

NOV - 3 2006

USDA ...this is what I want on my WIC checks.



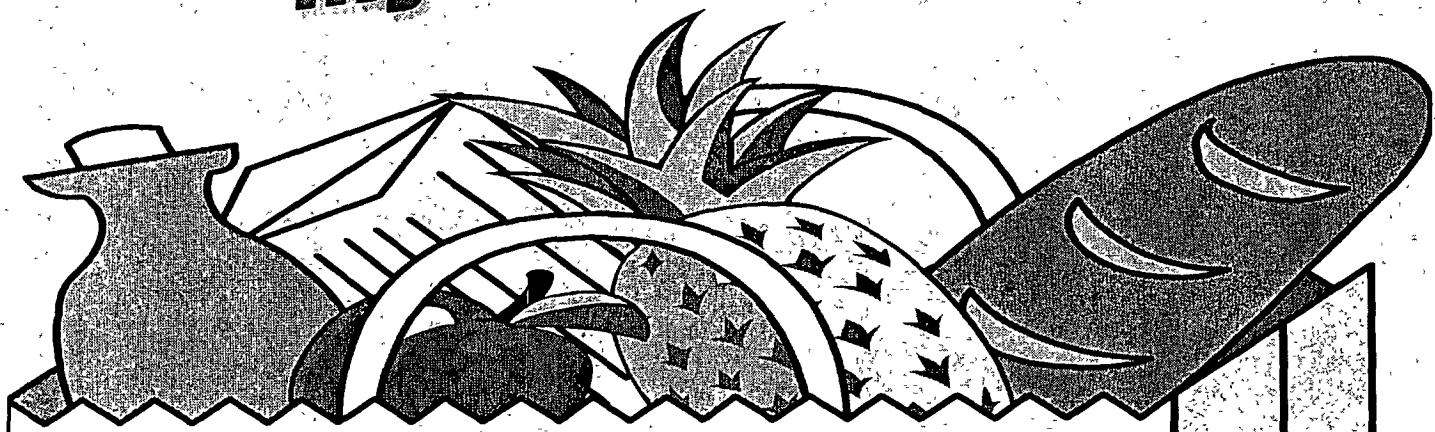
Dear friends at U.S. Department
of Agriculture
I appreciate your adding
of fresh fruit and vegetables to
the WIC checks. Also of interest
would be soy milk and whole
grain breads. Healthy grain
like brown rice would be great
and tofu as an additional choice.

Thank you
Gretta Blye

P-1967

NOV - 3 2006

USDA...this is what I want on my WIC checks...



I would really like to see on the WIC checks more natural foods such as fruits and vegetables and the chance to choose freely on what kind of vegetables and fruits to choose from.

I think adding these choices to the WIC checks would be an excellent idea for all parent (parents) that love to cook and to parents who stay at home. Having an opportunity to add our foods is also a great idea.

How about Having the chance to get organic foods, can that be healthy? I would like to know.

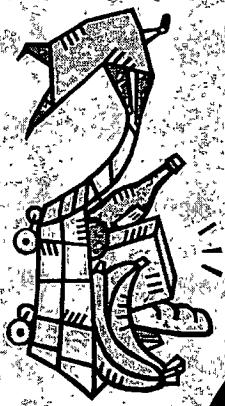
Nector Edward Pineda 10-03-2006

P-1968

NOV - 3 2006

USDA-

Մասնակիութեան
Գյուղատնտեսական
Բաժնում... Խվար
Կորոնումի Վրա
կողեւ այլաշեւ...



Dear Mrs Dr. Mackay
~~for~~ for the help Dr. in getting
But I like rice to have in
my cheek. Beef, Potato, Vegetable
Yogurt, rice, Sack milk, Bulgur
The to Day st.

Please ~~the~~ the cheek for my
left ear of proceed.
Mack Mack
Second st.

P-1969

NOV - 3 2006

USDA...
this is what I want on
my WIC Checks....



Hello,

My opinion is instead of
You adding fruits and vegetables
to the wic Coupon I intend
I would like to choose
Weather I want 4 milk
or fruits and vegetables
for each Month. thank You

Elizabeth Fajardo

P-1970

May - 3 2006

USDA...
this is what I want on
my WIC Checks....



Dear USDA Thank you but I think
that we should be able to choose each
month what we ~~want~~ should fruits or milk,

[Handwritten signature]

P-1971

NOV - 3 2006

USDA...

this is what I want on
my WIC Checks....



I would rather keep all the
milk that eggs and cheese that is
being given to me b-cuz ~~these~~
they are all being very useful to me.
Fruits and veggies would also be a great
help to me and my kids.

Thank you. Vallua
Hernandez

P-1972

NOV - 3 2006

USDA...

this is what I want on
my WIC Checks....



I would really appreciate it if my
WIC food vouchers were not changed.
I already buy my fruits and vegetables
from a vendor that comes by my house
daily.

Thank You

P-1973

NOV - 3 2006

USDA...
this is what I want on
my WIC Checks....



