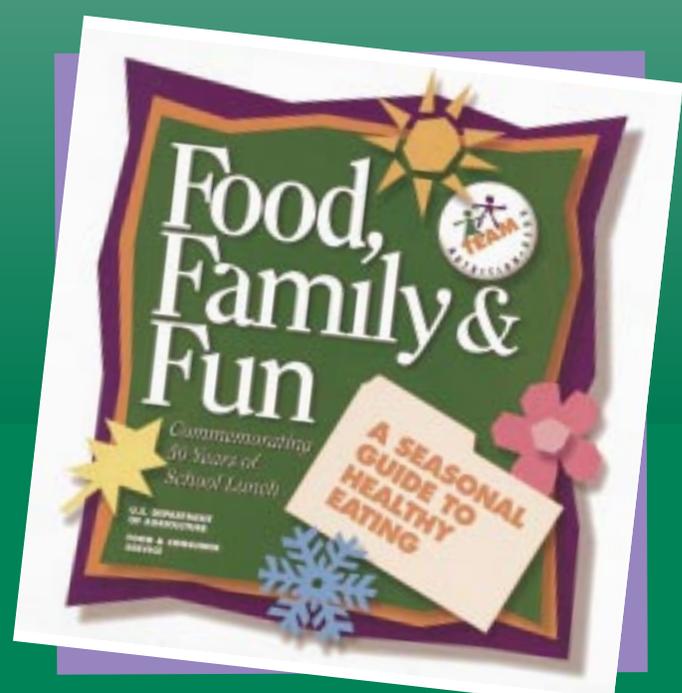
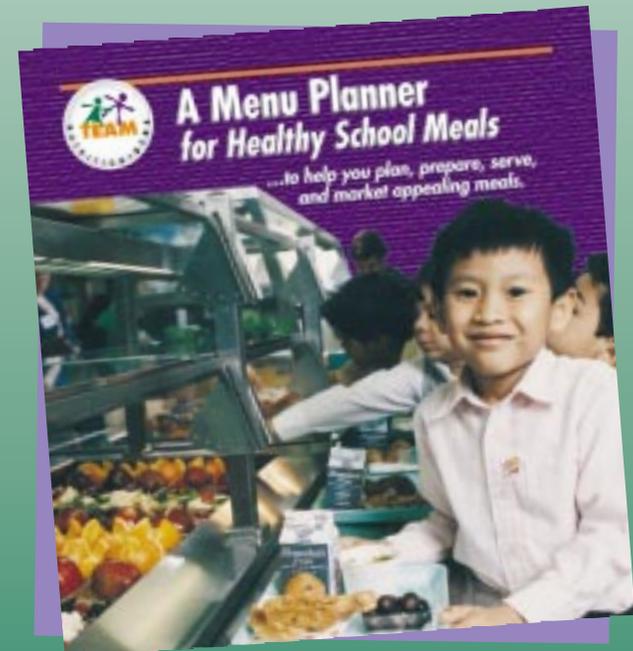
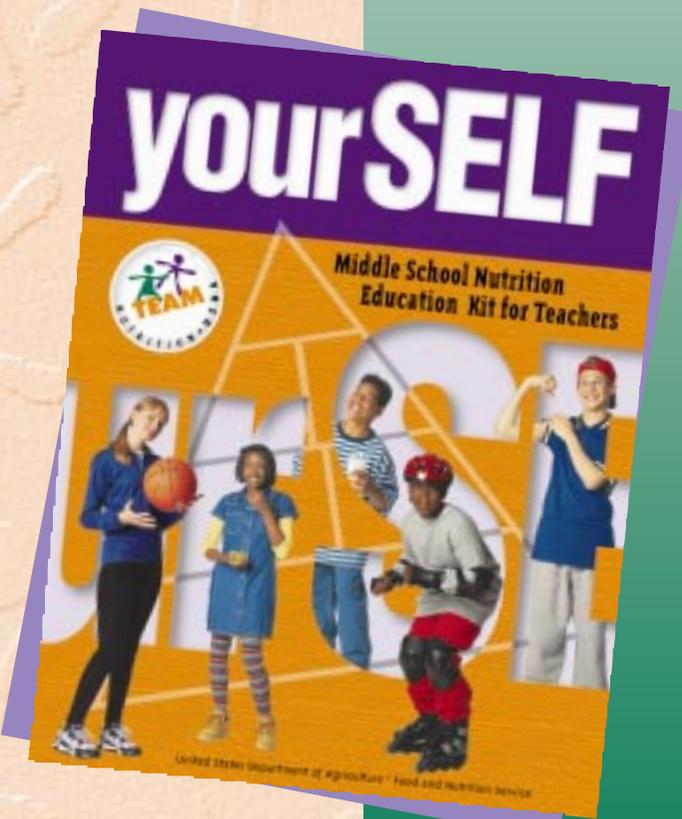




