

B881 – PUDDING, CUPS, CHOCOLATE, SINGLE SERVE, 3.5 OZ



Nutrition Information

Pudding cups, chocolate

CATEGORY	<ul style="list-style-type: none"> Other Foods
PRODUCT DESCRIPTION	<ul style="list-style-type: none"> Chocolate pudding is shelf stable and packaged in a 3.5 oz ready-to-eat, single serve cup.
PACK/YIELD	<ul style="list-style-type: none"> 48/3.5 oz units per case. Each individual unit provides 3.5 oz (by weight) of pudding. CN Crediting: This product does not meet crediting requirements for food-based menu planning for Child Nutrition Programs.
STORAGE	<ul style="list-style-type: none"> Store unopened pudding in a cool, dry place off the floor. For best quality, do not refrigerate or freeze or expose to direct sunlight. Use First-In-First-Out (FIFO) storage practices to ensure use of older product first.

	3.5 oz cup (99 g)
Calories	138
Protein	2.68 g
Carbohydrate	22.82 g
Dietary Fiber	1.0 g
Sugars	17.71 g
Total Fat	3.97 g
Saturated Fat	0.70 g
Trans Fat	N/A
Cholesterol	3 mg
Iron	0.51 mg
Calcium	89 mg
Sodium	128 mg
Magnesium	21 mg
Potassium	179 mg
Vitamin A	36 IU
Vitamin A	10 RAE
Vitamin C	1.8 mg
Vitamin E	0.29 mg



USDA Commodity Food Fact Sheet for Schools & Child Nutrition Institutions

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PREPARATION/ COOKING INSTRUCTIONS	<ul style="list-style-type: none">• Pudding is ready to eat once cup (unit) is opened.
USES AND TIPS	<ul style="list-style-type: none">• Pudding may be used as a snack or dessert.
FOOD SAFETY INFORMATION	<ul style="list-style-type: none">• Consume pudding upon opening.
BEST IF USED BY GUIDANCE	<ul style="list-style-type: none">• For guidance on how to effectively manage, store, and maintain USDA commodities, please visit the FDD Website at: http://www.fns.usda.gov/fdd/facts/biubguidance.htm.• For additional information on product dating, go to page 6 of <i>Choice Plus Food Safety Supplement</i> at: http://www.nfsmi.org/Information/choice-plus-food-safety-supplement.pdf.