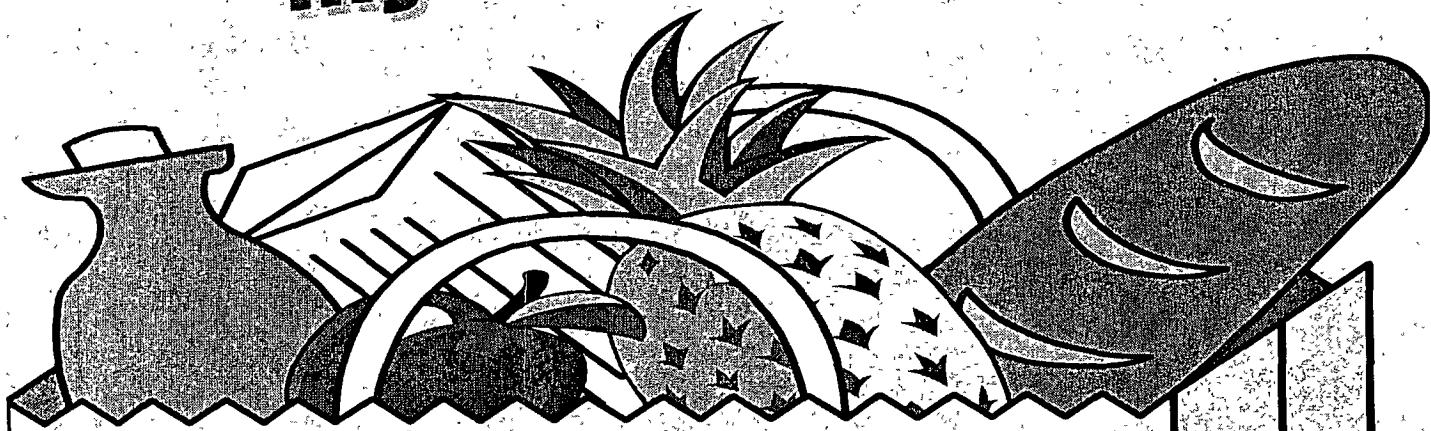
I think adding fruit and Veggies is very important as long as we can continue to have our milk, eggs, and cheese and I also think it should be our choice to have either fruit & veggies or milk, eggs etc.

B. Macay.

P-1974

NOV - 3 2006

USDA ...this is what I want on my WIC checks...



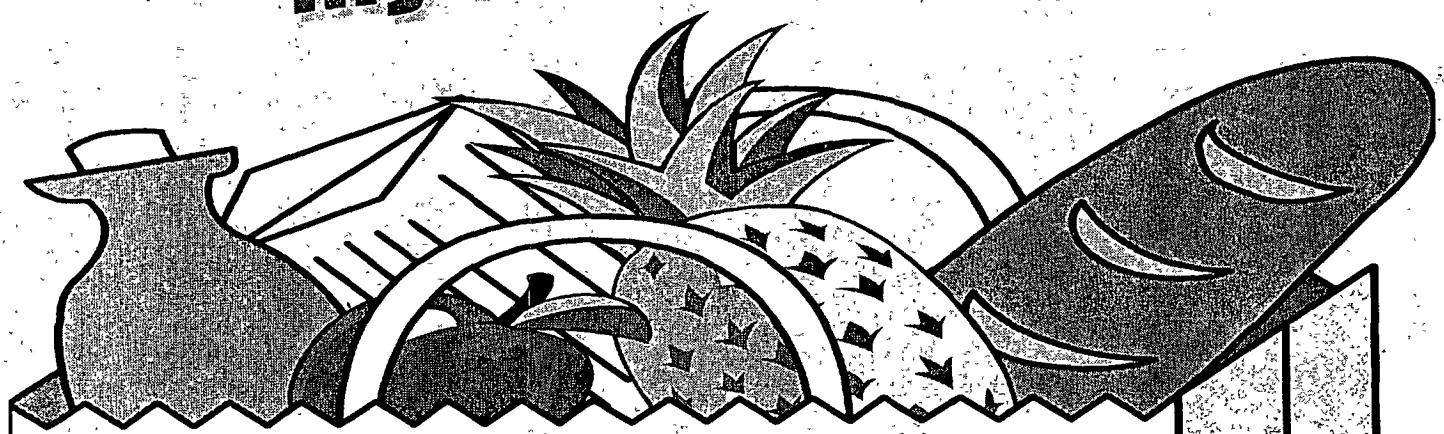
Dear USDA, I'm writing to inform you of the needs of todays wic participants, we would like to receive bread and fruits, vegetables, tortillas, rice, meat. I hope you take this in to consideration and thank you very much.

Marie Louise Chapman

P-1975

NOV - 3 2006

USDA ...this is what I want on my WIC checks...