Team Nutrition Resources

A Guide to What's Available
And How to Get It



How to get in touch with us



USDA's Team Nutrition
3101 PARK CENTER DR. RM. 1010
ALEXANDRIA VA 22302

Phone: (703) 305-1624
Fax: (703) 305-2879

Contact Us on the Internet

Email: teamnutrition@fns.usda.gov

Team Nutrition Home Page: <http://www.fns.usda.gov/tn>

Healthy Schools Meals Resource System Home Page: <http://schoolmeals.nal.usda.gov:8001/>



National Food Service Management Institute
Phone: 1-800-321-3054



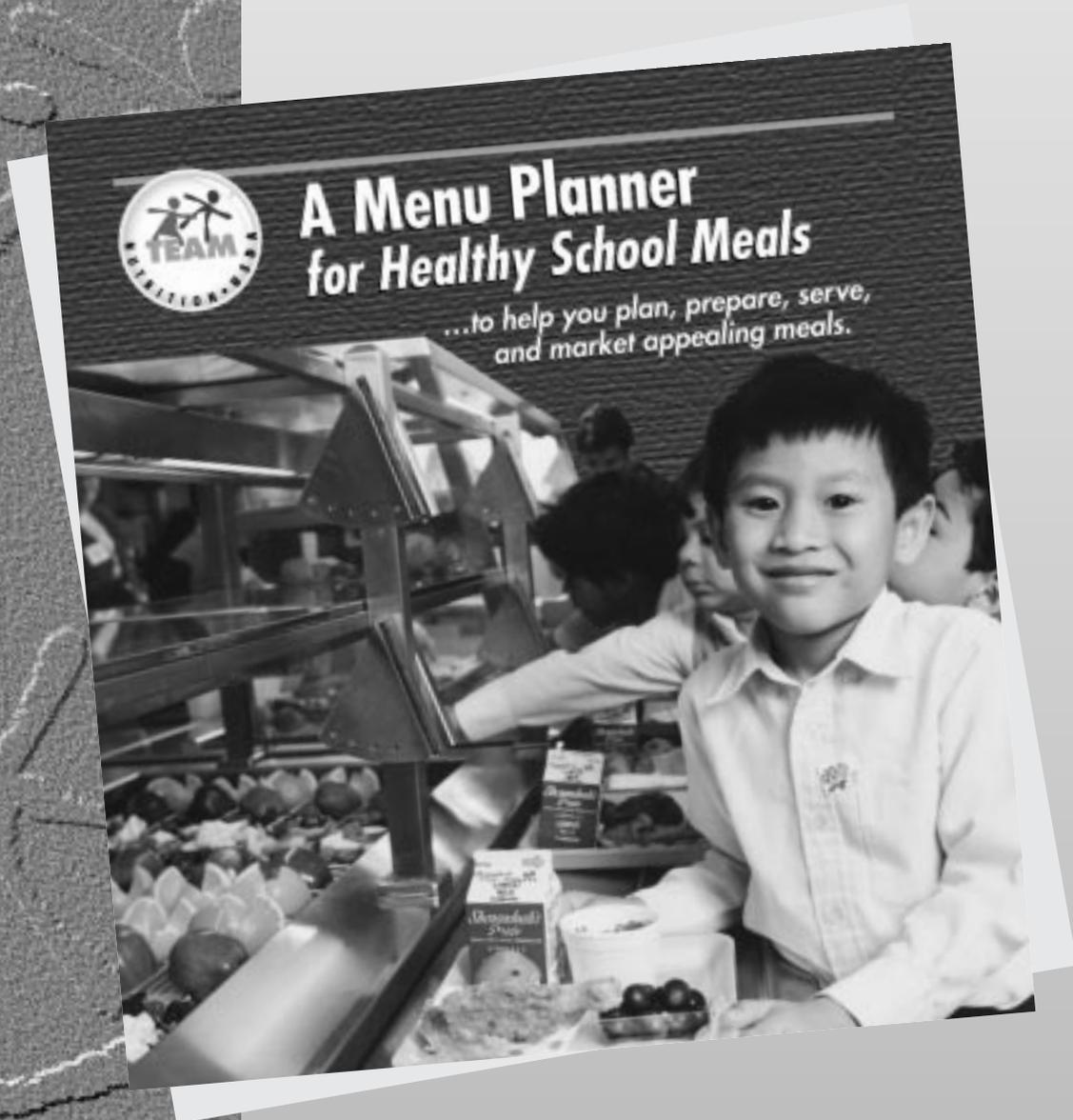
United States Department of Agriculture
Food and Nutrition Service

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Training and Technical Assistance for Food Service Professionals



I. Training and Technical Assistance

■ Assisted NuMenus Guidance:

School Lunch and Breakfast Menus

This manual is designed to assist local school food authorities with menu planning. The manual provides two 5-week lunch cycle menus (Grades K-6 and Grades 7-12), as well as one 1-week breakfast cycle menu. It also includes standardized recipes, generic food product descriptions, food preparation methods and nutrient analysis.

