* Safe Toys & Gifts Month * Stress-Free Family Holidays Month *

December 2004

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cookie Cutter Week (12/1 - 12/7)						
			1 World AIDS Day	2	3	4
5 National Communicate With Your Kids Day	6 In season: apples, avocado and grapefruit.	7	8 Hanukkah begins	9	10 'Tis the season for walnuts!	11
12 Gingerbread House Day	13	14 Winter vegetables are well-priced right now!	15	16	17	18 Eat healthy holiday snacks--low-fat yogurts, fruits and vegetables!
19	20	21 Winter begins	22	23	24	25 Christmas
26	27	28	29	30	31 New Year's Eve	