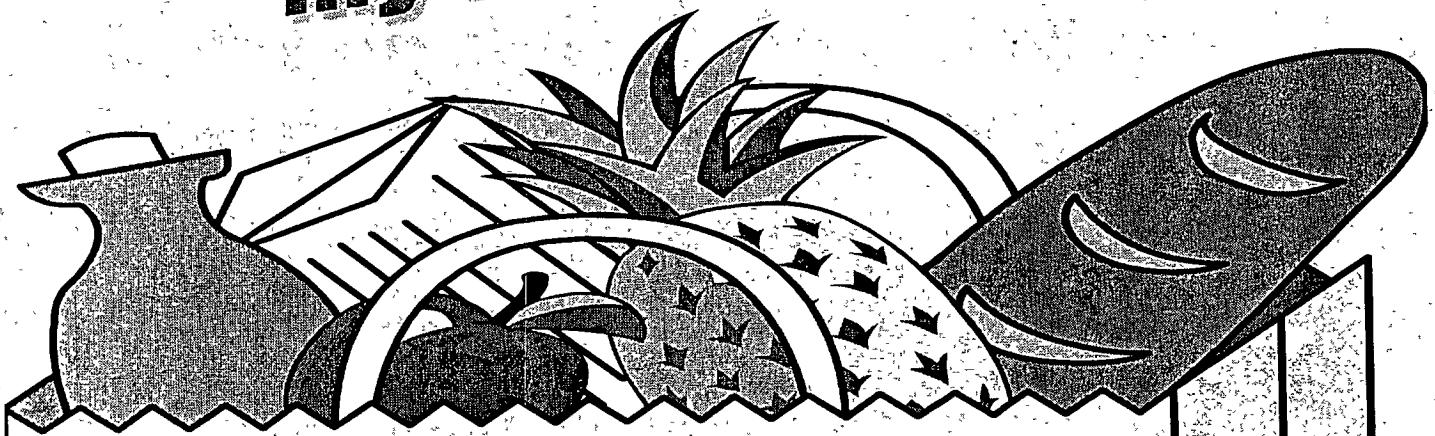
I would like WIC to provide
vegetables, ex: tomatoe, onions, squash,
green bell pepper, potatoe, lettuce, cilantro etc.
fruit, apples, pears, melon, water melon.
also different types of cereal
not sugar one but ex: Kix.

Helen J. Marcell

P-1976

NOV - 3 2006

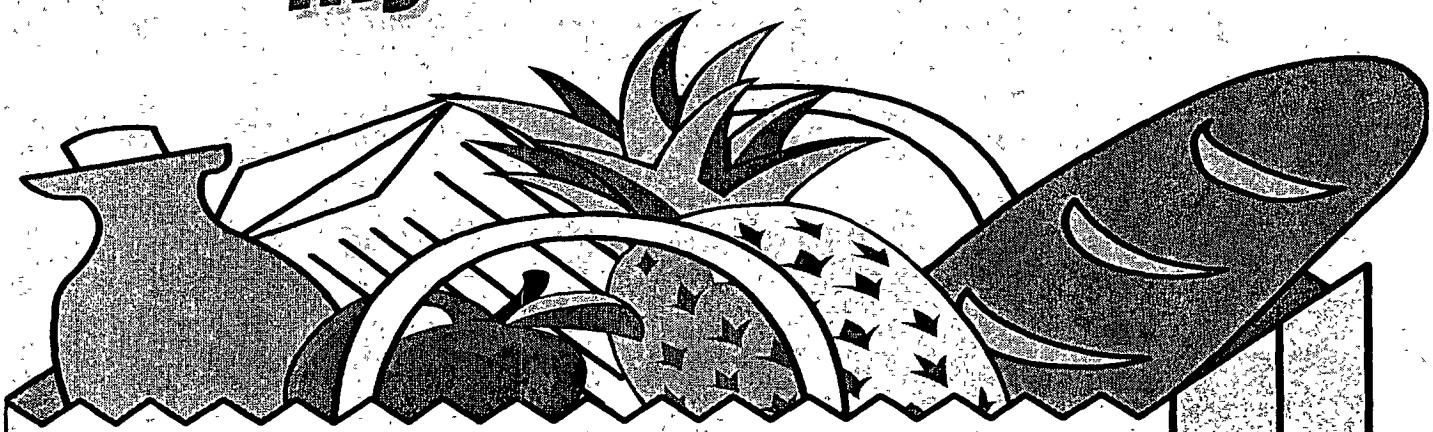
USDA ...this is what I want on my WIC checks...



First thank you for help and
for me its been really helpful
only that we are a Lactose
Free Family so the cheese
is not available everywhere
so that would be something
I would like to suggest.
If I would to add something
it would be breads and rice.
The fruit is working great
as well. Thank you for every
thing is really helpful.

P-1977

USDA ...this is what I want on my WIC checks...



Thank you very much for my
WIC checks But also I want to
ask if possible to include more
fruits & vegetables to this program
also bread can food for baby

P-1978

NOV - 3 2006

USDA ...this is what I want on my WIC checks...



On my WIC checks I
want to see more
vegetables than cereal.
And maybe some whole grain
bread and fruits.

claudia

P-1979

NOV - 3 2006

USDA...
this is what I want on
my WIC Checks....



Dear friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC Foods.

I think that it's a good idea because it's going to help a lot of families to eat healthy, and help kids ~~get~~ with their health.