Printed: September 1996

Distributed: directly to state agencies for requests by school districts and schools, in a quantity of one per school.

Available: for purchase from National Food Service Management Institute (NFSMI).

■ Child Care Recipes: Food for Fun and Health

This publication contains more than 180 recipes that were developed specifically for Child Care Centers. This recipe set will help staff prepare meals in line with the *Dietary Guidelines for Americans*, by stressing the use of more fruits, vegetables and grains while lowering fat content. Includes useful booklet on working with the recipes, 43 information cards and a reprint of a Food Safety and Inspection Service publication, "Keeping Kids Safe: A Guide for Safe Food Handling & Sanitation for Child Care Providers."

Printed: March 1999

Distributed: to Child Care Centers, Sponsors and state agencies.

Available: for purchase from NFSMI.

■ Choice Plus: A Reference Guide for Foods and Ingredients

A 202-page guide developed by the Food and Nutrition Service (FNS) in cooperation with NFSMI. Complete with sample product descriptions, the guide provides information that can help school districts make informed decisions when

purchasing food for school meals. A complimentary piece to NFSMI's *First Choice* purchasing manual.

Printed: August 1996

Distributed: to state agencies and one to each school food authority nationwide.

Available: for purchase from NFSMI.

■ Cooking a World of New Tastes

This is a set of four training videos on healthy food production for school food service personnel. Videos and accompanying guide feature USDA recipes and explore new approaches to the production of healthy foods with an emphasis on developing culinary skills.

Printed: November 1998

Distributed: to each school food authority nationwide, Nutrition Education and Training (NET) and state agencies.

Available: for purchase from NFSMI.

■ Equipment Guide

This guide presents a decisionmaking process and critical pathway approach to purchasing conventional food service production equipment. Addresses issues related to new construction, renovation and replacements. Developed by the NFSMI, FNS printed a limited number of copies for distribution to school food authorities.

Printed: March 1999

Distributed: to each school food authority nationwide and state agencies.

Available: for purchase from NFSMI.

■ **Great Nutrition Adventure Action Packet**
This Packet includes strategies for working with chefs, as well as recipes, a video and a resource directory of chefs nationwide who are willing to volunteer time in schools.

Printed: January 1996

Distributed: to Team Nutrition Schools in their Resource Kits.

Available: to Team Nutrition Schools in their Resource Kits.

■ **Healthy School Meals Training**

A trainer's guide of approximately 200 pages; also includes 180 slides and reproducible transparencies. Developed to assist state agencies and school districts in implementing the School Meals Initiative for Healthy Children.

Printed: December 1995

Distributed: to state agencies.

Available: on the Healthy School Meals Resource System (HSMRS) website.

■ **Menu Planner for Healthy School Meals**

The Menu Planner is designed to educate school food service staff on the link between nutrition and health. This nutrition resource includes chapters on meeting dietary guidelines and nutrition goals, food-based menu planning and nutrient standards, nutrient analysis, and basic principles and processes of menu planning. The Menu Planner also includes information about how to promote the school meals programs.

Printed: August 1998

Distributed: to all state agencies and to school food authorities for requests from schools.

Available: for purchase from NFSMI.

■ **School Lunch Challenge Recipes I & II**
The School Lunch Challenge was a nationwide competition held by The American Culinary Federation that teamed chefs with school food service directors. These winning, low-cost, popular recipes were standardized for use in schools.

Printed: October 1994 and January 1996

Distributed: to school districts nationwide, to Team Nutrition Schools in their Resource Kits, and to state agencies.

Available: on the HSMRS website.

■ **Serving it Safe: A Manager's Tool Kit**
A comprehensive 239-page food service safety and sanitation training package. It contains a teacher's manual, teaching aids, case studies and group activities. A colorful poster summarizes key points, and an interactive training is also included on CD-ROM and diskettes.

Printed: September 1996

Distributed: one kit to each school district.

Available: for purchase from NFSMI. Also available in Portable Document Format (PDF) on the HSMRS website.

■ **Serving it Safe Poster**

This colorful reference poster is a reprint of the one contained in *Serving it Safe: A Manager's Tool Kit*.

Printed: September 1996

Distributed: to local school district food service offices for their schools in a quantity of one poster per school and to state agencies.

Available: for purchase from NFSMI.

■ **A Tool Kit for Healthy School Meals:
Recipes and Training Materials**

This Kit includes 53 recipes that meet the Dietary Guidelines, a promotion guide and a training manual with instructions on preparing, modifying and standardizing recipes. Each recipe includes a nutrient analysis.

Printed: October 1995

Distributed: to schools nationwide.

Available: for purchase from NFSMI.

