



CRANBERRY APPLE JUICE, UNSWEETENED, BOTTLE

Date: November 2010

Code: A273

PRODUCT DESCRIPTION

- Bottled unsweetened cranberry apple juice is 100% fruit juice with no added sugar or sweeteners.
- Cranberry apple juice has added vitamin C.

PACK/YIELD

- Cranberry apple juice is packed in 64 ounce plastic bottles, which is about 16 servings (½ cup per serving).

STORAGE

- Store unopened plastic bottles in a cool, clean, dry place.
- After opening, store remaining juice in a tightly closed container and refrigerate.
- Look at the “Best if used by” or “Best by” date on the bottle.
- For further guidance on how to store and maintain USDA Foods, please visit the FDD Web site at: <http://www.fns.usda.gov/fdd/facts/biubguidance.htm>.

USES AND TIPS

- Cranberry apple juice is a delicious beverage chilled on its own.
- Mix cranberry apple juice with ice, chopped fruit, and seltzer to make a fruit beverage.
- Freeze juice in ice cube trays with toothpicks for a quick and easy popsicle treat.

NUTRITION INFORMATION

- ½ cup of cranberry apple juice counts as ½ cup in the MyPyramid.gov Fruit Group. For a 2000-calorie diet, the daily recommendation is about 2 cups of fruit.
- ½ cup of cranberry apple juice provides 50% of daily vitamin C.

FOOD SAFETY INFORMATION

- If the bottle is leaking or the seal on the cap has been broken, **throw it away**.
- If the juice has a bad odor, **throw it away**.

OTHER RESOURCES

- www.nutrition.gov
- www.commodityfoods.usda.gov

NUTRITION FACTS	
Serving size: ½ cup (115g) cranberry apple juice, unsweetened	
Amount Per Serving	
Calories	60
Calories from Fat	0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 17g	6%
Dietary Fiber 0g	0%
Sugars 15g	
Protein 0g	
Vitamin A 0%	Vitamin C 50%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet.	