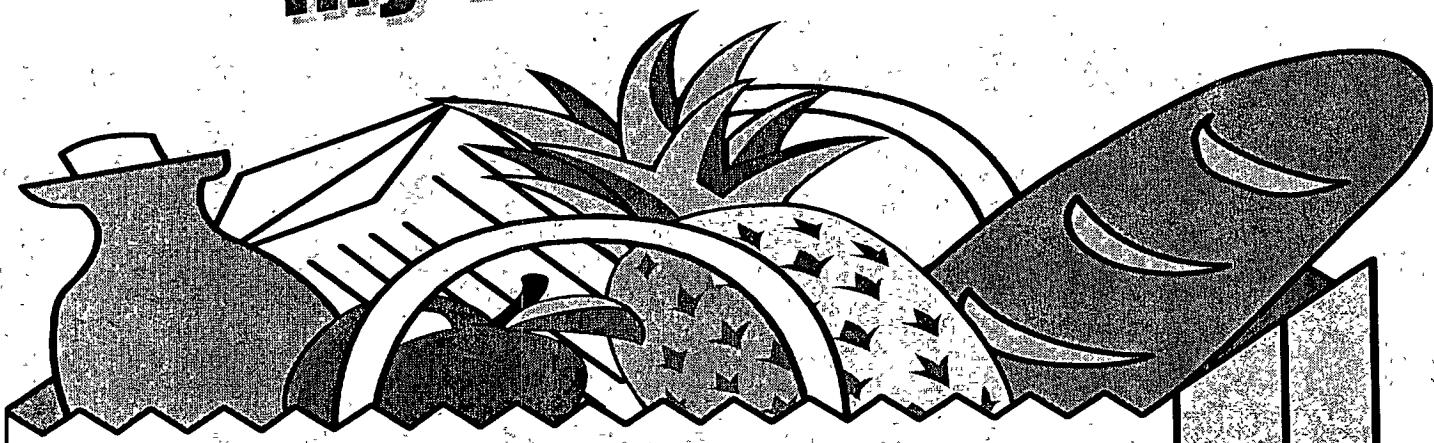
Thank you

Hector Haci Herrera

P-1980

USDA...this is what I want on my WIC checks...

NOV - 3 2006



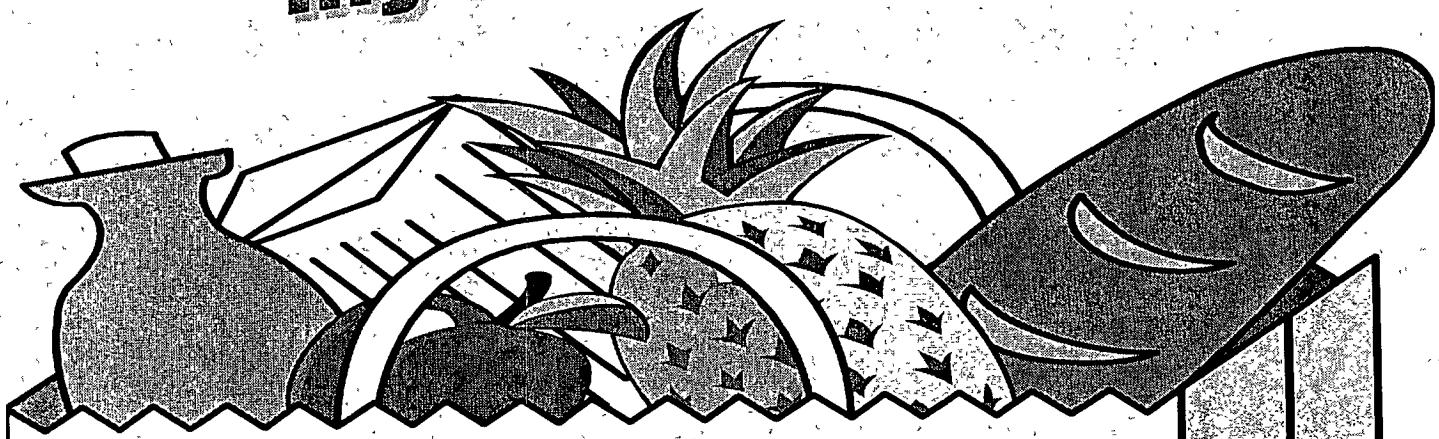
I would like to stay with the
amount of milk I get
now

Thank you
Silvia Lepa Sallie
709 W fifth St.
Azusa CA 91702
(626) 969-6920

P-1981

USDA...this is what I want on my WIC checks...