■ **Training Guidelines for Healthy School Meals**

A 19-page publication offering recommended topic areas, content and tools for training school food service personnel at several levels: director, manager, food production staff and general assistant.

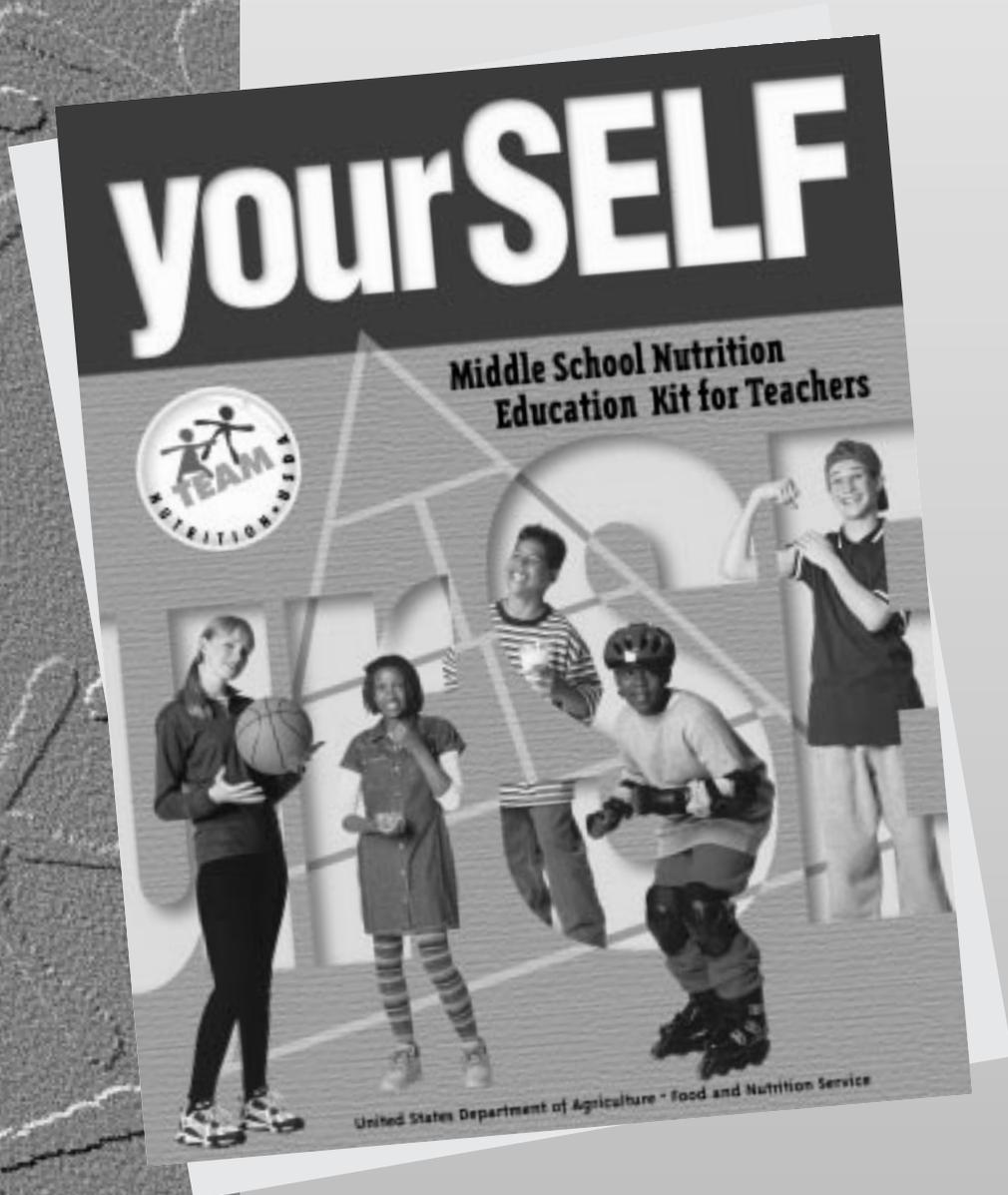
Printed: October 1996

Distributed: to school food authorities and state agencies.

Available: in PDF on the HSMRS website.



Nutrition Education for Children and their Parents



II. Nutrition Education

■ A Healthier Tomorrow...

This brochure describes the goals, values and focus of the Team Nutrition initiative.

Print date: June 1995

Distributed: at events as well as to schools, state agencies and the general public to raise awareness of the initiative.

Available: no longer available.

■ “Dear Student” Reproducible

Attractive student activity sheets for middle and high school classroom use or as a take-home nutrition education piece.

Printed: April 1996

Distributed: to Team Nutrition Middle and High Schools in their Resource Kits.

Available: to Team Nutrition Middle and High Schools in their Resource Kits and upon request from Team Nutrition. Also available in PDF on the Team Nutrition website.

