de la Cruz Roja Americana submitirá sus ideas a USDA
(El Departamento de Agricultura de los Estados Unidos).

¿Qué le gusta más de estos cambios propuestos?

*Me agrada la idea de que se
incluyan productos
de los granos, arroz, frijoles, tortillas*

¿Qué otros comentarios le gustaría hacer?


Firma del Participante

P-4541

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc.);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

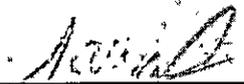
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

formula

What other comments would you like to make?


Signature of participant

P-4542

ES TIEMPO DE MUDANZA!

WIC tiene una propuesta nueva en su paquete de comida.

Unas de las *propuestas* adicionales y de cambio:

Propuesta:

- Frutas y vegetales;
- Substitutos para la leche como bebidas con soya y tofu;
- Frijoles enlatados;
- Granos integrales en general. (cereales, panes, tortillas, arroz e etc.);
- Enlatados de salmon o sardinas como adicional del atun light;
- Comida de frutas e vegetales para bebés;

*Por favor, note que el leche, queso, jugo, cereales, mantequilla de mani y formulas para niños van estar en su paquete de comida.

WIC quiere saber tu ideas sobre las mudanzas!

El programa WIC de American Red Cross va submeter sus ideas para USDA
(United States Department of Agriculture).

Que más te encanto en los cambios propuestos?

todas las propuestas estan muy bien

Quieres hacer otros comentarios?

NO Mas que todo a WIC

Anna Tapia

Firma del participante

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

more C
like B
is added, and more food
veggies!

What other comments would you like to make?

Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

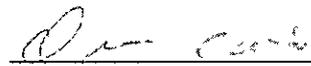
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

I think it's wonderful

What other comments would you like to make?

if you can
everything
do and it's all yours


Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

fruits & vegetables would be wonderful also
fish

What other comments would you like to make?

soy beverages are not good / processed makes it
RICE or almond milk would be great. (same with reg milk) ^{carcinogenic}

B. Mac

Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Often,

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

I like that fruits & vegetables would be provided.
 "Baby Jar" food is what my daughter eats, and
 I usually eat that too. They are good
 things to eat. They are healthy.

What other comments would you like to make?



Signature of participant

P-4547

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu.
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

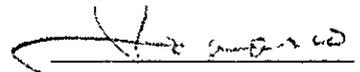
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

I THINK THAT PROPOSAL WOULD BE GREAT!

What other comments would you like to make?


Signature of participant

P-4548

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

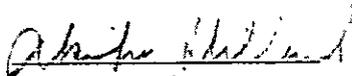
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

fruits and vegetables,

What other comments would you like to make?


Signature of participant

P-4549

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc.);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

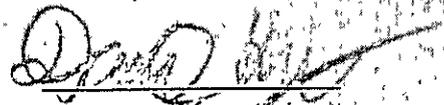
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture):

What do you like most about the proposed changes?

Fruits & vegetables
baby jar

What other comments would you like to make?



Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

add more fruits and vegetables
 add more whole grain foods
 add more milk substitutes
 add more canned beans
 add more canned salmon or sardines
 add more "baby jar" fruits and vegetables

What other comments would you like to make?



Signature of participant

P-4551

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

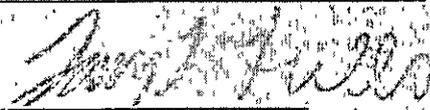
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

fruit / vegetables
canned beans
whole grain foods!

What other comments would you like to make?

good customer service :) thank you!



Signature of participant

P-4552

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I like the good foods and vegetables
that I receive

What other comments would you like to make?

None

Lucinda [Signature]
Signature of participant

P-4553

IT'S TIME FOR A CHANGE!

DDV 08 2000

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

fresh fruit + vegetables

What other comments would you like to make?

Debra Zeld

Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

I think the changes are positive. We were grateful for the use of coupons for fresh fruits and vegetables in the past. I also like the idea of being able to shop at in store participating in the WIC program.

What other comments would you like to make?

Karen Thayer
Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu.
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

Great!

What other comments would you like to make?

Motoko Smith

Signature of participant

P-4550

IT'S TIME FOR A CHANGE!

NOV 5 1992

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu.
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

the fruit changes will be nice

What other comments would you like to make?

Ana Lucia Herrera
Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture)

What do you like most about the proposed changes?

all would be wonderful the healthy foods are always the most expensive to buy and fruits, veg's for baby food breads, tortillas will be a nice help along w/ the already great help.

What other comments would you like to make?

Carmell Smith
Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

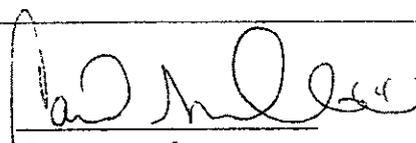
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

Fruits and vegetables

What other comments would you like to make?


Signature of participant

P-4559

IT'S TIME FOR A CHANGE!