NOV - 3 2006



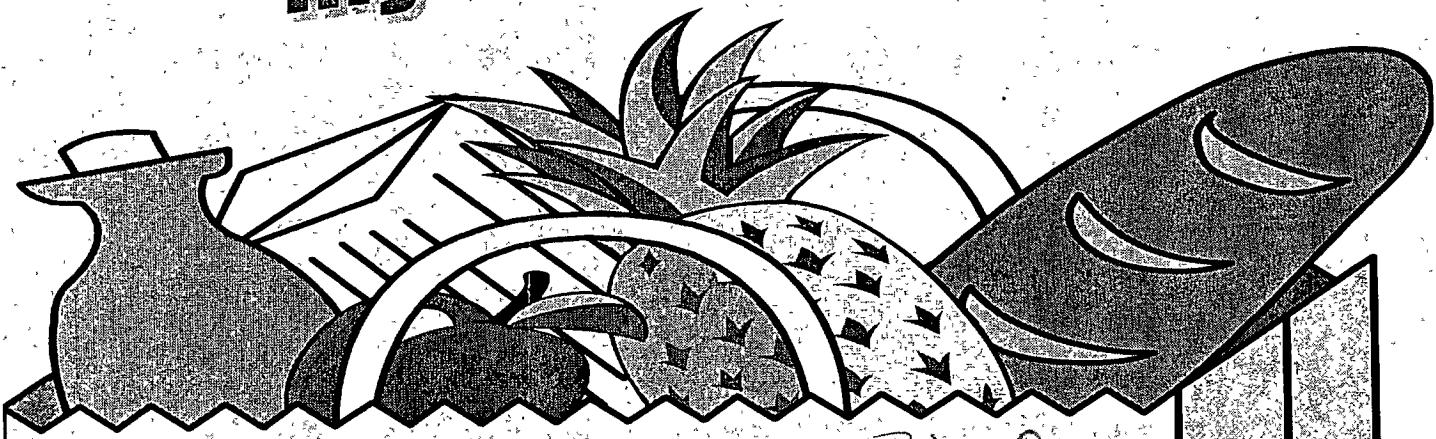
I think that the changes
on the WIC checks are
OK. I agree with the foods
but not with the decrees
on the milk. If you could
leave the milk, and take away
the cereal and juice it will be
fine. I promise to buy 1% milk.
thanks

Monica Anta
18415 E. Nearfield St.
Aliso, Ca 91702

P-1982

USDA ...this is what I want on my WIC checks...

NOV - 3 2006



Belen CRUZ
630 E 6th A
AZ 85920 91702

I'm so glad, And thank for to God, that we have
wic. It find with me that you take the whole milk
out. I'm trying to do that my self but sometimes its
just easy to get whole milk. I what the best health for
my son. I dont know about the others mom's but I get
to much cereal. thank you

P-1983

USDA...this is what I want on my WIC checks...

NOV - 3 2006

Dear friends at US Department
of Agriculture,

Thank you for adding fruits
and vegetables to the WIC Checks.
My family loves to eat them, but it
has been expensive for me to buy
them. Now I am ^{will} able able to
make healthier meals. I really
appreciate your discussion.

sincerely

Cashun Willy

1351 S. Sepulveda Unit D LA, CA 90025

P-1984

USDA...this is what I want on my WIC checks...

NOV - 3 2006

Thank you for adding fruits and
vegetables to the wic checks.
I will enjoy choosing
fresh, healthier foods for my
family.

Malia Santiago
11625 Nebraska av #1
W.L.D.C. 90025

P-1985

USDA...this is what I want on my WIC checks...

NOV - 3 2006

USDA

Adding F/V to the
WIC Checks. is A good Idea
Since us LATINOS /Hispanics
are high in Diabetes /Cholesterol/
Hi blood pressure, will help us give
our children less sugar & Salt
in their foods.

ALSO As healthy Snacks we
can use F/V.

J Isabel Gutierrez

P-1986

- NOV - 3 2006

USDA...
this is what I want on
my WIC Checks....

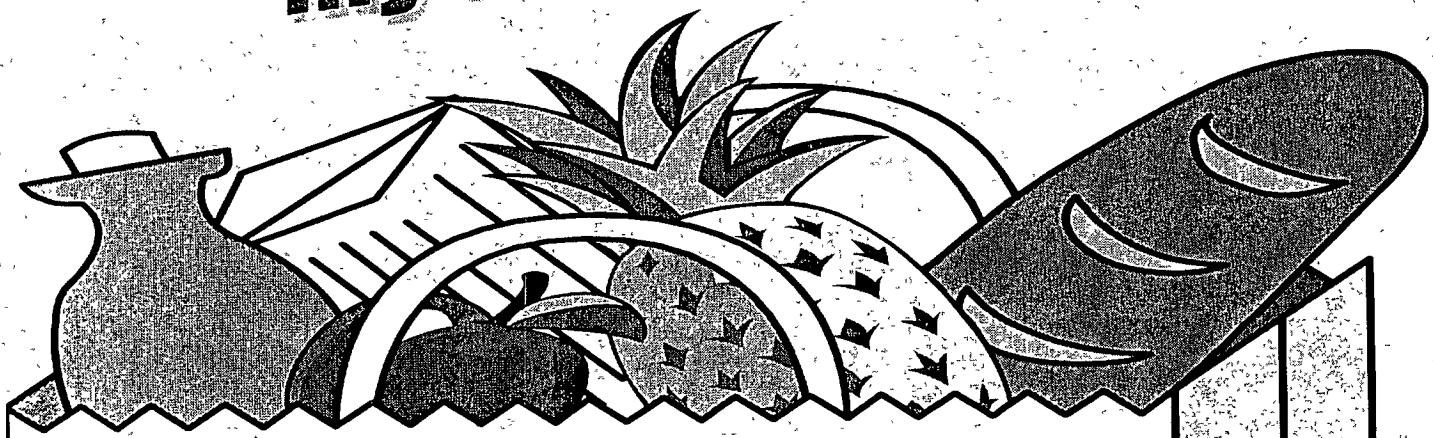


I would appreciate Fruits, Vegetables, rice, bread,
or tortillas added to the W.I.C. program. I appreciate the
selection we are given and the help we receive. Other
healthy foods would be appreciated. Thank you.