■ Devour for Power Counter Card

This is a display piece, designed for school cafeteria use.

Printed: May 1995

Distributed: to Team Nutrition Elementary Schools in their Resource Kits.

Available: no longer available.

■ Devour for Power Food Guide Pyramid

Featuring characters from *The Lion King*, this poster was designed for classroom, cafeteria, community and at-home use.

Printed: May 1996

Distributed: to Team Nutrition Elementary Schools in the Resource Kits as well as to parents, WIC, American Academy of Pediatrics, Team Nutrition Supporters, state agencies and the general public, when requested.

Available: no longer available.

■ Devour for Power Poster

Featuring characters from *The Lion King*, this poster was designed for classroom, school cafeteria and community use.

Printed: February 1996

Distributed: to Team Nutrition Elementary Schools in their Resource Kits.

Available: no longer available.

■ Eating Smart Growth Chart

Featuring characters from *The Lion King*, this poster was designed for classroom, community, WIC clinic and at-home use.

Printed: February 1996

Distributed: to Team Nutrition Elementary Schools in the Resource Kits, as well as to parents, WIC, Supporters and state agencies, when requested.

Available: no longer available.

■ Fun Tips: Using the Dietary Guidelines at Home

These easy-to-follow tips on making use of the Dietary Guidelines are targeted to parents and teachers for use with children.

Printed: June 1997

Distributed: to Team Nutrition Elementary Schools in their Resource Kits as well as to parents, Supporters and state agencies, when requested.

Available: in Team Nutrition Elementary School Resource Kits and upon request from Team Nutrition.

■ **Go, Glow, Grow Foods for You**

This is a colorful, interactive nutrition activity booklet for 3- and 4-year olds. Its focus is the food guide pyramid and eating a variety of foods. Parents, teachers and caretakers can use it to introduce or reinforce nutrition messages for children.

Printed: April 1996

Distributed: to WIC, elementary schools, parents, child care centers, PTAs and state agencies, when requested.

Available: for purchase from NFSMI. Also available in PDF on the Team Nutrition website.

■ **Middle School Handouts**

Through a partnership with the President's Committee on the Arts and Humanities and the Design Program of the National Endowment for the Arts, a series of poster designs were developed and displayed in Food Stamp Program offices nationwide. These three handouts are smaller versions, containing nutrition education information on one side and poster art on the other.

Printed: August 1996

Distributed: to Team Nutrition Middle Schools in their Resource Kits.

Available: only to middle schools in their Team Nutrition Resource Kits.

■ **Middle School Posters**

Selected from the Food Stamp Art Project, these four posters are the result of a collaborative effort with councils and programs of the arts and their students. The posters communicate and promote the importance of good nutrition and healthy eating choices.

Printed: July 1996

Distributed: to Team Nutrition Middle Schools in their Resource Kits.

Available: only to middle schools in their Team Nutrition Resource Kits.

■ **Scholastic's In-School Curriculum**

Activity-based program to build skills and motivate children to make healthy eating choices. The curriculum presents Team Nutrition's message across elementary school grade levels. Kits have been developed for PreK-K, Grades 1-2 and Grades 3-5. These Kits contain a teacher's guide, resource materials, student magazines, a poster, a take-home family newsletter and reproducible worksheets.

PreK-K: "Food and Me"
Grades 1-2: "Food Time"
Grades 3-5: "Food Works"

Printed: 1995

Distributed: to Team Nutrition Elementary Schools and state agencies.

Available: for purchase from NFSMI.

■ **Sense-ational Food Poster**

Originally from the Food Works Scholastic Kit (Grades 3-5), the flip-side of this poster includes reproducible parent activity sheets for nutrition education in the home.

Printed: 1995

Distributed: to all Team Nutrition Schools.

Available: in Team Nutrition Middle and High School Resource Kits and upon request from Team Nutrition.

■ **Serving Up Success**

A "how-to" activity booklet supporting the theme Get Growing—From the Ground Up! The booklet features actual nutrition education activities created by schools across the country.

Printed: December 1997

Distributed: to Team Nutrition Schools in their Resource Kits, Supporters, Cooperative Extension Service, NET and state agencies for Team Nutrition Days 1998.

Available: in Team Nutrition Resource Kits and upon request from Team Nutrition.

■ **Smart Yet Satisfying Poster**

Featuring characters from *The Lion King*, this poster was designed for classroom, school cafeteria and community use.

Printed: February 1996

Distributed: to Team Nutrition Elementary Schools in their Resource Kits.

Available: no longer available.

■ **Spread the Word**

A promotional flyer that talks about the link between nutrition and learning. Developed for Team Nutrition Days 1998, it informs the community about the Agency's nutrition programs.

Printed: December 1997

Distributed: to Team Nutrition Schools and school food authorities for Team Nutrition Days 1998.

