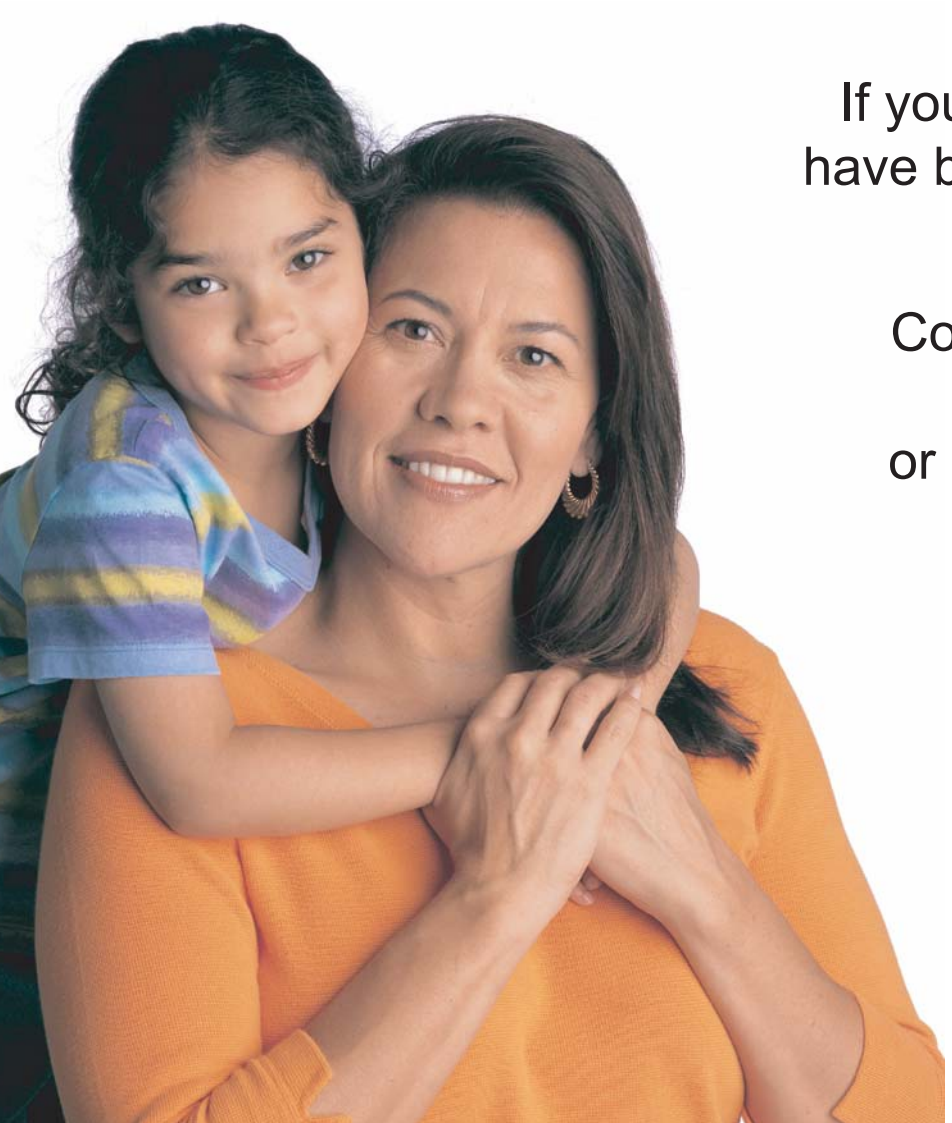
Food Stamps Can Help You Now

Children who are legal immigrants are now eligible for food stamp benefits



If you are an adult legal immigrant and have been in the United States for 5 years you may also be eligible.

Contact your local food stamp office to see if you are eligible or call 1-800-221-5689 to learn more about nutrition assistance for low income families.

Food Stamps Make America Stronger.

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Food and Nutrition Service
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