P-1987

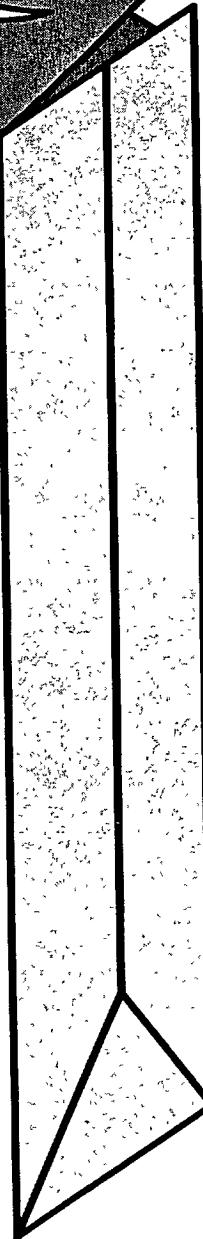
NOV 03 2006

USDA ...this is what I want on my WIC checks...



fruit,
whatever

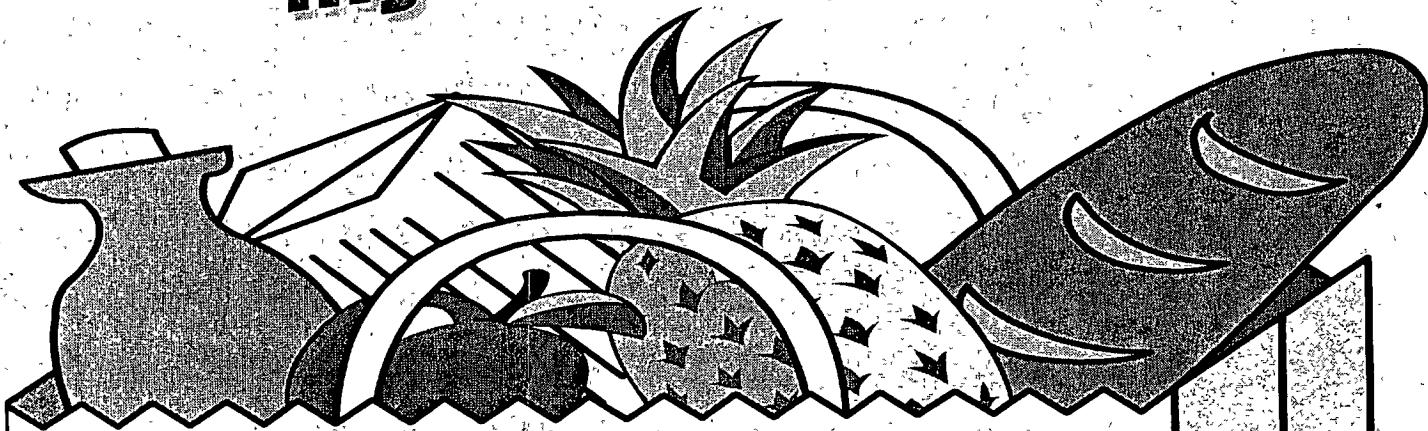
Not your Gotrade



P-1988

NOV 03 2006

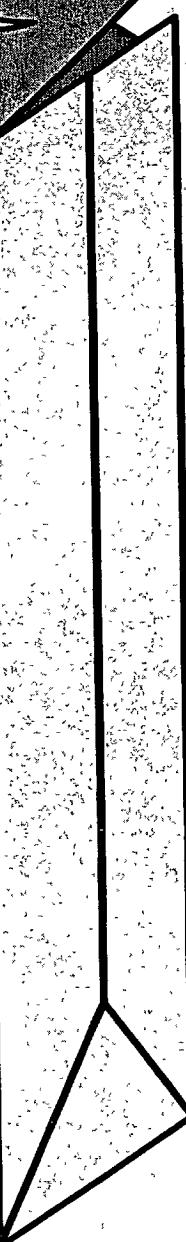
USDA...this is what I want on my WIC checks.



