



# FOOD STAMPS CAN HELP MAKE ENDS MEET.

Find out if you  
qualify for  
food stamps.

Call 1-800-221-5689



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# You Could Qualify For Food Stamps If:

- You are 60 years old.
- You have low or fixed income.
- You have high medical bills, rent, house payments, or utilities.
- You have few assets, not counting your home.

If you can't go to the food stamp office, you may send a friend or a relative to talk to the worker. Or, you may be able to talk with a worker on the phone.

Citizens and many legal immigrants can qualify for food stamps. Getting food stamps won't hurt you if you want to become a citizen.

For more information, call:

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Or call toll-free  
**1-800-221-5689**

**USDA**  
United States Department of Agriculture  
Food and Nutrition Service

USDA is an equal opportunity provider and employer.