Available: in Team Nutrition Resource Kits and upon request from Team Nutrition.

■ **Teacher Handbook: Tips, Tools & Jewels for Busy Educators**

The teacher's guide, which includes a discussion of nutrition concepts, a lesson-specific section that provides helpful hints for implementing the lessons, and a reference section for teaching the lessons. A motivational audiotape is also included.

Printed: April 1997

Distributed: directly to those Team Nutrition Schools that had already received their Scholastic Kits. The handbook and audiotape are now included in the Scholastic In-School Curriculum Kits. Also available in PDF on the Team Nutrition website.

Available: to interested teachers upon request from Team Nutrition.

■ **Team Nutrition Activity Calendar**

A 1997-98 planning calendar for Team Nutrition Schools to plan activities in support of holidays and national annual events. The calendar includes activities and seasonal recipes and foods.

Printed: September 1997

Distributed: to schools, Supporters, Cooperative Extension Service, NET and state agencies.

Available: current calendar on-line on the Team Nutrition website.

■ **Team Nutrition Calendar Companion**

This is a companion piece to our Activity Calendar and is designed to help plan and conduct monthly activities. The Calendar Companion is a handy resource for: lesson plans and activities, information about supporter organization events and contests that promote nutrition and health, recipes for school and home, food service tips, and reproducible information for parents.

Printed: September 1997

Distributed: to schools, Supporters, the Cooperative Extension Service, NET and state agencies.

Available: upon request from Team Nutrition as well as in PDF on the Team Nutrition website.

■ **Team Nutrition Connections**

Periodic communication designed to inform schools, Supporters, partners and communities about Team Nutrition activities and opportunities for involvement.

Printed: September 1995, Vol. 1
 April 1996, Vol. 2
 December 1996, Vol. 3
 February 1998, Vol. 4
 February 1999, Vol. 5

Distributed: to Team Nutrition Schools, Supporters, American Academy of Pediatrics, Cooperative Extension Service, NET and state agencies. Volume 5 is a special edition and was also sent to all school principals and food service managers in order to encourage participation in Team Nutrition.

Available: in Team Nutrition School Resource Kits and upon request from Team Nutrition. Volume 5 is also available in PDF on the Team Nutrition website.

■ Team Nutrition Days...and Beyond: How-To Kit

The Team Nutrition Days How-To Kit is a comprehensive guide that contains information on creating Team Nutrition activities: gardening, fair activities and publicity.

Printed: March 1997

Distributed: to Team Nutrition Schools, Supporters, Cooperative Extension Service, NET and state agencies.

Available: in PDF on the Team Nutrition website.

■ Team Nutrition Days '99 Tips for Teams

A collection of ideas to help teachers create activities that will help students "Make the Grade." Developed for Team Nutrition Days 1999, this tip sheet gets students thinking about changes they can make in their eating or physical activity patterns that will help them be their best—physically, mentally and socially.

Printed: January 1999

Distributed: to all school food authorities, Team Nutrition Schools and state agencies as part of Team Nutrition Days 1999.

Available: in Team Nutrition School Resource Kits and upon request from Team Nutrition. Also available in PDF on the Team Nutrition website.

■ Team Up at Home Reproducible

Attractive family activity sheets, reproducible for nutrition education in the home. For distribution to Team Nutrition Schools as part of the Resource Kits and to Supporters, who can reproduce them to distribute to parents.

Printed: August 1996

Distributed: to Team Nutrition Schools in the Resource Kits, Supporters, and parents. Reprinted in August 1998 for distribution to child care facilities.

Available: upon request from Team Nutrition.

■ Team Up at Home: Team Nutrition Activity Booklet

This is a collection of hands-on nutrition education activities for parents to use with their school-age children. This 20-page activity booklet is produced in a reproducible format for classroom and community use.

Printed: August 1996

Distributed: to schools, parents, Supporters and state agencies.

Available: upon request from Team Nutrition as well as in PDF on the Team Nutrition website.

■ Ten Steps for Parents

Ten ways parents can become involved with the National School Lunch Program in their children's schools. This flyer was developed in cooperation with the PTA.

Printed: August 1995

Distributed: to Team Nutrition Elementary Schools in their Resource Kits.

Available: no longer available.

■ **Tickle Your Appetite**

A fun nutrition education kit directed at preschoolers and designed for use by the Special Supplemental Nutrition Program for Women, Infants and Children (WIC). It contains materials and ideas to communicate the messages of eating a variety of foods and the origins of food in ways that children will understand and remember. The kit, used by WIC nutrition educators, contains a lively videotape with three vignettes, activities for each vignette, an audiotape, artwork, and reproducible materials.

Printed: November 1997

Distributed: to WIC state and local agencies.

Available: no longer available.