NOV 6 1991

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

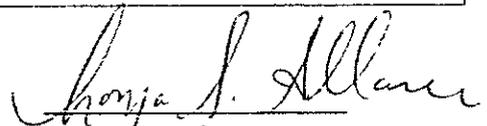
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

- fruits and vegetables
- baby jar food
- canned tuna
- canned beans

What other comments would you like to make?

I hope this change happens


Signature of participant

P-4560

IT'S TIME FOR A CHANGE!

NOV 26 2005

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

I like that we can get fruits & vegetables.

What other comments would you like to make?


Signature of participant

P-4561

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu.
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

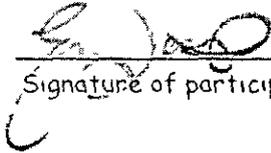
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

It gives
instead
really a

new variety on items
ing to other items they

What other comments would you like to make?


Signature of participant

P-4562

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

that would be nice

What other comments would you like to make?

Charissa Cash

Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

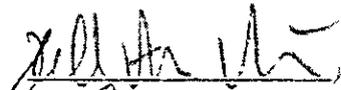
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

adding fruits + veggies

What other comments would you like to make?


Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

the fruits & vegetables & the bread substitutes are good ideas & changes

What other comments would you like to make?

Diana Alexander
Signature of participant

P-4565

NOV 6 1983

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

Here's people on a budget, kids will be able to get out the more nutritious food

What other comments would you like to make?

Linda Smalley
Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

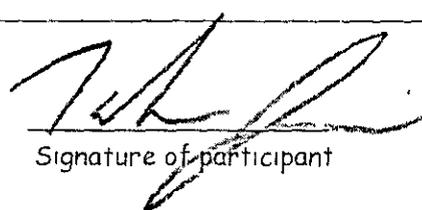
*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

What other comments would you like to make?



Signature of participant

r-4507

IT'S TIME FOR A CHANGE!

Nov 6 1995

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruit & Milk's substi
for those who need it.
great 😊

What other comments would you like to make?

H. Robinson

Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits and vegetables is good
 whole grain is good
 But not really sure about
 everything else

What other comments would you like to make?



Signature of participant

P-4569

IT'S TIME FOR A CHANGE!

NOV 6 2011

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu.
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

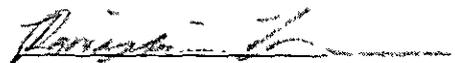
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

I think that everything sounds great

What other comments would you like to make?



Signature of participant

ES TIEMPO DE MUDANZA!

WIC tiene una propuesta nueva en su paquete de comida.

Unas de las *propuestas adicionales* y de cambio:

Propuesta:

- Frutas y vegetales;
- Substitutos para la leche como bebidas con soya y tofu;
- Frijoles enlatados;
- Granos integrales en general (cereales, panes, tortillas, arroz e etc);
- Enlatados de salmon o sardinas como adicional del atun light;
- Comida de frutas e vegetales para bebes;

*Por favor, note que el leche, queso, jugo, cereales, mantequilla de mani y formulas para ninos van estar en su paquete de comida

WIC quiere saber tu ideas sobre las mudanzas!

El programa WIC de American Red Cross va submeter sus ideas para USDA (United States Department of Agriculture).

Que mas te encanto em los cambios propuestos?

Frutas y vegetales, Granos integrales en general

Quieres hacer otros comentarios? NO

Ruben Sanchez

Firma del participante

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

ITS GOING TO HAVE MORE OPTIONS.

What other comments would you like to make?

Beverly D. Crane

Signature of participant

1-4572

IT'S TIME FOR A CHANGE!

NOV 30 2011

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

I like it
helps me
I love it.

that we would have. It would
be a good ex: fruits & veggies, canned beans, etc.
Thank you!

What other comments would you like to make?

Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

baby jar, fruit and vegetables

What other comments would you like to make?

I think we should have a card where we could go anywhere or different store.

Michelle Amorena
Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

- The adding fruits and vegetables.
- The adding canned beans (instead of dried beans)

What other comments would you like to make?

NONE



 Signature of participant

IT'S TIME FOR A CHANGE!

WIC 4/2/00

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

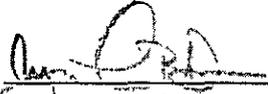
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture)

What do you like most about the proposed changes?

* addition of fruits & vegetables
* whole grain items

What other comments would you like to make?


Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

It offers more of the healthy stuff.

What other comments would you like to make?

baby jar fruits and veggies is a great idea.

Wendy Rankin

Signature of participant

P-4577

IT'S TIME FOR A CHANGE!

NOV 0 1997

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

the canned beans, and the variety of grains.

What other comments would you like to make?

It would be a great addition

Armanda Andrade
Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

fruits

What other comments would you like to make?

no

Antonia M...
Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

These changes are great! More choices & variety can lead to better health!!
 I like the variety options of tortillas, fruits & veggies & baby jar fruits & veggies!

What other comments would you like to make?


 Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

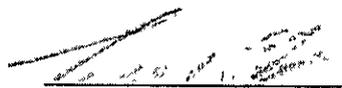
*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

What other comments would you like to make?


*Signature of participant

P-4581

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

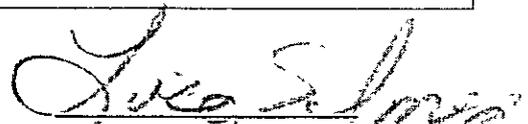
*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

What other comments would you like to make?


Signature of participant

IT'S TIME FOR A CHANGE!

2013

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Very good because I can get fruit and vegetable.
My son he very like to be

What other comments would you like to make?

Amelia N. M.
Signature of participant

IT'S TIME FOR A CHANGE!

1999

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

Fruit and baby jar food

What other comments would you like to make?

I think it is a very good idea

Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

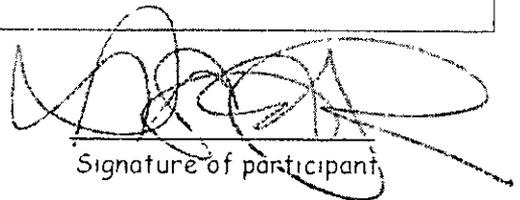
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

I think -
be great
most like
vegies or
snacks.

proposed changes would
if the fruits & vegetables
by prefer the fruit &
a snack or other
in store?

What other comments would you like to make?



Signature of participant

P-4585

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I think its a good idea

What other comments would you like to make?

Phyllis M. Ecelle
Signature of participant

P-4586

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

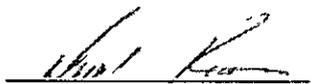
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

about fruits and vegetables,
a whole grain foods and
Canned Salmon.

That will be great and nutritious

What other comments would you like to make?


Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu,
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like **most** about the proposed changes?

What other comments would you like to make?


Signature of participant

P-4588

IT'S TIME FOR A CHANGE!

NOV 94

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

- fruits & veggies - they aren't cheap and kids need more of them
- Bread is also good - something to use with the peanut butter we already get

What other comments would you like to make?

Batman D. Baker

Signature of participant

IT'S TIME FOR A CHANGE!

IND: D- 2316

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- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!
 The American Red Cross WIC Program will submit your ideas to the USDA
 (United States Department of Agriculture).

What do you like most about the proposed changes?

I like the whole grain food idea.

What other comments would you like to make?

I don't personally like soy products or tofu but the rest looks good

Signature of participant

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- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

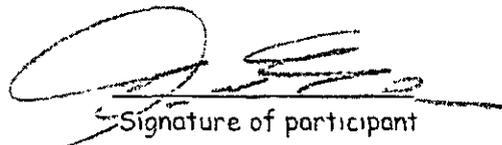
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The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

What other comments would you like to make?



Signature of participant

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- "baby jar" fruits and vegetables.

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WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

everything.

What other comments would you like to make?

Name

Yadunandan
Signature of participant

IT'S TIME FOR A CHANGE!

NOV 01 2000

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- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits & vegetables & Baby food jars.

What other comments would you like to make?

Ramee Gilman
Signature of participant

P-4593

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

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Offer.

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I think its good that all of this
is offered. thank you.

What other comments would you like to make?



Signature of participant

P-4594

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

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- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

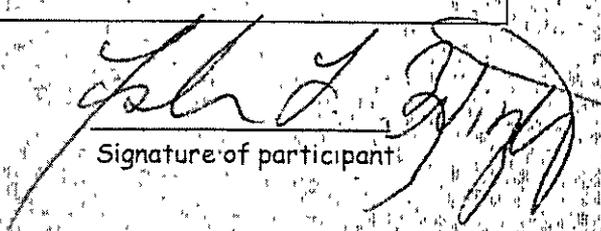
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits and vegetables ~~with~~ could be added and
it would save WIC family a lot more money.

What other comments would you like to make?


Signature of participant

P-4595

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

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- fruits and vegetables;
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- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I like the idea of fruits

What other comments would you like to make?

None

Karin Freedland
Signature of participant

P-4596

IT'S TIME FOR A CHANGE!

NOV 0 2008

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I like the fruits and vegetables idea
& the baby jar fruits & vegetables

What other comments would you like to make?


Signature of participant

P-4597

IT'S TIME FOR A CHANGE!

NOV 04 2013

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I really like the proposed changes, particularly the tuna, rice, tortillas & baby jar food!

What other comments would you like to make?

Sgt. Cham

Signature of participant

P-4598

NOV 04 2000

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

what they offering like fruits and vegetable & the other stuffs

What other comments would you like to make?

I think that's a good idea



Signature of participant

P-4599

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes? *fruit & veg*

as all the baby food come by fresh & natural ingredients for more healthy

What other comments would you like to make? *Do it soon!*

[Signature]
Signature of participant

P-4600

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- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

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WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

fruit in variety

What other comments would you like to make?

they should definitely add bread

(Signature of participant)