- * Sap milk
- * yogurt
- * Baby food
- * Corn and Green beans
- * Jelly spread
- * potatoes



Jan Sales



P-1989

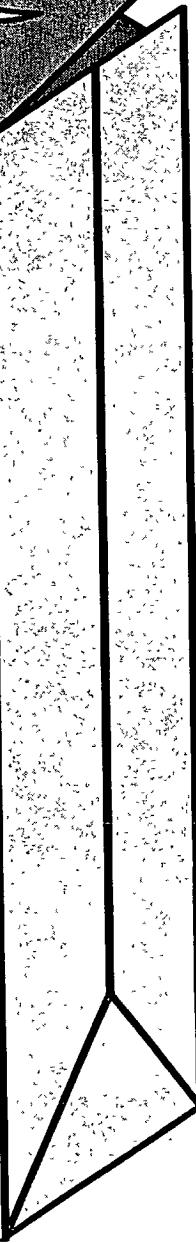
NOV 03 2008

USDA...this is what I want on my WIC checks...



Vegetables
fruits
Baby foods

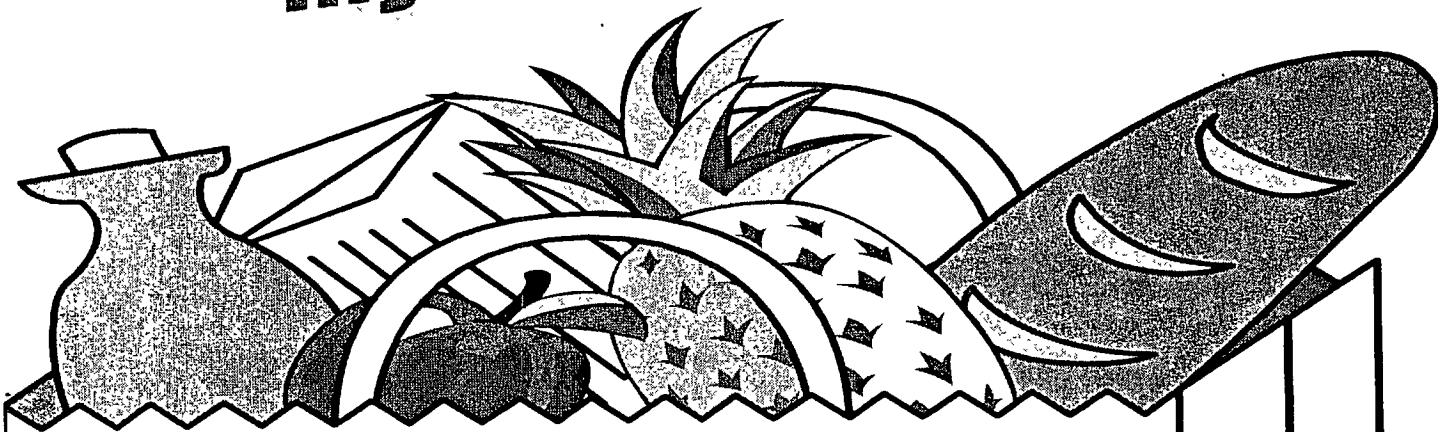
Terry Young



P-1990

NOV 03 2006

USDA ...this is what I want on my WIC checks...



All children up to 5 yrs. old should be able to stay on wic

② Baby food is a good selection

③ fruit and vegetables

④ Totifiers, and some Canned items

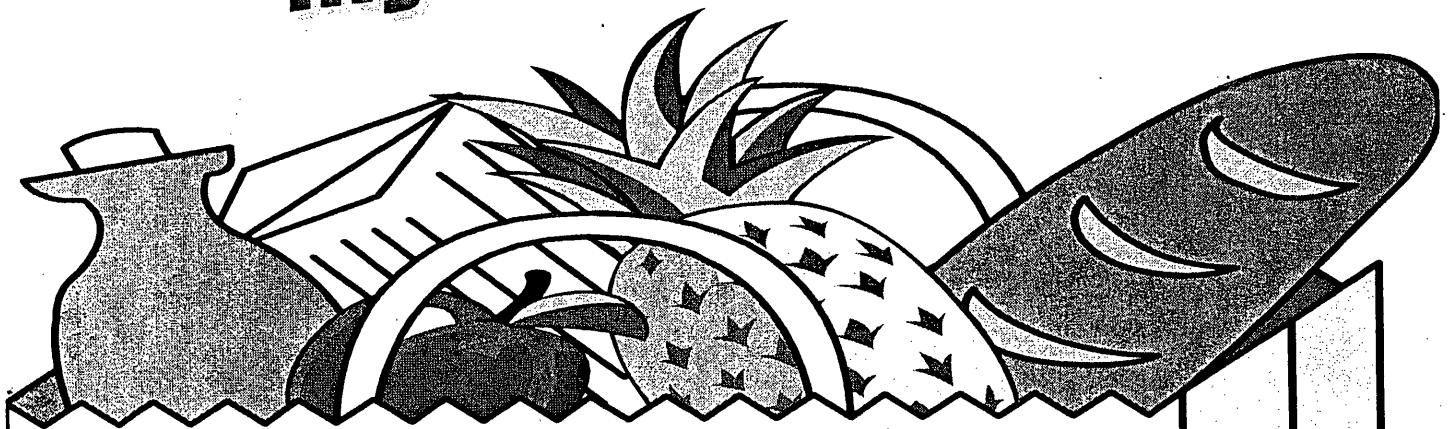
Would be good for when our child are sick

Thank you,
Toni Lee Reeder

P-1991

NOV 03 2006

USDA ...this is what I want on my WIC checks...