■ **Tickle Your Appetite for Child Care**

This redesign of the curriculum-based kit for WIC is directed to Child Care Centers. It is a fun, nutrition education kit directed at preschoolers. It contains materials and ideas to communicate the messages of eating a variety of foods and the origins of food in ways that children will understand and remember. The kit, used by Child Care Centers, contains a lively videotape with three vignettes, activities for each vignette, an audiotape, artwork, and reproducible materials.

Printed: July 1998

Distributed: to all Child Care Centers and sponsors.

Available: for purchase from NFSMI.

■ **Timon's Special Menu Board**

Featuring characters from *The Lion King*, this poster was designed for cafeteria use as a menu board.

Printed: May 1995

Distributed: to Team Nutrition Elementary Schools in their Resource Kits.

Available: no longer available.

■ **YourSELF Middle School Nutrition Education Kit**

One of the first Federal efforts on nutrition and physical activity that speaks directly to adolescents. Contains materials for health education, home economics or family living classes that will help 7th and 8th grade students learn to make smart choices about eating and physical activity. The materials convey respect for adolescents' power of choice and their increasing control over their own health. Multimedia kit includes 30 copies of yourSELF Magazine, 30 student workbooks, a teacher's guide, duplication masters, 25-minute video, a poster and ideas for linking the school dining room and the classroom. In conjunction with the magazine, an interactive nutrition education site is available on the Team Nutrition website.

Printed: August 1998

Distributed: to all schools with 7th and 8th grades and in limited quantity to Cooperative Extension offices.

Available: for purchase from NFSMI. Kits and magazines may be ordered separately. Also available in PDF on the Team Nutrition website.



School and Community Support for Healthy Eating and Physical Activity



School and Community Support

■ Community Nutrition Action Kit

This Kit (for use with grades 3-6, their families and community volunteers) was developed with the Cooperative Extension Service. This nutrition education kit contains youth activities, family/caregiver activities and community activities, with guidelines for implementation, reproducible handouts, resource information and references.

Printed: September 1996

Distributed: to state agencies, and the Cooperative Extension Service and other Supporters for their use in working with Team Nutrition Schools and the community.

Available: to state agencies and schools from Team Nutrition as well as for purchase from NFSMI. Also available in PDF on the Team Nutrition website.

■ Food, Family & Fun: A Seasonal Guide to Healthy Eating

This resource book is designed to help parents reinforce at home what their children are learning about healthy eating at school. Through healthy, tasty recipes; fun, children-oriented nutrition activities; and nutrition information, the book gives parents the tools to bring nutrition education into their homes.

Printed: June 1996

Distributed: to Team Nutrition Middle and High Schools in their Resource Kits, as well as to all elementary school libraries, Supporters, chefs, Cooperative Extension Service, NET, the Inter-agency Committee on School Health, Department of Education, Health and Human Services and state agencies.

Available: in Team Nutrition Middle and High School Resource Kits. Additional copies available for purchase from NFSMI.

■ Healthy Eating Helps You Make the Grade

A promotional brochure discussing the link between nutrition and learning, this is designed to inform school and community leaders about the Agency's nutrition programs.

Printed: January 1999

Distributed: to all school food authorities, Team Nutrition Schools and state agencies.

Available: upon request through state agencies, FNS regional offices or Team Nutrition.

■ Healthy School Meals, Healthy Kids: A Leadership Guide for School Decision Makers

This Guide shows, step-by-step, how school decisionmakers can take the lead using the exciting and innovative materials and resources developed by USDA and our partners.

Printed: May 1997

Distributed: to all school food service directors as well as to all Team Nutrition Schools in their Resource Kits.

Available: in the Team Nutrition Resource Kits and upon request from Team Nutrition.

■ Team Nutrition School Activity Planner

A guide designed to involve Supporters with Team Nutrition School Leaders in planning activities. It includes activity suggestions and reproducible materials that can be personalized, copied and distributed to children and parents.

Printed: January 1997

Distributed: to Team Nutrition Schools as part of Team Nutrition Days 1997, and subsequently in Resource Kits.

Available: to Team Nutrition Schools in their Resource Kits and upon request from Team Nutrition. Also available in PDF on the Team Nutrition website.



Spanish Translations

El equipo en el hogar

Folleto de actividades del Equipo Nutrición (Team Nutrition)

Divertidas actividades
de nutrición para
la familia



In association with
The National PTA®

USDA's Team Nutrition developed this material in cooperation with Scholastic Inc.

Spanish Translations

■ Devour for Power Food Guide Pyramid/ Devorar Para Poder!

Featuring characters from *The Lion King*, this poster was designed for classroom, cafeteria, community and at-home use.

Printed: October 1997

Distributed: to Team Nutrition Elementary Schools in their Resource Kits, and to parents, WIC, Supporters and state agencies, when requested.

Available: no longer available.

■ Eating Smart Growth Chart/Come Bien Para Que Puedas Crecer

Featuring characters from *The Lion King*, this poster was designed for classroom, community, WIC clinic and at-home use.

