



## GRAPE JUICE, UNSWEETENED, BOTTLE

Date: November 2010

Code: A269

### PRODUCT DESCRIPTION

- Bottled unsweetened grape juice is 100% fruit juice with no added sugar or sweeteners.
- Grape juice has added vitamin C.

### PACK/YIELD

- Grape juice is packed in 64 ounce plastic bottles, which is about 16 servings (½ cup per serving).

### STORAGE

- Store unopened plastic bottles in a cool, clean, dry place.
- After opening, store juice in a tightly closed container and refrigerate.
- Look at the “Best if used by” or “Best by” date on the bottle.
- For further guidance on how to store and maintain USDA Foods, please visit the FDD Web site at: <http://www.fns.usda.gov/fdd/facts/biubguidance.htm>.

### USES AND TIPS

- Grape juice is a delicious beverage chilled on its own.
- Mix ½ cup juice with ½ cup seltzer to make a sweet, fruity beverage.
- Freeze juice in ice cube trays with toothpicks for a quick and easy popsicle treat.

### NUTRITION INFORMATION

- ½ cup of grape juice counts as ½ cup in the MyPyramid.gov Fruit Group. For a 2,000-calorie diet the daily recommendation is about 2 cups of fruit.
- ½ cup of grape juice provides 50% of the daily recommended amount of vitamin C.

### FOOD SAFETY INFORMATION

- If the bottle is leaking or the seal is broken on the cap, throw it away.
- If the juice has a bad odor, throw it away.

### OTHER RESOURCES

- [www.nutrition.gov](http://www.nutrition.gov)
- [www.commodityfoods.usda.gov](http://www.commodityfoods.usda.gov)

### NUTRITION FACTS

Serving size: ½ cup (4oz) grape juice, unsweetened

#### Amount Per Serving

<b>Calories</b>	80	<b>Calories from Fat</b>	0
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#### % Daily Value\*

<b>Total Fat</b> 0g	<b>0%</b>
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Saturated Fat 0g	<b>0%</b>
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<i>Trans</i> Fat 0g	
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<b>Cholesterol</b> 0mg	<b>0%</b>
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<b>Sodium</b> 5mg	<b>0%</b>
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<b>Total Carbohydrate</b> 19g	<b>6%</b>
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Dietary Fiber 0g	<b>0%</b>
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Sugars 18g	
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<b>Protein</b> 0g	
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Vitamin A 0%	Vitamin C 50%
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Calcium 2%	Iron 2%
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\*Percent Daily Values are based on a 2,000 calorie diet.