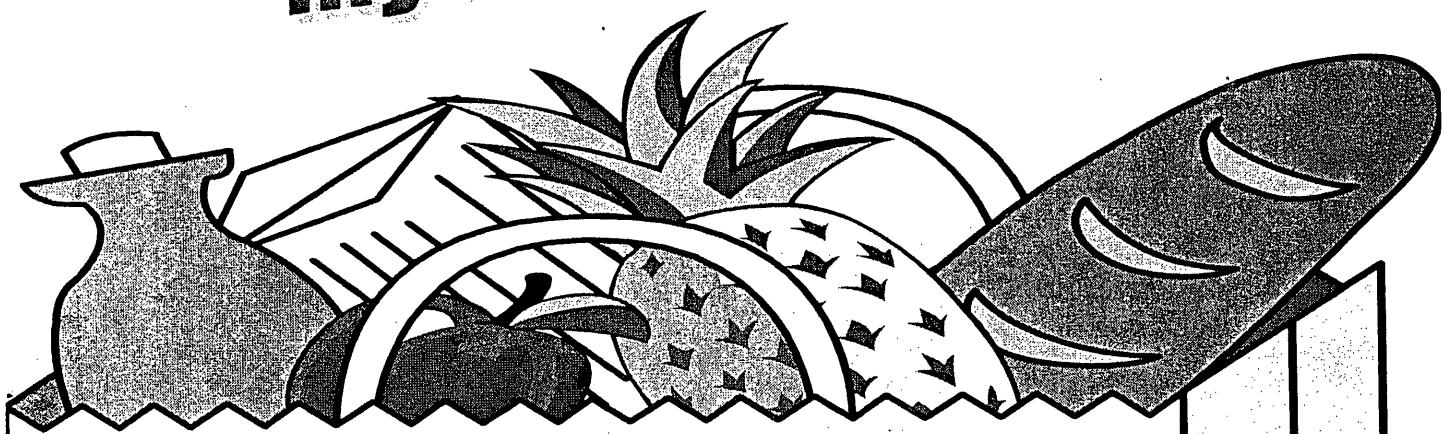
Vegetables
fruits
bread
tortillas

Carrie Black

P-1992

NOV 03 2006

USDA ...this is what I want on my WIC checks...



In my opinion I think it
is good idea if we can have
it like this. I
know about here we don't
say fruits except pineapples
not like that.

Others Parade

P-1993

NOV 03 2006

USDA ...this is what I want on my WIC checks...



Dear friend of Dept of Agriculture

I, Margo Saucedo would like
to keep my checks the same
I do not agree with the change.

Margo Saucedo
M. Saucedo

10/3/06

P-1994

NOV - 3 2006

USDA...
this is what I want on
my WIC Checks....



To USDA

I am writing to tell you what
I think. We really need that change.
it will be good for the family
We need Vegetables and Fruits
and kids will love that.

x Channe-Kindle
Channe-Kindle

P-1995

NOV 3 2006

USDA...
this is what I want on
my WIC Checks....



Dear Friends at US Department of Agriculture,
I am writing to tell you what I think about the proposal to
change WIC foods.

Thank you for adding fruits and vegetables to the WIC
checks! I will enjoy choosing fresh, healthier foods for my
family.

What I like most about the proposed change is that
~~Healthy~~ Healthy foods will be available for myself and my
family.

Thank You for reading my comments!

Sincerely,

A handwritten signature in black ink, appearing to read "Sincerely, [Signature]".

P-1996

NOV - 3 2006

USDA...
this is what I want on
my WIC Checks....



Dear USDA Thanks for adding fruits and vegetables in our wic checks.
So we can keep cooking and preparing healthy foods for our childrens.
In my case I have a child so this opportunity to get fruits and vegetables in the wic checks is a great idea.
Thanks USDA

Jenny Lived.

P-1997

NOV - 3 2006

USDA....
this is what I want on
my WIC Checks....



Dear friends of USDA. Thanks for adding on fruits and vegetables to our checks. Now I will be able to make more healthier foods. The cost of fruits and vegetables keep on rising. Thank you for reading my comments.

Thank You,
Nayer Delgad

P-1998

NOV - 3 2006

USDA...
this is what I want on
my WIC Checks....



DEAR USDA

I am writing this short letter to let you know that I would like to get this Fruits & Vegetables. that are fresh. Squash, Potatoes, Celery, tomatoes, carrots, bell peppers and apples, oranges, peaches, melon, watermelon thank you.

Arcely Lopez.

Arcely Lopez
10/5/06

P-1999

NOV - 3 2006

USDA...this is what I want on my WIC checks...



I would like for the checks to stay the same for many reasons. I am not a vegetarian, nor are my children. I personally don't think that any children are going to want to eat cereals made out of wheat that won't appeal to kids. The other cereals have just as much nutritional value and taste better.

Sincerely,
Suzanne Martinez