Printed: October 1997

Distributed: to parents, WIC, Supporters and state agencies, when requested.

Available: no longer available.

■ Middle School Handouts

Smaller versions of a series of poster designs developed and displayed in Food Stamp Program offices nationwide. These three handouts contain nutrition education information on one side and poster art on the other.

Printed: November 1997

Distributed: to Team Nutrition Middle Schools in their Resource Kits.

Available: upon request from Team Nutrition.

■ Smart Yet Satisfying Poster/Almuerzos Escolares: Provechosos y Sabrosos

Featuring characters from *The Lion King*, this poster was designed for classroom, school cafeteria and community use.

Printed: October 1997

Distributed: to Team Nutrition Elementary Schools in their Resource Kits, and parents and state agencies, when requested.

Available: no longer available.

■ Team Up at Home: Team Nutrition Activity Booklet

This is a collection of hands-on nutrition education activities for parents to use with their school-age children. This 20-page activity booklet is produced in a reproducible format for classroom and community use.

Printed: June 1998

Distributed: to Team Nutrition Elementary Schools in the Resource Kits, parents and state agencies, when requested.

Available: to elementary schools in their Team Nutrition Resource Kits as well as upon request from Team Nutrition.

■ Ten Steps for Parents

Ten ways parents can become involved with the National School Lunch Program in their children's schools. This flyer was developed in cooperation with the PTA.

Printed: June 1998

Distributed: to Team Nutrition Elementary Schools in their Resource Kits, parents, Supporters and state agencies.

Available: to elementary schools in their Team Nutrition Resource Kits as well as upon request from Team Nutrition.

■ Timon's Special Menu Board/El Menu Especial de Timon

Featuring characters from *The Lion King*, this poster was designed for cafeteria use as a menu board.

Printed: October 1997

Distributed: to Team Nutrition Elementary Schools in their Resource Kits and to state agencies.

Available: no longer available.

Order Form for Team Nutrition Materials

- | Qty. | Item |
|-------|---|
| _____ | Community Nutrition Action Kit (available to state agencies only) |
| _____ | “Dear Student” Reproducible |
| _____ | Fun Tips: Using the Dietary Guidelines at Home |
| _____ | Healthy Eating Helps You Make the Grade brochure |
| _____ | Healthy School Meals, Healthy Kids: A Leadership Guide |
| _____ | Sense-ational Food Poster |
| _____ | Serving Up Success |
| _____ | Spread the Word |
| _____ | Teacher’s Support Handbook: Tips, Tools & Jewels for Busy Educators |
| _____ | Team Nutrition Calendar Companion |
| _____ | Team Nutrition Connections (Vols. 1-5) |
| _____ | Team Nutrition Days '99 Tips for Teams |
| _____ | Team Nutrition School Activity Planner |
| _____ | Team Up at Home Reproducible |
| _____ | Team Up at Home: Team Nutrition Activity Booklet |

Materials Available in Spanish:

- _____ Middle School Handouts
- _____ Team Up at Home: Team Nutrition Activity Booklet
- _____ Ten Steps for Parents

Name: _____

Street Address (no PO Box) _____

City, State, Zip Code _____

Phone _____



Send or fax this order to:

USDA'S TEAM NUTRITION
PO BOX 1474
SPRINGFIELD VA 22151-0474
FAX: (703) 605-6741



Team Nutrition Materials through NFSMI

Training and Technical Assistance

- Assisted NuMenus Guidance: School Lunch and Breakfast Menus (order #FCS-300; \$35)
- Child Care Recipes (order #FNS-304; \$30)
- Choice Plus: A Reference Guide for Foods and Ingredients (order #FCS-297; \$25)
- Cooking a World of New Tastes (order #FNS; \$25)
- Equipment Guide (order #R35-98; \$50)
- Menu Planner for Healthy School Meals (order #FCS-303; \$25)
- Serving it Safe: A Manager's Tool Kit (order #FCS-295; \$25)
- Serving it Safe Poster (order #FCS-296; \$2)
- A Tool Kit for Healthy School Meals: Recipes and Training Materials (order #EX27-97; \$25)

Nutrition Education

- Go, Glow, Grow Foods for You (order #FCS-1554; \$1)
- Scholastic's In-School Curriculum: Food & Me (PreK-K)
Food Time (Gr. 1-2)
Food Works (Gr. 3-5)
- Tickle Your Appetite for Child Care (order #FNS-307; \$30)
- YourSELF Middle School Nutrition Education Kit (order #EX33-98; \$25)

School & Community Support

- Community Nutrition Action Kit (order #MP-1538; \$50)
- Food, Family & Fun: A Seasonal Guide to Healthy Eating (order #FCS-298; \$4.25)

National Food Service Management Institute

Phone: 1-800-321-3054



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