

Introducing Power Panther™



Hello,

I'm Power Panther,™ the Spokescharacter for the Food and Nutrition Service's **Eat Smart. Play Hard.™** campaign. I love my new job because I get to travel all across the country to talk to kids, like me, about the importance of eating smart and playing hard.

I am very physically active and often travel over 20 miles a day. I am proud to say that I am very fast and physically fit. I can jump as high and as long as a tractor-trailer and I can climb the tallest trees when I need to. I'm also a great swimmer. I play hard everyday! Because I am so active, I eat a variety of foods from the Food Guide Pyramid each day to give me energy.

I hope boys and girls everywhere will make healthy food choices and be physically active like me!

Power Panther

Eat Smart. Play Hard.™

United States Department of Agriculture • Food and Nutrition Service